



Q: I used to receive Island Swimming club email, but I'm no longer getting messages. What can I do?

- 1) Check your junk or spam folders – your email messages may be there. Mark anything from @islandswimming.com as Safe.

NOTE: you may have to do this again from time to time if you phone auto updates

- 2) Log in to your email account web browser. Sometimes your email (Gmail, Hotmail, Shaw, Yahoo etc.) will be putting these messages in the Junk folder online, but not in the junk folders on your phone or computer.
- 3) If the above doesn't work, Shaw and Telus customers contact your email provider – they might be identifying our messages as Spam.