

Island Swimming Club Top Tens

Long Course

Girls 10 and under

100 Free	Time	Year		400 Free	Time	Year
1. Erin Lawrance	1:08.37	2010		1. Shannon McQueen	5:18.35	1998
2. Kimberly Cordon	1:09.31	2010		2. Erin Lawrance	5:21.00	2010
3. Riley Andrusak	1:10.65	2018		3. Caroline MacDonald	5:29.00	2006
4. Bokyoung Kim	1:12.20	2009		4. Riley Andrusak	5:30.05	2018
5. Danielle Bell	1:12.57	1994		5. Kimberly Zhu	5:35.71	2007
6. Bridget Burton	1:13.31	2016		6. Madison Powell	5:37.15	2008
7. Riley Greenfield	1:13.66	2019		7. Danielle Bell	5:40.97	1993
8. Madison Powell	1:14.18	2008		8. Julia Kerr	5:41.14	2012
9. Heidi Bradley	1:14.34	2007		9. Kyla Ross	5:42.90	2012
10. Jessica McLeod	1:14.78	2007		10. Melissa Larche	5:43.76	1993

100 Back	Time	Year		100 Breast	Time	Year
1. Shannon McQueen	1:18.50	1998		1. Hollis Roth	1:27.81	1999
2. Riley Andrusak	1:20.94	2018		2. Riley Andrusak	1:31.16	2018
3. Riley Greenfield	1:22.68	2019		3. Melanie Nelson	1:33.73	1998
4. Heidi Bradley	1:23.13	2008		4. Caroline MacDonald	1:34.19	2006
5. Kaitlyn Mak	1:23.29	2012		5. Rebecca Langlois	1:34.25	2005
6. Caroline MacDonald	1:23.34	2006		6. Heidi Bradley	1:34.80	2007
7. Erin Lawrance	1:25.03	2010		7. Jacqui Rusher	1:34.97	1993
8. Shawnee Landolt	1:25.19	2001		8. Cassandra Purdon	1:35.02	2008
9. Kiah Craig	1:25.28	2017		9. Jennifer Mann	1:35.20	2005
9. Jessica McLeod	1:25.28	2007		10. Riley Greenfield	1:35.62	2019

100 Fly	Time	Year		200 IM	Time	Year
1. Heidi Bradley	1:21.89	2007		1. Riley Andrusak	2:52.89	2018
2. Shawnee Landolt	1:23.01	2001		2. Erin Lawrance	2:55.66	2010
3. Bridget Burton	1:24.26	2016		3. Caroline MacDonald	2:56.81	2006
4. Shannon McQueen	1:25.90	1998		4. Heidi Bradley	3:00.27	2007
5. Riley Andrusak	1:26.28	2018		5. Madison Powell	3:00.37	2008
6. Melissa Larche	1:26.65	1993		6. Riley Greenfield	3:00.60	2019
7. Erin Lawrance	1:27.63	2010		7. Jacqui Rusher	3:02.36	1993
8. Katie Hopkins	1:28.23	1994		8. Danielle Bell	3:02.44	1994
9. Riley Greenfield	1:28.60	2019		9. Shawnee Landolt	3:04.23	2001
10. Melanie Nelson	1:29.73	1998		10. Kimberly Zhu	3:05.84	2007

Girls 11-12

50 Free	Time	Year		100 Free	Time	Year
1. Riley Andrusak	28.85	2019		1. Catrin Jones	1:03.18	1992
2. Stephanie Pollard	29.09	2001		2. Erin Lawrance	1:03.23	2012
3. Savannah Moneo	29.13	2006		3. Naomi Eliis	1:03.38	2007
4. Kyla Ross	29.22	2014		4. Kiah Craig	1:03.83	2019
5. Harper Nevins	29.29	2018		5. Julia Kerr	1:03.84	2014
6. Erin Lawrance	29.34	2012		6. Stephanie Pollard	1:03.93	2001
7. Nikki Dryden	29.49	1987		7. Nikki Dryden	1:04.27	1987
8. Julia Kerr	29.59	2014		8. Heidi Bradley	1:04.28	2009
9. Heidi Bradley	29.74	2009		9. Madison Powell	1:04.29	2010
10. Emily Choi	29.82	2010		10. Kyla Ross	1:04.38	2014

200 Free	Time	Year		400 Free	Time	Year
1. Erin Lawrance	2:14.48	2012		1. Kyla Ross	4:38.70	2014
2. Kyla Ross	2:14.52	2014		2. Catrin Jones	4:42.56	1992
3. Catrin Jones	2:15.01	1992		3. Erin Lawrance	4:44.96	2012
4. Madison Powell	2:15.82	2010		4. Naomi Ellis	4:46.09	2007
5. Kiah Craig	2:16.55	2019		5. Madison Powell	4:46.31	2010
6. Lindsay Jackman	2:18.94	1989		6. Harper Nevins	4:48.18	2018
7. Julia Kerr	2:19.08	2014		7. Corinne Liedtke	4:48.61	1984
8. Naomi Ellis	2:19.35	2007		8. Lindsay Jackman	4:50.25	1989
9. Nikki Dryden	2:19.36	1987		9. Stephanie Pollard	4:50.31	2001
10. Amanda Downing	2:19.85	1992		10. Suzanne Weckend	4:50.41	1990

800 Free	Time	Year				
1. Kyla Ross	9:42.25	2014				
2. Corrine Liedtke	9:51.36	1984				
3. Kiah Craig	9:51.62	2019				
4. Stephanie Pollard	9:53.01	2001				
5. Erin Lawrance	9:54.14	2012				
6. Madison Powell	9:54.65	2010				
7. Naomi Ellis	9:55.02	2007				
8. Lindsay Jackman	9:56.43	1989				
9. Rachel Fellner	9:58.70	2006				
10. Danielle Bell	10:00.04	1996				

100 Back	Time	Year		200 Back	Time	Year
1. Naomi Ellis	1:09.47	2007		1. Suzanne Weckend	2:29.30	1990
2. Vanessa Loewen	1:10.11	2006		2. Naomi Ellis	2:29.38	2007
3. Suzanne Weckend	1:10.17	1990		3. Kiah Craig	2:29.81	2019
4. Emily Choi	1:11.58	2010		4. Emily Choi	2:32.93	2010
5. Heidi Bradley	1:12.18	2009		5. Vanessa Loewen	2:35.00	2006
6. Kiah Craig	1:12.34	2019		6. Heidi Bradley	2:35.88	2009
7. Harper Nevins	1:12.57	2018		7. Kyla Ross	2:36.26	2014
8. Kyla Ross	1:12.91	2014		8. Shawnee Landolt	2:38.02	2003
9. Zoe Hunt-St.Louis	1:12.94	2012		9. Nikki Dryden	2:38.17	1987
10. Nikki Dryden	1:13.06	1987		10. Mareya Valeva	2:39.12	2014

100 Breast	Time	Year		200 Breast	Time	Year
1. Jennifer Mann	1:16.12	2007		1. Jennifer Mann	2:45.75	2007
2. Cassandra Purdon	1:18.50	2010		2. Anna Leong	2:47.21	1987
3. Malanie Nelson	1:18.75	2000		3. Cassandra Purdon	2:47.65	2010
4. Savannah Moneo	1:19.06	2006		4. Savannah Moneo	2:49.15	2006
5. Riley Andrusak	1:20.22	2019		5. Naomi Ellis	2:52.97	2007
6. Anna Leong	1:20.80	1987		6. Riley Andrusak	2:54.17	2019
7. Naomi Ellis	1:21.47	2007		7. Mello Di	2:55.23	2019
8. Mello Di	1:21.60	2019		8. Malanie Nelson	2:55.94	2000
9. Courtney Webster	1:22.77	1994		9. Cortney Webster	2:56.11	1994
10. Nicole Fyfe	1:23.83	2004		10. Rebecca Langlois	2:57.53	2006
10. Freya Heath	1:23.83	2006				

100 Fly	Time	Year		200 Fly	Time	Year
1. Erin Lawrance	1:08.60	2012		1. Amanda Downing	2:32.35	1992
2. Kyla Ross	1:08.82	2014		2. Kellie Rolston	2:32.46	1993
3. Harper Nevins	1:09.89	2018		3. Lindsay Jackman	2:32.51	1989
4. Erin Hardy	1:10.63	1989		4. Rachel Fellner	2:34.57	2006
5. Catrin Jones	1:10.79	1992		5. Cristl Bradley	2:35.41	2005
6. Kellie Rolston	1:11.01	1993		6. Rosemari Neroutsos	2:36.12	1984
7. Stephanie Pollard	1:11.22	2001		7. Anna Leong	2:36.23	1987
8. Heidi Bradley	1:11.38	2009		8. Catrin Jones	2:36.29	1992
9. Kelly Twordik	1:11.39	1981		9. Erin Hardy	2:38.23	1989
10. Sela Wist	1:11.44	2016		10. Madison Powell	2:38.56	2010

200 IM	Time	Year		400 IM	Time	Year
1. Erin Hardy	2:33.15	1990		1. Anna Leong	5:21.27	1987
2. Naomi Ellis	2:33.38	2007		2. Naomi Ellis	5:22.89	2007
3. Madison Powell	2:33.62	2010		3. Suzanne Weckend	5:27.68	1990
4. Anna Leong	2:35.20	1987		4. Madison Powell	5:27.75	2010
5. Heidi Bradley	2:35.40	2009		5. Amanda Downing	5:28.61	1992
6. Stephanie Pollard	2:35.57	2001		6. Erin Hardy	5:30.21	1990
7. Suzanne Weckend	2:35.73	1990		7. Stephanie Pollard	5:30.27	2001
8. Riley Andrusak	2:36.07	2019		8. Catrin Jones	5:31.08	1992
9. Erin Lawrance	2:37.07	2012		9. Rachel Fellner	5:31.79	2006
10. Savannah Moneo	2:37.36	2006		10. Kyla Ross	5:31.87	2014

Girls 13-14

50 Free	Time	Year		100 Free	Time	Year
1. Thea Masselink	27.52	2019		1. Thea Masselink	59.12	2019
2. Stephanie Pollard	27.74	2003		2. Stephanie Pollard	59.40	2003
3. Nikki Dryden	27.89	1989		3. Kate Brambley	59.54	1993
4. Kate Brambley	27.93	1993		4. Sarah Darcel	59.66	2014
5. Alicia Eisen	27.94	2015		5. Emiko Osborne	1:00.18	2017
6. Heidi Bradley	28.05	2011		6. Alicia Eisen	1:00.24	2015
7. Julia Kerr	28.36	2016		7. Suzanne Weckend	1:00.50	1991
8. Naomi Ellis	28.44	2009		8. Nikki Dryden	1:00.71	1989
9. Suzanne Weckend	28.46	1992		9. Tanya Tighe	1:01.15	1989
10. Sarah Darcel	28.61	2014		10. Vanessa Loewen	1:01.27	2008

200 Free	Time	Year		400 Free	Time	Year
1. Danielle Bell	2:07.56	1998		1. Danielle Bell	4:23.51	1998
2. Nikki Dryden	2:07.74	1989		2. Kate Brambley	4:25.19	1994
3. Kate Brambley	2:08.10	1994		3. Nikki Dryden	4:25.84	1989
4. Sarah Darcel	2:08.88	2014		4. Kyla Ross	4:27.35	2016
5. Kyla Ross	2:09.05	2016		5. Suzanne Weckend	4:28.45	1991
6. Alicia Eisen	2:09.81	2015		6. Leanne Wilkinson	4:29.27	1990
7. Stephanie Pollard	2:09.93	2003		7. Stephanie Pollard	4:32.39	2003
8. Suzanne Weckend	2:10.37	1991		8. Kellie Rolston	4:33.86	1995
9. Tanya Tighe	2:10.47	1989		9. Shannon Brown	4:34.34	1990
10. Leanne Wilkinson	2:10.75	1990		10. Thea Masselink	4:34.39	2019

800 Free	Time	Year		1500 Free	Time	Year
1. Danielle Bell	9:00.44	1998		1. Leanne Wilkinson	17:38.73	1989
2. Nikki Dryden	9:03.69	1989		2. Corinne Liedtke	17:41.86	1986
3. Leanne Wilkinson	9:10.14	1989		3. Kyla Ross	18:08.18	2016
4. Kate Brambley	9:14.49	1994		4. Shannon Brown	18:09.49	1990
5. Corinne Liedtke	9:15.80	1985		5. Catrin Jones	18:10.68	1993
6. Kyla Ross	9:21.43	2016		6. Hilary Wille	18:18.28	2008
7. Shannon Brown	9:22.84	1990		7. Brittany Buna	18:31.37	2006
8. Kellie Rolston	9:23.66	1995		8. Shawnee Landolt	18:31.53	2005
9. Stephanie Pollard	9:27.55	2003		9. Stephanie Pollard	18:33.15	2002
10. Kristine McGraw	9:28.51	1993		10. Jessie Ogden	18:36.17	2011

100 Back	Time	Year		200 Back	Time	Year
1. Suzanne Weckend	1:04.29	1991		1. Thea Masselink	2:18.84	2019
2. Thea Masselink	1:04.76	2019		2. Suzanne Weckend	2:19.15	1991
3. Nikki Dryden	1:05.26	1989		3. Thea Masselink	2:20.82	2018
4. Thea Masselink	1:05.43	2018		4. Sarah Darcel	2:22.81	2014
5. Heidi Bradley	1:06.69	2011		5. Vanessa Loewen	2:23.16	2007
6. Naomi Ellis	1:07.31	2009		6. Melinda Toldy	2:23.30	1986
7. Vanessa Loewen	1:07.64	2007		7. Naomi Ellis	2:23.84	2009
8. Kyla Ross	1:08.95	2016		8. Nikki Dryden	2:24.45	1989
9. Sarah Darcel	1:09.01	2014		9. Kyla Ross	2:25.23	2016
10. Anne Barnes	1:09.58	1985		10. Corinne Liedtke	2:25.50	1986

100 Breast	Time	Year		200 Breast	Time	Year
1. Sarah Darcel	1:14.60	2014		1. Jenny Foreman	2:37.29	1994
2. Jennifer Mann	1:15.08	2007		2. Jennifer Mann	2:40.97	2008
3. Jenny Foreman	1:15.27	1994		3. Cassandra Purdon	2:41.01	2012
4. Cassandra Purdon	1:15.43	2012		4. Savannah Moneo	2:42.98	2007
5. Savannah Moneo	1:16.29	2007		5. Regan Petelski	2:43.63	1994
6. Nicole Fyfe	1:17.00	2006		6. Kathryn Sutton	2:44.42	2003
7. Lauren Van Oosten	1:17.20	1993		7. Katie McEvoy	2:44.61	2007
8. Katie McEvoy	1:17.28	2007		7. Ashley Clavelle	2:44.61	2019
9. Tara Hahto	1:17.59	2004		9. Tara Hahto	2:44.63	2004
10. Regan Petelski	1:17.81	1994		10. Lauren Van Oosten	2:46.18	1993

100 Fly	Time	Year		200 Fly	Time	Year
1. Sarah Darcel	1:03.57	2014		1. Leanne Wilkinson	2:19.10	1989
2. Sela Wist	1:03.88	2019		2. Kellie Rolston	2:19.57	1995
2. Allison Barriscale	1:04.25	1990		3. Allison Barriscale	2:24.43	1990
4. Stephanie Pollard	1:05.22	2003		4. Hilary Wille	2:24.54	2007
5. Kyla Ross	1:05.47	2016		5. Stephanie Pollard	2:25.91	2003
6. Harper Nevins	1:05.55	2019		6. Christl Bradley	2:26.20	2007
7. Leanne Wilkinson	1:05.62	1990		7. Harper Nevins	2:26.65	2019
8. Heidi Bradley	1:05.92	2011		8. Erin Hardy	2:26.83	1991
9. Cassie Morrice	1:05.94	2006		9. Amanda Downing	2:27.24	1994
10. Kellie Rolston	1:06.04	1995		10. Carla Morris	2:28.44	1992

200 IM	Time	Year		400 IM	Time	Year
1. Sarah Darcel	2:19.83	2014		1. Leanne Wilkinson	5:00.18	1989
2. Suzanne Weckend	2:22.91	1991		2. Sarah Darcel	5:01.96	2014
3. Allison Barriscale	2:23.88	1990		3. Suzanne Weckend	5:03.11	1991
4. Stephanie Pollard	2:24.32	2003		4. Allison Barriscale	5:03.93	1990
5. Thea Masselink	2:25.21	2019		5. Stephanie Pollard	5:05.11	2002
6. Leanne Wilkinson	2:26.13	1990		6. Jenny Foreman	5:06.69	1994
7. Jenny Foreman	2:26.50	1994		7. Anna Leong	5:09.92	1989
8. Naomi Ellis	2:27.53	2009		8. Kyla Ross	5:10.86	2016
9. Erin Hardy	2:27.74	1991		9. Thea Masselink	5:11.10	2019
10. Nicole Fyfe	2:27.79	2006		10. Amanda Downing	5:11.82	1994

Girls 15-17

50 Free	Time	Year		100 Free	Time	Year
1. Kyla Leibel	25.77	2018		1. Kyla Leibel	55.93	2018
2. Jade Hannah	25.80	2019		2. Jade Hannah	56.26	2019
3. Faith Knelson	26.55	2019		3. Molly Gowans	56.58	2016
4. Mackenzie Paddington	26.63	2016		4. Mackenzie Paddington	56.60	2016
5. Sarah Darcel	26.69	2015		5. Faith Knelson	57.00	2017
6. Molly Gowans	26.85	2016		6. Sarah Darcel	57.35	2015
7. Kyra Forrest	26.95	2018		7. Nikki Dryden	57.49	1992
8. Alicia Eisen	27.16	2016		8. Kate Brambley	57.97	1995
9. Danica Ludlow	27.26	2014		8. Danica Ludlow	57.97	2014
10. Kelsey Andrusak	27.42	2018		10. Kyra Forrest	58.20	2018

200 Free	Time	Year		400 Free	Time	Year
1. Molly Gowans	2:00.66	2017		1. Brittany Reimer	4:14.08	2005
2. Danica Ludlow	2:01.43	2014		2. Molly Gowans	4:15.24	2017
3. Kate Brambley	2:01.46	1995		3. Danica Ludlow	4:15.70	2014
4. Brittany Reimer	2:01.49	2005		4. Nikki Dryden	4:16.22	1992
5. Mackenzie Paddington	2:01.99	2016		5. Kate Brambley	4:17.50	1995
6. Chantel Jeffrey	2:02.33	2018		6. Danielle Bell	4:17.81	2000
7. Kyla Leibel	2:02.69	2018		7. Mackenzie Paddington	4:18.99	2016
8. Sarah Darcel	2:03.50	2016		8. Kyla Ross	4:19.67	2018
9. Nikki Dryden	2:03.59	1992		9. Chantel Jeffrey	4:19.86	2018
10. Karley Stutzel	2:03.94	2000		10. Cassie Morrice	4:19.97	2009

800 Free	Time	Year		1500 Free	Time	Year
1. Brittany Reimer	8:39.17	2005		1. Danica Ludlow	16:51.36	2014
2. Danielle Bell	8:43.60	2000		2. Sarah Mayzes	17:08.89	2005
3. Danica Ludlow	8:48.78	2014		3. Kyla Ross	17:11.03	2019
4. Kate Brambley	8:49.27	1995		4. Leanne Wilkinson	17:19.25	1991
5. Nikki Dryden	8:49.52	1991		5. Chantel Jeffrey	17:20.15	2018
6. Mackenzie Padington	8:51.41	2016		6. Brooke Lamoureux	17:21.54	2016
7. Molly Gowans	8:51.59	2017		7. Shannon Brown	17:23.21	1991
8. Karley Stutzel	8:55.42	2000		8. Stefanie Schmidt	17:25.56	2012
9. Taylor Padington	8:55.99	2011		9. Shawnee Landolt	17:37.04	2007
10. Sarah Mayzes	8:57.87	2005		10. Taylor Padington	17:39.45	2011

100 Back	Time	Year		200 Back	Time	Year
1. Jade Hannah	59.62	2017		1. Jade Hannah	2:09.28	2019
2. Molly Gowans	1:02.96	2017		2. Stefanie Schmidt	2:14.30	2013
3. Nikki Dryden	1:03.36	1992		3. Nikki Dryden	2:15.15	1992
4. Suzanne Weckend	1:03.92	1993		4. Suzanne Weckend	2:15.44	1994
5. Allison Barriscale	1:04.53	1994		5. Molly Gowans	2:16.03	2017
6. Sarah Darcel	1:05.07	2016		6. Allison Barriscale	2:16.61	1994
7. Vanessa Loewen	1:05.08	2009		7. Sarah Darcel	2:16.87	2017
8. Heidi Bradley	1:05.13	2013		8. Danica Ludlow	2:17.37	2014
9. Zoe Hunt-St.Louis	1:05.26	2017		9. Kyra Forrest	2:19.00	2018
10. Stefanie Schmidt	1:05.34	2012		10. Kyla Ross	2:19.14	2018

100 Breast	Time	Year		200 Breast	Time	Year
1. Faith Knelson	1:07.30	2018		1. Faith Knelson	2:27.70	2018
2. Sarah Darcel	1:10.59	2015		2. Sarah Darcel	2:27.74	2017
3. Mackenzie Padington	1:10.98	2016		3. Mackenzie Padington	2:32.13	2016
4. Jennifer Mann	1:11.18	2012		4. Jennifer Mann	2:32.74	2012
5. Emma Myburgh	1:11.54	2018		5. Christin Petelski	2:33.21	1995
6. Christin Petelski	1:11.84	1995		6. Emma Myburgh	2:34.56	2018
7. Cassandra Purdon	1:14.48	2012		7. Jenny Foreman	2:37.70	1995
8. Jamie Hellard	1:14.66	2017		8. Cassandra Purdon	2:39.48	2013
9. Tara Hahto	1:14.91	2006		9. Kathryn Sutton	2:40.00	2005
10. Chantel Walter	1:14.99	2009		10. Tara Hahto	2:40.67	2007

100 Fly	Time	Year		200 Fly	Time	Year
1. Jade Hannah	1:00.24	2017		1. Sarah Darcel	2:14.12	2016
2. Sarah Darcel	1:01.03	2017		2. Jade Hannah	2:17.44	2017
3. Sela Wist	1:01.37	2019		3. Chantel Jeffrey	2:17.51	2018
4. Kyra Forrest	1:02.27	2018		4. Jordyn Ryan	2:17.55	2017
5. Faith Knelson	1:02.66	2017		5. Kellie Rolston	2:18.48	1998
6. Heidi Bradley	1:02.76	2013		6. Leanne Wilkinson	2:18.66	1990
7. Kelsey Andrusak	1:03.29	2018		7. Kyla Ross	2:18.79	2019
8. Alicia Eisen	1:03.88	2016		8. Kelsey Andrusak	2:19.18	2019
9. Allison Barriscale	1:04.11	1992		9. Heidi Bradley	2:19.87	2013
10. Mareya Valeva	1:04.22	2018		10. Suzanne Weckend	2:21.89	1994

200 IM	Time	Year		400 IM	Time	Year
1. Sarah Darcel	2:12.51	2017		1. Sarah Darcel	4:39.29	2017
2. Faith Knelson	2:15.74	2019		2. Mackenzie Paddington	4:50.76	2016
3. Mackenzie Paddington	2:19.08	2016		3. Chantel Jeffrey	4:54.11	2018
4. Kelsey Andrusak	2:20.95	2018		4. Alexa Komarnycky	4:57.72	2005
5. Allison Barriscale	2:21.07	1993		5. Regan Petelski	4:58.52	1996
6. Jade Hannah	2:21.30	2017		6. Nicole Fyfe	4:59.08	2009
7. Suzanne Weckend	2:22.32	1992		7. Allison Barriscale	4:59.54	1993
8. Chantel Jeffrey	2:22.37	2018		8. Leanne Wilkinson	4:59.84	1991
9. Stephanie Pollard	2:23.33	2004		9. Stephanie Pollard	5:00.67	2004
10. Emma Myburgh	2:23.89	2018		10. Jenny Foreman	5:01.35	1996

Womens Open

50 Free	Time	Year		100 Free	Time	Year
1. Kyla Leibel	25.77	2018		1. Julia Wilkinson	54.16	2012
2. Jade Hannah	25.80	2019		2. Mackenzie Paddington	55.81	2017
3. Julia Wilkinson	25.85	2011		3. Kyla Leibel	55.93	2018
4. Mackenzie Paddington	26.12	2017		4. Jade Hannah	56.26	2019
5. Danielle Hanus	26.15	2019		5. Molly Gowans	56.58	2016
6. Sarah Darcel	26.30	2017		5. Danielle Hanus	56.58	2019
7. Caroline Clapham	26.51	2005		7. Faith Knelson	57.00	2017
8. Faith Knelson	26.55	2019		8. Sarah Darcel	57.10	2017
9. Pam Rai	26.74	1985		9. Caroline Clapham	57.20	2005
10. Molly Gowans	26.85	2016		10. Danica Ludlow	57.35	2016

200 Free	Time	Year		400 Free	Time	Year
1. Mackenzie Padington	1:58.39	2017		1. Alexa Komarnycky	4:08.27	2011
2. Julia Wilkinson	1:58.95	2010		2. Mackenzie Padington	4:09.04	2017
3. Alexa Komarnycky	2:00.34	2011		3. Molly Gowans	4:11.55	2018
4. Molly Gowans	2:00.66	2017		4. Danica Ludlow	4:12.82	2016
5. Danica Ludlow	2:00.72	2016		5. Brittany Reimer	4:12.84	2006
6. Brittany Reimer	2:01.39	2006		6. Nikki Dryden	4:13.49	1994
7. Kate Brambley	2:01.46	1995		6. Stephanie Horner	4:13.49	2011
8. Cassie Morrice	2:01.54	2011		8. Cassie Morrice	4:16.07	2011
9. Danielle Hanus	2:02.00	2019		9. Kate Brambley	4:17.50	1995
9. Chantel Jeffrey	2:02.33	2018		10. Danielle Bell	4:17.81	2000

800 Free	Time	Year		1500 Free	Time	Year
1. Alexa Komarnycky	8:28.11	2012		1. Mackenzie Padington	16:31.33	2017
2. Mackenzie Padington	8:31.68	2017		2. Brittany Reimer	16:42.57	2006
3. Nikki Dryden	8:37.70	1994		3. Natalie Sacco	16:51.31	2010
4. Brittany Reimer	8:37.84	2006		4. Danica Ludlow	16:51.36	2014
5. Danielle Bell	8:43.60	2000		5. Nikki Dryden	16:51.43	1994
6. Danica Ludlow	8:45.00	2016		6. Danielle Bell	16:52.29	2001
7. Molly Gowans	8:45.68	2018		7. Brooke Lamoureux	17:02.07	2017
8. Kate Brambley	8:49.27	1995		8. Karley Stutzel	17:04.87	2002
9. Sarah Mayzes	8:53.60	2005		9. Sarah Mayzes	17:08.89	2005
10. Karley Stutzel	8:55.42	2000		10. Kyla Ross	17:11.03	2019

50 Back	Time	Year		100 Back	Time	Year
1. Jade Hannah	27.91	2019		1. Jade Hannah	59.62	2017
2. Danielle Hanus	28.03	2019		2. Julia Wilkinson	59.85	2012
2. Julia Wilkinson	28.09	2011		3. Hilary Caldwell	1:00.21	2016
4. Hilary Caldwell	29.43	2016		4. Danielle Hanus	1:00.34	2019
5. Molly Gowans	30.03	2017		5. Molly Gowans	1:02.90	2018
6. Anne Barnes	30.26	1989		6. Nikki Dryden	1:03.36	1992
6. Heidi Bradley	30.26	2017		7. Caroline Clapham	1:03.55	2006
8. Zoe Hunt-St.Louis	30.34	2017		8. Suzanne Weckend	1:03.92	1993
9. Thea Masselink	30.37	2019		9. Heidi Bradley	1:03.96	2017
10. Vanessa Loewen	30.43	2009		10. Anne Barnes	1:04.01	1989

200 Back	Time	Year		50 Breast	Time	Year
1. Hilary Caldwell	2:07.15	2017		1. Faith Knelson	30.91	2017
2. Jade Hannah	2:09.28	2019		2. Christin Petelski	32.78	2001
3. Julia Wilkinson	2:09.53	2012		3. Jamie Hellard	33.19	2018
4. Stefanie Schmidt	2:14.30	2013		4. Mackenzie Paddington	33.29	2017
5. Danielle Hanus	2:14.81	2017		5. Sarah Darcel	33.79	2014
6. Nikki Dryden	2:15.15	1992		6. Jennifer Mann	34.20	2012
7. Suzanne Weckend	2:15.44	1994		7. Emma Myburgh	34.33	2018
8. Molly Gowans	2:15.51	2018		8. Tara Hahto	34.37	2006
9. Allison Barriscale	2:16.61	1994		9. Alexa Bryant	34.70	2016
10. Alexa Komarnycky	2:16.77	2012		10. Alexa Komarnycky	34.72	2011

100 Breast	Time	Year		200 Breast	Time	Year
1. Faith Knelson	1:07.30	2018		1. Faith Knelson	2:27.70	2018
2. Christin Petelski	1:09.54	2000		2. Sarah Darcel	2:27.74	2017
3. Sarah Darcel	1:10.59	2015		3. Christin Petelski	2:29.11	2000
4. Mackenzie Paddington	1:10.98	2016		4. Mackenzie Paddington	2:32.13	2016
5. Jennifer Mann	1:11.18	2012		5. Jennifer Mann	2:32.74	2012
6. Emma Myburgh	1:11.54	2018		6. Emma Myburgh	2:34.56	2018
7. Chantal Walter	1:13.98	2011		7. Jenny Foreman	2:37.29	1994
8. Rebecca Langlois	1:14.10	2012		8. Cassandra Purdon	2:39.48	2013
9. Julia Wilkinson	1:14.17	2012		9. Kathryn Sutton	2:40.00	2005
10. Cassandra Purdon	1:14.48	2012		10. Jordan Andrusak	2:40.10	2018

50 Fly	Time	Year		100 Fly	Time	Year
1. Jade Hannah	26.98	2019		1. Danielle Hanus	58.93	2019
2. Kyla Leibel	27.30	2018		2. Sarah Darcel	1:00.17	2017
3. Danielle Hanus	27.37	2019		3. Jade Hannah	1:00.24	2017
4. Sarah Darcel	27.95	2018		4. Stephanie Horner	1:01.14	2012
5. Faith Knelson	28.19	2018		4. Heidi Bradley	1:01.14	2017
6. Heidi Bradley	28.63	2017		6. Sela Wist	1:01.37	2019
7. Julia Wilkinson	28.70	2011		7. Pam Rai	1:02.10	1985
8. Lauren Mosher	28.72	2019		8. Kyra Forrest	1:02.27	2018
9. Stephanie Horner	28.75	2011		9. Faith Knelson	1:02.66	2017
10. Kelsey Andrusak	28.78	2019		10. Lisa Woods	1:03.12	1990

200 Fly	Time	Year
1. Danielle Hanus	2:11.34	2018
2. Sarah Darcel	2:12.59	2017
3. Stephanie Horner	2:14.67	2013
4. Marie Moore	2:15.45	1988
5. Jordyn Ryan	2:17.29	2017
6. Jade Hannah	2:17.44	2017
7. Chantel Jeffrey	2:17.51	2018
8. Heidi Bradley	2:18.45	2017
9. Kellie Rolston	2:18.48	1998
10. Lisa Woods	2:18.54	1990

200 IM	Time	Year		400 IM	Time	Year
1. Sarah Darcel	2:11.14	2018		1. Alexa Komarnycky	4:38.82	2011
2. Julia Wilkinson	2:11.32	2010		2. Sarah Darcel	4:39.29	2017
3. Alexa Komarnycky	2:13.88	2012		3. Stephanie Horner	4:42.25	2012
4. Mackenzie Padington	2:14.58	2017		4. Mackenzie Padington	4:45.62	2017
5. Stephanie Horner	2:15.48	2011		5. Chantel Jeffrey	4:54.11	2018
6. Faith Knelson	2:15.74	2019		6. Regan Petelski	4:58.52	1996
6. Hilary Caldwell	2:16.62	2017		7. Natalie Sacco	4:58.64	2010
7. Danielle Hanus	2:16.66	2018		8. Nicole Fyfe	4:59.08	2009
9. Jordan Andrusak	2:20.27	2018		9. Allison Barriscale	4:59.54	1993
10. Kelsey Andrusak	2:20.95	2018		10. Leanne Wilkinson	4:59.84	1991