



Female 10 years & Under					Male 10 years & Under						
SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE	SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE		
31.70 Emma Zhang	Nov/22 32.11 Faye Ling	Jul/97 50 FREE	33.21 Gursahaan Sangha	Nov/19 34.3 Brad Smith	Feb/89	1:09.07 Emma Zhang	June/22 1:11.61 Faye Ling	Jun/97 100 FREE	1:15.23 Chris Stevens	May/94 1:17.46 Brad Smith	1989
2:35.72 Emma Zhang	Dec/22 2:39.47 Faye Ling	Jun/97 200 FREE	2:40.54 Jatinder Grewal	Dec/18 2:48.60 Brad Smith	Jul/89	5:34.43 Kirra Trites	Feb/17 5:53.05 Logan Warkentin	Jun/10 400 FREE	5:24.52 Jatinder Grewal	Dec/18 5:44.37 Reece Landry	Apr/13
1:103.29 Emma Zhang	Dec/22 1:20.03	Apr/10 800 FREE	1:25.77 Jatinder Grewal	Dec/18 2:04.83 Reece Landry	Apr/13	2:35.79 Reena Paul	May/00	1500 FREE	2:36.77 Jatinder Grewal	Dec/18 2:35.63 Nick LeFor	Apr/13
37.03 Jennie Hall	Feb/06 36.45 Melissa Ibbotson	Jun/00 50 BACK	40.22 Jason Streefkerk	Apr/90 39.27 Brad Smith	Jul/90	1:20.19 Melissa Ibbotson	Jan/00 1:23.06 Melissa Ibbotson	Jun/00 100 BACK	1:26.72 Cayden Dececco	01/12 1:28.50 Chris Stevens	Apr/94
2:49.79 Jennie Hall	Jan/06 2:54.70 Melissa Ibbotson	Jun/00 200 BACK	3:03.95 Jatinder Grewal	Dec/18 3:14.15 Harbir Grewal	May/15	43.05 Emma Zhang	Dec/22 45.17 Francine Ling	Apr/94 50 BREAST	38.17 Gursahaan Sangha	Dec/19 46.06 Harbir Grewal	May/15
1:34.40 Emma Zhang	Dec/22 1:38.23 Francine Ling	Apr/94 100 BREAST	1:26.92 Gursahaan Sangha	Dec/19 1:40.29 Reece Landry	Apr/13	3:23.06 Emma Zhang	Jul/22 3:26.09 Britni Santos	Jun/07 200 BREAST	3:13.04 Gursahaan Sangha	Dec/19 3:28.54 Reece Landry	Apr/13
34.97 Rebecca Soroke	Nov/19 37.01 Rebecca Soroke	Jul/19 50 FLY	37.79 Chris Stevens	Apr/94 38.69 Chris Stevens	Apr/94	1:21.96 Rebecca Soroke	Nov/19 1:27.69 Delphine Wang	Jul/15 100 FLY	1:22.27 Chris Stevens	Mar/94 1:27.67 Jason Steeples	Jun/96
3:06.87 Delphine Wang	Feb/15 3:17.72 Delphine Wang	Jul/15 200 FLY	3:11.16 Jatinder Grewal	Dec/18 3:27.63 Reece Landry	Apr/13	2:56.54 Jennie Hall	Jan/96 3:02.79 Melissa Ibbotson	Jun/00 100 I.M.	3:25.22 Harbir Grewal	Dec/18 3:27.63 Reece Landry	Apr/13
5:59.62 Melissa Ibbotson	Dec/00 6:56.72 Chantelle Boduel	Apr/02 400 I.M.	6:17.32 Reece Landry	Apr/13 6:30.27 Reece Landry	Apr/13	2:45.47 Delta 'A'	Nov/99 2:52.35 R. Soroke, J. Bhanu, N. Evans, I. Pike	Jul/19 200 F.R.	2:50.82 G. Sangha, A. Zhawar, Mart. Vitoria, A. Lalli	Jul/19	
2:57.60 Delta 'A'	Nov/99 2:56.27 J. Bhanu, N. Evans, R. Soroke, I. Pike	Jul/19 200 M.R.	800 F.R.	3:17.76 A. Zhawar, A. Lalli, G. Sangha, Mart. Vitoria							
Female 11-12 years					Male 11-12 years						
SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE	SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE		
28.79 Elena Penner	Feb/13 28.90 Emma Zhang	Jun/24 50 FREE	28.10 Daniel Wang	Feb/20 27.83 Pat Gavigan	1989	1:02.63 Elena Penner	Feb/13 1:03.61 Emma Zhang	Jun/24 100 FREE	1:02.36 Pat Gavigan	Dec/89 1:02.07 Jackson Wang	Jun/00
2:19.82 Emma Zhang	Dec/23 2:20.48 Hailey Penner	Jul/15 50 FLY	31.39 Marcus Vitoria	Jan/19 32.79 Andrew Connor	May/03	2:54.33 Emma Zhang	Feb/24 4:58.40 Hailey Penner	Jul/15 400 FREE	4:54.60 Marcus Vitoria	Nov/18 4:52.81 Greg Hamm	Jun/90
10:15.16 Kirra Trites	Feb/18 10:30.94 Yihan Wu	Jul/07 800 FREE	10:07.85 Marcus Vitoria	Dec/18 12:10.81 Harbir Grewal	Mar/15	19:17.13 Kirra Trites	Jan/19 20:13.60 Alexa Ibbotson	Jan/00 1500 FREE	19:19.08 Marcus Vitoria	04/19 20:31.26 Reece Landry	Jul/14
33.73 Emma Zhang	Feb/24 33.97 Emma Zhang	Jun/24 50 BACK	32.40 Marcus Vitoria	Dec/18 33.03 Kevin McDonough	May/10	1:11.88 Francine Ling	Mar/96 1:16.32 Emma Zhang	Jun/24 100 BACK	1:08.01 Kevin McDonough	Mar/10 1:11.11 Kevin McDonough	May/10
2:38.49 Logan Warkentin	Mar/12 2:42.44 Logan Warkentin	Jun/12 200 BACK	2:26.37 Kevin McDonough	Mar/10 2:32.16 Kevin McDonough	May/10	3:96 Gabrielle Wang	Feb/23 3:08.05 Gabrielle Wang	Jun/23 50 BREAST	35.57 Gursahaan Sangha	Nov/21 37.51 Alan Lu	May/10
1:19.77 Francine Ling	Mar/96 1:22.46 Kavan Apanowicz	May/19 100 BREAST	1:15.85 Pat Gavigan	Jun/90 1:17.64 Pat Gavigan	Jul/89	2:52.58 Francine Ling	Mar/96 2:59.69 Francine Ling	Jun/96 200 BREAST	2:47.96 Pat Gavigan	Jun/90 2:48.43 Pat Gavigan	Jul/89
32.14 Elena Penner	Dec/12 32.22 Hailey Penner	Jul/15 50 FLY	31.39 Marcus Vitoria	Jan/19 32.79 Andrew Connor	May/03	1:09.01 Francine Ling	Mar/96 1:11.85 Hailey Penner	Jul/15 100 FLY	1:08.54 Marcus Vitoria	Feb/18 1:11.48 Andrew Connor	Jul/03
2:39.06 Emma Zhang	Jul/24 2:48.59 Grace Bruneau	Jul/22 200 FLY	2:43.81 Kevin McDonough	Mar/10 2:41.67 Shingo Kido	Jul/98	1:15.75 Emma Zhang	Sep/23 1:10.1M	1:12.76 Nick LeFor	Mar/89		
2:34.06 Francine Ling	Mar/96 2:36.03 Hailey Penner	Jul/15 200 I.M.	2:33.91 Marcus Vitoria	Feb/19 2:56.91 Pat Gavigan	Jul/89	5:29.15 Hailey Penner	Mar/15 5:32.74 Hailey Penner	Jul/15 400 I.M.	5:28.32 Marcus Vitoria	Mar/18 5:33.31 Kevin McDonough	May/10
2:07.74 M. Ibbotson, R. Paul, A. O'Grady, N. Boduel	Mar/01 2:06.31 E. Zhang, K. Hall, M. Bruneau, A. Dhesi	Jun/24 200 F.R.	2:10.68 T. Bullock, K. McDonough, D. Su, A. Lu	Dec/09 2:21.13 L. Jamias, Y. Rai, Marc. Vitoria, J. Grewal	Jun/18	2:24.16 N. Boduel, R. Paul, A. O'Grady, M. Ibbotson	Mar/01 2:26.35 A. Goskel, G. Wang, E. Zhang, K. Hall	Jun/23 200 M.R.	2:30.15 K. McDonough, T. Bullock, A. Lu, D. Su	Dec/09 2:32.16 Marc. Vitoria, Y. Rai, L. Jamias, J. Grewal	Jun/18
4:45.82 M. Ibbotson, A. O'Grady, R. Paul, N. Boduel	Mar/01 5:02.66 Delta 'A'	Apr/00 400 F.R.	400 M.R.	5:32.92 S. Hanna, K. Swifts, S. Riggs, C. Dececco	Jun/03	10:54.96 I. Chan, J. Hall, Ju. Hall, Y. Wu	Feb/06 6:30.00 K. Hannah, S. Nixon, J. Lee, M. Karkling	Jun/01 400 M.R.	800 F.R.		
Female 13-14 years					Male 13-14 years						
SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE	SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE		
27.37 Rebecca Soroke	Nov/23 27.53 Rebecca Soroke	Aug/23 50 FREE	25.27 Jason Streefkerk	Mar/94 26.11 Daniel Wang	Mar/22	59.14 Rebecca Soroke	Dec/23 1:02.04 Rebecca Soroke	Aug/23 100 FREE	56.17 Jackson Wang	Mar/02 57.81 Jackson Wang	Jun/02
2:11.85 Jessica Perkins	Mar/90 2:15.50 Francine Ling	May/98 200 FREE	2:04.39 Max Zha	Mar/12 2:07.76 Jackson Wang	Jun/02	4:41.31 Francine Ling	Feb/98 4:50.31 Hailey Penner	Feb/17 400 FREE	4:26.04 Kevin McDonough	Mar/12 4:31.06 Kevin McDonough	May/12
9:41.91 Francine Ling	Dec/97 10:00.06 Yi Han Wu	Apr/09 800 FREE	9:15.34 Max Zha	Dec/21 9:33.17 Max Zha	Mar/22	18:43.03 Grace Bruneau	Jul/24 19:15.08 Kirra Trites	Mar/20 1500 FREE	17:58.13 Greg Hamm	Mar/91 20:22.55 Kevin McDonough	Apr/11
31.52 Elena Penner	Mar/15 32.56 Chantelle Boduel	Jun/06 50 BACK	29.38 Kevin McDonough	Dec/11 29.56 Kevin McDonough	May/12	1:05.29 Chantelle Boduel	Feb/06 1:09.24 Chantelle Boduel	Jun/06 100 BACK	1:00.90 Kevin McDonough	Mar/12 1:03.35 Kevin McDonough	May/12
2:23.71 Chantelle Boduel	Feb/06 2:30.10 Chantelle Boduel	Jun/06 200 BACK	2:11.28 Kevin McDonough	Dec/11 2:10.18 Kevin McDonough	May/12	34.67 Madelyn Paredes Troughton	Dec/23 34.85 Madelyn Paredes Troughton	Jun/24 50 BREAST	31.85 Daniel Wang	Jan/22 33.43 Gursahaan Sangha	Feb/23
1:14.86 Francine Ling	Feb/98 1:16.56 Madelyn Paredes Troughton	Jul/24 100 BREAST	1:09.39 Jason Streefkerk	Mar/94 1:11.13 Jason Streefkerk	May/94	2:42.57 Francine Ling	Feb/98 2:52.04 Madelyn Paredes Troughton	May/24 200 BREAST	2:29.82 Jason Streefkerk	Mar/94 2:44.81 Gursahaan Sangha	Jun/23
28.54 Rebecca Soroke	Dec/23 28.19 Rebecca Soroke	Aug/23 50 FLY	28.09 Jackson Wang	Oct/01 29.12 Max Zha	May/22	1:04.45 Rebecca Soroke	Nov/23 1:05.30 Rebecca Soroke	Aug/23 100 FLY	1:02.20 Max Zha	Mar/22 1:02.86 Max Zha	Mar/22
2:24.61 Rebecca Soroke	Nov/23 2:31.77 Hailey Penner	Jul/17 200 FLY	2:18.04 Shingo Kido	Mar/22 2:23.33 Max Zha	Mar/22	1:10.10 Rebecca Soroke	Jul/22 1:10.10 Hailey Penner	Jul/17 100 I.M.	1:06.57 Max Zha	Mar/22	
2:26.09 Hailey Penner	Mar/17 2:31.96 Hailey Penner	Jun/17 200 I.M.	2:19.24 Max Zha	Jun/22 2:24.61 Max Zha	Mar/22	5:08.14 Francine Ling	Feb/98 5:22.13 Hailey Penner	Jul/17 400 I.M.	4:52.41 Max Zha	Mar/22 5:05.77 Max Zha	
1:55.55 R. Soroke, M. Paredes Troughton, G. Bruneau, E. Zhang	Feb/23 1:55.62 R. Soroke, G. Bruneau, E. Zhang, M. Paredes Troughton	Jul/23 200 F.R.	1:47.77 D. Wang, M. Zha, G. Sangha, M. Johal	Mar/22 1:58.00 A. Lu, T. Bullock, J. Kidd, Dan. Su	Jun/10	2:11.37 G. Bruneau, R. Soroke, M. Paredes Troughton, E. Zhang	Feb/23 2:09.25 G. Bruneau, M. Paredes Troughton, R. Soroke, E. Zhang	Jul/23 200 M.R.	1:59.76 M. Johal, G. Sangha, M. Zha, D. Wang	Jan/22 2:15.62 M. Johal, G. Sangha, A. Alhassan, A. Lalli	Jun/22
	5:24.63 M. Karkling, K. Hanna, L. Biegin, K. Zazareth	Jul/06 400 F.R.	3:57.12 D. Wang, M. Zha, M. Johal, G. Sangha	4:49.94 N. Hou, C. Dececco, S. Riggs, K. Ge	Apr/07		4:48.39 G. Bruneau, M. Paredes Troughton, R. Soroke, E. Zhang	Jul/23 400 M.R.	4:48.39 G. Bruneau, M. Paredes Troughton, R. Soroke, E. Zhang	5:16.82 C. Bullock, A. Yu, Ca. Dececco, R. Landry	Jul/14
	10:11.18 R. Paul, T. Cubico, N. Boduel, M. Ibbotson	Jul/01 800 F.R.	9:01.75 D. Wang, G. Sangha, M. Johal, M. Zha	Mar/22							
Female 15 years & Over					Male 15 years & Over						
SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE	SHORT COURSE	LONG COURSE	EVENT	SHORT COURSE	LONG COURSE		
26.96 Francine Ling	Dec/98 27.49 Rebecca Soroke	May/24 50 FREE	23.64 Graham Duthie	Feb/02 23.89 Graham Duthie	Aug/96	58.39 Francine Ling	Feb/00 1:00.23 Francine Ling	Mar/01 100 FREE	51.51 Jackson Wang	Feb/05 52.68 Graham Duthie	Aug/96
2:07.05 Francine Ling	Mar/01 2:10.36 Francine Ling	Jun/02 200 FREE	1:51.94 Greg Hamm	Mar/95 1:55.31 Greg Hamm	Jul/94	4:30.42 Francine Ling	Nov/00 4:35.66 Francine Ling	Jun/02 400 FREE	3:56.54 Greg Hamm	Mar/95 4:08.16 Graham Duthie	Aug/96
9:25.06 Alexandra Lindsay	Feb/09 9:46.34 Francine Ling	Jan/00 800 FREE	8:41.34 Max Zha	Nov/23 8:55.30 Max Zha	Mar/24	18:32.45 Faye Ling	Apr/03 19:51.84 Jessica Perkins	May/91 1500 FREE	16:26.45 Max Zha	Dec/23 16:59.34 Max Zha	Mar/24
30.8 Elena Penner	Dec/15 31.97 Chantelle Boduel	Jul/06 50 BACK	28.53 Jackson Wang	Dec/04 28.8 Greg Hamm	Jul/94	1:05.14 Chantelle Boduel	Feb/07 1:07.89 Chantelle Boduel	Jul/06 100 BACK	58.27 Greg Hamm	Mar/95 59.25 Greg Hamm	Jul/95
2:21.95 Chantelle Boduel	Mar/07 2:26.48 Chantelle Boduel	Jun/07 200 BACK	2:01.39 Greg Hamm	Mar/95 2:04.92 Greg Hamm	Jul/95	34.02 Francine Ling	Feb/02 34.84 Francine Ling	May/01 50 BREAST	31.32 Daniel Wang	Jan/24 32.21 Daniel Wang	Jul/23
1:13.57 Francine Ling	Dec/99 1:15.52 Francine Ling	May/99 100 BREAST	1:05.49 Jason Streefkerk	Nov/96 1:07.53 Jason Streefkerk	Jun/95	2:39.49 Francine Ling	Feb/99 2:45.01 Francine Ling	May/99 200 BREAST	2:23.04 Jason Streefkerk	Nov/96 2:28.50 Jason Streefkerk	Jun/95
2:39.03 Francine Ling	Feb/90 2:48.09 Rebecca Soroke	Mar/24 50 FLY	26.21 Jackson Wang	Feb/04 26.35 Jackson Wang	Jun/06	1:04.54 Francine Ling	Apr/02 1:03.37 Rebecca Soroke	May/24 100 FLY	56.41 Jackson Wang	Feb/05 58.19 Jackson Wang	May/05
2:22.34 Louisa Chan	Feb/08 2:26.65 Louisa Chan	Jul/06 200 FLY	2:10.77 Max Zha	Nov/23 2:12.92 Max Zha	Jul/23	1:08.42 Kavan Apanowicz	Dec/22 1:08.42 Louisa Chan	Jul/06 100 I.M.	1:04.03 Nicky Hou	May/11	
2:22.08 Francine Ling	Feb/00 2:24.30 Francine Ling	Aug/02 200 I.M.	2:14.14 Graham Duthie	Nov/95 2:17.19 Jason Streefkerk	Jun/96	5:02.66 Francine Ling	Dec/99 5:05.56 Francine Ling	Aug/02 400 I.M.	4:42.93 Max Zha	Feb/24 4:52.67 Noah Landry	Jul/16
1:51.35 C. Meredith Jensen, K. Apanowicz, N. Kennich, R. Soroke	Nov/23 1:55.27 A. Lunn, A. Tavashv, Fa. Ling, Fr. Ling	Jul/99 200 F.R.	1:42.95 Delta 'A'	Dec/97 1:41.43 Delta 'A'	Jul/97	2:04.18 C. Meredith Jensen, K. Apanowicz, R. Soroke, N. Kennich	Nov/23 2:09.23 C. Meredith Jensen, K. Apanowicz, R. Soroke, G. Bruneau	Jun/23 200 M.R.	1:55.88 M. Johal, D. Wang, M. Zha, A. Sharma	Nov/23 1:57.49 K. McDonough, A. Lu, J. Kidd, N. Hou	Jun/12
4:09.65 L. Chan, C. Boduel, A. Lindsay, M. Karkling	Mar/07 4:22.98 L. Chan, C. Bridges, Fa. Ling, N. Boduel	Jun/03 400 F.R.	4:22.74 S. Hanna, S. Riggs, J. Tetrauli, N. Hou	Mar/07 4:40.14 J. Wang, S. Kido, J. Mao, B. Royer	Jun/03	4:35.90 E. Penner, C. Baxter, H. Milic, H. Penner	Mar/16 4:51.78 C. Boduel, L. Chan, A. Lindsay, M. Karkling	Jul/06 400 M.R.	4:33.48 K. McDonough, A. Lu, T. Bullock, C. Warkentin	Mar/12	
9:12.29 L. Chan, R. Paul, C. Boduel, M. Karkling	Feb/06 9:21.00 Fa. Ling, A. Ibbotson, Fr. Ling, L. Steeples	Jul/01 800 F.R.	8:38.36 M. Milic, H. Hernandez, N. Kidd, C. Warkentin	Jan/14							