



SWIM BC DIVISIONAL CHAMPIONSHIPS FRASER & ISLAND DIVISION

2020-21 FRASER & ISLAND DIVISION TIME STANDARDS

	FEMALE					
	12 & U		13 & 14		15 & O	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	32.10	31.47	30.63	30.03	29.43	28.85
100 Free	1:10.40	1:09.02	1:07.10	1:05.78	1:03.52	1:02.27
200 Free	2:35.48	2:32.43	2:28.30	2:25.39	2:18.07	2:15.36
400 Free	5:12.00	5:05.88	5:04.84	4:58.86	4:52.22	4:46.49
800 Free	10:55.49	10:42.64	10:34.95	10:22.50	10:35.48	10:23.02
1500 Free	22:04.30	21:38.33	20:06.41	19:42.75	20:07.41	19:43.74
50 Back	38.99	38.23	37.16	36.43	34.12	33.45
100 Back	1:20.79	1:19.21	1:18.16	1:16.63	1:11.79	1:10.38
200 Back	2:53.96	2:50.55	2:44.85	2:41.62	2:34.13	2:31.11
50 Breast	45.05	44.17	42.77	41.93	40.75	39.95
100 Breast	1:33.00	1:31.18	1:29.42	1:27.67	1:24.24	1:22.59
200 Breast	3:21.55	3:17.60	3:10.28	3:06.55	3:02.52	2:56.35
50 Fly	37.39	36.66	35.28	34.59	32.95	32.30
100 Fly	1:24.02	1:22.37	1:19.33	1:17.77	1:11.55	1:10.15
200 Fly	3:29.74	3:25.63	3:05.76	3:02.12	2:47.48	2:44.20
200 IM	2:53.75	2:50.34	2:47.07	2:43.79	2:37.00	2:33.92
400 IM	5:59.74	5:52.69	5:52.15	5:45.25	5:44.32	5:37.57

	MALE					
	12 & U		13 & 14		15 & O	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	32.74	32.10	28.91	28.34	26.62	26.10
100 Free	1:12.32	1:10.67	1:03.18	1:01.94	58.00	56.86
200 Free	2:38.06	2:34.96	2:19.51	2:16.77	2:07.33	2:04.83
400 Free	5:29.98	5:23.51	4:50.01	4:44.32	4:32.93	4:27.58
800 Free	11:38.67	11:24.97	10:39.31	10:26.77	9:55.66	9:43.98
1500 Free	22:06.44	21:40.43	20:03.72	19:40.12	18:51.75	18:29.56
50 Back	40.88	40.08	36.17	35.46	32.48	31.84
100 Back	1:23.71	1:22.07	1:15.81	1:14.32	1:08.01	1:06.68
200 Back	3:00.60	2:57.06	2:41.46	2:37.52	2:32.02	2:29.04
50 Breast	48.44	47.49	41.87	41.05	36.45	35.74
100 Breast	1:37.31	1:35.40	1:24.32	1:22.67	1:16.90	1:15.39
200 Breast	3:33.71	3:29.52	3:06.43	3:00.31	2:50.44	2:47.10
50 Fly	41.38	40.57	34.18	33.51	29.80	29.22
100 Fly	1:29.92	1:28.16	1:14.32	1:12.86	1:05.54	1:04.25
200 Fly	3:39.90	3:35.59	2:49.36	2:46.04	2:35.45	2:32.40
200 IM	2:58.87	2:55.36	2:36.88	2:33.80	2:23.53	2:20.72
400 IM	6:15.09	6:07.74	5:31.82	5:25.31	5:01.82	4:55.90

CLUBS

ADVENT - Advent Swim Academy
 AOSC - Abbotsford Olympians SC
 ARIE - Arie Swimming Club
 COMOX - Comox Valley Aquatic Club
 CRKW - Campbell River Killer Whales
 DST - Duncan Stingrays Swim Team
 DYNA - Dynamo Swim Club
 HANEY - Haney Seahorse Swim Club
 HYACK - Hyack Swim Club
 ISC - Island Swimming Club
 LCSC - Ladysmith/Chemainus
 LOSC - Langley Olympians Swim Club
 NRST - Nanaimo Riptides Swim Team
 PSW - Pacific Sea Wolves
 RAC - Ravensong Aquatic Club
 SFA - Simon Fraser Aquatics
 SFU - Simon Fraser University
 SKSC - Surrey Knights Swim Club
 SPART - Spartan Swim Club
 TSUN - Port Alberni Tsunami
 TYEE - Tyee Aquatic Club
 UVIC - UVIC VIKES Swim Team
 UVPCS - UVic Pacific Coast Swimming
 WGB - Whitehorse Glacier Bears SC