

2024 David Fry East Coast Championships - 2024-02-29 to 2024-03-03
Session Report

Session: 1 Session I Timed Finals

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 1500 Freestyle	22	3	04:00 PM	_____
Finals	2 Men 800 Freestyle	31	4	05:10 PM	_____
	Break: 30 Minutes: Warm-Up Break				
Finals	5 Women 800 Freestyle Relay	7	1	06:29 PM	_____
Finals	6 Men 800 Freestyle Relay	9	2	06:39 PM	_____
	Swimmers Counts for Warm-ups: 85	=====	=====		
	Entry / Heat Totals:	69	10		
	Finish Time			07:00 PM	_____

2024 David Fry East Coast Championships - 2024-02-29 to 2024-03-03**Session Report**

Session: 2 Session II Prelims

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	7 Women 200 Freestyle	75	10	09:30 AM	_____
Prelims	8 Men 200 Freestyle	78	10	10:02 AM	_____
	Break: 2 Minutes: Timers Walk				
Prelims	9 Women 50 Butterfly	80	10	10:34 AM	_____
Prelims	10 Men 50 Butterfly	81	11	10:45 AM	_____
	Break: 2 Minutes: Timers Walk				
Prelims	11 Women 400 IM	26	4	10:59 AM	_____
Prelims	12 Men 400 IM	21	3	11:26 AM	_____
	Break: 2 Minutes: Timers Walk				
Prelims	13 Women 50 Backstroke	70	9	11:49 AM	_____
Prelims	14 Men 50 Backstroke	55	7	12:01 PM	_____
	Break: 2 Minutes: Timers Walk				
Prelims	15 Women 200 Breaststroke	37	5	12:13 PM	_____
Prelims	16 Men 200 Breaststroke	41	6	12:32 PM	_____
	Swimmers Counts for Warm-ups: 270	=====	=====		
	Entry / Heat Totals:	564	75		
	Finish Time			12:55 PM	_____

2024 David Fry East Coast Championships - 2024-02-29 to 2024-03-03**Session Report**

Session: 3 Session III Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Women 200 Freestyle	24	3 u	05:00 PM	_____
Finals	8 Men 200 Freestyle	24	3 u	05:10 PM	_____
	Break: 2 Minutes: Timers Walk				
Finals	9 Women 50 Butterfly	24	3 u	05:20 PM	_____
Finals	10 Men 50 Butterfly	24	3 u	05:24 PM	_____
	Break: 2 Minutes: Timers Walk				
Finals	11 Women 400 IM	24	3 u	05:30 PM	_____
Finals	12 Men 400 IM	21	3 u	05:49 PM	_____
	Break: 10 Minutes: Open Pool				
Finals	13 Women 50 Backstroke	24	3 u	06:19 PM	_____
Finals	14 Men 50 Backstroke	24	3 u	06:23 PM	_____
	Break: 2 Minutes: Timers Walk				
Finals	15 Women 200 Breaststroke	24	3 u	06:30 PM	_____
Finals	16 Men 200 Breaststroke	24	3 u	06:41 PM	_____
	Break: 5 Minutes: Warm-Up Break				
Finals	17 Women 14 & Under 400 Freestyle Relay	11	2	06:57 PM	_____
Finals	18 Men 14 & Under 400 Freestyle Relay	9	2	07:08 PM	_____
Finals	19 Women 15 & Over 400 Freestyle Relay	11	2	07:19 PM	_____
Finals	20 Men 15 & Over 400 Freestyle Relay	13	2	07:30 PM	_____
	Swimmers Counts for Warm-ups: 207	=====	=====		
	Entry / Heat Totals:	281	38		
	Finish Time			07:40 PM	_____

2024 David Fry East Coast Championships - 2024-02-29 to 2024-03-03**Session Report**

Session: 4 Session IV Prelims

Day of Meet: 3 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	21 Women 50 Freestyle	100	13	09:30 AM	_____
Prelims	22 Men 50 Freestyle	99	13	09:44 AM	_____
	Break: 2 Minutes: Timers Walk				
Prelims	23 Women 200 Backstroke	45	6	09:59 AM	_____
Prelims	24 Men 200 Backstroke	43	6	10:22 AM	_____
Prelims	25 Women 100 Breaststroke	51	7	10:44 AM	_____
Prelims	26 Men 100 Breaststroke	52	7	10:58 AM	_____
Prelims	27 Women 100 Butterfly	46	6	11:13 AM	_____
Prelims	28 Men 100 Butterfly	42	6	11:24 AM	_____
Prelims	29 Women 400 Freestyle	65	9	11:36 AM	_____
Prelims	30 Men 400 Freestyle	61	8	12:31 PM	_____
	Swimmers Counts for Warm-ups: 280	=====	=====		
	Entry / Heat Totals:	604	81		
	Finish Time			01:18 PM	_____

2024 David Fry East Coast Championships - 2024-02-29 to 2024-03-03**Session Report**

Session: 5 Session V Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Women 50 Freestyle	24	3 u	05:00 PM	_____
Finals	22 Men 50 Freestyle	24	3 u	05:04 PM	_____
	Break: 2 Minutes: Timers Walk				
Finals	23 Women 200 Backstroke	24	3 u	05:10 PM	_____
Finals	24 Men 200 Backstroke	24	3 u	05:21 PM	_____
Finals	25 Women 100 Breaststroke	24	3 u	05:31 PM	_____
Finals	26 Men 100 Breaststroke	24	3 u	05:37 PM	_____
Finals	27 Women 100 Butterfly	24	3 u	05:43 PM	_____
Finals	28 Men 100 Butterfly	24	3 u	05:49 PM	_____
	Break: 10 Minutes: Open Pool				
Finals	29 Women 400 Freestyle	24	3 u	06:05 PM	_____
Finals	30 Men 400 Freestyle	24	3 u	06:22 PM	_____
	Break: 5 Minutes: Warm-Up Break				
Finals	31 Men 14 & Under 400 Medley Relay	9	2	06:43 PM	_____
Finals	32 Women 14 & Under 400 Medley Relay	11	2	06:55 PM	_____
Finals	33 Men 15 & Over 400 Medley Relay	13	2	07:08 PM	_____
Finals	34 Women 15 & Over 400 Medley Relay	11	2	07:20 PM	_____
	Swimmers Counts for Warm-ups: 206	=====	=====		
	Entry / Heat Totals:	284	38		
	Finish Time			07:32 PM	_____

2024 David Fry East Coast Championships - 2024-02-29 to 2024-03-03**Session Report**

Session: 6 Session VI Prelims

Day of Meet: 4 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	35 Women 200 IM	65	9	09:30 AM	_____
Prelims	36 Men 200 IM	69	9	10:02 AM	_____
Prelims	37 Women 100 Freestyle	80	10	10:32 AM	_____
Prelims	38 Men 100 Freestyle	76	10	10:49 AM	_____
Prelims	39 Women 200 Butterfly	21	3	11:05 AM	_____
Prelims	40 Men 200 Butterfly	17	3	11:17 AM	_____
	Break: 2 Minutes: Timers Walk				
Prelims	41 Women 50 Breaststroke	48	6	11:31 AM	_____
Prelims	42 Men 50 Breaststroke	64	8	11:38 AM	_____
	Break: 2 Minutes: Timers Walk				
Prelims	43 Women 100 Backstroke	57	8	11:50 AM	_____
Prelims	44 Men 100 Backstroke	52	7	12:07 PM	_____
Finals-S	3 Women 800 Freestyle	25	4	12:22 PM	_____
Finals-S	4 Men 1500 Freestyle	8	1	01:14 PM	_____
	Swimmers Counts for Warm-ups: 271	=====	=====		
	Entry / Heat Totals:	582	78		
	Finish Time			01:38 PM	_____

2024 David Fry East Coast Championships - 2024-02-29 to 2024-03-03**Session Report**

Session: 7 Session VII Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	3 Women 800 Freestyle	8	1	05:00 PM	_____
Finals-1	4 Men 1500 Freestyle	8	1	05:11 PM	_____
Finals	35 Women 200 IM	24	3 u	05:31 PM	_____
Finals	36 Men 200 IM	24	3 u	05:42 PM	_____
Finals	37 Women 100 Freestyle	24	3 u	05:51 PM	_____
Finals	38 Men 100 Freestyle	24	3 u	05:57 PM	_____
	Break: 10 Minutes: Open Pool				
Finals	39 Women 200 Butterfly	21	3 u	06:12 PM	_____
Finals	40 Men 200 Butterfly	17	3 u	06:23 PM	_____
Finals	41 Women 50 Breaststroke	24	3 u	06:33 PM	_____
Finals	42 Men 50 Breaststroke	24	3 u	06:37 PM	_____
Finals	43 Women 100 Backstroke	24	3 u	06:41 PM	_____
Finals	44 Men 100 Backstroke	24	3 u	06:48 PM	_____
	Swimmers Counts for Warm-ups: 150	=====	=====		
	Entry / Heat Totals:	246	32		
	Finish Time			06:54 PM	_____