

# NEWSLETTER

DECEMBER 2023



## MONTHLY RECAP

Over 30 BVOSC athletes took to the pool on November 27th for the Smithers Mini Meet. Many athletes improved their PB's with some healthy, fun, local competition. It was also a great opportunity for swimmers and parents new to the sport to see what was involved in a meet, and to give it a try. All athletes received participation ribbons with their times for each event. Fun was had by all swimmers and volunteers. The night was a huge success and ended with some fun relays that included both parents and coaches!

Thank you to all the swimmers, coaches and parents that came out to support this fun event!



Thank you to our sponsor that funds our junior coaches :



VISIT US ONLINE AT:



## FYI

- The BVOSC [website](#) is your one stop shop. You can check the schedule, register for sessions or events, order specialty gear with the team discount through Team Aquatics, see your results and PBs, and even see who holds the existing club records.
- Due to back logged orders, team suits and caps won't arrive until early January. Prices have been adjusted to include shipping, taxes and a discount for the bulk order. Your suit invoice will be emailed to you later today for payment. Items must be paid in full before they are received.

## REMINDERS

- Coaches are constantly assessing each athlete and may recommend a change in roster based on swimmer progress/level.
- REGISTRATION WITH SWIM CANADA MUST BE COMPLETE within 2 weeks of the start of the session and is required to be insured in the pool.
- LAST DAY OF THE FALL SESSION IS DEC 15TH!
- Check our calendar on our [website](#) to stay up to date on session dates, events, coaching and any cancelled training days/holidays.

## UPCOMING EVENTS

KITIMAT REGIONAL MEET DEC 9-10TH

Good luck to the 14 athletes competing in this meet!

WINTER REGISTRATION OPENS DEC 15TH!

Registration is through the website.

This session runs from Jan 3rd - March 15th.