
Comox Valley Aquatic Club - SHARKS

P.O. Box 3542, Courtenay, V9N 6Z8 BC ✈ E-Mail: cvsharksheadcoach@gmail.com ✈ www.sharks.bc.ca

2024/25 Sharks Swim Season Registration Information

Welcome to the 2024/25 season of Sharks Swimming. We are excited to continue to be able to work with the Comox Valley families in developing the best youth sport organization in the area. The 2023/24 season saw the club continue to grow with over 300 swimmers of all ages and abilities joining the team during the season. In order to best serve our current returning membership and allow new members and future growth to occur we have continued to tweak scheduling and group configuration to best serve the growing community of swimmers in the Comox Valley

Our entry level will be a little bit higher this coming season so we can make sure we are giving all new swimmers at the appropriate level a chance to join the club. Swimmers should be able to safely complete 25m of the pools unassisted.

Registration assessments for new swimmers will begin Wednesday July 10th. Once assessed swimmers are able to register for the group they have been assessed to. For our developing programming we offer multiple different days/times for each group, some options may be limited as groups grow to capacity.

Programming Changes:

Earlier Start

We will be offering an earlier afternoon start this year for some of our developmental groups. We will be offering a 3:00 PM start time on Tuesday/Thursday for Squads 7, 8 and 9.

Increased capacity

The earlier start will allow us to offer a couple of additional groups this season to increase capacity of our developmental programming.

New Swimmer Registration:

Starting July 10th we will begin assessments for new swimmers looking to join the team and registration for new swimmers will open at that time. Following July we will have traditional new swimmer assessment/registration in early September.

Training Schedule:

The training schedule is attached and with some of the changes as previously noted. All groups have similar days and regularity as last year.

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Training Fees and Payment:

Also attached is the 2024/25 fee schedule. We are happy to announce that there are no fee increases this year for any groups. Fees for 2024/25 will once again be divided into 9 equal payments the first training fee payment will occur on September 1st or upon registration and then an additional 8 equal payments will be charged Oct 1, 2024 until May 1, 2025. The season will continue to run until the end of June for our developmental groups and through July for our competitive groups.

The club membership remains at \$95 per swimmer this season. Like last year you will receive a cap and t-shirt upon registration. We will also have an additional item at the end of the year for participating in our swim-a-thon swim.

Fundraising Assessment:

Our base fundraising will also remain the same this year with Squads 1-5 assessed \$220 per swimmer, Squads 6-8 & Shark Fit assessed \$120 and Squad 9 & Mini-Sharks being assessed \$80 per swimmer.

Fundraising allows us to raise funds from alternative means versus strictly raising training fees.

- Only two highest assessed swimmers per family will be charged
- Families can have the option of retaining 50% of all proceeds raised after earning *twice* the assessed amount for the following season's registration.

Monies from fundraising are used to keep training fees lower and help the club expand infrastructure, equipment needs and meet hosting capabilities. This past year saw the club continue to purchase new timing equipment for competitions as well as the installation of our new starting blocks at the Aquatic. We will now be working on improving some of the infrastructure and equipment for the swimmers at the Sports Centre as well as continued upgrading of swim meet hosting equipment.

Volunteer Participation Program

We will again be adding in an enhancement to our volunteer program this year with the addition of our "Leadership" positions. This will allow the club to have some consistent experience in roles and allow us to create a system of mentoring to allow new parents to experience and learn roles. We are looking for parents to take on these roles this upcoming season to help the club in our hosting capabilities and also earn some financial support for your family in fee payment.

Help Build the Sharks:

We are always on the look for people that want to help the club grow and thrive in the community. We are currently looking for parents that want to take an active role in the club in our search for sponsors, community partners, fundraising and helping the club raise its community profile. If you feel you have the time and/or skills to help the club in any of these areas please talk to the head coach or a board member and we will be happy to try and find an area to help us in.

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Sharks 2024/25 Fee Description

	Club Membership (club reg, shirt, cap, team gear)	Swim BC Registration	Annual Dues
Squad 1	\$95	Age 15+: \$208 Age 11-14: \$166 Age 9-10: \$124 Age 8&U: \$104	\$3060
Squad 2			\$2700
Squad 3			\$2340
Squad 4			\$1980
Squad 5			\$1620
Squad 6			\$1260
Squad 7			\$1035
Squad 8		\$50	\$945
Squad 9		\$50	\$855
Mini Sharks		\$50	\$810
Shark Fit		\$50	\$1035

- **Annual dues** will be divided into 9 equal payments paid between registration and May 1st.
- **Swim BC Registration** are dues we pay for registration and insurance with Swim BC and Swimming Canada
- **Club Membership** includes registration with the club, a Sharks cap, Sharks t-shirt and a rotating item of Shark apparel that will be ordered each Fall.

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Sharks 2024/25 Squad Schedule

Squad 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
545-720 AM	700-800 AM Stronghearts	545-720 AM		545-720 AM	600-800 AM
	430-700 PM	As needed	430-700 PM	445-630 PM	

Squad 2 (7th practice added for swimmers on Fri AM for returning swimmers to Squad 2)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
545-720 AM	430-700 PM	545-720 AM	430-700 PM	445-630 PM	600-800 AM

Squad 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
430-600 PM	350-550 PM	545-720 AM	350-550 PM	445-630 PM	600-800 AM

Squad 4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
335-450 PM	540-700 PM		540-700 PM	335-500 PM	730-900 AM

Squad 5

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
335-455 PM		335-455 PM		335-455 PM	730-900 AM

Squad 6

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
450-600 PM		450-600 PM			730-900 AM

Shark Fit (3rd workout can be arranged with a competitive group if requested)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
555-700 PM		555-700 PM			

Squad 7 (choose Schedule A or B)

Schedule A: Monday & Wednesday 6:00 - 7:00 PM

Schedule B: Tuesday & Thursday 3:00 - 4:00 PM

Squad 8 (choose Schedule A, B, or C)

Schedule A: Monday & Wednesday 5:05 - 6:00 PM

Schedule B: Tuesday & Thursday 3:00 - 3:55 PM

Schedule C: Wednesday & Friday 3:40 - 4:35 PM

Squad 9 (choose Schedule A, B, C or D)

Schedule A: Monday & Wednesday 4:20 - 5:10 PM

Schedule B: Tuesday & Thursday 3:00 - 3:50 PM

Schedule C: Tuesday & Thursday 3:55 - 4:45 PM

Schedule D: Wednesday & Friday 3:40 - 4:30 PM

Mini Sharks (choose Schedule A, B, C or D)

Schedule A: Monday & Wednesday 3:40 - 4:20 PM

Schedule B: Tuesday & Thursday 3:50 - 4:30 PM

Schedule C: Tuesday & Thursday 4:00 - 4:40 PM

Schedule D: Tuesday & Thursday 4:40 - 5:20 PM

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Sharks 2024/25 Meet Volunteer Leadership Program

During the 2023/24 season we launched a volunteer leadership program. Although in it's infancy we are hoping to continue to run it and build upon it to help mentor new parents into new roles.

The 2024/25 season we will be planning on hosting 4 competitions and a total of 6 sessions as well as couple sanctioned competitive in-house meets.

For the club these competitions allow us to bring swimmers from around Vancouver Island to us, instead of us having to travel around the Island looking for competitions. This helps in two ways as it saves our families money but not having to travel and it brings in revenue for the club to help lower the burden on fees and fundraising.

In order to host these events we do need a sizable and active team of volunteers. Having a consistent team of volunteer leaders allows more expertise, better events and better mentoring opportunities for new volunteers to join.

In order to recognize the contribution these volunteers make and incentivize the roles we are offering the following opportunities for next season.

4 Planned hosted meets:

Saturday, October 19th (1 afternoon session)

Saturday, November 23rd (1 afternoon session)

Saturday February 8th (2 sessions, AM and PM)

Saturday May 10th/Sunday May 11th (2 sessions, Saturday PM and Sunday AM)

6 total sessions of competition

Last year thank you to:

Lisa Walwork – Starter/Referee

Meagan Saccucci – Administrative Desk

Michelle Stehura – Stroke & Turn

Trevor McLaren – Chief Electronics

Last season these 4 worked a total of over 25 sessions between them and the club thanks them for their leadership and commitment. They hope is to expand this base and share the volunteer roles throughout all members of the club.

2024/25 Leadership

We will be offering 13 leadership positions for the upcoming season. Leaders will fill their role and help with mentoring newer people into the position.

The sessional position leaders should have prior experience in the role and be comfortable with helping out new volunteers coming into the role

The seasonal positions do not need any previous experience (but it does help) and just be willing to help the club to setup great events for the kids and volunteers.

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<p>Sessional Positions: Leaders should plan on attending a minimum of 4 sessions</p> <p>Starter (1 positions) Full volunteer points + \$35 training fee credit/session</p> <p>Chief Electronics (2 positions) Full volunteer points + \$35 training fee credit/session</p> <p>Administration Desk (2 positions) Full volunteer points + \$35 training fee credit/session</p> <p>Chief Timer (1 positions) Full volunteer points + \$25 training fee credit/session</p> <p>Stroke & Turn Official (4 positions) Full volunteer points + \$25 training fee credit/session</p>	<p>Seasonal Positions Leaders are expected to attend all competitions</p> <p>Pool Set Up (2 positions) Full volunteer points + \$70 training fee credit</p> <p>Hospitality (1 position) Coordinator will organize hospitality but will have a volunteer team to run it during the competition</p> <p>Full volunteer points + \$70 training fee credit</p>
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Example:

If you sign up to take on a leadership position in Chief Electronics and commit to helping with 6 sessions of competition you will receive all your volunteer points plus a \$210 credit towards training fees the next season.

Outside of these 13 leadership positions we will still need 100's of positions to be filled by casual volunteering in different roles that need to be filled at the competitions. Once you have tried some of these roles and gained some experience or mentorship and would like to expand upon it into a leadership role you can contact the club and we will work to set that up. Ultimately the goal is to have a continuous influx of parents coming into leadership roles each season to relieve the old guard and start prepping the new families coming into the program.

Administrative Leadership

The Board of Directors is also looking to fill a number of vacancies next year on the board. Anyone interested in taking a leadership role in the governance of the club and who joins the board for the 24/25 season will receive all of their volunteer points plus a \$210 credit towards training fees for the 25/26 season after attending at least 75% of the scheduled board meetings. Please contact any member of the board for more information.