

2024 Spring Sprint - 2024-04-20 to 2024-04-21

Psych Sheet

#1 Mixed 200 LC Meter Medley Relay

Team	Relay	Seed Time
X		
1 CRKW	X109 A	2:01.06
Owens, Kevana W16	Haugen, Sarah W16	
Brown, Brayden M15	Millns, Zac M15	
2 COMOX	X109 A	2:06.29
Southen, Sam M17	Nel, Sophie W16	
Woldnik, Sasha M14	Revenberg, Julia W16	
3 NRST	X109 A	2:08.72
Cottrell, Kelana W13	Patterson, Cameron M14	
Hofmann, Adriana W16	Blackburn, Connor M16	
4 CRKW	X109 B	2:11.05
Nelson, Anisa W14	Joyce, Kyle M16	
Hayduk, Cassidy W15	Krestinski, Joshua M16	
5 DST	X109 A	2:11.74
McCartney, Brody M15	MacGregor, Kailie W15	
Gerbrandt, Gabriel M16	Graham, Ayla W13	
6 NRST	X109 B	2:12.46
Lutz, Meghan W16	Palmer, Hudson M15	
Feschuk, Finn M17	Sprott, Jaime W16	
7 NRST	X109 B	2:13.84
Saunders, Daniel M15	Widmeyer, Simone W17	
Chalker, Mackenzie W15	Pendergast, Gavin M17	
8 NRST	X109 D	2:19.11
Paproski, Kailyn W13	Rimer, Kim M11	
Ivantyshyn, Vasyl M14	Saunders, Nicole W18	
9 CRKW	X109 H	2:21.55
McArthur, Kenzie W14	Vose, Ella W16	
Joyce, Nick or Nicholas M16	Skene, Jaxson M16	
10 DST	X109 B	2:23.73
MacGregor, Waylin M11	Ruiter, Matthew M15	
Ruiter, Chelsea W11	Aron, Isabella W13	
11 COMOX	X109 B	2:26.24
Nel, Luc M14	Marfenko, Platon M14	
Pellerin, Anabelle W13	Lee, Sophia W12	
12 NRST	X109 E	2:30.20
Lutz, Noah M13	Barr, Shelby W15	
White, Rosanna W13	Macalister, Xander M12	
13 DST	X109 C	2:34.29
MacGregor, Lauchlin M13	Dunaway, Teagan W11	
Gerbrandt, Samuel M14	Lempinen, Nina W11	
14 COMOX	X109 C	2:40.58
Lewall, Noah M14	Saccucci, Nico M14	
Sulek, Tuesday W12	Condly, Ilan W12	
15 NRST	X109 F	2:44.80
Horncastle, Owen M13	Riendl-Ling, Cassia W13	
McGuire, Alea W13	Catton-Cox, Christopher M12	
16 NRST	X109 G	2:48.22
Cox, Ainsley W16	Huberts, River M14	
McGuire, Ashton M10	Stevenson, Phoebe W12	
17 DST	X109 D	2:48.35
Dumont, Wyland M15	Girodo, Archer W11	
MacGregor, Arya W11	McCauley, Nolan M13	
18 NRST	X109 H	2:59.22
Van Der Mark, Averv W13	Gong, Michael M12	
Liu, Alex M14	Flood, Brooklynn W13	
19 DST	X109 E	3:03.05
Dunaway, Kieran M10	Kenyon, Sadaely W11	
Preston, Angus M14	Stiwich, Nella W12	
20 NRST	X109 I	3:08.98
Hearsey, Aiden M10	Miller, Aryah W13	
Baldwin, Lauren W17	Marshall, Owen M11	

21 NRST	X109 J	3:13.46
Paproski, Keana W11	Ram, Christian M9	
Trenholm, Adelaide W13	Martin, James M13	
22 CRKW	X109 F	NT
Bignell, Kate W13	Millns, Isabella W10	
McKale, Hudson M15	Cornwell, Jackson M10	
22 CRKW	X109 G	NT
Hodge, Beckham M7	Hodge, Huxley M9	
Enger, Ellie W11	Schevers, Saskia W13	
22 CRKW	X109 E	NT
Nammour, Layanne W13	Millns, Jax M8	
Weeks, Claire W13	Vanjecek, Alistair M10	
22 CRKW	X109 C	NT
Havduk, Mackenzie W17	Wright, Grayson M15	
Nammour, Sev W15	Vanjecek, Oliver M15	
22 DST	X109 F	NT
Smith, Patricia Nancy W15	Williamson, S6SB6SM6, Gal	
Lempinen, Ethan M14	Kim, Johan M14	
22 DST	X109 G	NT
Milligan, Alya W13	Kenyon, Oliver M11	
Bazylinski, Saylor W12	Switzer, Quinn W13	
22 ISC	X109 A	NT
Hubbs, Brielle W10	Paterson, Daq M11	
Adamson, Derek M10	Wood, Scarlett W11	
22 ISC	X109 B	NT
Warder, Finley M9	Preston, Avery W11	
Lindsay Darimont, Brodie M11	Lindsay Darimont, Emerse	

#2 Mixed 100 LC Meter Freestyle

Name	Age	Team	Seed Time
W12 & Under			
1 Bazylinski, Saylor	W12	DST	1:11.34
2 Wang, Shiny	W12	NRST	1:12.92
3 Stevenson, Phoebe	W12	NRST	1:15.68
4 Dunaway, Teagan	W11	DST	1:21.87
5 Messenger, Ruby	W10	TSUN	1:22.56
6 Lee, Sophia	W12	COMOX	1:23.82
7 MacGregor, Arya	W11	DST	1:23.87
8 Lewis, Erika	W12	LCSC	1:25.32
9 Paproski, Keana	W11	NRST	1:26.46
10 Enger, Ellie	W11	CRKW	1:26.62
11 Mussellam, Joanna	W11	WIND	1:26.94
12 Sulek, Tuesday	W12	COMOX	1:27.40
13 McDonald, Ashley	W12	COMOX	1:28.21
14 Flood, Zoey	W11	NRST	1:28.50
15 Stiwich, Nella	W12	DST	1:29.95
16 McLaren, Alyx	W12	COMOX	1:30.09
17 Girodo, Archer	W11	DST	1:30.93
18 Monteith, Amelia	W12	CRKW	1:31.35
19 Hubbs, Brielle	W10	ISC	1:31.89
20 den Otter, Audrey	W9	COMOX	1:33.06
21 Wood, Scarlett	W11	ISC	1:33.79
22 Pederson, Nora	W10	NRST	1:33.85
23 Power, Grace	W11	NRST	1:34.02
24 Strain, Rylee	W12	NRST	1:34.64
25 Rea-Palmer, Freya	W12	NRST	1:34.70
26 Rechon-Reguet, Alexia	W12	NRST	1:34.92
27 Christensen, Charlotte	W11	NRST	1:35.48
28 Radawiec, Sofia	W12	COMOX	1:36.04
29 Stephens, Sophie	W10	NRST	1:37.55
30 Condly, Ilan	W12	COMOX	1:37.81
31 Lindsay Darimont, Emersen	W11	ISC	1:38.53
32 Nelson, Lua	W10	CRKW	1:39.26

33 Morgan, Ava	W10	COMOX	1:39.36
34 Ortiz Liu, Ariana	W12	NRST	1:39.73
35 Bruce, Ava	W10	COMOX	1:40.09
36 Cox, Linnea	W12	NRST	1:40.21
37 Macalister, Liv	W11	NRST	1:40.65
38 Salerni, Sophia	W11	ISC	1:43.00
39 Johnston, Cadence	W11	NRST	1:43.03
40 Searle, Tea	W12	LCSC	1:43.97
41 Nicholl, Tabitha	W10	ISC	1:45.00
42 MacGregor, Anabelle	W11	DST	1:46.19
43 Oyenuga, Imisioluwa	W11	NRST	1:46.29
44 Sulek, Juno	W9	COMOX	1:46.50
45 MacDonald, Beth	W12	NRST	1:46.83
46 Brabbins, Piper	W10	COMOX	1:47.80
47 Chernov, Saesha	W10	COMOX	1:47.92
48 Bridger, Gracie	W11	COMOX	1:48.35
49 Sun, Olivia	W9	NRST	1:48.66
50 Naicker, Kimaya	W11	CRKW	1:48.82
51 Morrison, Emma	W10	COMOX	1:49.74
52 Yule, Ella	W10	COMOX	1:50.62
53 Armstrong, Caeli	W11	NRST	1:50.85
54 Davies, Syla	W9	DST	1:51.02
55 Zarei, Tania	W9	NRST	1:54.01
56 Winder, Avery	W10	COMOX	1:55.00
56 Smith, Josephine	W12	COMOX	1:55.00
58 Donak, Izzy	W11	COMOX	1:55.54
59 Preston, Avery	W11	ISC	1:57.96
60 Nammour, Aurelia	W9	CRKW	1:59.87
61 Powell, Eliana	W9	ISC	2:00.00
61 Mathe, Kassia	W10	ISC	2:00.00
63 Hayes, Abigail	W11	NRST	2:00.36
64 Tian, Tina	W10	NRST	2:07.49
65 Rajchert, Miia	W8	NRST	2:13.44
66 Monteith, Norah	W8	CRKW	2:41.61
W13-14			
1 Cottrell, Kelana	W13	NRST	1:04.65
2 White, Rosanna	W13	NRST	1:10.19
3 Paproski, Kailyn	W13	NRST	1:12.50
4 Weeks, Claire	W13	CRKW	1:12.79
5 Flood, Brooklynn	W13	NRST	1:13.11
6 McGuire, Alea	W13	NRST	1:14.81
7 Pellerin, Anabelle	W13	COMOX	1:16.93
8 Trenholm, Adelaide	W13	NRST	1:17.19
9 Aron, Isabella	W13	DST	1:18.60
10 Kohlruss, Aria	W13	LCSC	1:19.44
11 Miller, Aryah	W13	NRST	1:21.73
12 Switzer, Quinn	W13	DST	1:22.58
13 Nammour, Layanne	W13	CRKW	1:23.10
14 Yee, Raya	W13	NRST	1:29.19
15 Jackson, Charlee	W14	NRST	1:29.28
16 White, Brooklynn	W13	LCSC	1:30.40
17 Greer, Cassandra	W14	NRST	1:32.09
18 Armstrong, Aaliyah	W13	NRST	1:33.34
19 Riddell, Niamh	W14	NRST	1:33.96
20 Milligan, Alya	W13	DST	1:36.09
21 Williamson, S6SB6SM6, Gab	W13	DST	2:24.59

W15 & Over			
1 Haugen, Sarah	W16	CRKW	59.05
2 Hofmann, Adriana	W16	NRST	1:00.96
3 Owens, Keyana	W16	CRKW	1:01.11
4 Barberie, Danielle	W17	NRST	1:01.98

2024 Spring Sprint - 2024-04-20 to 2024-04-21

Psych Sheet

W15 & Over...(#2 Mixed 100 LC Meter Freestyle)

5	MacGregor, Kailie	W15 DST	1:02.76
6	Vose, Ella	W16 CRKW	1:04.58
7	Revenberg, Julia	W16 COMOX	1:04.62
8	Hayduk, Cassidy	W15 CRKW	1:05.45
9	Hayduk, Mackenzie	W17 CRKW	1:06.76
10	Nel, Sophie	W16 COMOX	1:07.43
11	Widmeyer, Simone	W17 NRST	1:07.53
12	Lutz, Meghan	W16 NRST	1:07.78
13	Saunders, Nicole	W18 NRST	1:07.86
14	Chalker, Mackenzie	W15 NRST	1:08.71
15	Barr, Shelby	W15 NRST	1:09.04
16	Nammour, Sev	W15 CRKW	1:11.68
17	Cox, Ainsley	W16 NRST	1:11.96
18	Baldwin, Lauren	W17 NRST	1:16.58
19	Webber, Grace	W16 NRST	1:17.13
20	Hutton, Mikhayla	W16 NRST	1:17.54
21	Smith, Patricia Nancy	W15 DST	1:32.21
22	Rasmus, Haylee	W15 CRKW	1:42.73
M12 & Under			
1	Rajchert, Jakob	M12 NRST	1:06.82
2	MacGregor, Waylin	M11 DST	1:15.36
3	Reid, Waymouth	M12 COMOX	1:16.32
4	Macalister, Xander	M12 NRST	1:18.65
5	Lewall, Cameron	M12 COMOX	1:21.59
6	Rimer, Kim	M11 NRST	1:21.76
7	Mikkelsen, Kai	M12 WIND	1:24.81
8	Dunaway, Kieran	M10 DST	1:25.59
9	Paterson, Daq	M11 ISC	1:26.86
10	Vodola, Levi	M11 WIND	1:27.01
11	Gonzales, Graydon	M12 LCSC	1:31.11
12	Warder, Finley	M9 ISC	1:31.51
13	McGuire, Ashton	M10 NRST	1:31.79
14	Millns, Jax	M8 CRKW	1:31.81
15	Lukhanin, Max	M9 DST	1:32.20
16	Vanjecek, Alistair	M10 CRKW	1:32.87
17	Pellerin, Simon	M11 COMOX	1:33.98
18	Wauthy, Julian	M10 COMOX	1:34.80
19	Mikkelsen, Finn	M9 WIND	1:35.78
20	Martinflatt, Jachai	M11 NRST	1:38.67
21	Kenyon, Oliver	M11 DST	1:39.03
22	Caskey, Ethan	M12 LCSC	1:39.67
23	Piper, Alex	M11 COMOX	1:39.93
24	Lapshin, Christopher	M11 ISC	1:40.10
25	Stone, Max/Maxton	M9 COMOX	1:40.28
26	Hudey, Jesse	M10 COMOX	1:40.92
27	Brassington, Francis	M12 COMOX	1:41.24
28	Bowman, Ethan	M11 COMOX	1:42.57
29	Ram, Christian	M9 NRST	1:42.95
30	Marshall, Owen	M11 NRST	1:45.30
31	Tindall, Luc	M10 NRST	1:46.07
32	Cornwell, Jackson	M10 CRKW	1:46.63
33	Orr, Owen	M9 NRST	1:48.28
34	Hearsey, Aiden	M10 NRST	1:49.08
35	Grishin, Konstantin	M11 ISC	1:49.71
36	Adamson, Derek	M10 ISC	1:50.40
37	Mooney, Hudson	M11 NRST	1:51.87
38	Nicholl, Tobias	M9 ISC	1:52.72
39	Cai, Marvin	M10 NRST	1:54.74
40	White, Declan	M10 NRST	1:57.05
41	Lee, Gavin	M8 COMOX	2:02.20
42	Petch, Blake	M10 CRKW	2:03.01

43	Gong, Alan	M10 NRST	2:12.36
44	Hodge, Huxley	M9 CRKW	2:31.93
45	Hodge, Beckham	M7 CRKW	2:34.56
46	Caskey, Oscar	M10 LCSC	NT
M13-14			
1	Woldnik, Sasha	M14 COMOX	58.32
2	Nel, Luc	M14 COMOX	58.85
3	Marfenko, Platon	M14 COMOX	1:01.19
4	Lewall, Noah	M14 COMOX	1:03.59
5	Ivantyshyn, Vasyl	M14 NRST	1:04.32
6	MacNeil, Cohen	M13 COMOX	1:06.65
7	McCauley, Nolan	M13 DST	1:10.67
8	Mussellam, Gabriel	M14 WIND	1:12.46
9	Kim, Johan	M14 DST	1:20.04
10	Liu, Alex	M14 NRST	1:24.85
11	Lindsay Darimont, Brodie	M13 ISC	1:27.44
12	Lempinen, Ethan	M14 DST	1:28.45
13	Horncastle, Owen	M13 NRST	1:31.05
14	Huberts, River	M14 NRST	1:31.31
15	Piper, Justin	M13 COMOX	1:32.37
16	Catton-Cox, Christopher	M13 NRST	1:50.66
M15 & Over			
1	Millns, Zac	M15 CRKW	53.91
2	Pearse, Peyton	M16 NRST	54.61
3	Southen, Sam	M17 COMOX	56.94
4	Gerbrandt, Gabriel	M16 DST	59.78
5	Feschuk, Finn	M17 NRST	1:00.28
6	Joyce, Kyle	M16 CRKW	1:00.32
7	McCartney, Brody	M15 DST	1:00.41
8	Vanjecek, Oliver	M15 CRKW	1:00.98
9	Blackburn, Connor	M16 NRST	1:01.50
10	Brown, Brayden	M15 CRKW	1:01.91
11	Joyce, Nick or Nicholas	M16 CRKW	1:03.85
12	Saunders, Daniel	M15 NRST	1:03.88
13	Krestinski, Joshua	M16 CRKW	1:04.14
14	Pendergast, Gavin	M17 NRST	1:04.91
15	Ruiter, Matthew	M15 DST	1:06.33
16	Skene, Jaxson	M16 CRKW	1:08.51
17	Wright, Grayson	M15 CRKW	1:11.12
18	Dumont, Wyland	M15 DST	1:12.69
19	McKale, Hudson	M15 CRKW	1:17.65

#3 Mixed 50 LC Meter Butterfly

Name	Age	Team	Seed Time
W12 & Under			
1	Ruiter, Chelsea	W11 DST	38.49
2	Wang, Shiny	W12 NRST	39.55
3	Messenger, Ruby	W10 TSUN	41.97
4	Paproski, Keana	W11 NRST	42.17
5	Lempinen, Nina	W11 DST	43.07
6	Mussellam, Joanna	W11 WIND	44.78
7	Salerni, Sophia	W11 ISC	48.69
8	Enger, Ellie	W11 CRKW	49.58
9	Rechon-Reguet, Alexia	W12 NRST	49.75
10	McDonald, Ashley	W12 COMOX	50.95
11	Strain, Rylee	W12 NRST	51.00
12	Lewis, Erika	W12 LCSC	51.48
13	Monteith, Amelia	W12 CRKW	52.00
14	Ortiz Liu, Ariana	W12 NRST	52.15
15	Armstrong, Lilah	W10 NRST	52.31
16	Condly, Ilan	W12 COMOX	54.52

17	Power, Grace	W11 NRST	55.16
18	Nelson, Lua	W10 CRKW	57.52
19	MacGregor, Anabelle	W11 DST	1:00.77
20	Morgan, Ava	W10 COMOX	1:01.50
21	Naicker, Kimaya	W11 CRKW	1:02.36
22	Yule, Ella	W10 COMOX	1:05.06
23	Winder, Avery	W10 COMOX	1:06.54
24	Tian, Tina	W10 NRST	1:08.64
25	Mathe, Kassia	W10 ISC	1:10.00
26	Bruce, Ava	W10 COMOX	1:10.50
27	Davies, Syla	W9 DST	1:10.89
28	Nammour, Aurelia	W9 CRKW	1:12.68
29	Monteith, Norah	W8 CRKW	1:35.22

W13-14

1	McPherson, Taylor	W14 NRST	30.20
2	Cottrell, Kelana	W13 NRST	31.08
3	Schevers, Saskia	W13 CRKW	33.07
4	White, Rosanna	W13 NRST	35.11
5	Miller, Aryah	W13 NRST	35.72
6	Paproski, Kailyn	W13 NRST	36.00
7	Riendl-Ling, Cassia	W13 NRST	36.08
8	Weeks, Claire	W13 CRKW	36.22
9	McGuire, Alea	W13 NRST	39.06
10	Nammour, Layanne	W13 CRKW	40.86
11	McArthur, Kenzie	W14 CRKW	41.12
12	Mitchell, Saphire	W14 WIND	41.29
13	Trenholm, Adelaide	W13 NRST	44.25
14	Van Der Mark, Avery	W13 NRST	45.21
15	Riddell, Niamh	W14 NRST	50.72
16	Milligan, Alya	W13 DST	51.62
17	Williamson_S6SB6SM6, Gab	W13 DST	1:11.64

W15 & Over

1	Wang, Winona	W15 NRST	29.35
2	Hofmann, Adriana	W16 NRST	30.28
3	MacGregor, Kailie	W15 DST	31.70
4	Revenberg, Julia	W16 COMOX	31.78
5	Chalker, Mackenzie	W15 NRST	31.96
6	Owens, Keyana	W16 CRKW	32.04
7	Barr, Shelby	W15 NRST	33.01
8	Sprott, Jaime	W16 NRST	33.17
9	Nel, Sophie	W16 COMOX	34.05
10	Nammour, Sev	W15 CRKW	34.22
11	Vose, Ella	W16 CRKW	34.74
12	Lutz, Meghan	W16 NRST	35.81
13	Saunders, Nicole	W18 NRST	39.17
14	Widmeyer, Simone	W17 NRST	39.71
15	Cox, Ainsley	W16 NRST	40.19
16	Hutton, Mikhayla	W16 NRST	46.69
17	Rasmus, Haylee	W15 CRKW	59.16
18	Smith, Patricia Nancy	W15 DST	NT
M12 & Under			
1	Saccucci, Bennett	M11 COMOX	38.58
2	Pellerin, Simon	M11 COMOX	40.89
3	McGuire, Ashton	M10 NRST	43.41
4	Mikkelsen, Kai	M12 WIND	45.05
5	Gong, Michael	M12 NRST	47.82
6	Vanjecek, Alistair	M10 CRKW	48.43
7	Sinotte, Hayden	M10 WIND	48.60
8	Wauthy, Julian	M10 COMOX	49.64
9	Rimer, Kim	M11 NRST	52.47
10	Piper, Alex	M11 COMOX	54.55

2024 Spring Sprint - 2024-04-20 to 2024-04-21

Psych Sheet

M12 & Under...(#3 Mixed 50 LC Meter Butterfly)

11	Cornwell, Jackson	M10 CRKW	55.20
12	Mikkelsen, Finn	M9 WIND	56.91
13	Lewall, Cameron	M12 COMOX	1:00.23
14	Vodola, Nico	M9 WIND	1:00.70
15	Petch, Blake	M10 CRKW	1:15.08

M13-14

1	Patterson, Cameron	M14 NRST	29.59
2	Marfenko, Platon	M14 COMOX	31.12
3	MacNeil, Cohen	M13 COMOX	31.62
4	Gerbrandt, Samuel	M14 DST	35.16
4	MacGregor, Lauchlin	M13 DST	35.16
6	Nel, Luc	M14 COMOX	35.96
7	Mussellam, Gabriel	M14 WIND	37.73
8	Saccucci, Nico	M14 COMOX	38.45
9	Huberts, River	M14 NRST	44.54
10	Horncastle, Owen	M13 NRST	46.12
11	Leslie, Noah	M14 TSUN	46.29
12	Liu, Alex	M14 NRST	47.83
13	Catton-Cox, Christopher	M13 NRST	48.03
14	Piper, Justin	M13 COMOX	56.16
15	Martin, James	M13 NRST	NT

M15 & Over

1	Pearse, Peyton	M16 NRST	27.45
2	Telfer, Aiden	M16 NRST	28.95
3	Joyce, Kyle	M16 CRKW	29.31
4	Southen, Sam	M17 COMOX	29.47
5	Vanjecek, Oliver	M15 CRKW	29.62
6	Millns, Zac	M15 CRKW	30.63
7	Krestinski, Joshua	M16 CRKW	30.87
8	Feschuk, Finn	M17 NRST	31.25
9	Blackburn, Connor	M16 NRST	31.73
10	Joyce, Nick or Nicholas	M16 CRKW	33.14
11	Palmer, Hudson	M15 NRST	35.90
12	Saunders, Daniel	M15 NRST	39.74
13	McKale, Hudson	M15 CRKW	41.80
14	Skene, Jaxson	M16 CRKW	49.01

#4 Mixed 100 LC Meter Backstroke

Name	Age Team	Seed Time
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W12 & Under

1	Enger, Ellie	W11 CRKW	1:30.18
2	Stevenson, Phoebe	W12 NRST	1:31.50
3	Lempinen, Nina	W11 DST	1:32.68
4	Lee, Sophia	W12 COMOX	1:34.00
5	Bazylinski, Saylor	W12 DST	1:34.78
6	Lewis, Erika	W12 LCSC	1:37.66
7	Hubbs, Brielle	W10 ISC	1:37.76
8	Sulek, Tuesday	W12 COMOX	1:37.93
9	McDonald, Ashley	W12 COMOX	1:38.78
10	Flood, Zoey	W11 NRST	1:39.04
11	Millns, Isabella	W10 CRKW	1:39.30
12	MacDonald, Beth	W12 NRST	1:39.84
13	Macalister, Liv	W11 NRST	1:42.51
14	McLaren, Alyx	W12 COMOX	1:43.09
15	Wood, Scarlett	W11 ISC	1:44.00
16	Girodo, Archer	W11 DST	1:44.27
17	Monteith, Amelia	W12 CRKW	1:44.36
18	MacGregor, Arya	W11 DST	1:44.43
19	Strain, Rylee	W12 NRST	1:45.90
20	Johnston, Cadence	W11 NRST	1:46.32
21	Bruce, Ava	W10 COMOX	1:46.35

22	Davies, Sylva	W9 DST	1:48.09
23	Stephens, Sophie	W10 NRST	1:49.23
24	Naicker, Kimaya	W11 CRKW	1:50.05
25	Nelson, Lua	W10 CRKW	1:50.93
26	Christensen, Charlotte	W11 NRST	1:51.22
27	Morrison, Emma	W10 COMOX	1:51.59
28	Stiwich, Nella	W12 DST	1:52.36
29	Morgan, Ava	W10 COMOX	1:53.51
30	den Otter, Audrey	W9 COMOX	1:53.84
31	Radawiec, Sofia	W12 COMOX	1:53.86
32	Hayes, Abigail	W11 NRST	1:54.93
33	Lindsay Darimont, Emersen	W11 ISC	1:55.00
34	Bridger, Gracie	W11 COMOX	1:55.05
35	Cox, Linnea	W12 NRST	1:55.35
36	Sulek, Juno	W9 COMOX	1:55.74
37	Condly, Ilan	W12 COMOX	1:56.06
38	Winder, Avery	W10 COMOX	1:56.08
39	Oyenuga, Imisioluwa	W11 NRST	1:56.10
40	Pederson, Nora	W10 NRST	1:58.36
41	Searle, Tea	W12 LCSC	1:59.96
42	Smith, Josephine	W12 COMOX	2:00.00
43	Sun, Olivia	W9 NRST	2:00.10
44	Donak, Izzy	W11 COMOX	2:01.75
45	Yule, Ella	W10 COMOX	2:02.50
46	Preston, Avery	W11 ISC	2:03.32
47	Verraich, Agiya-Liv	W10 NRST	2:04.26
48	Armstrong, Caeli	W11 NRST	2:04.64
49	Zarei, Tania	W9 NRST	2:08.99
50	Nicholl, Tabitha	W10 ISC	2:10.00
51	Kenyon, Sadaely	W11 DST	2:14.80
52	Powell, Eliana	W9 ISC	2:20.00
53	Rajchert, Miia	W8 NRST	2:20.82
54	Mathe, Kassia	W10 ISC	2:30.00
55	Nammour, Aurelia	W9 CRKW	2:41.38
56	Monteith, Norah	W8 CRKW	2:58.77

W13-14

1	McPherson, Taylor	W14 NRST	1:12.19
2	Nelson, Anisa	W14 CRKW	1:12.38
3	Riendl-Ling, Cassia	W13 NRST	1:20.13
4	Bignell, Kate	W13 CRKW	1:22.97
5	Flood, Brooklynn	W13 NRST	1:23.08
6	Pellerin, Anabelle	W13 COMOX	1:23.54
7	Van Der Mark, Avery	W13 NRST	1:29.31
8	Kohlruess, Aria	W13 LCSC	1:31.88
9	Aron, Isabella	W13 DST	1:32.43
10	Schevers, Saskia	W13 CRKW	1:36.46
11	Switzer, Quinn	W13 DST	1:40.76
12	Armstrong, Aaliyah	W13 NRST	1:42.36
13	Yee, Raya	W13 NRST	1:43.21
14	White, Brooklynn	W13 LCSC	1:46.47
15	Williamson_S6SB6SM6, Gab	W13 DST	2:14.74

W15 & Over

1	Owens, Keyana	W16 CRKW	1:08.56
2	Wang, Winona	W15 NRST	1:09.93
3	Revenberg, Julia	W16 COMOX	1:10.92
4	Lutz, Meghan	W16 NRST	1:13.55
5	Barberie, Danielle	W17 NRST	1:14.82
6	Sprott, Jaime	W16 NRST	1:15.06
7	Hayduk, Cassidy	W15 CRKW	1:15.29
8	Barr, Shelby	W15 NRST	1:18.70
9	Hayduk, Mackenzie	W17 CRKW	1:18.83

10	Baldwin, Lauren	W17 NRST	1:42.98
11	Smith, Patricia Nancy	W15 DST	1:49.47

M12 & Under

1	Rajchert, Jakob	M12 NRST	1:18.28
2	Macalister, Xander	M12 NRST	1:25.45
3	Mikkelsen, Kai	M12 WIND	1:28.27
4	Reid, Waymouth	M12 COMOX	1:28.66
5	Dunaway, Kieran	M10 DST	1:33.01
6	Gonzales, Graydon	M12 LCSC	1:36.70
7	Millns, Jax	M8 CRKW	1:39.86
8	Paterson, Daq	M11 ISC	1:41.61
9	Warder, Finley	M9 ISC	1:41.85
10	Vanjecek, Alistair	M10 CRKW	1:43.70
11	Caskey, Ethan	M12 LCSC	1:43.97
12	Sinotte, Hayden	M10 WIND	1:44.16
13	Lukhanin, Max	M9 DST	1:46.18
14	Mikkelsen, Finn	M9 WIND	1:46.35
15	Cornwell, Jackson	M10 CRKW	1:46.59
16	Kenyon, Oliver	M11 DST	1:47.25
17	Hearsey, Aiden	M10 NRST	1:47.51
18	Piper, Alex	M11 COMOX	1:47.85
19	Brassington, Francis	M12 COMOX	1:50.47
20	Orr, Owen	M9 NRST	1:51.12
21	Gong, Michael	M12 NRST	1:53.97
22	Bowman, Ethan	M11 COMOX	1:55.08
23	Marshall, Owen	M11 NRST	1:55.36
24	Wauthy, Julian	M10 COMOX	1:57.10
25	Adamson, Derek	M10 ISC	1:57.76
26	Hudey, Jesse	M10 COMOX	1:59.42
27	Tindall, Luc	M10 NRST	1:59.80
28	Martinflatt, Jachai	M11 NRST	2:00.68
29	Lee, Gavin	M8 COMOX	2:02.10
30	Gong, Alan	M10 NRST	2:06.95
31	Cai, Marvin	M10 NRST	2:07.37
32	Mooney, Hudson	M11 NRST	2:14.98
33	Nicholl, Tobias	M9 ISC	2:15.00
34	Stone, Max/Maxton	M9 COMOX	2:19.35
35	Petch, Blake	M10 CRKW	2:23.56
36	Hodge, Beckham	M7 CRKW	2:45.67
37	Hodge, Huxley	M9 CRKW	2:53.10
38	Grishin, Konstantin	M11 ISC	NT
38	Lapshin, Christopher	M11 ISC	NT
38	Caskey, Oscar	M10 LCSC	NT

M13-14

1	Nel, Luc	M14 COMOX	1:06.25
2	Lewall, Noah	M14 COMOX	1:07.52
3	Patterson, Cameron	M14 NRST	1:14.33
4	MacNeil, Cohen	M13 COMOX	1:15.81
5	Ivantyshyn, Vasyl	M14 NRST	1:16.40
6	Mussellam, Gabriel	M14 WIND	1:27.42
7	Horncastle, Owen	M13 NRST	1:33.57
8	Woldnik, Sasha	M14 COMOX	1:35.81
9	Kim, Johan	M14 DST	1:36.72
10	Piper, Justin	M13 COMOX	1:45.00
11	Lempinen, Ethan	M14 DST	1:48.30
12	Preston, Angus	M14 DST	1:50.52
13	Lindsay Darimont, Brodie	M13 ISC	2:07.41

M15 & Over

1	Millns, Zac	M15 CRKW	1:04.44
2	Pearse, Peyton	M16 NRST	1:05.09
3	Telfer, Aiden	M16 NRST	1:10.93

2024 Spring Sprint - 2024-04-20 to 2024-04-21

Psych Sheet

M15 & Over...(#4 Mixed 100 LC Meter Backstroke)

4 Blackburn, Connor	M16 NRST	1:12.99
5 Pendergast, Gavin	M17 NRST	1:16.13
6 Palmer, Hudson	M15 NRST	1:17.58
7 Ruiter, Matthew	M15 DST	1:20.86
8 McKale, Hudson	M15 CRKW	1:39.96

#5 Mixed 200 LC Meter Breaststroke

Name	Age Team	Seed Time
W12 & Under		
1 Lee, Sophia	W12 COMOX	3:33.82
2 Sulek, Tuesday	W12 COMOX	3:40.28
3 Dunaway, Teagan	W11 DST	3:45.09
4 Stevenson, Phoebe	W12 NRST	3:45.18
5 Ruiter, Chelsea	W11 DST	3:51.55
6 Rechon-Reguet, Alexia	W12 NRST	3:54.86
7 Kenyon, Sadaely	W11 DST	3:55.43
8 Girodo, Archer	W11 DST	3:57.67
9 Flood, Zoey	W11 NRST	4:02.61
10 Power, Grace	W11 NRST	4:05.90
11 Brabbins, Piper	W10 COMOX	4:13.27
12 Preston, Avery	W11 ISC	4:30.00

W13-14

1 White, Rosanna	W13 NRST	3:07.46
2 McPherson, Taylor	W14 NRST	3:08.33
3 Nelson, Anisa	W14 CRKW	3:15.09
4 Paproski, Kailyn	W13 NRST	3:22.30
5 Pellerin, Anabelle	W13 COMOX	3:29.96
6 Cottrell, Kelana	W13 NRST	3:32.16
7 Schevers, Saskia	W13 CRKW	3:45.67
8 Cajole, Chloe	W13 NRST	3:49.36
9 Greer, Cassandra	W14 NRST	3:56.08
10 Weeks, Claire	W13 CRKW	4:05.97
11 Graham, Ayla	W13 DST	4:08.22
12 Jackson, Charlee	W14 NRST	4:10.52
13 Bignell, Kate	W13 CRKW	4:17.12
14 Scarr, Aarylyn	W13 NRST	4:26.76

W15 & Over

1 Haugen, Sarah	W16 CRKW	2:49.98
2 MacGregor, Kailie	W15 DST	2:56.85
3 Widmeyer, Simone	W17 NRST	3:02.08
4 Vose, Ella	W16 CRKW	3:21.38
5 Nammour, Sev	W15 CRKW	3:37.12
6 Webber, Grace	W16 NRST	3:43.36
7 Hayduk, Cassidy	W15 CRKW	3:45.67
8 Chalker, Mackenzie	W15 NRST	3:52.54

M12 & Under

1 MacGregor, Waylin	M11 DST	3:24.94
2 Macalister, Xander	M12 NRST	3:28.44
3 Rimer, Kim	M11 NRST	3:41.62
4 Saccucci, Bennett	M11 COMOX	3:42.41
5 Vodola, Levi	M11 WIND	3:53.85
6 Hearsey, Aiden	M10 NRST	3:59.99
6 McGuire, Ashton	M10 NRST	3:59.99
8 White, Declan	M10 NRST	5:00.00
9 Caskey, Ethan	M12 LCSC	NT

M13-14

1 McCauley, Nolan	M13 DST	3:10.75
2 Saccucci, Nico	M14 COMOX	3:10.87
3 Patterson, Cameron	M14 NRST	3:12.94
4 Gerbrandt, Samuel	M14 DST	3:13.70
5 MacGregor, Lauchlin	M13 DST	3:27.07

6 Preston, Angus	M14 DST	3:29.10
7 Martin, James	M13 NRST	NT

M15 & Over

1 McCartney, Brody	M15 DST	2:56.47
2 Ruiter, Matthew	M15 DST	2:59.67
3 Feschuk, Finn	M17 NRST	3:05.33
4 Gerbrandt, Gabriel	M16 DST	3:10.10
5 Skene, Jaxson	M16 CRKW	3:20.69
6 Brown, Brayden	M15 CRKW	3:29.51
7 Dumont, Wyland	M15 DST	3:39.73
8 Joyce, Kyle	M16 CRKW	3:45.67
8 Vanjecek, Oliver	M15 CRKW	3:45.67
8 Joyce, Nick or Nicholas	M16 CRKW	3:45.67
11 Wright, Grayson	M15 CRKW	3:59.65

#6 Mixed 200 LC Meter IM

Name	Age Team	Seed Time
W12 & Under		
1 Millns, Isabella	W10 CRKW	3:05.41
2 Ruiter, Chelsea	W11 DST	3:07.12
3 Wang, Shiny	W12 NRST	3:10.16
4 Bazylinski, Saylor	W12 DST	3:13.23
5 Messenger, Ruby	W10 TSUN	3:13.95
6 Lempinen, Nina	W11 DST	3:14.81
7 Enger, Ellie	W11 CRKW	3:35.37
8 Paproski, Keana	W11 NRST	3:39.21
9 Stiwich, Nella	W12 DST	3:41.73
10 McLaren, Alyx	W12 COMOX	3:43.71
11 Sulek, Juno	W9 COMOX	3:46.81
12 MacGregor, Arya	W11 DST	3:51.27
13 Salerni, Sophia	W11 ISC	3:53.13
14 Hubbs, Brielle	W10 ISC	3:53.75
15 MacDonald, Beth	W12 NRST	3:54.24
16 Brabbins, Piper	W10 COMOX	3:57.04
17 Rea-Palmer, Freya	W12 NRST	3:57.17
18 Searle, Tea	W12 LCSC	3:58.31
19 Bridger, Gracie	W11 COMOX	3:59.30
20 Armstrong, Lilah	W10 NRST	4:03.94
21 den Otter, Audrey	W9 COMOX	4:04.04
22 MacGregor, Anabelle	W11 DST	4:04.18
23 Verraich, Agiya-Liv	W10 NRST	4:05.42
24 Chernov, Saesha	W10 COMOX	4:07.52
25 Kenyon, Sadaely	W11 DST	4:08.20
26 Christensen, Charlotte	W11 NRST	4:09.14
27 Nicholl, Tabitha	W10 ISC	4:15.00
28 Wood, Scarlett	W11 ISC	4:18.26
29 Lindsay Darimont, Emersen	W11 ISC	4:19.65
30 Powell, Eliana	W9 ISC	4:20.00

W13-14

1 McArthur, Kenzie	W14 CRKW	2:43.25
2 McGuire, Alea	W13 NRST	2:51.72
3 Riendl-Ling, Cassia	W13 NRST	2:55.62
4 Graham, Ayla	W13 DST	3:05.19
5 Kohlruess, Aria	W13 LCSC	3:12.33
6 Flood, Brooklynn	W13 NRST	3:19.24
7 Van Der Mark, Avery	W13 NRST	3:20.96
8 Trenholm, Adelaide	W13 NRST	3:24.51
9 Aron, Isabella	W13 DST	3:25.61
10 Bignell, Kate	W13 CRKW	3:29.46
11 Switzer, Quinn	W13 DST	3:33.80
12 Miller, Aryah	W13 NRST	3:38.41

13 White, Brooklynn	W13 LCSC	3:43.87
14 Cajole, Chloe	W13 NRST	3:44.68
15 Scarr, Aarylyn	W13 NRST	3:51.99
16 Milligan, Alya	W13 DST	4:08.69

W15 & Over

1 Haugen, Sarah	W16 CRKW	2:27.60
2 Nel, Sophie	W16 COMOX	2:40.00
3 Hofmann, Adriana	W16 NRST	2:40.43
4 Sprott, Jaime	W16 NRST	2:42.14
5 Hayduk, Mackenzie	W17 CRKW	2:51.40
6 Saunders, Nicole	W18 NRST	3:02.18

M12 & Under

1 Saccucci, Bennett	M11 COMOX	3:03.53
2 MacGregor, Waylin	M11 DST	3:05.18
3 Gonzales, Graydon	M12 LCSC	3:23.68
4 Gong, Michael	M12 NRST	3:25.60
5 Dunaway, Kieran	M10 DST	3:31.76
6 Vodola, Levi	M11 WIND	3:31.84
7 Paterson, Daq	M11 ISC	3:37.19
8 Adamson, Derek	M10 ISC	3:47.59
9 Kenyon, Oliver	M11 DST	3:48.10
10 Warder, Finley	M9 ISC	3:56.23
11 Ram, Christian	M9 NRST	3:58.29
12 Lukhanin, Max	M9 DST	4:05.76
13 Pellerin, Simon	M11 COMOX	4:05.84
14 Grishin, Konstantin	M11 ISC	4:15.00
14 Nicholl, Tobias	M9 ISC	4:15.00
14 Lapshin, Christopher	M11 ISC	4:15.00
17 Lewall, Cameron	M12 COMOX	4:32.10
18 Millns, Jax	M8 CRKW	4:59.15

M13-14

1 Woldnik, Sasha	M14 COMOX	2:25.55
2 Marfenko, Platon	M14 COMOX	2:31.68
3 Ivantyshyn, Vasyl	M14 NRST	2:42.15
4 Gerbrandt, Samuel	M14 DST	2:44.30
5 Lewall, Noah	M14 COMOX	2:52.69
6 MacGregor, Lauchlin	M13 DST	2:58.08
7 Preston, Angus	M14 DST	3:02.43
8 McCauley, Nolan	M13 DST	3:05.97
9 Kim, Johan	M14 DST	3:17.44
10 Lempinen, Ethan	M14 DST	3:41.06
11 Lindsay Darimont, Brodie	M13 ISC	4:09.04

M15 & Over

1 Gerbrandt, Gabriel	M16 DST	2:27.27
2 McCartney, Brody	M15 DST	2:28.09
3 Krestinski, Joshua	M16 CRKW	2:40.22
4 Telfer, Aiden	M16 NRST	2:42.21
5 Brown, Brayden	M15 CRKW	2:45.27
6 Saunders, Daniel	M15 NRST	2:53.17
7 Joyce, Nick or Nicholas	M16 CRKW	2:55.30
8 Dumont, Wyland	M15 DST	3:03.68

#7 Mixed 200 LC Meter Freestyle Relay

Team	Relay	Seed Time
X		
1 CRKW	X109 A	1:46.31
	Millns, Zac M15	Owens, Keyana W16
	Haugen, Sarah W16	Brown, Brayden M15
2 NRST	X109 A	1:51.19
	Patterson, Cameron M14	Cottrell, Kelana W13
	Hofmann, Adriana W16	Telfer, Aiden M16

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Psych Sheet

X...(#7 Mixed 200 LC Meter Freestyle Relay)

3	COMOX	X109 A	1:52.88
	Woldnik, Sasha M14	Nel, Sophie W16	
	Revenberg, Julia W16	Southen, Sam M17	
4	CRKW	X109 B	1:55.28
	Schevers, Saskia W13	McArthur, Kenzie W14	
	Vanjecek, Oliver M15	Krestinski, Joshua M16	
5	CRKW	X109 C	1:55.73
	Iovce, Kvlé M16	Nelson, Anisa W14	
	Joyce, Nick or Nicholas M16	Hayduk, Mackenzie W17	
6	NRST	X109 B	1:56.56
	Feschuk, Finn M17	Chalker, Mackenzie W15	
	Sprott, Jaime W16	Blackburn, Connor M16	
7	NRST	X109 C	2:00.37
	Saunders, Daniel M15	Widmeyer, Simone W17	
	Saunders, Nicole W18	Pendergast, Gavin M17	
8	DST	X109 A	2:01.05
	Gerbrandt, Gabriel M16	Graham, Ayla W13	
	MacGregor, Kailie W15	McCartney, Brody M15	
9	NRST	X109 D	2:04.59
	Lutz, Noah M13	Riendl-Ling, Cassia W13	
	Lutz, Meghan W16	Palmer, Hudson M15	
10	COMOX	X109 B	2:06.08
	Nel, Luc M14	Lee, Sophia W12	
	Pellerin, Anabelle W13	Marfenko, Platon M14	
11	NRST	X109 E	2:12.17
	Rimer, Kim M11	Barr, Shelby W15	
	Paproski, Kailyn W13	Macalister, Xander M12	
12	DST	X109 B	2:12.37
	MacGregor, Lauchlin M13	Ruiter, Chelsea W11	
	Aron, Isabella W13	Gerbrandt, Samuel M14	
13	DST	X109 C	2:18.82
	McCauley, Nolan M13	Lempinen, Nina W11	
	Dunaway, Teagan W11	Dumont, Wyland M15	
14	NRST	X109 F	2:20.65
	Horncastle, Owen M13	Stevenson, Phoebe W12	
	White, Rosanna W13	Catton-Cox, Christopher M12	
15	COMOX	X109 C	2:24.87
	Saccucci, Bennett M11	McDonald, Mykah W12	
	Sulek, Tuesday W12	Lewall, Noah M14	
16	DST	X109 D	2:29.54
	MacGregor, Wavlin M11	Stiwich, Nella W12	
	Girodo, Archer W11	Preston, Angus M14	
17	NRST	X109 G	2:31.07
	Huberts, River M14	McGuire, Alea W13	
	Flood, Brooklynn W13	McGuire, Ashton M10	
18	NRST	X109 H	2:41.20
	Gong, Michael M12	Van Der Mark, Avery W13	
	Baldwin, Lauren W17	Marshall, Owen M11	
19	NRST	X109 I	2:47.13
	Hearsev, Aiden M10	Trenholm, Adelaide W13	
	Miller, Aryah W13	Ram, Christian M9	
20	NRST	X109 J	2:59.36
	White, Declan M10	Hutton, Mikhayla W16	
	Paproski, Keana W11	Tindall, Luc M10	
21	CRKW	X109 F	NT
	Millns, Isabella W10	Vanjecek, Alistair M10	
	Millns, Jax M8	Hodge, Huxley M9	
21	CRKW	X109 G	NT
	Cornwell, Jackson M10	Etheridge, Emilio M12	
	Nelson, Lua W10	Weeks, Claire W13	
21	CRKW	X109 E	NT
	Skene, Iaxson M16	McKale, Hudson M15	
	Bignell, Kate W13	Nammour, Sev W15	

21	CRKW	X109 H	NT
	Wright, Grayson M15	Vose, Ella W16	
	Hayduk, Cassidy W15	Hodge, Beckham M7	
21	DST	X109 E	NT
	Ruiter, Matthew M15	Kim, Johan M14	
	Bazylinski, Saylor W12	Smith, Patricia Nancy W15	
21	ISC	X109 A	NT
	Adamson, Derek M10	Wood, Scarlett W11	
	Salerni, Sophia W11	Paterson, Daq M11	
21	ISC	X109 B	NT
	Lapshin, Christopher M11	Mathe, Kassia W10	
	Powell, Eliana W9	Grishin, Konstantin M11	

#8 Mixed 100 LC Meter Butterfly

Name	Age	Team	Seed Time
W12 & Under			
1 Nicholl, Tabitha	W10	ISC	1:20.00
2 Lempinen, Nina	W11	DST	1:39.75
3 Messenger, Ruby	W10	TSUN	1:48.27
4 Millns, Isabella	W10	CRKW	1:48.30
5 Girodo, Archer	W11	DST	1:56.20
6 Armstrong, Lilah	W10	NRST	2:00.41
7 Sulek, Juno	W9	COMOX	2:20.93
8 Lewis, Erika	W12	LCSC	NT
W13-14			
1 McPherson, Taylor	W14	NRST	1:07.56
2 McGuire, Alea	W13	NRST	1:16.96
3 Weeks, Claire	W13	CRKW	1:20.25
4 Miller, Aryah	W13	NRST	1:25.30
5 Riendl-Ling, Cassia	W13	NRST	1:26.54
6 Paproski, Kailyn	W13	NRST	1:33.31
7 Nammour, Layanne	W13	CRKW	1:41.43
8 Bignell, Kate	W13	CRKW	1:41.77
9 Cajolet, Chloe	W13	NRST	1:45.11
10 Armstrong, Aaliyah	W13	NRST	1:47.78
W15 & Over			
1 Wang, Winona	W15	NRST	1:05.54
2 Hayduk, Cassidy	W15	CRKW	1:09.92
3 Barberie, Danielle	W17	NRST	1:11.80
4 Owens, Keyana	W16	CRKW	1:14.32
5 Chalker, Mackenzie	W15	NRST	1:17.57
6 Sprott, Jaime	W16	NRST	1:17.73
7 Nammour, Sev	W15	CRKW	1:23.46
8 Hayduk, Mackenzie	W17	CRKW	1:27.47
9 Saunders, Nicole	W18	NRST	1:30.30
10 Baldwin, Lauren	W17	NRST	1:43.76
M12 & Under			
1 Saccucci, Bennett	M11	COMOX	1:30.48
2 Reid, Waymouth	M12	COMOX	1:36.09
3 Millns, Jax	M8	CRKW	1:45.55
4 Macalister, Xander	M12	NRST	1:47.45
5 Pellerin, Simon	M11	COMOX	1:48.92
6 Gonzales, Graydon	M12	LCSC	1:58.06
7 Krestinski, Jesse	M11	CRKW	1:58.69
8 Sinotte, Hayden	M10	WIND	2:00.33
9 Lapshin, Christopher	M11	ISC	2:10.00
10 Seshadri, Jaron	M11	ISC	NT
M13-14			
1 MacNeil, Cohen	M13	COMOX	1:14.20
2 Huberts, River	M14	NRST	1:46.98
3 Catton-Cox, Christopher	M13	NRST	NT

M15 & Over

1	Pearse, Peyton	M16	NRST	59.44
2	McCartney, Brody	M15	DST	1:03.36
3	Southen, Sam	M17	COMOX	1:05.73
4	Millns, Zac	M15	CRKW	1:09.03
5	Feschuk, Finn	M17	NRST	1:11.50
6	Krestinski, Joshua	M16	CRKW	1:16.38

#9 Mixed 50 LC Meter Breaststroke

Name	Age	Team	Seed Time
W12 & Under			
1 Bazylinski, Saylor	W12	DST	43.38
2 Dunaway, Teagan	W11	DST	45.85
3 Stevenson, Phoebe	W12	NRST	47.80
4 Sulek, Tuesday	W12	COMOX	48.34
5 Hasni, Amani	W11	NRST	49.59
6 Stiwich, Nella	W12	DST	49.60
7 Mussellam, Joanna	W11	WIND	50.71
8 Messenger, Ruby	W10	TSUN	51.68
9 Rechon-Reguet, Alexia	W12	NRST	52.73
10 Condly, ilan	W12	COMOX	53.97
11 Enger, Ellie	W11	CRKW	54.18
12 Monteith, Amelia	W12	CRKW	55.14
13 Strain, Rylee	W12	NRST	55.86
14 Naicker, Kimaya	W11	CRKW	56.41
15 den Otter, Audrey	W9	COMOX	56.74
16 Brabbins, Piper	W10	COMOX	56.97
17 Nelson, Lua	W10	CRKW	57.47
18 MacDonald, Beth	W12	NRST	57.63
19 Blacklock, Maddy	W10	COMOX	57.95
20 Ruiter, Chelsea	W11	DST	59.42
21 McLaren, Alyx	W12	COMOX	1:00.03
22 Kruse, Maya	W11	COMOX	1:00.28
23 Nicholl, Tabitha	W10	ISC	1:00.83
24 McDonald, Mykah	W12	COMOX	1:01.06
25 Macalister, Liv	W11	NRST	1:01.32
26 Zarei, Tania	W9	NRST	1:01.61
27 Wood, Scarlett	W11	ISC	1:01.77
28 Morgan, Ava	W10	COMOX	1:01.91
29 Salerni, Sophia	W11	ISC	1:02.20
30 Powell, Eliana	W9	ISC	1:03.03
31 Sherry, Georgia	W10	COMOX	1:03.71
32 Oyenuga, Imisioluwa	W11	NRST	1:04.11
33 Chernov, Saesha	W10	COMOX	1:04.41
34 Morrison, Emma	W10	COMOX	1:04.78
35 Hutchison-Crooks, River	W10	COMOX	1:05.66
36 Nammour, Aurelia	W9	CRKW	1:05.71
37 Bruce, Ava	W10	COMOX	1:06.14
38 Russell, Farrah	W10	COMOX	1:08.37
39 Mathe, Kassia	W10	ISC	1:10.00
40 Rajchert, Miia	W8	NRST	1:19.73
41 Bridger, Gracie	W11	COMOX	1:22.25
42 Lefebvre, Pippa	W11	COMOX	1:28.12
43 Monteith, Norah	W8	CRKW	1:34.56
W13-14			
1 McArthur, Kenzie	W14	CRKW	41.01
2 Nelson, Anisa	W14	CRKW	42.06
3 Cottrell, Kelana	W13	NRST	43.73
4 Pellerin, Anabelle	W13	COMOX	44.25
5 Schevers, Saskia	W13	CRKW	45.33
6 Nammour, Layanne	W13	CRKW	46.97

2024 Spring Sprint - 2024-04-20 to 2024-04-21

Psych Sheet

W13-14...(#9 Mixed 50 LC Meter Breaststroke)

7 Mitchell, Saphire	W14 WIND	48.41
8 Greer, Cassandra	W14 NRST	50.16
9 Weeks, Claire	W13 CRKW	52.06
9 Switzer, Quinn	W13 DST	52.06
11 White, Rosanna	W13 NRST	52.51
12 White, Brooklynn	W13 LCSC	52.92
13 Yee, Raya	W13 NRST	53.93
14 Riddell, Niamh	W14 NRST	54.65

W15 & Over

1 Hofmann, Adriana	W16 NRST	37.42
2 Nel, Sophie	W16 COMOX	38.01
3 Widmeyer, Simone	W17 NRST	38.04
4 Sprott, Jaime	W16 NRST	39.51
5 Revenberg, Julia	W16 COMOX	39.73
6 Barr, Shelby	W15 NRST	43.50
7 Lutz, Meghan	W16 NRST	44.48
8 Cox, Ainsley	W16 NRST	44.68
9 Smith, Patricia Nancy	W15 DST	56.71
10 Rasmus, Haylee	W15 CRKW	57.02

M12 & Under

1 Rimer, Kim	M11 NRST	38.89
2 MacGregor, Waylin	M11 DST	45.03
3 Dunaway, Kieran	M10 DST	47.99
4 Mikkelsen, Kai	M12 WIND	48.50
5 Vanjecek, Alistair	M10 CRKW	50.92
6 Rajchert, Jakob	M12 NRST	51.65
7 Caskey, Ethan	M12 LCSC	54.20
8 Vodola, Levi	M11 WIND	55.00
9 Etheridge, Emilio	M12 CRKW	55.67
10 Kenyon, Oliver	M11 DST	56.12
11 Adamson, Derek	M10 ISC	57.03
12 Paterson, Daq	M11 ISC	57.43
13 Brassington, Francis	M12 COMOX	57.65
14 Seshadri, Jaron	M11 ISC	57.82
15 Gong, Michael	M12 NRST	57.96
16 Ram, Christian	M9 NRST	59.69
17 Mikkelsen, Finn	M9 WIND	1:01.43
18 Vodola, Nico	M9 WIND	1:01.74
19 Caskey, Oscar	M10 LCSC	1:02.36
20 Gong, Alan	M10 NRST	1:03.22
21 Cornwell, Jackson	M10 CRKW	1:04.02
22 Nicholl, Tobias	M9 ISC	1:05.99
23 White, Declan	M10 NRST	1:06.57
24 Bowman, Ethan	M11 COMOX	1:07.66
25 Cai, Marvin	M10 NRST	1:07.82
26 Buhr, Emerson	M10 NRST	1:08.79
27 Grishin, Konstantin	M11 ISC	1:09.92
28 Piper, Alex	M11 COMOX	1:10.03
29 Winder, Ewan	M9 COMOX	1:10.17
30 Lee, Gavin	M8 COMOX	1:10.84
31 Mooney, Hudson	M11 NRST	1:11.47
32 Hodge, Beckham	M7 CRKW	1:23.45
33 Hodge, Huxley	M9 CRKW	1:34.56

M13-14

1 Patterson, Cameron	M14 NRST	35.35
2 MacNeil, Cohen	M13 COMOX	37.92
3 Saccucci, Nico	M14 COMOX	38.30
4 Gerbrandt, Samuel	M14 DST	39.06
5 Mussellam, Gabriel	M14 WIND	45.40
6 Leslie, Noah	M14 TSUN	47.20
7 Horncastle, Owen	M13 NRST	50.63

8 Lempinen, Ethan	M14 DST	53.17
M15 & Over		
1 Vanjecek, Oliver	M15 CRKW	35.57
2 Joyce, Kyle	M16 CRKW	35.97
3 Palmer, Hudson	M15 NRST	36.62
4 Skene, Jaxson	M16 CRKW	40.33
5 Pendergast, Gavin	M17 NRST	40.75
6 Saunders, Daniel	M15 NRST	42.42
7 Gerbrandt, Gabriel	M16 DST	43.21
8 Blackburn, Connor	M16 NRST	43.68
9 Millns, Zac	M15 CRKW	43.77
10 Wright, Grayson	M15 CRKW	43.89
11 Krestinski, Joshua	M16 CRKW	44.12
12 Joyce, Nick or Nicholas	M16 CRKW	45.67
13 Dumont, Wyland	M15 DST	50.13
14 McKale, Hudson	M15 CRKW	50.55

#10 Mixed 50 LC Meter Freestyle

Name	Age	Team	Seed Time
W12 & Under			
1 Millns, Isabella		W10 CRKW	34.58
2 Lewis, Erika		W12 LCSC	35.77
3 Lempinen, Nina		W11 DST	37.03
4 Paproski, Keana		W11 NRST	37.32
5 Lee, Sophia		W12 COMOX	37.61
6 Enger, Ellie		W11 CRKW	38.25
7 Mussellam, Joanna		W11 WIND	38.59
8 Sulek, Tuesday		W12 COMOX	39.10
9 Strain, Rylee		W12 NRST	39.20
10 Monteith, Amelia		W12 CRKW	39.25
11 Girodo, Archer		W11 DST	39.37
12 Rea-Palmer, Freya		W12 NRST	39.49
13 Power, Grace		W11 NRST	39.69
14 Wood, Scarlett		W11 ISC	39.75
15 McLaren, Alyx		W12 COMOX	39.76
16 Flood, Zoey		W11 NRST	39.98
17 Hasni, Amani		W11 NRST	40.06
18 Stiwich, Nella		W12 DST	40.12
19 den Otter, Audrey		W9 COMOX	40.50
20 Watkins, Lily		W12 NRST	40.88
21 Stephens, Sophie		W10 NRST	41.23
22 Morgan, Ava		W10 COMOX	42.47
22 Nelson, Lua		W10 CRKW	42.47
24 Pederson, Nora		W10 NRST	42.50
25 Johnston, Cadence		W11 NRST	42.78
26 Bruce, Ava		W10 COMOX	42.80
27 Verraich, Agiya-Liv		W10 NRST	42.91
28 McDonald, Mykah		W12 COMOX	43.58
29 Oyenuga, Imisioluwa		W11 NRST	43.81
30 Condly, Ilan		W12 COMOX	44.35
31 Sun, Olivia		W9 NRST	44.79
32 Bridger, Gracie		W11 COMOX	45.44
33 Hutchison-Crooks, River		W10 COMOX	45.68
34 Macalister, Liv		W11 NRST	45.75
34 Christensen, Charlotte		W11 NRST	45.75
36 Winder, Avery		W10 COMOX	46.24
37 Morrison, Emma		W10 COMOX	46.36
38 Chernov, Saesha		W10 COMOX	46.61
39 Salerni, Sophia		W11 ISC	46.71
40 Sherry, Georgia		W10 COMOX	47.02
41 Zarei, Tania		W9 NRST	47.04
42 Hayes, Abigail		W11 NRST	47.34

43 Kruse, Maya	W11 COMOX	48.00
44 Sulek, Juno	W9 COMOX	48.07
45 Russell, Farrah	W10 COMOX	48.13
46 Blacklock, Maddy	W10 COMOX	48.25
47 Naicker, Kimaya	W11 CRKW	50.54
48 Mussellam, Georgia	W9 WIND	51.81
49 Nammour, Aurelia	W9 CRKW	53.90
50 Lefebvre, Pippa	W11 COMOX	55.73
51 Powell, Eliana	W9 ISC	59.57
52 Mathe, Kassia	W10 ISC	1:00.00
53 Rajchert, Miia	W8 NRST	1:02.15
54 Monteith, Norah	W8 CRKW	1:05.57

W13-14

1 McArthur, Kenzie	W14 CRKW	29.20
2 Schevers, Saskia	W13 CRKW	29.43
3 McPherson, Taylor	W14 NRST	29.46
4 Paproski, Kailyn	W13 NRST	31.38
5 Bignell, Kate	W13 CRKW	31.62
6 Flood, Brooklynn	W13 NRST	33.37
7 Van Der Mark, Avery	W13 NRST	35.07
8 Miller, Aryah	W13 NRST	35.54
9 Aron, Isabella	W13 DST	35.62
10 Nammour, Layanne	W13 CRKW	35.99
11 Mitchell, Saphire	W14 WIND	36.01
12 Trenholm, Adelaide	W13 NRST	36.44
13 Cajolet, Chloe	W13 NRST	38.75
14 White, Brooklynn	W13 LCSC	39.81
15 Switzer, Quinn	W13 DST	39.82
16 Yee, Raya	W13 NRST	39.86
17 Riddell, Niamh	W14 NRST	40.19
18 Armstrong, Aaliyah	W13 NRST	41.12
19 Greer, Cassandra	W14 NRST	41.71

W15 & Over

1 Owens, Keyana	W16 CRKW	27.51
2 Soroke, Rebecca	W15 DELTA	27.53
3 Wang, Winona	W15 NRST	27.55
4 Haugen, Sarah	W16 CRKW	27.57
5 Hofmann, Adriana	W16 NRST	27.97
6 Barberie, Danielle	W17 NRST	29.12
7 Vose, Ella	W16 CRKW	29.42
8 Hayduk, Cassidy	W15 CRKW	29.83
9 Hayduk, Mackenzie	W17 CRKW	30.07
10 Chalker, Mackenzie	W15 NRST	30.47
11 Nel, Sophie	W16 COMOX	30.66
12 Saunders, Nicole	W18 NRST	30.69
13 Nammour, Sev	W15 CRKW	31.28
13 Widmeyer, Simone	W17 NRST	31.28
15 Lutz, Meghan	W16 NRST	31.34
16 Cox, Ainsley	W16 NRST	31.55
17 Barr, Shelby	W15 NRST	31.61
18 Baldwin, Lauren	W17 NRST	34.98
19 Hutton, Mikhayla	W16 NRST	38.40
20 Smith, Patricia Nancy	W15 DST	41.48
21 Rasmus, Haylee	W15 CRKW	44.08

M12 & Under

1 Rajchert, Jakob	M12 NRST	32.13
2 Macalister, Xander	M12 NRST	33.84
3 Reid, Waymouth	M12 COMOX	33.91
4 Mikkelsen, Kai	M12 WIND	37.58
5 Ellis, Max	M11 NRST	37.87
6 Pellerin, Simon	M11 COMOX	38.12

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Psych Sheet

M12 & Under...(#10 Mixed 50 LC Meter Freestyle)

7	Gonzales, Graydon	M12 LCSC	39.03
8	Vodola, Levi	M11 WIND	39.73
9	Vanjecek, Alistair	M10 CRKW	40.49
10	Tormey, Darragh	M11 COMOX	40.64
11	Bowman, Ethan	M11 COMOX	41.13
12	Orr, Owen	M9 NRST	41.14
13	Mikkelsen, Finn	M9 WIND	41.31
14	Paterson, Daq	M11 ISC	41.58
15	McGuire, Ashton	M10 NRST	41.73
16	Kenyon, Oliver	M11 DST	42.52
17	Piper, Alex	M11 COMOX	42.66
18	Sinotte, Hayden	M10 WIND	42.78
19	Adamson, Derek	M10 ISC	43.37
20	Lapshin, Christopher	M11 ISC	43.54
21	Caskey, Ethan	M12 LCSC	43.84
22	Caskey, Oscar	M10 LCSC	44.96
23	Marshall, Owen	M11 NRST	45.49
24	Gong, Michael	M12 NRST	45.66
25	Etheridge, Emilio	M12 CRKW	45.81
26	Ram, Christian	M9 NRST	47.10
27	Buhr, Emerson	M10 NRST	47.15
28	Ssemaluulu, Ethan	M10 NRST	47.31
29	Brassington, Francis	M12 COMOX	47.86
30	Hearsey, Aiden	M10 NRST	48.05
31	Cai, Marvin	M10 NRST	48.13
32	Mooney, Hudson	M11 NRST	48.99
33	Cornwell, Jackson	M10 CRKW	49.45
34	Tindall, Luc	M10 NRST	50.43
35	Nicholl, Tobias	M9 ISC	51.02
36	Lee, Gavin	M8 COMOX	51.76
37	White, Declan	M10 NRST	53.21
38	Gong, Alan	M10 NRST	54.56
39	Ssemaluulu, Jeremiah	M11 NRST	55.09
40	Grishin, Konstantin	M11 ISC	56.33
41	Winder, Ewan	M9 COMOX	58.08
42	Hodge, Huxley	M9 CRKW	1:02.03
43	Hodge, Beckham	M7 CRKW	1:45.67

M13-14

1	Woldnik, Sasha	M14 COMOX	26.56
2	Marfenko, Platon	M14 COMOX	27.20
3	Nel, Luc	M14 COMOX	27.35
4	Ivantyshyn, Vasyl	M14 NRST	28.62
5	MacGregor, Lauchlin	M13 DST	30.75
6	McCauley, Nolan	M13 DST	32.96
7	Mussellam, Gabriel	M14 WIND	33.52
8	Leslie, Noah	M14 TSUN	35.06
9	Catton-Cox, Christopher	M13 NRST	36.54
10	Kim, Johan	M14 DST	37.09
11	Piper, Justin	M13 COMOX	37.50
12	Horncastle, Owen	M13 NRST	37.89
13	Lempinen, Ethan	M14 DST	39.14
14	Huberts, River	M14 NRST	41.76

M15 & Over

1	Millns, Zac	M15 CRKW	24.33
2	Pearse, Peyton	M16 NRST	25.26
3	Southern, Sam	M17 COMOX	25.92
4	Telfer, Aiden	M16 NRST	26.76
5	Vanjecek, Oliver	M15 CRKW	27.18
6	Blackburn, Connor	M16 NRST	28.24
7	Feschuk, Finn	M17 NRST	28.25
8	Joyce, Nick or Nicholas	M16 CRKW	28.95

9	Pendergast, Gavin	M17 NRST	29.16
10	Saunders, Daniel	M15 NRST	29.24
11	Krestinski, Joshua	M16 CRKW	29.47
12	Palmer, Hudson	M15 NRST	30.71
13	Skene, Jaxson	M16 CRKW	31.04
14	Wright, Grayson	M15 CRKW	32.89
15	McKale, Hudson	M15 CRKW	34.12

#11 Mixed 200 LC Meter Backstroke

Name	Age	Team	Seed Time
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W12 & Under

1	Ruiter, Chelsea	W11 DST	3:01.73
2	Lee, Sophia	W12 COMOX	3:05.22
3	Christensen, Charlotte	W11 NRST	3:09.28
4	Paproski, Keana	W11 NRST	3:10.54
5	Stevenson, Phoebe	W12 NRST	3:11.58
6	Lempinen, Nina	W11 DST	3:14.17
7	Flood, Zoey	W11 NRST	3:29.11
8	MacDonald, Beth	W12 NRST	3:29.71
9	Dunaway, Teagan	W11 DST	3:30.63
10	Girodo, Archer	W11 DST	3:31.08
11	Rechon-Reguet, Alexia	W12 NRST	3:38.07
12	Power, Grace	W11 NRST	3:39.55
13	Macalister, Liv	W11 NRST	3:41.92
14	Millns, Isabella	W10 CRKW	3:45.45
15	Brabbins, Piper	W10 COMOX	3:50.00
16	Bazylinski, Saylor	W12 DST	3:52.67
17	Armstrong, Lilah	W10 NRST	3:57.43
18	Winder, Avery	W10 COMOX	3:59.89
19	Verraich, Agiya-Liv	W10 NRST	4:08.86
20	Pederson, Nora	W10 NRST	5:00.00
20	Hayes, Abigail	W11 NRST	5:00.00
20	Sun, Olivia	W9 NRST	5:00.00
20	Johnston, Cadence	W11 NRST	5:00.00
20	Watkins, Lily	W12 NRST	5:00.00
20	Stephens, Sophie	W10 NRST	5:00.00
26	Rea-Palmer, Freya	W12 NRST	NT

W13-14

1	McPherson, Taylor	W14 NRST	2:33.26
2	Cottrell, Kelana	W13 NRST	2:36.89
3	Nelson, Anisa	W14 CRKW	2:43.85
4	Pellerin, Anabelle	W13 COMOX	2:46.77
5	Riendl-Ling, Cassia	W13 NRST	2:51.81
6	Flood, Brooklynn	W13 NRST	2:59.90
7	Van Der Mark, Avery	W13 NRST	3:03.33
8	Bignell, Kate	W13 CRKW	3:03.62
9	McGuire, Alea	W13 NRST	3:08.46
10	Graham, Ayla	W13 DST	3:11.42
11	Aron, Isabella	W13 DST	3:16.93

W15 & Over

1	MacGregor, Kailie	W15 DST	2:33.99
2	Revenberg, Julia	W16 COMOX	2:35.05
3	Lutz, Meghan	W16 NRST	2:37.62
4	Owens, Keyana	W16 CRKW	2:41.15
5	Sprott, Jaime	W16 NRST	2:41.66
6	Barberie, Danielle	W17 NRST	2:42.24
7	Barr, Shelby	W15 NRST	2:46.17
8	Hutton, Mikhayla	W16 NRST	2:50.70
9	Saunders, Nicole	W18 NRST	2:52.93
10	Chalker, Mackenzie	W15 NRST	3:00.05
11	Vose, Ella	W16 CRKW	3:01.34

M12 & Under

1	Saccucci, Bennett	M11 COMOX	2:59.56
2	MacGregor, Waylin	M11 DST	3:22.65
3	McGuire, Ashton	M10 NRST	3:22.97
4	Millns, Jax	M8 CRKW	3:25.62
5	Dunaway, Kieran	M10 DST	3:30.47
6	Hearsey, Aiden	M10 NRST	3:39.55
7	Rimer, Kim	M11 NRST	3:39.68
8	Tormey, Darragh	M11 COMOX	3:51.52
9	Tindall, Luc	M10 NRST	4:03.07
10	Marshall, Owen	M11 NRST	4:04.12
11	Seshadri, Jaron	M11 ISC	4:20.00
12	Ssemaluulu, Jeremiah	M11 NRST	5:00.00
12	Orr, Owen	M9 NRST	5:00.00
12	Ssemaluulu, Ethan	M10 NRST	5:00.00
12	Ellis, Max	M11 NRST	5:00.00

M13-14

1	Nel, Luc	M14 COMOX	2:26.89
2	Lewall, Noah	M14 COMOX	2:29.17
3	Ivantyshyn, Vasyl	M14 NRST	2:41.75
4	MacGregor, Lauchlin	M13 DST	2:52.08
5	Preston, Angus	M14 DST	2:53.41
6	McCauley, Nolan	M13 DST	2:55.45
7	Gerbrandt, Samuel	M14 DST	3:03.79
8	Huberts, River	M14 NRST	3:23.98
9	Horncastle, Owen	M13 NRST	3:25.89
10	Kim, Johan	M14 DST	3:39.35
11	Piper, Justin	M13 COMOX	3:40.00

M15 & Over

1	Gerbrandt, Gabriel	M16 DST	2:19.91
2	McCartney, Brody	M15 DST	2:23.53
3	Brown, Brayden	M15 CRKW	2:28.62
4	Telfer, Aiden	M16 NRST	2:36.10
5	Blackburn, Connor	M16 NRST	2:44.21
6	Ruiter, Matthew	M15 DST	2:47.35
7	Palmer, Hudson	M15 NRST	2:53.50
8	Dumont, Wyland	M15 DST	2:58.59
9	Joyce, Kyle	M16 CRKW	3:33.33

#12 Mixed 400 LC Meter IM

Name	Age	Team	Seed Time
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W12 & Under

1	Millns, Isabella	W10 CRKW	7:04.63
2	Hasni, Amani	W11 NRST	7:29.99
3	Stiwich, Nella	W12 DST	7:55.91

W13-14

1	White, Rosanna	W13 NRST	6:04.90
2	Nelson, Anisa	W14 CRKW	6:10.00
3	Weeks, Claire	W13 CRKW	6:12.34
4	Graham, Ayla	W13 DST	6:42.91
5	Schevers, Saskia	W13 CRKW	6:54.32
6	Trenholm, Adelaide	W13 NRST	6:54.52

W15 & Over

1	Haugen, Sarah	W16 CRKW	5:27.49
2	MacGregor, Kailie	W15 DST	5:31.75
3	Hayduk, Cassidy	W15 CRKW	6:12.37
4	Vose, Ella	W16 CRKW	6:13.67

M13-14

1	Woldnik, Sasha	M14 COMOX	5:14.71
2	Marfenko, Platon	M14 COMOX	5:17.56
3	Patterson, Cameron	M14 NRST	5:56.33

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M13-14...(#12 Mixed 400 LC Meter IM)				13 White, Brooklynn	W13 LCSC	3:16.86	3 Southen, Sam	M17 COMOX	2:08.76	
4	Preston, Angus	M14 DST	6:23.37	14 Milligan, Alya	W13 DST	3:24.03	4 Feschuk, Finn	M17 NRST	2:13.02	
M15 & Over				15 Williamson,S6SB6SM6, GabW13	DST	4:41.74	5 McCartney, Brody	M15 DST	2:13.03	
1	Ruiter, Matthew	M15 DST	5:33.65	W15 & Over			6 Telfer, Aiden	M16 NRST	2:14.10	
2	Joyce, Kyle	M16 CRKW	5:43.21	1 Wang, Winona	W15 NRST	2:09.46	7 Saunders, Daniel	M15 NRST	2:21.33	
3	Brown, Brayden	M15 CRKW	5:45.37	2 Barberie, Danielle	W17 NRST	2:14.25	8 Vanjcek, Oliver	M15 CRKW	2:27.31	
#13 Mixed 200 LC Meter Freestyle				3 MacGregor, Kailie	W15 DST	2:15.30	9 Dumont, Wyland	M15 DST	2:33.72	
	Name	Age Team	Seed Time	4 Stephen, Taelin	W15 LCSC	2:22.30	10 Palmer, Hudson	M15 NRST	2:35.63	
W12 & Under				5 Nel, Sophie	W16 COMOX	2:26.05	11 Skene, Jaxson	M16 CRKW	2:37.46	
1	Wang, Shiny	W12 NRST	2:45.55	6 Hayduk, Mackenzie	W17 CRKW	2:26.94	12 Wright, Grayson	M15 CRKW	2:39.54	
2	Bazylinski, Saylor	W12 DST	2:54.00	6 Widmeyer, Simone	W17 NRST	2:26.94	13 McKale, Hudson	M15 CRKW	3:33.33	
3	Lempinen, Nina	W11 DST	2:55.52	8 Lutz, Meghan	W16 NRST	2:30.17	#14 Mixed 50 LC Meter Backstroke			
4	Lewis, Erika	W12 LCSC	3:04.20	9 Hayduk, Cassidy	W15 CRKW	2:33.60		Name	Age Team	Seed Time
5	Dunaway, Teagan	W11 DST	3:04.69	10 Barr, Shelby	W15 NRST	2:35.97	W12 & Under			
6	Lee, Sophia	W12 COMOX	3:08.29	11 Revenberg, Julia	W16 COMOX	2:38.62	1 Wang, Shiny	W12 NRST	39.55	
7	Sulek, Tuesday	W12 COMOX	3:08.77	12 Nammour, Sev	W15 CRKW	2:40.53	2 Stevenson, Phoebe	W12 NRST	40.99	
8	Paproski, Keana	W11 NRST	3:10.71	13 Cox, Ainsley	W16 NRST	2:41.52	3 Ruiter, Chelsea	W11 DST	42.01	
9	Flood, Zoey	W11 NRST	3:12.24	14 Webber, Grace	W16 NRST	2:52.02	4 Paproski, Keana	W11 NRST	42.49	
10	Condly, Ilan	W12 COMOX	3:15.87	15 Hutton, Mikhayla	W16 NRST	2:59.08	5 Bazylinski, Saylor	W12 DST	43.30	
11	Stiwich, Nella	W12 DST	3:18.04	16 Hicks, Abigail	W15 LCSC	2:59.11	6 Dunaway, Teagan	W11 DST	43.82	
12	Power, Grace	W11 NRST	3:18.83	M12 & Under			7 McLaren, Alyx	W12 COMOX	46.36	
13	McDonald, Ashley	W12 COMOX	3:18.89	1 Rimer, Kim	M11 NRST	2:33.70	8 McDonald, Ashley	W12 COMOX	46.86	
14	Armstrong, Lilah	W10 NRST	3:19.01	2 Saccucci, Bennett	M11 COMOX	2:44.57	9 Flood, Zoey	W11 NRST	47.32	
15	McDonald, Mykah	W12 COMOX	3:22.77	3 Reid, Waymouth	M12 COMOX	2:48.46	10 Macalister, Liv	W11 NRST	47.88	
16	Rea-Palmer, Freya	W12 NRST	3:25.24	4 Lewall, Cameron	M12 COMOX	2:59.16	11 Girodo, Archer	W11 DST	47.98	
17	Cox, Linnea	W12 NRST	3:25.75	5 Vodola, Levi	M11 WIND	3:08.36	12 Christensen, Charlotte	W11 NRST	47.99	
18	Watkins, Lily	W12 NRST	3:25.98	6 Millns, Jax	M8 CRKW	3:13.77	13 Stephens, Sophie	W10 NRST	48.50	
19	McLaren, Alyx	W12 COMOX	3:26.56	7 Gong, Michael	M12 NRST	3:21.15	14 Cox, Linnea	W12 NRST	49.48	
20	Stephens, Sophie	W10 NRST	3:27.26	8 McGuire, Ashton	M10 NRST	3:22.16	15 Condly, Ilan	W12 COMOX	49.53	
21	MacGregor, Arya	W11 DST	3:28.17	9 Pellerin, Simon	M11 COMOX	3:24.26	16 Mussellam, Joanna	W11 WIND	49.59	
22	Rechon-Reguet, Alexia	W12 NRST	3:34.32	10 Tindall, Luc	M10 NRST	3:27.36	17 Strain, Rylee	W12 NRST	49.66	
23	Pederson, Nora	W10 NRST	3:35.84	11 Lukhanin, Max	M9 DST	3:27.70	18 Nelson, Lua	W10 CRKW	49.87	
24	Macalister, Liv	W11 NRST	3:38.53	12 Wauthy, Julian	M10 COMOX	3:27.92	19 Rea-Palmer, Freya	W12 NRST	50.73	
25	Christensen, Charlotte	W11 NRST	3:39.48	13 Gonzales, Graydon	M12 LCSC	3:29.75	20 Power, Grace	W11 NRST	50.96	
26	MacDonald, Beth	W12 NRST	3:40.40	14 Martinflatt, Jachai	M11 NRST	3:29.93	21 Rechon-Reguet, Alexia	W12 NRST	51.15	
27	Sulek, Juno	W9 COMOX	3:44.63	15 Piper, Alex	M11 COMOX	3:29.94	22 Morgan, Ava	W10 COMOX	51.32	
28	MacGregor, Anabelle	W11 DST	3:45.71	16 White, Declan	M10 NRST	3:33.85	23 Armstrong, Caeli	W11 NRST	51.54	
29	Winder, Avery	W10 COMOX	3:46.81	17 Dunaway, Kieran	M10 DST	3:35.40	24 Searle, Tea	W12 LCSC	51.68	
30	Davies, Syla	W9 DST	3:46.92	18 Orr, Owen	M9 NRST	3:37.23	25 Winder, Avery	W10 COMOX	51.93	
31	Hayes, Abigail	W11 NRST	3:50.18	19 Ram, Christian	M9 NRST	3:38.34	26 MacDonald, Beth	W12 NRST	52.02	
32	Strain, Rylee	W12 NRST	3:55.14	20 Cai, Marvin	M10 NRST	3:44.16	27 Pederson, Nora	W10 NRST	52.40	
33	Searle, Tea	W12 LCSC	3:55.53	21 Marshall, Owen	M11 NRST	3:45.40	28 Morrison, Emma	W10 COMOX	52.54	
34	Hasni, Amani	W11 NRST	3:57.50	22 Winder, Ewan	M9 COMOX	3:50.00	29 McDonald, Mykah	W12 COMOX	53.40	
35	Chernov, Saesha	W10 COMOX	4:02.13	23 Kenyon, Oliver	M11 DST	4:01.20	30 Sulek, Juno	W9 COMOX	55.00	
36	Armstrong, Caeli	W11 NRST	4:08.56	24 Hearsey, Aiden	M10 NRST	4:01.95	31 Verraich, Agiya-Liv	W10 NRST	55.56	
37	Kenyon, Sadaely	W11 DST	4:10.57	25 Vanjcek, Alistair	M10 CRKW	NT	32 Zarei, Tania	W9 NRST	57.01	
38	Nammour, Aurelia	W9 CRKW	4:34.24	25 Caskey, Ethan	M12 LCSC	NT	33 Blacklock, Maddy	W10 COMOX	57.22	
39	Sun, Olivia	W9 NRST	5:00.00	M13-14			34 MacGregor, Anabelle	W11 DST	58.78	
W13-14				1 Nel, Luc	M14 COMOX	2:08.55	35 Davies, Syla	W9 DST	58.86	
1	McPherson, Taylor	W14 NRST	2:08.98	2 Lewall, Noah	M14 COMOX	2:16.54	36 Sun, Olivia	W9 NRST	59.32	
2	McArthur, Kenzie	W14 CRKW	2:18.56	3 Ivantyshyn, Vasyl	M14 NRST	2:22.05	37 Hudema, Camilla	W9 COMOX	1:01.85	
3	Graham, Ayla	W13 DST	2:42.14	4 MacNeil, Cohen	M13 COMOX	2:29.12	38 Hayes, Abigail	W11 NRST	1:03.81	
4	McGuire, Alea	W13 NRST	2:42.89	5 Preston, Angus	M14 DST	2:46.25	39 Tian, Tina	W10 NRST	1:03.87	
5	Bignell, Kate	W13 CRKW	2:43.07	6 Kim, Johan	M14 DST	2:56.01	40 Kenyon, Sadaely	W11 DST	1:03.93	
6	Trenholm, Adelaide	W13 NRST	2:45.59	7 Huberts, River	M14 NRST	3:12.34	41 Rajchert, Miia	W8 NRST	1:05.55	
7	Pellerin, Anabelle	W13 COMOX	2:58.72	8 Horncastle, Owen	M13 NRST	3:24.92	42 Nammour, Aurelia	W9 CRKW	1:05.60	
8	Nammour, Layanne	W13 CRKW	3:01.01	9 Lempinen, Ethan	M14 DST	3:27.38	W13-14			
9	Van Der Mark, Avery	W13 NRST	3:01.86	10 Piper, Justin	M13 COMOX	NT	1 Cottrell, Kelana	W13 NRST	34.85	
10	Aron, Isabella	W13 DST	3:02.49	M15 & Over			2 Nelson, Anisa	W14 CRKW	35.43	
11	Paproski, Kailyn	W13 NRST	3:03.04	1 Pearse, Peyton	M16 NRST	1:57.54	3 Paproski, Kailyn	W13 NRST	37.38	
12	Yee, Raya	W13 NRST	3:05.08	2 Millns, Zac	M15 CRKW	2:00.53	4 McArthur, Kenzie	W14 CRKW	38.17	

2024 Spring Sprint - 2024-04-20 to 2024-04-21

Psych Sheet

W13-14...(#14 Mixed 50 LC Meter Backstroke)			28 Lee, Gavin	M8 COMOX	58.49	5 Dumont, Wyland	M15 DST	3:40.33
5 Riendl-Ling, Cassia	W13 NRST	38.45	29 Gong, Alan	M10 NRST	1:02.66	6 Vanjecek, Oliver	M15 CRKW	3:45.67
6 White, Rosanna	W13 NRST	38.58	M13-14			#16 Mixed 100 LC Meter Breaststroke		
7 Flood, Brooklynn	W13 NRST	38.68	1 Nel, Luc	M14 COMOX	30.69	Name	Age Team	Seed Time
8 McGuire, Alea	W13 NRST	39.48	2 Lewall, Noah	M14 COMOX	30.71	W12 & Under		
9 Van Der Mark, Avery	W13 NRST	40.06	3 Marfenko, Platon	M14 COMOX	32.00	1 Bazylinski, Saylor	W12 DST	1:37.46
10 Weeks, Claire	W13 CRKW	40.16	4 Ivantyshyn, Vasyl	M14 NRST	33.07	2 Dunaway, Teagan	W11 DST	1:39.83
11 Trenholm, Adelaide	W13 NRST	42.63	5 Woldnik, Sasha	M14 COMOX	33.94	3 Stevenson, Phoebe	W12 NRST	1:41.68
12 Miller, Aryah	W13 NRST	43.55	6 Patterson, Cameron	M14 NRST	34.42	4 Millns, Isabella	W10 CRKW	1:43.19
13 Mitchell, Sapphire	W14 WIND	44.22	7 Gerbrandt, Samuel	M14 DST	36.57	5 Stiwich, Nella	W12 DST	1:44.09
14 Yee, Raya	W13 NRST	44.44	8 MacNeil, Cohen	M13 COMOX	36.64	6 Sulek, Tuesday	W12 COMOX	1:44.15
15 Schevers, Saskia	W13 CRKW	44.62	9 Horncastle, Owen	M13 NRST	41.46	7 Lempinen, Nina	W11 DST	1:45.14
16 Switzer, Quinn	W13 DST	44.65	10 Mussellam, Gabriel	M14 WIND	41.70	8 Lee, Sophia	W12 COMOX	1:45.36
17 Cajolet, Chloe	W13 NRST	45.28	11 Catton-Cox, Christopher	M13 NRST	42.02	9 Wang, Shiny	W12 NRST	1:45.55
18 Pellerin, Anabelle	W13 COMOX	45.67	12 Kim, Johan	M14 DST	45.67	10 MacGregor, Arya	W11 DST	1:46.88
19 Milligan, Alya	W13 DST	47.76	12 Lempinen, Ethan	M14 DST	45.67	11 Messenger, Ruby	W10 TSUN	1:49.87
20 White, Brooklynn	W13 LCSC	50.41	14 Huberts, River	M14 NRST	46.60	12 Condly, Ilan	W12 COMOX	1:51.80
21 Riddell, Niamh	W14 NRST	51.56	15 Martin, James	M13 NRST	53.77	13 Flood, Zoey	W11 NRST	1:52.24
22 Williamson_S6SB6SM6, Gab	W13 DST	1:11.43	16 Piper, Justin	M13 COMOX	57.80	14 Kenyon, Sadaely	W11 DST	1:53.52
W15 & Over			M15 & Over			#15 Mixed 200 LC Meter Butterfly		
1 Haugen, Sarah	W16 CRKW	32.61	1 Southen, Sam	M17 COMOX	30.15	Name	Age Team	Seed Time
2 Revenberg, Julia	W16 COMOX	32.64	2 Telfer, Aiden	M16 NRST	31.31	W12 & Under		
3 Hofmann, Adriana	W16 NRST	34.64	3 Saunders, Daniel	M15 NRST	34.68	1 Hudema, Camilla	W9 COMOX	2:20.00
4 Lutz, Meghan	W16 NRST	34.99	4 Feschuk, Finn	M17 NRST	35.22	2 Ruiter, Chelsea	W11 DST	3:25.94
5 Sprott, Jaime	W16 NRST	35.29	5 Palmer, Hudson	M15 NRST	36.70	3 Messenger, Ruby	W10 TSUN	3:59.00
6 Barberie, Danielle	W17 NRST	35.57	6 Ruiter, Matthew	M15 DST	41.03	4 MacGregor, Arya	W11 DST	NT
7 Hayduk, Mackenzie	W17 CRKW	36.73	7 McKale, Hudson	M15 CRKW	44.18	W13-14		
8 Barr, Shelby	W15 NRST	37.41	8 Wright, Grayson	M15 CRKW	44.77	1 Schevers, Saskia	W13 CRKW	3:08.42
9 Nel, Sophie	W16 COMOX	37.95	#15 Mixed 200 LC Meter Butterfly					
10 Chalker, Mackenzie	W15 NRST	38.26	Name	Age Team	Seed Time	2 Graham, Ayla	W13 DST	3:11.77
11 Hicks, Abigail	W15 LCSC	42.91	W12 & Under			3 Miller, Aryah	W13 NRST	3:21.48
12 Rasmus, Haylee	W15 CRKW	56.83	1 Hudema, Camilla	W9 COMOX	2:20.00	4 Bignell, Kate	W13 CRKW	3:58.85
13 Nammour, Sev	W15 CRKW	1:06.89	2 Ruiter, Chelsea	W11 DST	3:25.94	5 Armstrong, Aaliyah	W13 NRST	NT
14 Smith, Patricia Nancy	W15 DST	NT	3 Messenger, Ruby	W10 TSUN	3:59.00	W15 & Over		
M12 & Under			4 MacGregor, Arya	W11 DST	NT	1 MacGregor, Kailie	W15 DST	2:46.27
1 Rajchert, Jakob	M12 NRST	36.00	W13-14			2 Stephen, Taelin	W15 LCSC	2:57.36
2 Rimer, Kim	M11 NRST	39.35	1 Schevers, Saskia	W13 CRKW	3:08.42	3 Vose, Ella	W16 CRKW	3:36.99
3 Mikkelsen, Kai	M12 WIND	39.98	2 Graham, Ayla	W13 DST	3:11.77	4 Owens, Keyana	W16 CRKW	3:45.67
4 Macalister, Xander	M12 NRST	40.50	3 Miller, Aryah	W13 NRST	3:21.48	M12 & Under		
5 Reid, Waymouth	M12 COMOX	41.04	4 Bignell, Kate	W13 CRKW	3:58.85	1 MacGregor, Waylin	M11 DST	3:43.39
6 Millns, Jax	M8 CRKW	45.22	5 Armstrong, Aaliyah	W13 NRST	NT	M13-14		
7 McGuire, Ashton	M10 NRST	46.44	W15 & Over			1 Woldnik, Sasha	M14 COMOX	2:25.15
8 Vanjecek, Alistair	M10 CRKW	46.99	1 MacGregor, Kailie	W15 DST	2:46.27	2 MacGregor, Lauchlin	M13 DST	2:53.41
9 Dunaway, Kieran	M10 DST	47.75	2 Stephen, Taelin	W15 LCSC	2:57.36	3 Gerbrandt, Samuel	M14 DST	2:56.47
10 Mikkelsen, Finn	M9 WIND	48.30	3 Vose, Ella	W16 CRKW	3:36.99	4 McCauley, Nolan	M13 DST	3:00.55
11 Lukhanin, Max	M9 DST	48.47	4 Owens, Keyana	W16 CRKW	3:45.67	5 Preston, Angus	M14 DST	3:13.81
12 Orr, Owen	M9 NRST	48.72	M12 & Under			M15 & Over		
13 Piper, Alex	M11 COMOX	49.01	1 MacGregor, Waylin	M11 DST	3:43.39	1 Gerbrandt, Gabriel	M16 DST	2:19.70
14 Hearsey, Aiden	M10 NRST	51.71	M13-14			2 Ruiter, Matthew	M15 DST	2:48.94
15 Pellerin, Simon	M11 COMOX	51.83	1 Woldnik, Sasha	M14 COMOX	2:25.15	3 Brown, Brayden	M15 CRKW	2:50.68
16 Wauthy, Julian	M10 COMOX	51.87	2 MacGregor, Lauchlin	M13 DST	2:53.41	4 McCartney, Brody	M15 DST	2:59.79
17 Tindall, Luc	M10 NRST	52.05	3 Gerbrandt, Samuel	M14 DST	2:56.47	W13-14		
18 Bowman, Ethan	M11 COMOX	52.65	4 McCauley, Nolan	M13 DST	3:00.55	1 McPherson, Taylor	W14 NRST	1:28.45
19 Brassington, Francis	M12 COMOX	52.71	5 Preston, Angus	M14 DST	3:13.81	2 Paproski, Kailyn	W13 NRST	1:31.61
20 Gong, Michael	M12 NRST	52.97	M15 & Over			3 Nelson, Anisa	W14 CRKW	1:31.72
21 Marshall, Owen	M11 NRST	53.17	1 Gerbrandt, Gabriel	M16 DST	2:19.70	4 Cottrell, Kelana	W13 NRST	1:33.24
22 Caskey, Oscar	M10 LCSC	53.23	2 Ruiter, Matthew	M15 DST	2:48.94	5 Riendl-Ling, Cassia	W13 NRST	1:34.50
23 Etheridge, Emilio	M12 CRKW	53.46	3 Brown, Brayden	M15 CRKW	2:50.68	6 White, Rosanna	W13 NRST	1:36.40
24 Kenyon, Oliver	M11 DST	56.74	4 McCartney, Brody	M15 DST	2:59.79	7 Nammour, Layanne	W13 CRKW	1:42.88
25 Cai, Marvin	M10 NRST	57.03	W13-14					
26 Winder, Ewan	M9 COMOX	57.07	M12 & Under			8 Switzer, Quinn	W13 DST	1:47.14
27 Martinflatt, Jachai	M11 NRST	57.33	1 MacGregor, Waylin	M11 DST	3:43.39	9 Aron, Isabella	W13 DST	1:50.96
			M13-14			10 Miller, Aryah	W13 NRST	1:52.89
			M15 & Over			11 Milligan, Alya	W13 DST	1:53.00
			W12 & Under			12 Cajolet, Chloe	W13 NRST	1:53.09

2024 Spring Sprint - 2024-04-20 to 2024-04-21

Psych Sheet

W13-14...(#16 Mixed 100 LC Meter Breaststroke)

13	White, Brooklynn	W13 LCSC	1:53.12
14	Armstrong, Aaliyah	W13 NRST	1:57.36
15	Riddell, Niamh	W14 NRST	2:00.85
16	Van Der Mark, Avery	W13 NRST	2:03.10
17	Flood, Brooklynn	W13 NRST	2:03.48
18	Williamson_S6SB6SM6, GabW13	DST	2:37.09

W15 & Over

1	Barberie, Danielle	W17 NRST	1:12.45
2	Haugen, Sarah	W16 CRKW	1:15.95
3	MacGregor, Kailie	W15 DST	1:22.31
4	Nel, Sophie	W16 COMOX	1:24.61
5	Hofmann, Adriana	W16 NRST	1:24.84
6	Widmeyer, Simone	W17 NRST	1:26.58
7	Revenberg, Julia	W16 COMOX	1:27.38
8	Sprott, Jaime	W16 NRST	1:27.70
9	Cox, Ainsley	W16 NRST	1:42.95
10	Hicks, Abigail	W15 LCSC	1:45.75
11	Smith, Patricia Nancy	W15 DST	1:54.27
12	Hutton, Mikhayla	W16 NRST	1:58.44
13	Rasmus, Haylee	W15 CRKW	2:16.48

M12 & Under

1	Rimer, Kim	M11 NRST	1:27.07
2	MacGregor, Waylin	M11 DST	1:35.71
3	Macalister, Xander	M12 NRST	1:37.09
4	Rajchert, Jakob	M12 NRST	1:38.28
5	Saccucci, Bennett	M11 COMOX	1:40.51
6	Dunaway, Kieran	M10 DST	1:44.48
7	Mikkelsen, Kai	M12 WIND	1:44.94
8	Vodola, Levi	M11 WIND	1:50.64
9	Kenyon, Oliver	M11 DST	1:51.64
10	Caskey, Ethan	M12 LCSC	1:55.22
11	Gonzales, Graydon	M12 LCSC	2:00.62
12	Lewall, Cameron	M12 COMOX	2:00.80
13	Etheridge, Emilio	M12 CRKW	2:02.10
14	Gong, Michael	M12 NRST	2:04.00
15	McGuire, Ashton	M10 NRST	2:07.91
16	Bowman, Ethan	M11 COMOX	2:10.00
17	Millns, Jax	M8 CRKW	2:11.55
18	Lukhanin, Max	M9 DST	2:12.87
19	Caskey, Oscar	M10 LCSC	2:14.62
20	Ram, Christian	M9 NRST	2:16.56
21	Hearsey, Aiden	M10 NRST	2:16.70
22	Lee, Gavin	M8 COMOX	2:18.55
23	Mikkelsen, Finn	M9 WIND	2:20.63
24	White, Declan	M10 NRST	2:20.66
25	Wauthy, Julian	M10 COMOX	2:28.00
26	Gong, Alan	M10 NRST	2:30.00
27	Winder, Ewan	M9 COMOX	2:38.06
28	Brassington, Francis	M12 COMOX	NT

M13-14

1	Marfenko, Platon	M14 COMOX	1:18.48
2	Patterson, Cameron	M14 NRST	1:21.03
3	Saccucci, Nico	M14 COMOX	1:27.00
4	Woldnik, Sasha	M14 COMOX	1:32.83
5	Nel, Luc	M14 COMOX	1:37.77
6	McCauley, Nolan	M13 DST	1:38.36
7	Mussellam, Gabriel	M14 WIND	1:39.90
8	Kim, Johan	M14 DST	1:39.91
9	Preston, Angus	M14 DST	1:43.94
10	Huberts, River	M14 NRST	1:52.44
11	Lewall, Noah	M14 COMOX	2:01.62

12	Catton-Cox, Christopher	M13 NRST	2:07.37
13	Martin, James	M13 NRST	2:12.20
14	Lempinen, Ethan	M14 DST	2:21.16
M15 & Over			
1	Joyce, Kyle	M16 CRKW	1:19.99
2	Palmer, Hudson	M15 NRST	1:22.89
3	Feschuk, Finn	M17 NRST	1:24.71
4	Gerbrandt, Gabriel	M16 DST	1:29.88
5	Telfer, Aiden	M16 NRST	1:30.30
6	Skene, Jaxson	M16 CRKW	1:30.40
7	Vanjcek, Oliver	M15 CRKW	1:31.16
8	Brown, Brayden	M15 CRKW	1:35.67
9	Wright, Grayson	M15 CRKW	1:37.42
10	Joyce, Nick or Nicholas	M16 CRKW	1:43.73

#17 Mixed 400 LC Meter Freestyle

Name	Age	Team	Seed Time
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W10 & Under

1	Millns, Isabella	W10 CRKW	6:09.87
2	Messenger, Ruby	W10 TSUN	6:30.00

W11-12

1	Ruiter, Chelsea	W11 DST	5:52.93
2	Sulek, Tuesday	W12 COMOX	6:39.96
3	Stevenson, Phoebe	W12 NRST	6:59.62
4	Girodo, Archer	W11 DST	NT
4	Lewis, Erika	W12 LCSC	NT

W13-14

1	Cottrell, Kelana	W13 NRST	4:47.95
2	White, Rosanna	W13 NRST	5:23.12
3	Riendl-Ling, Cassia	W13 NRST	5:27.38
4	McGuire, Alea	W13 NRST	5:45.88
5	Flood, Brooklynn	W13 NRST	5:50.80
6	Pellerin, Anabelle	W13 COMOX	5:52.29
7	Trenholm, Adelaide	W13 NRST	6:28.39
8	Weeks, Claire	W13 CRKW	7:00.00
8	Nelson, Anisa	W14 CRKW	7:00.00
10	Aron, Isabella	W13 DST	7:14.71

W15 & Over

1	Wang, Winona	W15 NRST	4:35.41
2	Stephen, Taelin	W15 LCSC	5:16.56
3	Hayduk, Cassidy	W15 CRKW	5:17.19
4	Vose, Ella	W16 CRKW	5:18.51
5	Chalker, Mackenzie	W15 NRST	5:34.64
6	Owens, Keyana	W16 CRKW	5:50.07
7	Nammour, Sev	W15 CRKW	5:54.39
8	Webber, Grace	W16 NRST	6:03.38
9	Haugen, Sarah	W16 CRKW	6:21.01
10	Hayduk, Mackenzie	W17 CRKW	6:54.27

M11-12

1	Reid, Waymouth	M12 COMOX	5:16.96
2	Saccucci, Bennett	M11 COMOX	5:28.81
3	Lewall, Cameron	M12 COMOX	5:46.32
4	MacGregor, Waylin	M11 DST	5:52.93
5	Macalister, Xander	M12 NRST	5:54.30
6	Vodola, Levi	M11 WIND	6:45.73

M13-14

1	Marfenko, Platon	M14 COMOX	4:44.58
2	MacGregor, Lauchlin	M13 DST	4:53.53
3	Ivantyshyn, Vasyl	M14 NRST	5:00.97
4	Gerbrandt, Samuel	M14 DST	5:36.35
5	McCauley, Nolan	M13 DST	5:37.13

6	Patterson, Cameron	M14 NRST	5:44.23
M15 & Over			
1	Pearse, Peyton	M16 NRST	4:12.04
2	Millns, Zac	M15 CRKW	4:33.57
3	McCartney, Brody	M15 DST	4:42.58
4	Gerbrandt, Gabriel	M16 DST	4:57.13
5	Joyce, Kyle	M16 CRKW	5:17.60
6	Ruiter, Matthew	M15 DST	5:31.32
7	Brown, Brayden	M15 CRKW	5:35.67
8	Skene, Jaxson	M16 CRKW	5:35.97
9	Dumont, Wyland	M15 DST	5:39.51
10	Wright, Grayson	M15 CRKW	5:43.42
11	Joyce, Nick or Nicholas	M16 CRKW	5:45.45