

# October

# 2023

## Orca Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-5:30 Warm Up Orca Senior and Junior	5:15-5:30 Warm Up Orca Senior and Junior	5:15-5:30 Warm Up Orca Senior and Junior	5:15-5:30 Warm Up Orca Senior and Junior	5:15-5:30 Warm Up Orca Senior and Junior	Dry Land 9:15-10 AM Available Saturdays	
5:30-5:45 Warm up Orca Dev	5:30-5:45 Warm up Orca Dev	5:30-5:45 Warm up Orca Dev	5:30-5:45 Warm up Orca Dev	5:30-5:45 Warm up Orca Dev		
5:30-6:30 Orca Senior and Junior	5:30-6:30 Orca Senior and Junior	5:30-6:30 Orca Senior and Junior	5:30-6:30 Orca Senior and Junior	5:30-6:30 Orca Senior and Junior		
5:45-6:30 Swim Orca Dev	5:45-6:30 Swim Orca Dev	5:45-6:30 Swim Orca Dev	5:45-6:30 Swim Orca Dev	5:45-6:30 Swim Orca Dev		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 Dry Land 9:15-10AM Pinecrest
8	9 No Swimming Thanksgiving Monday	10	11	12	13	14 Dry Land 9:15-10AM Pinecrest
15 Comox Entry Deadline	16	17	18	19	20	21 Comox Meet No Dry Land
22	23	24	25	26	27	28 Dry Land 9:15-10AM Pinecrest
29	30	31 Halloween Fun Day				

