



December Holiday Training Schedule

		Mon., Dec. 28	Tues. Dec. 29	Wed. Dec. 30	Thur. Dec. 31	Fri. Jan. 1	Sat. Jan. 2
Top Age Group - A (TAG-A)	AM		6:45-9:00am	6:45-9:00am	5:30-8:45am		5:30-7:15am (swim), 9:00-10:00am (dry)
	PM	4:00-6:15pm	4:00-5:00pm (dry)	4:00-6:15pm	OFF	OFF	
Top Age Group - B (TAG-B)	AM		6:45-9:00am		5:30-8:45am		5:30-7:15am
	PM	4:00-6:15pm	5:00-6:00pm (Dry)	4:00-6:15pm	OFF		
Developmental Age Group - A (DAG-A)	AM			6:45-9:00am			7:00am-8:15am
	PM	6:00-7:30pm	5:00-6:00pm (Dry)		OFF	OFF	
Developmental Age Group - B (DAG-B)	AM						
	PM	6:00-7:30pm (S)	6:30-7:45pm		OFF		
Junior Age Group (JAG)	AM						7:00am-8:15am
	PM		6:30-7:45pm		OFF		
Novice	AM						
	PM			6:00-7:15pm		OFF	
Learn To Compete A	AM						
	PM			6:00-7:00pm		OFF	
Regional	AM						
	PM					OFF	

* This is a draft Schedule.

** All groups will have December 20 to 27 off, regular COVID schedule will resume on January 4th, 2021

*** Dryland at Cave Athletics will be pending COVID guidelines.