

## Winter Break Invitational 2022 - 12/9/2022 to 12/11/2022

## Psych Sheet

#1 Mixed 400 SC Meter Freestyle				#5 Mixed 200 SC Meter Backstroke				#6 Mixed 400 SC Meter IM			
Name	Age	Team	Seed Time	Name	Age	Team	Seed Time	Name	Age	Team	Seed Time
<b>W9-10</b>				<b>W9-10</b>				<b>W9-10</b>			
1 Stiwich, Nella	W10	DST	9:02.49	1 Flood, Zoey	W10	NRST	3:39.17	1 Lempinen, Nina	W10	DST	7:57.24
2 Kenyon, Sadaely	W10	DST	NT	2 Millar, Charlie	W10	ISC	3:48.34	<b>M11-12</b>			
<b>W11-12</b>				<b>W11-12</b>				1 MacGregor, Lauchlin			
1 Bazylinski, Saylor	W11	DST	NT	3 Christensen, Charlotte	W10	NRST	4:19.09	2 Preston, Angus	M12	DST	6:51.48
<b>W15 &amp; Over</b>				<b>W15 &amp; Over</b>				<b>M13-14</b>			
1 Thomas-Perry, McKinley	W19	DST	4:38.03	4 Dunaway, Teagan	W10	DST	NT	1 McCartney, Brody	M14	DST	5:24.05
<b>M9-10</b>				<b>M9-10</b>				2 Gerbrandt, Gabriel			
1 Dunaway, Kieran	M9	DST	7:47.98	5 Ruitter, Chelsea	W10	DST	NT	3 Ruitter, Matthew	M14	DST	6:31.62
2 Kenyon, Oliver	M10	DST	NT	6 Hubbs, Brielle	W9	ISC	NT	4 Schneider, Jacob	M14	ISC	7:00.00
3 Sorenson, River	M9	DST	NT	<b>W11-12</b>				<b>M15 &amp; Over</b>			
<b>M11-12</b>				1 White, Rosanna				1 Castells, Ot			
1 Lempinen, Ethan	M12	DST	NT	2 Yu, Anne	W12	ISC	3:07.11				
2 Kim, Johan	M12	DST	NT	3 Flood, Brooklynn	W11	NRST	3:16.50				
3 Steeves, Kainan	M12	DST	NT	4 McGuire, Alea	W11	NRST	3:30.65				
4 McCauley, Nolan	M12	DST	NT	5 Nadiger, Kaitlyn	W12	ISC	3:34.34				
<b>#2 Mixed 400 SC Meter IM</b>				6 Stevenson, Phoebe							
Name	Age	Team	Seed Time	7 Sabourin, Marianne							
<b>W11-12</b>				8 Wolf, Linnea							
1 Switzer, Quinn	W11	DST	NT	9 Cajole, Chloe							
2 Graham, Ayla	W11	DST	NT	10 Yee, Raya							
<b>M13-14</b>				11 Jackson, Charlee							
1 Blackburn, Malcolm	M14	DST	6:17.57	12 Switzer, Quinn							
<b>#3 Mixed 800 SC Meter Freestyle</b>				13 Bazylinski, Saylor							
Name	Age	Team	Seed Time	14 Gregson, Edie							
<b>W9-10</b>				15 Tavakoli, Lara							
1 Dunaway, Teagan	W10	DST	NT	<b>W13-14</b>							
2 Ruitter, Chelsea	W10	DST	NT	1 MacGregor, Kailie	W14	DST	2:29.99				
<b>W13-14</b>				2 Howard, London							
1 MacGregor, Kailie	W14	DST	10:59.32	3 Jenks, Mina							
2 Atashband, Sophia	W13	DST	NT	4 Fletcher, Mathilda							
<b>W15 &amp; Over</b>				5 Atashband, Sophia							
1 Chadt, Eva	W15	DST	NT	<b>W15 &amp; Over</b>							
<b>M11-12</b>				1 Jones, Cadence							
1 Preston, Angus	M12	DST	12:03.80	2 Groome, Nicola							
<b>M13-14</b>				<b>M9-10</b>							
1 McCartney, Brody	M14	DST	11:35.61	1 Warder, Elliot	M10	ISC	3:45.00				
2 Gerbrandt, Gabriel	M14	DST	14:38.14	2 Sorenson, River							
3 Gerbrandt, Samuel	M13	DST	15:49.94	<b>M11-12</b>							
<b>M15 &amp; Over</b>				1 Adamson, Steven							
1 Castells, Ot	M15	DST	10:40.01	2 Houston, JT							
<b>#4 Mixed 1500 SC Meter Freestyle</b>				3 Macalister, Xander							
Name	Age	Team	Seed Time	4 Mali, Austin							
<b>W15 &amp; Over</b>				5 Shaver, Beckston							
1 Stiwich, Ryca	W15	DST	22:17.04	6 McCauley, Nolan							
<b>M11-12</b>				7 Kim, Johan							
1 MacGregor, Lauchlin	M12	DST	19:10.76	<b>M13-14</b>							
				1 Dumont, Wyland							
				2 Sabourin, Philippe							
				17 Sunder, Jaskirit							
				18 Dodd, Madalena							
				19 Jackson, Charlee							
				20 Williamson, Gabi							



## Winter Break Invitational 2022 - 12/9/2022 to 12/11/2022

## Psych Sheet

## W13-14...(#7 Mixed 100 SC Meter Freestyle)

1	MacGregor, Kailie	W14 DST	1:02.86
2	Chalker, Mackenzie	W14 NRST	1:10.97
3	Atashband, Sophia	W13 DST	1:18.88
4	Fletcher, Mathilda	W13 NRST	1:20.49
5	Jenks, Mina	W13 ISC	1:29.03

## W15 &amp; Over

1	Jones, Cadence	W17 NRST	1:02.38
2	Groome, Nicola	W15 NRST	1:13.04

## M8 &amp; Under

1	Warder, Finley	M8 ISC	1:55.54
2	Thrift, Robson	M8 UVPCS	NT

## M9-10

1	Warder, Elliot	M10 ISC	1:32.61
2	Adamson, Derek	M9 ISC	1:55.00
3	Houston, Tylene	M10 ISC	1:57.66
4	Kenyon, Oliver	M10 DST	1:59.47
5	Sundher, Jasnoor	M9 UVPCS	NT
6	Sorenson, River	M9 DST	NT

## M11-12

1	Tsai, Josh	M12 ISC	1:13.34
2	Adamson, Steven	M12 ISC	1:20.00
3	Macalister, Xander	M11 NRST	1:22.09
4	McCauley, Nolan	M12 DST	1:28.84
5	Hourston, Cooper	M11 ISC	1:33.79
6	Lempinen, Ethan	M12 DST	1:39.67
7	Kim, Johan	M12 DST	1:53.54
8	Steeves, Kainan	M12 DST	NT

## M13-14

1	Gerbrandt, Gabriel	M14 DST	1:01.88
2	Dumont, Wyland	M13 DST	1:10.14
3	Sabourin, Philippe	M14 ISC	1:19.20

## M15 &amp; Over

1	Castells, Ot	M15 DST	1:01.65
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## #8 Mixed 200 SC Meter Butterfly

Name	Age	Team	Seed Time
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## W13-14

1	Chalker, Mackenzie	W14 NRST	3:30.80
2	Fletcher, Mathilda	W13 NRST	4:55.55
3	MacGregor, Kailie	W14 DST	NT

## W15 &amp; Over

1	Stiwich, Ryca	W15 DST	3:41.56
2	Chadt, Eva	W15 DST	NT

## M13-14

1	Schneider, Jacob	M14 ISC	3:45.00
2	Blackburn, Malcolm	M14 DST	NT
3	Ruiter, Matthew	M14 DST	NT

## #9 Mixed 400 SC Meter Freestyle

Name	Age	Team	Seed Time
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## W9-10

1	Millar, Charlie	W10 ISC	6:00.00
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## W11-12

1	Nadiger, Kaitlyn	W12 ISC	6:10.00
2	Sabourin, Marianne	W11 ISC	6:15.00
3	Wolf, Linnea	W12 ISC	6:15.00
4	Yu, Anne	W12 ISC	6:22.00
5	Eames, Raina	W11 ISC	6:35.38
6	Gregson, Edie	W11 ISC	7:31.13
7	Tavakoli, Lara	W12 ISC	NT

## W13-14

1	Howard, London	W14 ISC	6:00.00
2	Jenks, Mina	W13 ISC	6:15.00

## M9-10

1	Warder, Elliot	M10 ISC	7:22.50
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## M11-12

1	MacGregor, Lauchlin	M12 DST	5:02.62
2	Preston, Angus	M12 DST	5:51.93
3	Mali, Austin	M11 ISC	6:00.00
4	Adamson, Steven	M12 ISC	6:00.00
5	Shaver, Beckston	M11 ISC	6:15.00
6	Tsai, Josh	M12 ISC	6:26.91
7	Hourston, Cooper	M11 ISC	7:57.80
8	Houston, JT	M11 ISC	NT

## M13-14

1	Dumont, Wyland	M13 DST	5:36.35
2	Sabourin, Philippe	M14 ISC	5:45.00

## #10 Mixed 200 SC Meter Breaststroke

Name	Age	Team	Seed Time
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## W9-10

1	Dunaway, Teagan	W10 DST	3:38.21
2	Millar, Charlie	W10 ISC	3:45.00
3	Christensen, Charlotte	W10 NRST	3:55.55
4	Flood, Zoey	W10 NRST	4:08.22
5	MacGregor, Arya	W10 DST	NT
6	Lempinen, Nina	W10 DST	NT
7	Kenyon, Sadaely	W10 DST	NT
8	Ruiter, Chelsea	W10 DST	NT
9	MacGregor, Anabelle	W10 DST	NT
10	Stiwich, Nella	W10 DST	NT

## W11-12

1	White, Rosanna	W11 NRST	3:35.80
2	Nadiger, Kaitlyn	W12 ISC	3:45.00
3	Stevenson, Phoebe	W11 NRST	3:55.55
4	Flood, Brooklynn	W11 NRST	4:03.08
5	Switzer, Quinn	W11 DST	4:10.00
6	Miller, Aryah	W11 NRST	4:57.79
7	Williamson, Gabi	W12 DST	NT

## W13-14

1	Atashband, Sophia	W13 DST	NT
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## W15 &amp; Over

1	Jones, Cadence	W17 NRST	3:06.53
2	Groome, Nicola	W15 NRST	3:20.75

## M9-10

1	Kenyon, Oliver	M10 DST	NT
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## M11-12

1	Mali, Austin	M11 ISC	3:30.00
2	Tsai, Josh	M12 ISC	3:52.13
3	Macalister, Xander	M11 NRST	4:13.49
4	Kim, Johan	M12 DST	NT
5	Shaver, Beckston	M11 ISC	NT

## M13-14

1	Sabourin, Philippe	M14 ISC	3:30.00
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## #11 Mixed 100 SC Meter IM

Name	Age	Team	Seed Time
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## W9-10

1	Millar, Charlie	W10 ISC	1:45.00
2	Ruiter, Chelsea	W10 DST	1:55.52
3	Macalister, Liv	W10 NRST	2:08.45
4	Alexander, Emily	W10 UVPCS	2:19.39
5	Putland, Elora	W10 ISC	2:25.00
6	Cavens, Joelle	W9 UVPCS	NT
7	Thrift, Sierra	W10 UVPCS	NT
8	Lecours, Eloise	W10 UVPCS	NT
9	Hicks, Ava	W9 UVPCS	NT
10	MacGregor, Arya	W10 DST	NT
11	MacGregor, Anabelle	W10 DST	NT
12	Stiwich, Nella	W10 DST	NT
13	Hubbs, Brielle	W9 ISC	NT

## W11-12

1	Chatupromwong, Bella	W11 ISC	1:45.00
2	Sabourin, Marianne	W11 ISC	1:50.00
3	McGuire, Alea	W11 NRST	1:55.55
4	Yee, Raya	W12 NRST	1:55.55
5	Cajolet, Chloe	W12 NRST	1:55.55
6	Miller, Aryah	W11 NRST	1:56.92
7	Eames, Raina	W11 ISC	1:58.36
8	Sunder, Jaskirit	W11 UVPCS	NT
9	Dodd, Madalena	W12 UVPCS	NT
10	Jackson, Charlee	W12 NRST	NT

## W13-14

1	Chalker, Mackenzie	W14 NRST	1:25.66
2	Howard, London	W14 ISC	1:47.34
3	Jenks, Mina	W13 ISC	1:50.00

## W15 &amp; Over

1	Stiwich, Ryca	W15 DST	1:16.25
2	Chadt, Eva	W15 DST	NT

## M8 &amp; Under

1	Warder, Finley	M8 ISC	2:13.84
2	Thrift, Robson	M8 UVPCS	NT

## M9-10

1	Adamson, Derek	M9 ISC	2:05.00
2	Houston, Tylene	M10 ISC	2:07.00
3	Sundher, Jasnoor	M9 UVPCS	NT

## M11-12

1	MacGregor, Lauchlin	M12 DST	1:37.08
2	Hourston, Cooper	M11 ISC	1:47.86
3	Lempinen, Ethan	M12 DST	1:59.25



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## Psych Sheet

**M11-12...(#11 Mixed 100 SC Meter IM)**

4 Steeves, Kainan	M12 DST	NT
5 Houston, JT	M11 ISC	NT

**M13-14**

1 McCartney, Brody	M14 DST	1:10.91
2 Gerbrandt, Gabriel	M14 DST	1:15.67
3 Blackburn, Malcolm	M14 DST	1:30.11
4 Ruitter, Matthew	M14 DST	1:36.25

**M15 & Over**

1 Castells, Ot	M15 DST	1:09.58
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**#12 Mixed 200 SC Meter IM**

Name	Age Team	Seed Time
<b>W9-10</b>		
1 Millar, Charlie	W10 ISC	3:20.00
2 Lempinen, Nina	W10 DST	3:32.69
3 Dunaway, Teagan	W10 DST	3:33.75
4 Campbell, Arden	W10 ISC	4:00.00
5 Stewart, Jordan	W10 ISC	4:01.05
6 Condy, Ilan	W10 COMOX	4:07.88
7 Armstrong, Lilah	W9 NRST	4:21.68
8 Power, Grace	W10 NRST	4:30.00
9 Hals, Lauren	W9 NRST	4:30.00
10 MacGregor, Arya	W10 DST	NT

**W11-12**

1 Graham, Ayla	W11 DST	3:17.52
2 Yu, Anne	W12 ISC	3:18.76
3 Lee, Sophia	W11 COMOX	3:43.38
4 Kohlruess, Aria	W12 LCSC	3:45.81
5 Nadiger, Kaitlyn	W12 ISC	3:56.04
6 Wolf, Linnea	W12 ISC	4:12.55
7 Switzer, Quinn	W11 DST	4:24.98
8 Blattgerste, Gilia	W11 NRST	4:30.00
9 Groome, Charlotte	W11 NRST	4:30.00
10 Tavakoli, Lara	W12 ISC	NT

**W13-14**

1 Atashband, Sophia	W13 DST	3:19.00
2 Jenks, Mina	W13 ISC	3:55.00

**W15 & Over**

1 Fudge, Julie	W16 TSUN	3:44.50
2 High, Caci	W15 TSUN	3:58.93
3 Hall, Aida	W18 TSUN	NT

**M9-10**

1 Stahuis, Ari	M10 ISC	3:22.69
2 Warder, Elliot	M10 ISC	3:52.65
3 Rimer, Kim	M10 NRST	5:00.00
4 de Jong, Wyatt	M9 NRST	5:00.00
5 Dunaway, Kieran	M9 DST	NT

**M11-12**

1 Tsai, Josh	M12 ISC	3:13.70
2 Houston, JT	M11 ISC	3:15.00
3 Mali, Austin	M11 ISC	3:15.10
4 Horncastle, Owen	M12 NRST	4:30.24
5 Buhr, Westley	M11 NRST	4:53.67
6 Gong, Michael	M11 NRST	5:00.00

7 Voronkov, Illia	M12 NRST	5:00.00
8 Lempinen, Ethan	M12 DST	NT
9 Kim, Johan	M12 DST	NT
10 McCauley, Nolan	M12 DST	NT
11 Adamson, Steven	M12 ISC	NT

**M13-14**

1 Dumont, Wyland	M13 DST	3:04.83
2 Gerbrandt, Samuel	M13 DST	3:12.60

**#13 Mixed 50 SC Meter Freestyle**

Name	Age Team	Seed Time
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**W8 & Under**

1 Brabbins, Piper	W8 COMOX	48.06
2 Anderson, Ava	W7 UVPCS	1:25.30
3 Parrott, Georgie	W8 UVPCS	1:00.17
4 Molloy, Stella	W7 LCSC	NT

**W9-10**

1 Dunaway, Teagan	W10 DST	37.66
2 McDonald, Ashley	W10 COMOX	39.49
3 Millar, Charlie	W10 ISC	40.00
4 Flood, Zoey	W10 NRST	41.03
5 Christensen, Charlotte	W10 NRST	41.63
6 Campbell, Arden	W10 ISC	41.71
7 Stewart, Jordan	W10 ISC	44.05
8 Hubbs, Brielle	W9 ISC	46.61
9 Thrift, Sierra	W10 UVPCS	47.11
10 Watson, Lexi-May	W10 COMOX	47.65
11 Wolf, Tilia	W9 ISC	49.63
12 Power, Grace	W10 NRST	51.24
13 Erickson, Lily	W10 ISC	51.42
14 Anderson, Leah	W9 UVPCS	51.86
15 Nelsen, Kate	W9 COMOX	52.31
16 Putland, Elora	W10 ISC	54.08
17 Britton, Edie	W10 ISC	55.21
18 Lecours, Eloise	W10 UVPCS	55.80
19 White, Kennedy	W10 ISC	57.67
20 Lindsay Darimont, Emers	W10 ISC	1:05.00
21 Hals, Lauren	W9 NRST	1:06.17
22 Molloy, Shaylah	W10 LCSC	NT
23 Lewis, Erika	W10 LCSC	NT
24 Hains, Eleanor	W10 LCSC	NT
25 Wade, Addison	W10 TSUN	NT
26 Messenger, Ruby	W9 TSUN	NT

**W11-12**

1 Stevenson, Phoebe	W11 NRST	33.94
2 Eames, Raina	W11 ISC	35.39
3 Flood, Brooklynn	W11 NRST	35.87
4 Yu, Anne	W12 ISC	36.83
5 McGuire, Alea	W11 NRST	37.11
6 Picard, Molly	W11 COMOX	37.37
7 MacKenzie, Ava	W12 COMOX	37.48
8 Trenholm, Adelaide	W12 NRST	37.73
9 Cajole, Chloe	W12 NRST	38.60
10 Nadiger, Kaitlyn	W12 ISC	38.89
11 Nesbitt, Rayelle	W11 ISC	41.80

12 Chatupromwong, Bella	W11 ISC	43.17
13 Gregson, Edie	W11 ISC	43.77
14 Roundhill, Tyla	W12 COMOX	44.71
15 Jiang, Sophia	W12 COMOX	44.82
16 McEwan, Malena	W11 ISC	45.00
17 Wolf, Linnea	W12 ISC	45.49
18 Seib, Avana	W11 COMOX	52.57
19 Beaudoin, Justine	W12 NRST	52.85
20 Brown, Audrey	W11 COMOX	1:02.52
21 Harvey, Marianne	W11 TSUN	NT
22 Sunder, Jaskirit	W11 UVPCS	NT
23 Dodd, Madalena	W12 UVPCS	NT

**W13-14**

1 Howard, London	W14 ISC	32.34
2 Atashband, Sophia	W13 DST	33.96
3 Fletcher, Mathilda	W13 NRST	36.52
4 Jenks, Mina	W13 ISC	40.00
5 Vanbergen, Sophie	W13 TSUN	52.12
6 Zupanec, Abbie	W14 LCSC	NT
7 Standley, Ella	W13 TSUN	NT
8 Martin, Grace	W13 TSUN	NT

**W15 & Over**

1 Jones, Cadence	W17 NRST	28.62
2 Hall, Aida	W18 TSUN	34.70
3 High, Caci	W15 TSUN	34.83
4 Fudge, Julie	W16 TSUN	36.37
5 Groome, Nicola	W15 NRST	36.59
6 Hall, Arlene	W15 TSUN	37.82
7 Clark, Aurayliah	W16 TSUN	49.95

**M8 & Under**

1 Warder, Finley	M8 ISC	55.00
2 Thrift, Robson	M8 UVPCS	NT

**M9-10**

1 Stahuis, Ari	M10 ISC	37.00
2 MacGregor, Waylin	M10 DST	37.51
3 Warder, Elliot	M10 ISC	40.83
4 Bowman, Ethan	M10 COMOX	46.56
5 Houston, Tylan	M10 ISC	47.03
6 Sorenson, River	M9 DST	53.13
7 Brassington, Francis	M10 COMOX	56.69
8 Adamson, Derek	M9 ISC	58.00
9 Caskey, Oscar	M9 LCSC	58.60
10 Grishin, Konstantin	M10 ISC	1:08.71
11 Rimer, Kim	M10 NRST	NT
12 Sundher, Jasnoor	M9 UVPCS	NT
13 Martinflatt, Jachai	M9 NRST	NT

**M11-12**

1 Shrivell, Nate	M11 ISC	35.00
2 Mali, Austin	M11 ISC	36.37
3 Stehura, Oscar	M12 COMOX	38.21
4 Lambert, Wesley	M12 ISC	38.75
5 Hourston, Cooper	M11 ISC	40.16
6 Shaver, Beckston	M11 ISC	42.62
7 Houston, JT	M11 ISC	45.53
8 Faraklas-Humphrey, Noah	M11 COMOX	47.88



## Winter Break Invitational 2022 - 12/9/2022 to 12/11/2022

## Psych Sheet

**M11-12...(#13 Mixed 50 SC Meter Freestyle)**

9	Caskey, Ethan	M11 LCSC	48.76
10	Teachman, Oliver	M11 COMOX	57.63
11	Voronkov, Illia	M12 NRST	1:00.00
12	Lindsay Darimont, Brodie	M11 ISC	1:00.00
13	Michalyna, Victor	M12 LCSC	NT
14	Bohmer, Jamie	M12 LCSC	NT
15	Davis, Isaac	M11 TSUN	NT
16	Clark, Justice	M12 TSUN	NT
17	Steeves, Kainan	M12 DST	NT

**M13-14**

1	Dumont, Wyland	M13 DST	32.36
2	Leslie, Noah	M13 TSUN	NT

**#14 Mixed 100 SC Meter Butterfly**

Name	Age	Team	Seed Time
<b>W9-10</b>			
1	Armstrong, Lilah	W9 NRST	2:15.00
2	Flood, Zoey	W10 NRST	2:35.55

**W11-12**

1	White, Rosanna	W11 NRST	1:39.94
2	Flood, Brooklynn	W11 NRST	1:53.99
3	McGuire, Alea	W11 NRST	1:55.55
4	Miller, Aryah	W11 NRST	1:55.55
5	Stevenson, Phoebe	W11 NRST	2:00.17
6	Trenholm, Adelaide	W12 NRST	2:00.51
7	Armstrong, Aaliyah	W12 NRST	2:12.87
8	Tavakoli, Lara	W12 ISC	NT

**W15 & Over**

1	Chadt, Eva	W15 DST	1:18.65
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**M11-12**

1	Tsai, Josh	M12 ISC	1:40.00
2	Shaver, Beckston	M11 ISC	1:50.00
3	Hourston, Cooper	M11 ISC	2:00.00

**M13-14**

1	Gerbrandt, Samuel	M13 DST	1:29.51
2	Dumont, Wyland	M13 DST	1:42.38

**M15 & Over**

1	Castells, Ot	M15 DST	1:08.45
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**#15 Mixed 50 SC Meter Breaststroke**

Name	Age	Team	Seed Time
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**W8 & Under**

1	Brabbins, Piper	W8 COMOX	1:02.22
2	Anderson, Ava	W7 UVPCS	NT

**W9-10**

1	McDonald, Ashley	W10 COMOX	57.38
2	Hubbs, Brielle	W9 ISC	1:00.32
3	McLaren, Alyx	W10 COMOX	1:00.33
4	Wolf, Tilia	W9 ISC	1:02.84
5	Courage, June	W10 COMOX	1:03.60
6	Anderson, Leah	W9 UVPCS	1:03.87
7	Putland, Elora	W10 ISC	1:10.00
8	Lindsay Darimont, Emersen	W10 ISC	1:10.00
9	White, Kennedy	W10 ISC	1:13.18
10	Alexander, Emily	W10 UVPCS	1:16.76

11	Thrift, Sierra	W10 UVPCS	1:19.07
12	Erickson, Lily	W10 ISC	1:20.00
13	Nelsen, Kate	W9 COMOX	1:20.20
14	Cavens, Joelle	W9 UVPCS	1:26.30
15	Watson, Lexi-May	W10 COMOX	1:26.58
16	Lewis, Erika	W10 LCSC	NT
17	Messenger, Ruby	W9 TSUN	NT
18	Britton, Edie	W10 ISC	NT

**W11-12**

1	White, Rosanna	W11 NRST	46.96
2	Lee, Sophia	W11 COMOX	51.44
3	Eames, Raina	W11 ISC	51.92
4	Gregson, Edie	W11 ISC	54.04
5	McDonald, Breanne	W12 COMOX	54.80
6	MacKenzie, Ava	W12 COMOX	55.30
7	Kohlruess, Aria	W12 LCSC	56.41
8	McEwan, Malena	W11 ISC	1:00.00
9	Chatupromwong, Bella	W11 ISC	1:05.00
10	Seib, Avana	W11 COMOX	NT
11	Brown, Audrey	W11 COMOX	NT
12	Sunder, Jaskirit	W11 UVPCS	NT
13	Dodd, Madalena	W12 UVPCS	NT

**W13-14**

1	Martin, Grace	W13 TSUN	NT
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**W15 & Over**

1	Hall, Arlene	W15 TSUN	47.14
2	Clark, Aurayliah	W16 TSUN	NT

**M8 & Under**

1	Warder, Finley	M8 ISC	1:05.02
2	Thrift, Robson	M8 UVPCS	NT

**M9-10**

1	MacGregor, Waylin	M10 DST	49.58
2	Warder, Elliot	M10 ISC	52.46
3	Houston, Tylan	M10 ISC	1:04.91
4	Adamson, Derek	M9 ISC	1:05.00
5	Brassington, Francis	M10 COMOX	1:09.81
6	Bowman, Ethan	M10 COMOX	1:11.40
7	Grishin, Konstantin	M10 ISC	1:30.00
8	Sundher, Jasnoor	M9 UVPCS	NT
9	Martinflatt, Jachai	M9 NRST	NT

**M11-12**

1	Adamson, Steven	M12 ISC	43.00
2	Shrivell, Nate	M11 ISC	55.00
3	Houston, JT	M11 ISC	55.04
4	Lambert, Wesley	M12 ISC	56.08
5	Buhr, Westley	M11 NRST	1:04.07
6	Lindsay Darimont, Brodie	M11 ISC	1:10.00
7	Faraklas-Humphrey, Noah	M11 COMOX	NT
8	Teachman, Oliver	M11 COMOX	NT
9	Clark, Justice	M12 TSUN	NT
10	Steeves, Kainan	M12 DST	NT

**M13-14**

1	Leslie, Noah	M13 TSUN	NT
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**M15 & Over**

1	Castells, Ot	M15 DST	37.85
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**#16 Mixed 200 SC Meter Freestyle**

Name	Age	Team	Seed Time
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**W9-10**

1	Dunaway, Teagan	W10 DST	3:12.22
2	Millar, Charlie	W10 ISC	3:16.78
3	Campbell, Arden	W10 ISC	3:26.98
4	Stewart, Jordan	W10 ISC	3:28.77
5	Armstrong, Lilah	W9 NRST	3:45.06
6	Hals, Lauren	W9 NRST	4:00.00
7	Stiwich, Nella	W10 DST	4:32.05
8	Lecours, Eloise	W10 UVPCS	4:54.71
9	Power, Grace	W10 NRST	4:54.77
10	Kenyon, Sadaely	W10 DST	NT
11	MacGregor, Anabelle	W10 DST	NT

**W11-12**

1	Yu, Anne	W12 ISC	2:55.12
2	Eames, Raina	W11 ISC	2:55.30
3	Trenholm, Adelaide	W12 NRST	3:00.56
4	Wolf, Linnea	W12 ISC	3:10.00
5	Nadiger, Kaitlyn	W12 ISC	3:10.20
6	Nesbitt, Rayelle	W11 ISC	3:15.00
7	Armstrong, Aaliyah	W12 NRST	3:18.56
8	Cajole, Chloe	W12 NRST	3:22.68
9	Gregson, Edie	W11 ISC	3:34.18
10	Tavakoli, Lara	W12 ISC	3:58.40
11	Switzer, Quinn	W11 DST	3:59.45
12	Blattgerste, Gilia	W11 NRST	4:00.00
13	Beaudoin, Justine	W12 NRST	4:32.53
14	Groome, Charlotte	W11 NRST	4:33.79
15	Williamson, Gabi	W12 DST	NT
16	Bazylnski, Saylor	W11 DST	NT

**W13-14**

1	Chalker, Mackenzie	W14 NRST	2:39.16
2	Howard, London	W14 ISC	2:44.64
3	Atashband, Sophia	W13 DST	2:59.97
4	Jenks, Mina	W13 ISC	3:00.00

**W15 & Over**

1	Thomas-Perry, McKinley	W19 DST	2:08.73
2	Jones, Cadence	W17 NRST	2:20.33
3	Groome, Nicola	W15 NRST	2:36.38

**M9-10**

1	Stamhuis, Ari	M10 ISC	3:14.66
2	Warder, Elliot	M10 ISC	3:19.41
3	de Jong, Wyatt	M9 NRST	4:00.01
4	Rimer, Kim	M10 NRST	4:30.00
5	Kenyon, Oliver	M10 DST	NT

**M11-12**

1	Adamson, Steven	M12 ISC	2:45.00
2	Tsai, Josh	M12 ISC	2:54.65
3	Houston, JT	M11 ISC	2:55.00
4	Mali, Austin	M11 ISC	3:06.61
5	McCaulley, Nolan	M12 DST	3:15.39



## Winter Break Invitational 2022 - 12/9/2022 to 12/11/2022

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**M11-12...(#16 Mixed 200 SC Meter Freestyle)**

6	Hourston, Cooper	M11 ISC	3:27.48
7	Shaver, Beckston	M11 ISC	3:33.43
8	Lempinen, Ethan	M12 DST	3:40.94
9	Horncastle, Owen	M12 NRST	3:49.76
10	Buhr, Westley	M11 NRST	4:10.13
11	Gong, Michael	M11 NRST	4:30.00
12	Voronkov, Illia	M12 NRST	4:30.00
13	Steeves, Kainan	M12 DST	NT

**#17 Mixed 100 SC Meter Backstroke**

Name	Age	Team	Seed Time
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**W9-10**

1	McDonald, Ashley	W10 COMOX	1:45.65
2	Courage, June	W10 COMOX	1:49.97
3	Flood, Zoey	W10 NRST	1:53.13
4	Condly, Ilan	W10 COMOX	1:58.03
5	McLaren, Alyx	W10 COMOX	2:04.26
6	Watson, Lexi-May	W10 COMOX	2:05.35
7	Putland, Elora	W10 ISC	2:07.55
8	Lindsay Darimont, Emersen	W10 ISC	2:10.00
9	Verraich, Agiya-Liv	W9 NRST	2:30.00
10	Wolf, Tilia	W9 ISC	2:42.05
11	Hains, Eleanor	W10 LCSC	NT

**W11-12**

1	White, Rosanna	W11 NRST	1:27.76
2	Graham, Ayla	W11 DST	1:31.04
3	Stevenson, Phoebe	W11 NRST	1:34.10
4	McDonald, Breanne	W12 COMOX	1:34.81
5	Miller, Aryah	W11 NRST	1:43.96
6	MacKenzie, Ava	W12 COMOX	1:44.41
7	Picard, Molly	W11 COMOX	1:44.68
8	Nesbitt, Rayelle	W11 ISC	1:45.24
9	Chatupromwong, Bella	W11 ISC	1:55.00
10	Jiang, Sophia	W12 COMOX	1:58.67
11	Roundhill, Tyla	W12 COMOX	2:15.91
12	Seib, Avana	W11 COMOX	NT
13	Sunder, Jaskirit	W11 UVPCS	NT
14	Dodd, Madalena	W12 UVPCS	NT

**W13-14**

1	Chalker, Mackenzie	W14 NRST	1:23.04
2	Fletcher, Mathilda	W13 NRST	1:31.31
3	Standley, Ella	W13 TSUN	NT

**W15 & Over**

1	Hall, Aida	W18 TSUN	1:29.23
2	Fudge, Julie	W16 TSUN	1:35.15
3	High, Caci	W15 TSUN	1:35.24
4	Hall, Arlene	W15 TSUN	NT

**M8 & Under**

1	Warder, Finley	M8 ISC	1:56.00
2	Ssemaluulu, Ethan	M8 NRST	2:41.53

**M9-10**

1	MacGregor, Waylin	M10 DST	1:31.90
2	Houston, Tylen	M10 ISC	1:54.18
3	Dunaway, Kieran	M9 DST	1:54.64
4	Adamson, Derek	M9 ISC	2:00.00

5	Bowman, Ethan	M10 COMOX	2:04.42
6	Brassington, Francis	M10 COMOX	2:19.37
7	Hearsey, Aiden	M9 NRST	2:21.53
8	Fuiava, Mateo	M9 NRST	2:30.00
9	Ssemaluulu, Jeremiah	M10 NRST	2:53.61
10	Sundher, Jasnoor	M9 UVPCS	NT
11	Sorenson, River	M9 DST	NT

**M11-12**

1	Stehura, Oscar	M12 COMOX	1:40.58
2	Lindsay Darimont, Brodie	M11 ISC	2:10.00
3	Horncastle, Owen	M12 NRST	2:17.01
4	Faraklas-Humphrey, Noah	M11 COMOX	NT
5	Teachman, Oliver	M11 COMOX	NT

**M13-14**

1	Dumont, Wyland	M13 DST	1:27.81
2	Leslie, Noah	M13 TSUN	NT

**#18 Mixed 50 SC Meter Butterfly**

Name	Age	Team	Seed Time
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**W8 & Under**

1	Christensen, Juliette	W8 NRST	1:30.00
2	Anderson, Ava	W7 UVPCS	NT
3	Parrott, Georgie	W8 UVPCS	NT

**W9-10**

1	Dunaway, Teagan	W10 DST	50.50
2	Condly, Ilan	W10 COMOX	53.18
3	Thrift, Sierra	W10 UVPCS	57.76
4	Paproski, Keana	W9 NRST	58.39
5	McLaren, Alyx	W10 COMOX	59.38
6	Erickson, Lily	W10 ISC	1:00.00
7	Cavens, Joelle	W9 UVPCS	1:04.48
8	Alexander, Emily	W10 UVPCS	1:13.24
9	MacGregor, Anabelle	W10 DST	1:17.87
10	Anderson, Leah	W9 UVPCS	1:22.92
11	Stephens, Sophie	W9 NRST	1:30.00
12	MacGregor, Arya	W10 DST	NT
13	Hubbs, Brielle	W9 ISC	NT
14	Stewart, Jordan	W10 ISC	NT

**W11-12**

1	Yu, Anne	W12 ISC	42.52
2	Paproski, Kailyn	W12 NRST	44.45
3	McEwan, Malena	W11 ISC	52.00
4	Cajolet, Chloe	W12 NRST	54.94
5	Nesbitt, Rayelle	W11 ISC	56.87
6	Blattgerste, Gilia	W11 NRST	1:00.00
7	Groome, Charlotte	W11 NRST	1:00.00
8	Gregson, Edie	W11 ISC	1:00.76

**W13-14**

1	Howard, London	W14 ISC	35.10
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**W15 & Over**

1	Thomas-Perry, McKinley	W19 DST	30.16
2	Chadt, Eva	W15 DST	34.83
3	Hall, Aida	W18 TSUN	38.92
4	High, Caci	W15 TSUN	39.36

**M9-10**

1	de Jong, Wyatt	M9 NRST	1:00.00
2	Dunaway, Kieran	M9 DST	1:03.32
3	Kenyon, Oliver	M10 DST	1:16.33

**M11-12**

1	Shrivell, Nate	M11 ISC	45.00
2	Hourston, Cooper	M11 ISC	46.00
3	Lambert, Wesley	M12 ISC	55.00
4	Gong, Michael	M11 NRST	1:00.00
5	Kim, Johan	M12 DST	1:15.93
6	McCauley, Nolan	M12 DST	NT

**M13-14**

1	Gerbrandt, Samuel	M13 DST	50.65
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**#19 Mixed 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time
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**W8 & Under**

1	Rabbins, Piper	W8 COMOX	NT
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**W9-10**

1	Campbell, Arden	W10 ISC	1:53.81
2	Stiwich, Nella	W10 DST	1:59.60
3	Christensen, Charlotte	W10 NRST	2:02.00
4	Paproski, Keana	W9 NRST	2:08.32
5	Kenyon, Sadaely	W10 DST	2:10.40
6	Courage, June	W10 COMOX	NT
7	Messenger, Ruby	W9 TSUN	NT

**W11-12**

1	Paproski, Kailyn	W12 NRST	1:34.68
2	McDonald, Breanne	W12 COMOX	1:57.76
3	Jiang, Sophia	W12 COMOX	1:59.33
4	Switzer, Quinn	W11 DST	2:00.99
5	Picard, Molly	W11 COMOX	NT
6	Roundhill, Tyla	W12 COMOX	NT
7	Williamson, Gabi	W12 DST	NT

**W13-14**

1	Chalker, Mackenzie	W14 NRST	1:46.57
2	Atashband, Sophia	W13 DST	1:50.42
3	Fletcher, Mathilda	W13 NRST	1:57.53

**W15 & Over**

1	Jones, Cadence	W17 NRST	1:22.02
2	Fudge, Julie	W16 TSUN	1:44.06
3	Groome, Nicola	W15 NRST	1:44.35
4	Clark, Aurayliah	W16 TSUN	NT
5	Hall, Arlene	W15 TSUN	NT

**M9-10**

1	Stamhuis, Ari	M10 ISC	1:51.54
2	Kenyon, Oliver	M10 DST	2:24.06

**M11-12**

1	Caskey, Ethan	M11 LCSC	2:09.80
2	Kim, Johan	M12 DST	2:17.38
3	Voronkov, Illia	M12 NRST	2:30.00
4	Buhr, Westley	M11 NRST	2:45.51
5	Lempinen, Ethan	M12 DST	NT



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**M13-14...(#19 Mixed 100 SC Meter Breaststroke)**

1	Leslie, Noah	M13 TSUN	NT
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**M15 & Over**

1	Castells, Ot	M15 DST	1:19.87
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**#20 Mixed 50 SC Meter Backstroke**

Name	Age	Team	Seed Time
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**W8 & Under**

1	Brabbins, Piper	W8 COMOX	1:01.80
2	Christensen, Juliette	W8 NRST	1:16.61
3	Anderson, Ava	W7 UVPCS	1:59.83
4	Parrott, Georgie	W8 UVPCS	53.64
5	Molloy, Stella	W7 LCSC	NT

**W9-10**

1	White, Kennedy	W10 ISC	45.00
2	Paproski, Keana	W9 NRST	46.66
3	Lempinen, Nina	W10 DST	46.98
4	Christensen, Charlotte	W10 NRST	48.49
5	Hals, Lauren	W9 NRST	52.56
6	Alexander, Emily	W10 UVPCS	55.32
7	Anderson, Leah	W9 UVPCS	55.55
8	Armstrong, Lilah	W9 NRST	56.95
9	Verraich, Agiya-Liv	W9 NRST	57.86
10	Thrift, Sierra	W10 UVPCS	59.78
11	Putland, Elora	W10 ISC	1:00.00
12	Britton, Edie	W10 ISC	1:00.24
13	Nelsen, Kate	W9 COMOX	1:00.55
14	Cavens, Joelle	W9 UVPCS	1:02.15
15	Stiwich, Nella	W10 DST	1:03.06
16	Lindsay Darimont, Emersen	W10 ISC	1:05.00
17	Lecours, Eloise	W10 UVPCS	1:06.66
18	Power, Grace	W10 NRST	1:10.11
19	Stephens, Sophie	W9 NRST	1:11.82
20	Erickson, Lily	W10 ISC	1:15.00
21	Wolf, Tilia	W9 ISC	1:16.71
22	Molloy, Shaylah	W10 LCSC	NT
23	Hains, Eleanor	W10 LCSC	NT
24	Kenyon, Sadaely	W10 DST	NT

**W11-12**

1	Paproski, Kailyn	W12 NRST	41.65
2	Flood, Brooklynn	W11 NRST	41.76
3	Armstrong, Aaliyah	W12 NRST	45.33
4	McGuire, Alea	W11 NRST	46.33
5	Lee, Sophia	W11 COMOX	47.98
6	Bazylinski, Saylor	W11 DST	49.66
7	Chatupromwong, Bella	W11 ISC	50.00
8	Miller, Aryah	W11 NRST	52.24
9	Beaudoin, Justine	W12 NRST	52.37
10	Blattgerste, Gilia	W11 NRST	58.61
11	McEwan, Malena	W11 ISC	1:15.00
12	Brown, Audrey	W11 COMOX	1:15.66
13	Sunder, Jaskirit	W11 UVPCS	NT
14	Dodd, Madalena	W12 UVPCS	NT
15	Williamson, Gabi	W12 DST	NT

**W13-14**

1	Vanbergen, Sophie	W13 TSUN	49.16
2	Martin, Grace	W13 TSUN	58.95
3	Zupanec, Abbie	W14 LCSC	NT
4	Standley, Ella	W13 TSUN	NT

**W15 & Over**

1	Clark, Aurayliah	W16 TSUN	56.89
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**M8 & Under**

1	Warder, Finley	M8 ISC	53.67
2	Ssemaluulu, Ethan	M8 NRST	1:05.47
3	Thrift, Robson	M8 UVPCS	NT

**M9-10**

1	Houston, Tylan	M10 ISC	53.26
2	de Jong, Wyatt	M9 NRST	54.37
3	Hearsey, Aiden	M9 NRST	54.50
4	Bowman, Ethan	M10 COMOX	55.53
5	Rimer, Kim	M10 NRST	1:00.00
6	Adamson, Derek	M9 ISC	1:00.00
7	Fuiava, Mateo	M9 NRST	1:01.62
8	Grishin, Konstantin	M10 ISC	1:15.00
9	Ssemaluulu, Jeremiah	M10 NRST	1:17.11
10	Caskey, Oscar	M9 LCSC	NT
11	Sundher, Jasnoor	M9 UVPCS	NT
12	Martinflatt, Jachai	M9 NRST	NT

**M11-12**

1	Lambert, Wesley	M12 ISC	46.57
2	Stehura, Oscar	M12 COMOX	47.21
3	Horncastle, Owen	M12 NRST	47.73
4	Gong, Michael	M11 NRST	1:00.00
5	Lindsay Darimont, Brodie	M11 ISC	1:05.00
6	Teachman, Oliver	M11 COMOX	1:10.20
7	Shrivell, Nate	M11 ISC	1:15.00
8	Michalyna, Victor	M12 LCSC	NT
9	Bohmer, Jamie	M12 LCSC	NT
10	Davis, Isaac	M11 TSUN	NT
11	Steeves, Kainan	M12 DST	NT

**M13-14**

1	Gerbrandt, Samuel	M13 DST	42.36
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**#21 Mixed 100 SC Meter Freestyle**

Name	Age	Team	Seed Time
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**W8 & Under**

1	Christensen, Juliette	W8 NRST	2:44.83
2	Molloy, Stella	W7 LCSC	NT
3	Anderson, Ava	W7 UVPCS	NT
4	Parrott, Georgie	W8 UVPCS	NT

**W9-10**

1	Lempinen, Nina	W10 DST	1:26.22
2	McDonald, Ashley	W10 COMOX	1:33.17
3	White, Kennedy	W10 ISC	1:35.00
4	Erickson, Lily	W10 ISC	1:40.00
5	Condly, Ilan	W10 COMOX	1:42.38
6	Courage, June	W10 COMOX	1:44.13
7	MacGregor, Arya	W10 DST	1:45.01

8	Thrift, Sierra	W10 UVPCS	1:47.87
9	McLaren, Alyx	W10 COMOX	1:50.53
10	Anderson, Leah	W9 UVPCS	1:52.97
11	MacGregor, Anabelle	W10 DST	1:57.91
12	Cavens, Joelle	W9 UVPCS	2:01.01
13	Alexander, Emily	W10 UVPCS	2:04.79
14	Nelsen, Kate	W9 COMOX	2:06.95
15	Stephens, Sophie	W9 NRST	2:09.03
16	Verraich, Agiya-Liv	W9 NRST	2:13.39
17	Lecours, Eloise	W10 UVPCS	2:13.59
18	Watson, Lexi-May	W10 COMOX	NT
19	Molloy, Shaylah	W10 LCSC	NT
20	Lewis, Erika	W10 LCSC	NT
21	Messenger, Ruby	W9 TSUN	NT
22	Britton, Edie	W10 ISC	NT

**W11-12**

1	Graham, Ayla	W11 DST	1:14.92
2	McDonald, Breanne	W12 COMOX	1:24.01
3	Picard, Molly	W11 COMOX	1:28.02
4	MacKenzie, Ava	W12 COMOX	1:29.54
5	Kohlruess, Aria	W12 LCSC	1:30.03
6	Lee, Sophia	W11 COMOX	1:31.95
7	Bazylinski, Saylor	W11 DST	1:32.46
8	Harvey, Marianne	W11 TSUN	1:38.61
9	Roundhill, Tyla	W12 COMOX	1:41.36
10	Switzer, Quinn	W11 DST	1:44.14
11	McEwan, Malena	W11 ISC	1:45.00
12	Jiang, Sophia	W12 COMOX	1:51.82
13	Seib, Avana	W11 COMOX	NT
14	Brown, Audrey	W11 COMOX	NT
15	Sunder, Jaskirit	W11 UVPCS	NT
16	Dodd, Madalena	W12 UVPCS	NT

**W13-14**

1	Vanbergen, Sophie	W13 TSUN	1:32.31
2	Zupanec, Abbie	W14 LCSC	NT

**W15 & Over**

1	Hall, Aida	W18 TSUN	1:15.35
2	High, Caci	W15 TSUN	1:17.27
3	Hall, Arlene	W15 TSUN	NT

**M8 & Under**

1	Ssemaluulu, Ethan	M8 NRST	2:13.11
2	Thrift, Robson	M8 UVPCS	NT

**M9-10**

1	Dunaway, Kieran	M9 DST	1:35.59
2	Hearsey, Aiden	M9 NRST	2:03.96
3	Grishin, Konstantin	M10 ISC	2:05.00
4	Fuiava, Mateo	M9 NRST	2:20.77
5	Ssemaluulu, Jeremiah	M10 NRST	2:33.81
6	Brassington, Francis	M10 COMOX	NT
7	Caskey, Oscar	M9 LCSC	NT
8	Sundher, Jasnoor	M9 UVPCS	NT
9	Sorenson, River	M9 DST	NT

**M11-12**

1	Lambert, Wesley	M12 ISC	1:33.00
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**M11-12...(#21 Mixed 100 SC Meter Freestyle)**

2	Caskey, Ethan	M11 LCSC	1:48.50
3	Faraklas-Humphrey, Noah	M11 COMOX	NT
4	Stehura, Oscar	M12 COMOX	NT
5	Michalyna, Victor	M12 LCSC	NT
6	Bohmer, Jamie	M12 LCSC	NT
7	Davis, Isaac	M11 TSUN	NT

