

2018 - 2019 VIR Standards

| | 2018 - 2019 VIR Standards: Female SCM | | | | | 2018 - 2019 VIR Standards: Female LCM | | | | | Female Dequalifying Times (Heats swim only, not eligible for finals) | | | | | |
|---------|---------------------------------------|----------|----------|----------|---------|---------------------------------------|----------|----------|----------|---------|---|---------|---------|---------|---------|---------|
| | 10&U | 12&U | 14&U | 15&O | | 10&U | 12&U | 14&U | 15&O | | 14&U | 15&O | 14&U | 15&O | | |
| | | | | | | | | | | | SCM | SCM | | LCM | LCM | |
| 50 fr | :42.99 | :34.99 | :31.99 | :30.99 | 50 fr | :43.99 | :35.99 | :31.99 | :31.99 | 50 fr | 0:27.34 | 0:26.76 | 50 fr | 0:27.90 | 0:27.31 | 50 fr |
| 100 fr | 1:34.09 | 1:15.99 | 1:08.99 | 1:06.99 | 100 fr | 1:37.99 | 1:17.99 | 1:10.99 | 1:07.99 | 100 fr | 0:59.14 | 0:57.73 | 100 fr | 1:00.35 | 0:58.91 | 100 fr |
| 200 fr | 3:28.99 | 2:45.99 | 2:31.99 | 2:24.99 | 200 fr | 3:33.99 | 2:49.99 | 2:34.99 | 2:26.99 | 200 fr | 2:08.07 | 2:05.03 | 200 fr | 2:10.68 | 2:07.58 | 200 fr |
| 400 fr | | 5:51.99 | 5:22.99 | 5:07.99 | 400 fr | | 5:58.99 | 5:29.99 | 5:08.99 | 400 fr | 4:32.38 | 4:24.89 | 400 fr | 4:37.94 | 4:30.30 | 400 fr |
| 800 fr | | 12:11.99 | 11:05.99 | 10:38.99 | 800 fr | | 12:26.99 | 11:18.99 | 10:48.99 | 800 fr | 9:24.23 | 9:07.12 | 800 fr | 9:35.74 | 9:18.29 | 800 fr |
| 50 bk | :50.99 | | | | 50 bk | :51.99 | | | | 50 bk | | | 50 bk | | | 50 bk |
| 100 bk | 1:49.99 | 1:27.99 | 1:19.99 | 1:15.99 | 100 bk | 1:51.99 | 1:28.99 | 1:21.99 | 1:16.99 | 100 bk | 1:06.57 | 1:04.12 | 100 bk | 1:07.93 | 1:05.43 | 100 bk |
| 200 bk | | 3:06.99 | 2:48.99 | 2:43.99 | 200 bk | | 3:10.99 | 2:52.99 | 2:44.99 | 200 bk | 2:23.79 | 2:19.62 | 200 bk | 2:26.72 | 2:22.47 | 200 bk |
| 50 br | :58.99 | | | | 50 br | :59.99 | | | | 50 br | | | 50 br | | | 50 br |
| 100 br | 2:04.99 | 1:37.99 | 1:30.99 | 1:26.99 | 100 br | 2:06.99 | 1:39.99 | 1:31.99 | 1:27.99 | 100 br | 1:16.32 | 1:12.67 | 100 br | 1:17.88 | 1:14.15 | 100 br |
| 200 br | | 3:28.99 | 3:13.99 | 3:06.99 | 200 br | | 3:32.99 | 3:17.99 | 3:09.99 | 200 br | 2:44.68 | 2:37.91 | 200 br | 2:48.04 | 2:41.13 | 200 br |
| 50 fly | :50.99 | | | | 50 fly | :51.99 | | | | 50 fly | | | 50 fly | | | 50 fly |
| 100 fly | 1:54.99 | 1:30.99 | 1:18.99 | 1:14.99 | 100 fly | 1:57.99 | 1:32.99 | 1:19.99 | 1:15.99 | 100 fly | 1:04.86 | 1:03.18 | 100 fly | 1:06.18 | 1:04.47 | 100 fly |
| 200 fly | | 3:32.99 | 3:03.99 | 2:50.99 | 200 fly | | 3:37.99 | 3:06.99 | 2:52.99 | 200 fly | 2:26.94 | 2:22.52 | 200 fly | 2:29.94 | 2:25.43 | 200 fly |
| 200 IM | 3:56.99 | 3:06.99 | 2:49.99 | 2:43.99 | 200 IM | 4:00.99 | 3:10.99 | 2:52.99 | 2:45.99 | 200 IM | 2:25.81 | 2:21.59 | 200 IM | 2:28.79 | 2:24.48 | 200 IM |
| 400 IM | | 6:46.99 | 6:01.99 | 5:49.99 | 400 IM | | 6:54.99 | 6:08.99 | 5:52.99 | 400 IM | 5:09.45 | 5:01.05 | 400 IM | 5:15.77 | 5:07.19 | 400 IM |

| | 2018 - 2019 VIR Standards: Male SCM | | | | | 2018 - 2019 VIR Standards: Male LCM | | | | | Male Dequalifying Times (Heats swim only, not eligible for finals) | | | | | |
|---------|-------------------------------------|----------|----------|----------|---------|-------------------------------------|----------|----------|----------|---------|---|----------|---------|----------|----------|---------|
| | 10&U | 12&U | 14&U | 15&O | | 10&U | 12&U | 14&U | 15&O | | 14&U | 15&O | 14&U | 15&O | | |
| | | | | | | | | | | | SCM | SCM | | LCM | LCM | |
| 50 fr | :42.99 | :37.99 | :33.99 | :30.99 | 50 fr | :43.99 | :38.99 | :34.99 | :30.99 | 50 fr | 0:25.76 | 0:23.41 | 50 fr | 0:26.29 | 0:23.89 | 50 fr |
| 100 fr | 1:35.99 | 1:22.99 | 1:15.99 | 1:05.99 | 100 fr | 1:37.99 | 1:24.99 | 1:16.99 | 1:07.99 | 100 fr | 0:56.11 | 0:51.06 | 100 fr | 0:57.26 | 0:52.10 | 100 fr |
| 200 fr | 3:28.99 | 3:02.99 | 2:45.99 | 2:25.99 | 200 fr | 3:33.99 | 3:06.99 | 2:48.99 | 2:27.99 | 200 fr | 2:03.07 | 1:51.65 | 200 fr | 2:05.58 | 1:53.93 | 200 fr |
| 400 fr | | 6:29.99 | 5:54.99 | 5:10.99 | 400 fr | | 6:37.99 | 6:01.99 | 5:16.99 | 400 fr | 4:23.36 | 3:58.76 | 400 fr | 4:28.73 | 4:03.63 | 400 fr |
| 800 fr | | 13:38.99 | | | 800 fr | | 13:55.99 | | | 800 fr | | | 800 fr | | | 800 fr |
| 1500 fr | | | 23:17.99 | 21:01.99 | 1500 fr | | | 23:46.99 | 21:27.99 | 1500 fr | 17:39.14 | 16:03.18 | 1500 fr | 18:00.75 | 16:22.84 | 1500 fr |
| 50 bk | :50.99 | | | | 50 bk | :51.99 | | | | 50 bk | | | 50 bk | | | 50 bk |
| 100 bk | 1:49.99 | 1:35.99 | 1:26.99 | 1:15.99 | 100 bk | 1:51.99 | 1:37.99 | 1:28.99 | 1:17.99 | 100 bk | 1:03.88 | 0:56.60 | 100 bk | 1:05.18 | 0:57.75 | 100 bk |
| 200 bk | | 3:26.99 | 3:03.99 | 2:44.99 | 200 bk | | 3:31.99 | 3:07.99 | 2:47.99 | 200 bk | 2:19.06 | 2:03.57 | 200 bk | 2:21.90 | 2:06.09 | 200 bk |
| 50 br | :58.99 | | | | 50 br | :59.99 | | | | 50 br | | | 50 br | | | 50 br |
| 100 br | 2:04.99 | 1:49.99 | 1:39.99 | 1:25.99 | 100 br | 2:06.99 | 1:51.99 | 1:41.99 | 1:27.99 | 100 br | 1:12.28 | 1:03.64 | 100 br | 1:13.75 | 1:04.94 | 100 br |
| 200 br | | 3:55.99 | 3:31.99 | 3:08.99 | 200 br | | 4:00.99 | 3:35.99 | 3:12.99 | 200 br | 2:38.21 | 2:18.76 | 200 br | 2:41.44 | 2:21.59 | 200 br |
| 50 fly | :50.99 | | | | 50 fly | :51.99 | | | | 50 fly | | | 50 fly | | | 50 fly |
| 100 fly | 1:54.99 | 1:40.99 | 1:25.99 | 1:14.99 | 100 fly | 1:57.99 | 1:42.99 | 1:27.99 | 1:15.99 | 100 fly | 1:01.55 | 0:55.89 | 100 fly | 1:02.81 | 0:57.03 | 100 fly |
| 200 fly | | 3:53.99 | 3:20.99 | 2:52.99 | 200 fly | | 3:58.99 | 3:24.99 | 2:56.99 | 200 fly | 2:20.66 | 2:04.25 | 200 fly | 2:23.53 | 2:06.79 | 200 fly |
| 200 IM | 3:56.99 | 3:26.99 | 3:07.99 | 2:44.99 | 200 IM | 4:00.99 | 3:31.99 | 3:11.99 | 2:48.99 | 200 IM | 2:19.47 | 2:05.66 | 200 IM | 2:22.32 | 2:08.22 | 200 IM |
| 400 IM | | 7:23.99 | 6:42.99 | 5:49.99 | 400 IM | | 7:32.99 | 6:50.99 | 5:56.99 | 400 IM | 4:59.70 | 4:29.23 | 400 IM | 5:05.82 | 4:34.72 | 400 IM |