

**2023 Vancouver Island Regional LC Champ. - 2023-06-09 to 2023-06-11**

**Session Report**

Session: 1 Friday - Prelims.

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Prelims	101 Girls 10 & Under 100 Breaststroke	23	3	09:00 AM	NA
Prelims	102 Boys 10 & Under 100 Breaststroke	18	3	09:09 AM	NA
Finals	201 Women 100 Breaststroke Para	1	1	09:18 AM	NA
Finals	202 Boys 100 Breaststroke Para	6	1	09:21 AM	NA
Prelims	1 Girls 11 & Over 100 Breaststroke	37	5	09:25 AM	NA
Prelims	2 Boys 11 & Over 100 Breaststroke	45	6	09:36 AM	NA
Prelims	103 Girls 10 & Under 100 Butterfly	2	1	09:48 AM	NA
Prelims	104 Boys 10 & Under 100 Butterfly	7	1	09:51 AM	NA
Prelims	3 Girls 11 & Over 200 Butterfly	10	2	09:54 AM	NA
Prelims	4 Boys 11 & Over 200 Butterfly	21	3	10:01 AM	NA
Finals	105 Girls 10 & Under 50 Backstroke	38	5	10:12 AM	NA
Finals	106 Boys 10 & Under 50 Backstroke	25	4	10:21 AM	NA
Finals	203 Women 50 Backstroke Para	1	1	10:28 AM	NA
Finals	204 Boys 50 Backstroke Para	2	1	10:30 AM	NA
Prelims	5 Girls 11 & Over 50 Backstroke	36	5	10:31 AM	NA
Prelims	6 Boys 11 & Over 50 Backstroke	40	5	10:39 AM	NA
Finals	107 Girls 10 & Under 200 IM	12	2	10:46 AM	NA
Finals	108 Boys 10 & Under 200 IM	12	2	10:56 AM	NA
Prelims	7 Girls 11 & Over 200 IM	54	7	11:06 AM	NA
Prelims	8 Boys 11 & Over 200 IM	50	7	11:31 AM	NA
Finals	205 Girls 50 Freestyle Para	2	1	11:56 AM	NA
Finals	206 Boys 50 Freestyle Para	6	1	11:57 AM	NA
Prelims	9 Girls 11 & Over 50 Freestyle	77	10	11:59 AM	NA
Prelims	10 Boys 11 & Over 50 Freestyle	63	8	12:10 PM	NA
Finals-S	11 Girls 11 & Over 800 Freestyle	8	1	12:18 PM	NA
Finals	12 Boys 11 & Over 800 Freestyle	22	3	12:31 PM	NA
Finals	13 Girls 11 & Over 1500 Freestyle	4	1	01:05 PM	NA
Finals-S	14 Boys 11 & Over 1500 Freestyle	2	1	01:27 PM	NA
	Swimmers Counts for Warm-ups: 262	====	====		
	Entry / Heat Totals:	624	91		
	Finish Time			01:51 PM	e01:51 PM
	=====				
	Age Group Counts				
	=====				
	Girls 10 & Under	40			
	Girls 11-12	43			
	Girls 13-14	28			
	Women Open	26			
	Boys 10 & Under	27			
	Boys 11-12	26			
	Boys 13-14	38			
	Men Open	34			

**2023 Vancouver Island Regional LC Champ. - 2023-06-09 to 2023-06-11**

**Session Report**

Session: 2 Friday - Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	301 Girls 200 Freestyle Relay	26	4	05:00 PM	NA
Finals	302 Boys 200 Freestyle Relay	23	3	05:14 PM	NA
Finals-1	11 Girls 11 & Over 800 Freestyle	8	1	05:24 PM	NA
Finals-1	14 Boys 11 & Over 1500 Freestyle	8	1	05:35 PM	NA
Finals	101 Girls 10 & Under 100 Breaststroke	8	1 u	05:58 PM	NA
Finals	102 Boys 10 & Under 100 Breaststroke	8	1 u	06:00 PM	NA
Finals	1 Girls 11 & Over 100 Breaststroke	24	3 u	06:03 PM	NA
Finals	2 Boys 11 & Over 100 Breaststroke	24	3 u	06:10 PM	NA
Finals	103 Girls 10 & Under 100 Butterfly	2	1 u	06:16 PM	NA
Finals	104 Boys 10 & Under 100 Butterfly	7	1 u	06:18 PM	NA
Finals	3 Girls 11 & Over 200 Butterfly	10	3 u	06:21 PM	NA
Finals	4 Boys 11 & Over 200 Butterfly	21	3 u	06:32 PM	NA
Finals	5 Girls 11 & Over 50 Backstroke	36	6 u	06:43 PM	NA
Finals	6 Boys 11 & Over 50 Backstroke	40	6 u	06:53 PM	NA
Finals	7 Girls 11 & Over 200 IM	40	5 u	07:02 PM	NA
Finals	8 Boys 11 & Over 200 IM	40	5 u	07:20 PM	NA
Finals	9 Girls 11 & Over 50 Freestyle	32	4 u	07:37 PM	NA
Finals	10 Boys 11 & Over 50 Freestyle	24	3 u	07:42 PM	NA
	Swimmers Counts for Warm-ups: 232	=====	=====		
	Entry / Heat Totals:	381	54		
	Finish Time			07:46 PM	e07:46 PM
	=====				
	Age Group Counts				
	=====				
	Girls 10 & Under	26			
	Girls 11-12	43			
	Girls 13-14	26			
	Women 15 & Over	25			
	Boys 10 & Under	21			
	Boys 11-12	24			
	Boys 13-14	37			
	Men 15 & Over	30			

**2023 Vancouver Island Regional LC Champ. - 2023-06-09 to 2023-06-11**

**Session Report**

Session: 3 Saturday - Prelims.

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	207 Girls 200 IM Para	0	0	09:00 AM	NA
Finals	208 Boys 200 IM Para	4	1	09:00 AM	NA
Finals-S	15 Girls 11 & Over 400 IM	0	0	09:04 AM	NA
Finals-S	16 Boys 11 & Over 400 IM	3	1	09:04 AM	NA
Prelims	109 Girls 10 & Under 100 Backstroke	33	5	09:12 AM	NA
Prelims	110 Boys 10 & Under 100 Backstroke	26	4	09:27 AM	NA
Finals	209 Girls 100 Backstroke Para	1	1	09:38 AM	NA
Finals	210 Boys 100 Backstroke Para	1	1	09:40 AM	NA
Prelims	17 Girls 11 & Over 100 Backstroke	64	8	09:43 AM	NA
Prelims	18 Boys 11 & Over 100 Backstroke	57	8	10:01 AM	NA
Prelims	111 Girls 10 & Under 100 Freestyle	44	6	10:19 AM	NA
Prelims	112 Boys 10 & Under 100 Freestyle	31	4	10:34 AM	NA
Prelims	19 Girls 11 & Over 200 Freestyle	75	10	10:43 AM	NA
Prelims	20 Boys 11 & Over 200 Freestyle	68	9	11:16 AM	NA
Finals	113 Girls 10 & Under 50 Butterfly	34	5	11:45 AM	NA
Finals	114 Boys 10 & Under 50 Butterfly	20	3	11:53 AM	NA
Finals	211 Girls 50 Butterfly Para	1	1	11:57 AM	NA
Finals	212 Boys 50 Butterfly Para	1	1	11:59 AM	NA
Prelims	21 Girls 11 & Over 50 Butterfly	62	8	12:01 PM	NA
Prelims	22 Boys 11 & Over 50 Butterfly	54	7	12:10 PM	NA
Prelims	23 Girls 11 & Over 200 Breaststroke	27	4	12:18 PM	NA
Prelims	24 Boys 11 & Over 200 Breaststroke	34	5	12:36 PM	NA
	Swimmers Counts for Warm-ups: 280	=====	=====		
	Entry / Heat Totals:	640	92		
	Finish Time			12:55 PM	e12:55 PM
	=====				
	Age Group Counts				
	=====				
	Girls 10 & Under	46			
	Girls 11-12	49			
	Girls 13-14	28			
	Women Open	26			
	Boys 10 & Under	31			
	Boys 11-12	26			
	Boys 13-14	42			
	Men Open	32			

**2023 Vancouver Island Regional LC Champ. - 2023-06-09 to 2023-06-11**

**Session Report**

Session: 4 Saturday - Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	303 Girls 10 & Under 200 Freestyle Relay	5	1	05:00 PM	NA
Finals	304 Boys 10 & Under 200 Freestyle Relay	4	1	05:04 PM	NA
Finals-3	15 Girls 11 & Over 400 IM	9	3	05:08 PM	NA
Finals-3	16 Boys 11 & Over 400 IM	19	3	05:29 PM	NA
Finals	109 Girls 10 & Under 100 Backstroke	16	2 u	05:49 PM	NA
Finals	110 Boys 10 & Under 100 Backstroke	8	1 u	05:54 PM	NA
Finals	17 Girls 11 & Over 100 Backstroke	32	4 u	05:57 PM	NA
Finals	18 Boys 11 & Over 100 Backstroke	48	6 u	06:06 PM	NA
Finals	111 Girls 10 & Under 100 Freestyle	16	2 u	06:20 PM	NA
Finals	112 Boys 10 & Under 100 Freestyle	16	2 u	06:24 PM	NA
Finals	19 Girls 11 & Over 200 Freestyle	32	4 u	06:29 PM	NA
Finals	20 Boys 11 & Over 200 Freestyle	48	6 u	06:42 PM	NA
Finals	305 Mixed 8x50 Freestyle Relay	6	1	07:00 PM	NA
Finals	21 Girls 11 & Over 50 Butterfly	48	6 u	07:06 PM	NA
Finals	22 Boys 11 & Over 50 Butterfly	48	6 u	07:14 PM	NA
Finals	23 Girls 11 & Over 200 Breaststroke	27	6 u	07:22 PM	NA
Finals	24 Boys 11 & Over 200 Breaststroke	34	6 u	07:47 PM	NA
	Swimmers Counts for Warm-ups: 218	====	====		
	Entry / Heat Totals:	416	60		
	Finish Time			08:10 PM	e08:10 PM
	=====				
	Age Group Counts				
	=====				
	Girls 10 & Under	24			
	Girls 11-12	27			
	Girls 13-14	28			
	Women 15 & Over	26			
	Boys 10 & Under	21			
	Boys 11-12	19			
	Boys 13-14	42			
	Men 15 & Over	31			

**2023 Vancouver Island Regional LC Champ. - 2023-06-09 to 2023-06-11**

**Session Report**

Session: 5 Sunday - Prelims.

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	115 Girls 10 & Under 200 Freestyle	19	3	09:00 AM	NA
Finals	116 Boys 10 & Under 200 Freestyle	17	3	09:14 AM	NA
Finals	213 Girls 100 Freestyle Para	3	1	09:26 AM	NA
Finals	214 Boys 100 Freestyle Para	5	1	09:29 AM	NA
Prelims	25 Girls 11 & Over 100 Freestyle	83	11	09:32 AM	NA
	Multi-Age Super Seeded				
Prelims	26 Boys 11 & Over 100 Freestyle	73	10	09:52 AM	NA
	Multi-Age Super Seed				
Finals	117 Girls 10 & Under 50 Breaststroke	34	5	10:09 AM	NA
Finals	118 Boys 10 & Under 50 Breaststroke	22	3	10:17 AM	NA
Finals	215 Girls 50 Breaststroke Para	1	1	10:22 AM	NA
Finals	216 Boys 50 Breaststroke Para	1	1	10:24 AM	NA
Prelims	27 Girls 11 & Over 50 Breaststroke	49	7	10:25 AM	NA
Prelims	28 Boys 11 & Over 50 Breaststroke	35	5	10:34 AM	NA
Finals	119 Girls 10 & Under 50 Freestyle	39	5	10:41 AM	NA
Finals	120 Boys 10 & Under 50 Freestyle	26	4	10:48 AM	NA
Prelims	29 Girls 11 & Over 200 Backstroke	25	4	10:53 AM	NA
Prelims	30 Boys 11 & Over 200 Backstroke	31	4	11:09 AM	NA
Prelims	31 Girls 11 & Over 100 Butterfly	43	6	11:24 AM	NA
Prelims	32 Boys 11 & Over 100 Butterfly	43	6	11:37 AM	NA
Finals-S	33 Girls 11 & Over 400 Freestyle	13	2	11:48 AM	NA
Finals-S	34 Boys 11 & Over 400 Freestyle	16	2	12:02 PM	NA
	Swimmers Counts for Warm-ups: 262	=====	=====		
	Entry / Heat Totals:	578	84		
	Finish Time			12:14 PM	e12:14 PM
	=====				
	Age Group Counts				
	=====				
	Girls 10 & Under	41			
	Girls 11-12	47			
	Girls 13-14	28			
	Women Open	25			
	Boys 10 & Under	27			
	Boys 11-12	22			
	Boys 13-14	37			
	Men Open	35			

**2023 Vancouver Island Regional LC Champ. - 2023-06-09 to 2023-06-11**

**Session Report**

Session: 6 Sunday - Finals

Day of Meet: 3 Starts at 04:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	306 Girls 11 & Over 200 Medley Relay	18	3	04:30 PM	NA
Finals	307 Boys 11 & Over 200 Medley Relay	20	3	04:42 PM	NA
Finals	25 Girls 11 & Over 100 Freestyle	32	4 u	04:53 PM	NA
	Multi-Age Super Seeded				
Finals	26 Boys 11 & Over 100 Freestyle	24	3 u	05:00 PM	NA
	Multi-Age Super Seed				
Finals	27 Girls 11 & Over 50 Breaststroke	48	6 u	05:06 PM	NA
Finals	28 Boys 11 & Over 50 Breaststroke	35	6 u	05:15 PM	NA
Finals	29 Girls 11 & Over 200 Backstroke	25	6 u	05:23 PM	NA
Finals	30 Boys 11 & Over 200 Backstroke	31	6 u	05:47 PM	NA
Finals	31 Girls 11 & Over 100 Butterfly	43	6 u	06:10 PM	NA
Finals	32 Boys 11 & Over 100 Butterfly	43	6 u	06:23 PM	NA
Finals-3	33 Girls 11 & Over 400 Freestyle	23	3	06:34 PM	NA
Finals-3	34 Boys 11 & Over 400 Freestyle	24	3	06:53 PM	NA
	Swimmers Counts for Warm-ups: 208	=====	=====		
	Entry / Heat Totals:	366	55		
	Finish Time			07:11 PM	e07:11 PM
	=====				
	Age Group Counts				
	=====				
	Girls 11-12	48			
	Girls 13-14	28			
	Women 15 & Over	28			
	Boys 11-12	22			
	Boys 13-14	39			
	Men 15 & Over	34			