

2022 NRST Ugly Sweater - 2022-12-17 to 2022-12-18

Psych Sheet

#1 Girls 100 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Revenberg, Grace	17	COMOX	1:16.60
2 Wang, Jiaying	14	NRST	1:21.15
3 Runge, Luise	17	NRST	1:21.27
4 Nel, Sophie	15	COMOX	1:21.50
5 McPherson, Taylor	13	NRST	1:22.29
6 de Jong, Sylvia	12	NRST	1:29.24
7 Chernov, Solena	14	COMOX	1:29.42
8 Good, Siena	12	CHIN	1:33.31
9 Paproski, Kailyn	12	NRST	1:34.68
10 Nesbitt, Annika	14	ISC	1:34.74
11 Lutz, Meghan	14	NRST	1:36.12
12 Woodward, Aline	14	ISC	1:37.26
13 Pellerin, Anabelle	12	COMOX	1:38.71
14 Bains, Zoe	13	NRST	1:38.97
15 White, Rosanna	11	NRST	1:40.09
16 Dion, Teegan	14	CRKW	1:44.34
17 Cox, Ainsley	15	NRST	1:44.80
18 Chalker, Mackenzie	14	NRST	1:45.55
19 Sulek, Tuesday	10	COMOX	1:47.42
20 Armstrong, Aaliyah	12	NRST	1:50.08
21 Flood, Brooklynn	11	NRST	1:51.63
22 Schevers, Saskia	12	CRKW	1:53.88
23 Flood, Zoey	10	NRST	1:55.92
24 Bains, Kamryn	11	NRST	1:56.07
25 Schulte, Aveline	11	CRKW	1:56.78
26 Mceachen, Julianna	15	NRST	1:59.49
27 Greer, Cassandra	12	NRST	1:59.55
28 Sulek, Juno	7	COMOX	1:59.77
29 Van Der Mark, Avery	12	NRST	2:00.69
30 Trenholm, Adelaide	12	NRST	2:01.17
31 Cajolet, Chloe	12	NRST	2:01.41
32 McGuire, Alea	11	NRST	2:02.16
33 MacDonald, Beth	10	NRST	2:10.00
34 Baldwin, Lauren	15	NRST	2:10.03
35 Ness, Kezzia	11	CRKW	NT
36 Garcia, Irene	16	NRST	NT

#2 Boys 100 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Barberie, Dylan	17	NRST	1:13.33
2 Mbobela, Simon	15	RAC	1:14.85
3 Palmer, Hudson	14	NRST	1:20.39
4 He, Ethan	14	ISC	1:21.54
5 Feschuk, Finn	16	NRST	1:21.92
6 Pendergast, Gavin	16	NRST	1:25.14
7 Hastie, Emmett	14	ISC	1:25.29
8 Evans, Alex	15	NRST	1:26.57
9 Medler, Samuel	16	ISC	1:26.82
10 Sun, Xuneng	13	ISC	1:26.93
11 Nardi, Elliot	13	RAC	1:26.99
12 Crockford, Noah	14	ISC	1:27.25
13 Lowres, Reid	12	ISC	1:34.57
14 Ivantyshyn, Vasyl	12	NRST	1:35.55
15 Dagostini, Alessio	14	NRST	1:36.23
16 Fergus, Jack	12	NRST	1:37.32
17 Saccucci, Nico	13	COMOX	1:37.61
18 van den Berg, Kyle	14	NRST	1:39.05
19 Schulte, Edouard	13	CRKW	1:44.56
20 Macalister, Xander	11	NRST	1:44.89

21 Saunders, Daniel	14	NRST	1:45.00
22 Wang, Wilmer	11	NRST	1:45.49
23 Saccucci, Bennett	10	COMOX	1:47.94
24 Lutz, Noah	12	NRST	1:53.07
25 Gonzales, Graydon	11	LCSC	1:55.84
26 Vose, Myles	10	CRKW	1:56.78
27 Krestinski, Jesse	10	CRKW	1:56.78
28 Bartlett, Ethan	12	CHIN	1:56.99
29 Harvey, Carter	10	CRKW	1:57.89
30 Liu, Alex	12	NRST	2:15.00
31 Rimer, Kim	10	NRST	2:20.00
32 Nardi, Spencer	15	RAC	2:42.25

#3 Girls 200 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Perry, Laine	17	COMOX	2:10.84
2 Revenberg, Ava	16	COMOX	2:18.06
3 Felt, Alanna	13	ISC	2:18.78
4 Schaffner, Nina	15	NRST	2:19.98
5 Stephen, Taelin	13	LCSC	2:21.93
6 Denny, Ava	15	ISC	2:24.52
7 Cottrell, Kelana	12	NRST	2:25.03
8 Lord, Isla	14	ISC	2:25.94
9 Hickman, Hailey	17	COMOX	2:27.26
10 Saunders, Nicole	16	NRST	2:28.58
11 Howard, Finley	16	ISC	2:30.72
12 Hynd, Keira	13	CHIN	2:31.38
13 Nelson, Anisa	12	CRKW	2:34.56
14 Woodward, Aline	14	ISC	2:36.41
15 Cruickshank, Devyn	15	COMOX	2:37.00
16 Lutz, Meghan	14	NRST	2:38.30
17 Chalker, Mackenzie	14	NRST	2:39.16
18 Riendl-Ling, Cassia	12	NRST	2:41.38
19 Jenkins, Tove	14	CHIN	2:42.00
20 Weeks, Claire	12	CRKW	2:47.90
21 Rhind, Tegen	14	NRST	2:49.51
22 Van Der Mark, Samantha	15	NRST	2:54.07
23 Flood, Brooklynn	11	NRST	2:54.58
24 Dion, Teegan	14	CRKW	2:55.55
25 Fletcher, Mathilda	13	NRST	2:56.12
26 Bignell, Kate	12	CRKW	2:57.53
27 Hynd, Nadia	11	CHIN	3:02.01
28 Paproski, Kailyn	12	NRST	3:03.15
29 Millns, Isabella	9	CRKW	3:08.03
30 Stevenson, Phoebe	11	NRST	3:14.36
31 Van Der Mark, Avery	12	NRST	3:20.57
32 Miller, Aryah	11	NRST	3:21.50
33 Paproski, Keana	9	NRST	3:28.67
34 Yee, Raya	12	NRST	3:32.45
35 Bains, Kamryn	11	NRST	3:36.13
36 Cox, Linnea	11	NRST	3:39.97
37 Rechon-Reguet, Alexia	11	NRST	4:00.00
38 Ness, Kezzia	11	CRKW	NT

#4 Boys 200 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Morch, Peter	17	NRST	1:55.06
2 Pearse, Peyton	15	NRST	2:00.68
3 Johnson, Nathan	16	COMOX	2:02.11
4 Southen, Sam	16	COMOX	2:04.51
5 Gonzales, Colton	13	LCSC	2:08.30
6 Elford, Will	15	ISC	2:12.55

7 Alexander-Mitchell, Nolan	17	CHIN	2:14.94
8 Nel, Luc	13	COMOX	2:15.88
9 Saxon, Chase	14	ISC	2:20.05
10 Medler, Samuel	16	ISC	2:20.45
11 Sun, Xuneng	13	ISC	2:23.53
12 Lewall, Noah	13	COMOX	2:24.30
13 He, Ethan	14	ISC	2:27.95
14 Putland, Douglas	14	ISC	2:28.00
15 Krestinski, Joshua	14	CRKW	2:45.67
16 Vanjecek, Oliver	13	CRKW	2:52.55
17 Macalister, Xander	11	NRST	3:02.41
18 Lewall, Cameron	11	COMOX	3:04.76
19 Schulte, Edouard	13	CRKW	3:21.23
20 Harvey, Carter	10	CRKW	3:29.99
21 Catton-Cox, Christopher	12	NRST	3:49.54
22 Horncastle, Owen	12	NRST	3:49.76
23 Buhr, Westley	11	NRST	4:00.00

#5 Girls 50 SC Meter Butterfly

Name	Age	Team	Seed Time
1 Hynd, Ava	15	CHIN	30.37
2 Revenberg, Grace	17	COMOX	30.55
3 Barberie, Danielle	15	NRST	32.29
4 Revenberg, Julia	15	COMOX	32.58
5 Cottrell, Kelana	12	NRST	32.85
6 Denny, Ava	15	ISC	33.53
7 Sprott, Jaime	14	NRST	35.27
8 Mceachen, Julianna	15	NRST	35.72
9 Jenkins, Tove	14	CHIN	38.43
10 Cox, Ainsley	15	NRST	38.93
11 Riendl-Ling, Cassia	12	NRST	40.17
12 Baldwin, Lauren	15	NRST	42.09
13 Bignell, Kate	12	CRKW	42.25
14 Weeks, Claire	12	CRKW	42.74
15 Van Der Mark, Samantha	15	NRST	44.58
16 Rhind, Tegen	14	NRST	45.43
17 Schevers, Saskia	12	CRKW	45.77
18 Pratt Morera, Camilita	13	RAC	45.87
19 Webber, Grace	14	NRST	48.54
20 Armstrong, Aaliyah	12	NRST	48.85
21 Hynd, Nora	9	CHIN	50.85
22 Schulte, Aveline	11	CRKW	54.32
23 Ness, Abigail	8	CRKW	54.32
24 Sulek, Tuesday	10	COMOX	54.66
25 Cajolet, Chloe	12	NRST	54.94
26 Armstrong, Lillah	9	NRST	55.00
27 Macalister, Liv	10	NRST	58.12
28 Paproski, Keana	9	NRST	58.39
29 Flood, Zoey	10	NRST	58.47
30 Yee, Raya	12	NRST	1:01.56
31 Alexander-Mitchell, Emerson	13	CHIN	1:10.46
32 Garcia, Irene	16	NRST	NT

#6 Boys 50 SC Meter Butterfly

Name	Age	Team	Seed Time
1 Roos, River	17	NRST	26.78
2 Barberie, Dylan	17	NRST	27.27
3 Elzinga, Lukas	15	NRST	27.56
4 Nardi, Spencer	15	RAC	29.96
5 Mbobela, Simon	15	RAC	31.40
6 Catton-Cox, Cameron	14	NRST	31.47
7 Fergus, Jack	12	NRST	31.51

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#6 ... (Boys 50 SC Meter Butterfly)

8	Woldnik, Sasha	13	COMOX	31.74
9	Patterson, Cameron	13	NRST	31.92
10	Forsyth, Caius	17	CHIN	32.08
11	van den Berg, Kyle	14	NRST	33.40
12	Alexander-Mitchell, Nolan	17	CHIN	33.51
13	Krestinski, Joshua	14	CRKW	33.70
14	Palmer, Hudson	14	NRST	36.29
15	Willers, Gabriel	11	RAC	36.50
16	Ivantyshyn, Vasyl	12	NRST	37.56
17	Saunders, Daniel	14	NRST	38.86
18	Dagostini, Alessio	14	NRST	39.02
19	Vanjecsek, Oliver	13	CRKW	40.17
20	Saccucci, Bennett	10	COMOX	41.76
21	Macalister, Xander	11	NRST	48.54
22	Saccucci, Nico	13	COMOX	48.55
23	Catton-Cox, Christopher	12	NRST	49.81
24	Vose, Ruben	13	CRKW	49.99
25	Bartlett, Ethan	12	CHIN	51.54
26	Krestinski, Luke	12	CRKW	51.89
27	Krestinski, Jesse	10	CRKW	52.61
28	Vose, Myles	10	CRKW	54.32
29	Millns, Jax	7	CRKW	54.32
30	van den Berg, Ryan	9	NRST	57.12
31	de Jong, Wyatt	9	NRST	1:05.00
32	McGuire, Ashton	9	NRST	1:05.00
33	Stevenson, Xavier	9	NRST	1:05.00

#7 Girls 100 SC Meter Backstroke

Name	Age	Team	Seed Time	
1	Lathangue, Kaya	17	COMOX	1:05.87
2	Perry, Laine	17	COMOX	1:09.40
3	Revenberg, Julia	15	COMOX	1:10.25
4	Stephen, Taelin	13	LCSC	1:12.51
5	Schaffner, Nina	15	NRST	1:13.57
6	Hynd, Keira	13	CHIN	1:13.63
7	Revenberg, Ava	16	COMOX	1:15.03
8	Lord, Isla	14	ISC	1:16.52
9	Nelson, Anisa	12	CRKW	1:17.22
10	Howard, Finley	16	ISC	1:18.15
11	Felt, Alanna	13	ISC	1:19.01
12	Chernov, Solena	14	COMOX	1:20.55
13	Denneny, Ava	15	ISC	1:22.05
14	Woodward, Aline	14	ISC	1:23.00
15	Chalker, Mackenzie	14	NRST	1:23.04
16	Bains, Zoe	13	NRST	1:23.55
17	Pellerin, Anabelle	12	COMOX	1:27.70
18	White, Rosanna	11	NRST	1:27.76
19	Nesbitt, Annika	14	ISC	1:28.08
20	Flood, Brooklynn	11	NRST	1:28.60
21	Webber, Grace	14	NRST	1:29.64
22	Hynd, Nadia	11	CHIN	1:30.33
23	Fletcher, Mathilda	13	NRST	1:31.31
24	McGuire, Alea	11	NRST	1:31.70
25	Pratt Morera, Camilita	13	RAC	1:33.75
26	Stevenson, Phoebe	11	NRST	1:34.10
27	Good, Siena	12	CHIN	1:34.74
28	Dion, Teegan	14	CRKW	1:35.34
29	Trenholm, Adelaide	12	NRST	1:38.66
30	Armstrong, Aaliyah	12	NRST	1:39.41
31	Millns, Isabella	9	CRKW	1:40.59

32	Hynd, Nora	9	CHIN	1:43.36
33	Miller, Aryah	11	NRST	1:43.96
34	Yee, Raya	12	NRST	1:45.08
35	Cajole, Chloe	12	NRST	1:45.23
36	Ness, Kezzia	11	CRKW	1:46.78
37	Ness, Abigail	8	CRKW	1:48.76
38	Greer, Cassandra	12	NRST	1:52.07
39	Flood, Zoey	10	NRST	1:53.13
40	Macalister, Liv	10	NRST	1:56.24
41	Cox, Linnea	11	NRST	1:59.46
42	Beaudoin, Justine	12	NRST	2:00.81
43	MacDonald, Beth	10	NRST	2:00.86
44	Armstrong, Lilah	9	NRST	2:00.88
45	Rechon-Reguet, Alexia	11	NRST	2:15.00
46	Alexander-Mitchell, Emerson	13	CHIN	2:33.18

#8 Boys 100 SC Meter Backstroke

Name	Age	Team	Seed Time	
1	Gonzales, Colton	13	LCSC	1:01.44
2	Southen, Sam	16	COMOX	1:05.26
3	Hastie, Emmett	14	ISC	1:10.42
4	Mbobela, Simon	15	RAC	1:10.96
5	Elford, Will	15	ISC	1:11.17
6	Lewall, Noah	13	COMOX	1:12.24
7	Pendergast, Gavin	16	NRST	1:12.71
8	Nardi, Elliot	13	RAC	1:13.08
9	Nel, Luc	13	COMOX	1:14.07
10	Nardi, Spencer	15	RAC	1:14.30
11	Catton-Cox, Cameron	14	NRST	1:14.52
12	Blackburn, Connor	15	NRST	1:14.56
13	Saxon, Chase	14	ISC	1:14.59
14	Forsyth, Caius	17	CHIN	1:15.72
15	Medler, Samuel	16	ISC	1:16.06
16	Lowres, Reid	12	ISC	1:16.87
17	Putland, Douglas	14	ISC	1:16.99
18	Saunders, Daniel	14	NRST	1:17.94
19	Patterson, Cameron	13	NRST	1:18.78
20	Ivantyshyn, Vasyl	12	NRST	1:18.80
21	Lutz, Noah	12	NRST	1:20.20
22	He, Ethan	14	ISC	1:20.23
23	Sun, Xuneng	13	ISC	1:20.80
24	Crockford, Noah	14	ISC	1:21.35
25	Krestinski, Joshua	14	CRKW	1:29.08
26	Lewall, Cameron	11	COMOX	1:34.98
27	Vose, Ruben	13	CRKW	1:37.56
28	Schulte, Edouard	13	CRKW	1:38.90
29	Wang, Wilmer	11	NRST	1:40.13
30	Gonzales, Graydon	11	LCSC	1:41.08
31	Vose, Myles	10	CRKW	1:45.67
32	Krestinski, Luke	12	CRKW	1:47.92
33	Millns, Jax	7	CRKW	1:50.00
34	Litchfield, Oliver	11	NRST	1:56.66
35	van den Berg, Ryan	9	NRST	1:58.90
36	de Jong, Wyatt	9	NRST	2:03.91
37	Gong, Michael	11	NRST	2:10.00
38	Rimer, Kim	10	NRST	2:10.00
39	Liu, Alex	12	NRST	2:10.00
40	Stevenson, Xavier	9	NRST	2:10.00
41	Buhr, Westley	11	NRST	2:10.00
42	Horncastle, Owen	12	NRST	2:10.00
43	McGuire, Ashton	9	NRST	2:15.00

#9 Girls 200 SC Meter Butterfly

Name	Age	Team	Seed Time	
1	Hickman, Hailey	17	COMOX	2:47.00
2	Wang, Jiaying	14	NRST	2:55.55
3	Sprott, Jaime	14	NRST	2:59.99
4	Hynd, Ava	15	CHIN	3:03.63
5	de Jong, Sylvia	12	NRST	3:19.38

#10 Boys 200 SC Meter Butterfly

Name	Age	Team	Seed Time	
1	Evans, Alex	15	NRST	2:24.37
2	Blackburn, Connor	15	NRST	2:59.55
3	Fergus, Jack	12	NRST	3:29.55

#11 Girls 50 SC Meter Freestyle

Name	Age	Team	Seed Time	
1	Hynd, Ava	15	CHIN	27.87
2	Lathangue, Kaya	17	COMOX	28.29
3	Barberie, Danielle	15	NRST	28.56
4	McPherson, Taylor	13	NRST	28.75
5	Runge, Luise	17	NRST	29.08
6	Stephen, Taelin	13	LCSC	29.17
7	Saunders, Nicole	16	NRST	29.82
8	Howard, Finley	16	ISC	29.83
9	Lord, Isla	14	ISC	30.31
10	Hynd, Keira	13	CHIN	30.58
11	de Jong, Sylvia	12	NRST	30.59
12	Nel, Sophie	15	COMOX	30.63
13	Nelson, Anisa	12	CRKW	31.13
14	Cruickshank, Devyn	15	COMOX	31.76
15	Jenkins, Tove	14	CHIN	31.88
16	Cox, Ainsley	15	NRST	31.96
17	Lutz, Meghan	14	NRST	32.58
18	Bains, Zoe	13	NRST	33.01
19	Meeachen, Julianna	15	NRST	33.21
20	White, Rosanna	11	NRST	33.33
21	Riendl-Ling, Cassia	12	NRST	33.35
22	Nesbitt, Annika	14	ISC	33.38
23	Van Der Mark, Samantha	15	NRST	33.82
24	Stevenson, Phoebe	11	NRST	33.94
25	Baldwin, Lauren	15	NRST	34.33
26	Bignell, Kate	12	CRKW	34.81
27	Pellerin, Anabelle	12	COMOX	34.83
28	Weeks, Claire	12	CRKW	35.27
29	Webber, Grace	14	NRST	35.29
30	Schevers, Saskia	12	CRKW	35.61
31	Rhind, Tegen	14	NRST	35.63
32	Paproski, Kailyn	12	NRST	36.25
33	Fletcher, Mathilda	13	NRST	36.52
34	Van Der Mark, Avery	12	NRST	36.53
35	Hynd, Nadia	11	CHIN	37.07
36	McGuire, Alea	11	NRST	37.11
37	Ness, Kezzia	11	CRKW	37.12
38	Millns, Isabella	9	CRKW	37.20
39	Pratt Morera, Camilita	13	RAC	37.22
40	Good, Siena	12	CHIN	37.26
41	Trenholm, Adelaide	12	NRST	37.73
42	Miller, Aryah	11	NRST	38.95
43	Bains, Kamryn	11	NRST	41.05
44	Sulek, Tuesday	10	COMOX	41.10
45	Hynd, Nora	9	CHIN	41.23
46	Paproski, Keana	9	NRST	43.24

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#11 ... (Girls 50 SC Meter Freestyle)

47	Sulek, Juno	7	COMOX	44.33
48	Ness, Abigail	8	CRKW	44.44
49	Greer, Cassandra	12	NRST	45.45
50	Rechon-Reguet, Alexia	11	NRST	46.63
51	Alexander-Mitchell, Emerson	13	CHIN	50.59
52	Macalister, Liv	10	NRST	50.63
53	Armstrong, Lilah	9	NRST	51.12
54	Beaudoin, Justine	12	NRST	52.85
55	Cox, Linnea	11	NRST	54.84
56	MacDonald, Beth	10	NRST	57.77
57	Schulte, Aveline	11	CRKW	1:03.03
58	Garcia, Irene	16	NRST	NT

#12 Boys 50 SC Meter Freestyle

Name	Age	Team	Seed Time	
1	Morch, Peter	17	NRST	23.79
2	Barberie, Dylan	17	NRST	25.25
3	Roos, River	17	NRST	25.33
4	Johnson, Nathan	16	COMOX	25.37
5	Southen, Sam	16	COMOX	26.06
6	Pearse, Peyton	15	NRST	26.12
7	Mbobela, Simon	15	RAC	26.43
8	Elzinga, Lukas	15	NRST	26.90
9	Elford, Will	15	ISC	27.05
10	Forsyth, Caius	17	CHIN	27.16
11	Gonzales, Colton	13	LCSC	27.45
12	Nardi, Spencer	15	RAC	27.88
13	Hastie, Emmett	14	ISC	27.90
14	Alexander-Mitchell, Nolan	17	CHIN	28.21
15	Pendergast, Gavin	16	NRST	28.83
16	Nardi, Elliot	13	RAC	28.84
17	Blackburn, Connor	15	NRST	29.16
18	Catton-Cox, Cameron	14	NRST	29.17
19	Woldnik, Sasha	13	COMOX	29.47
20	Lewall, Noah	13	COMOX	29.79
21	Krestinski, Joshua	14	CRKW	29.85
22	van den Berg, Kyle	14	NRST	30.33
23	Dagostini, Alessio	14	NRST	30.64
24	Vanjecek, Oliver	13	CRKW	30.67
25	Putland, Douglas	14	ISC	30.84
26	Palmer, Hudson	14	NRST	31.19
27	Lutz, Noah	12	NRST	31.82
28	Willers, Gabriel	11	RAC	32.28
29	Crockford, Noah	14	ISC	32.50
30	Saccucci, Bennett	10	COMOX	34.23
31	Lewall, Cameron	11	COMOX	37.08
32	Saccucci, Nico	13	COMOX	37.38
33	Vose, Ruben	13	CRKW	38.77
34	Schulte, Edouard	13	CRKW	39.11
35	Wang, Wilmer	11	NRST	39.71
36	Gonzales, Graydon	11	LCSC	40.09
37	Krestinski, Luke	12	CRKW	40.73
38	Bartlett, Ethan	12	CHIN	41.48
39	Krestinski, Jesse	10	CRKW	41.55
40	Catton-Cox, Christopher	12	NRST	41.88
41	van den Berg, Ryan	9	NRST	42.11
42	Vose, Myles	10	CRKW	43.21
43	Harvey, Carter	10	CRKW	43.85
44	Millns, Jax	7	CRKW	44.99
45	Litchfield, Oliver	11	NRST	45.14

46	Horncastle, Owen	12	NRST	46.07
47	Liu, Alex	12	NRST	47.57
48	Buhr, Westley	11	NRST	48.83
49	de Jong, Wyatt	9	NRST	49.97
50	McGuire, Ashton	9	NRST	50.43
51	Stevenson, Xavier	9	NRST	50.45
52	Gong, Michael	11	NRST	1:00.00
53	Rimer, Kim	10	NRST	1:00.00

#13 Girls 400 SC Meter IM

Name	Age	Team	Seed Time	
1	Felt, Alanna	13	ISC	5:45.67
2	Cottrell, Kelana	12	NRST	5:52.00
3	Revenberg, Julia	15	COMOX	5:52.60

#14 Boys 400 SC Meter IM

Name	Age	Team	Seed Time	
1	Johnson, Nathan	16	COMOX	4:59.48
2	Pearse, Peyton	15	NRST	5:00.46
3	Feschuk, Finn	16	NRST	5:27.43
4	Woldnik, Sasha	13	COMOX	5:34.90
5	Willers, Gabriel	11	RAC	5:55.83
6	Patterson, Cameron	13	NRST	6:29.79

#15 Girls 200 SC Meter Medley Relay

Team	Relay	Seed Time	
1	NRST	W109 A	2:11.08
	Runge, Luise 17	Barberie, Danielle 15	
	Schaffner, Nina 15	Saunders, Nicole 16	
2	NRST	W14 A	2:11.25
	McPherson, Taylor 13	Wang, Jiaying 14	
	Chalker, Mackenzie 14	Sprott, Jaime 14	
3	CHIN	W109 A	2:16.00
	Hynd, Ava 15	Good, Siena 12	
	Hynd, Keira 13	Jenkins, Tove 14	
4	NRST	W12 A	2:22.29
	de Jong, Sylvia 12	Paproski, Kailyn 12	
	Cottrell, Kelana 12	White, Rosanna 11	
5	ISC	W14 A	2:23.64
	Woodward, Aline 14	Felt, Alanna 13	
	Lord, Isla 14	Nesbitt, Annika 14	
6	NRST	W109 B	2:35.03
	Cox, Ainsley 15	Van Der Mark, Samantha 15	
	Mceachen, Julianna 15	Baldwin, Lauren 15	
7	NRST	W14 B	2:39.81
	Bains, Zoe 13	Webber, Grace 14	
	Lutz, Meghan 14	Rhind, Tegen 14	
8	NRST	W12 B	2:45.55
	Flood, Brooklynn 11	Stevenson, Phoebe 11	
	Riendl-Ling, Cassia 12	Van Der Mark, Avery 12	
9	CRKW	W12 A	2:46.16
	Nelson, Anisa 12	Weeks, Claire 12	
	Bignell, Kate 12	Schevers, Saskia 12	
10	NRST	W12 C	2:59.46
	Armstrong, Aalivah 12	Bains, Kamryn 11	
	McGuire, Alea 11	Trenholm, Adelaide 12	
11	NRST	W12 D	3:10.30
	Caiolo, Chloe 12	Greer, Cassandra 12	
	Miller, Aryah 11	Yee, Raya 12	
12	NRST	W12 E	3:25.02
	Paproski, Keana 9	Flood, Zoey 10	
	Macalister, Liv 10	Rechon-Reguet, Alexia 11	

13	CRKW	W12 B	NT
	Schulte, Aveline 11	Millns, Isabella 9	
	Ness, Kezzia 11	Ness, Abigail 8	

#16 Boys 200 SC Meter Medley Relay

Team	Relay	Seed Time	
1	NRST	M109 A	1:52.56
	Morch, Peter 17	Elzinga, Lukas 15	
	Roos, River 17	Pearse, Peyton 15	
2	NRST	M14 A	2:12.68
	Catton-Cox, Cameron 14	Palmer, Hudson 14	
	Patterson, Cameron 13	Saunders, Daniel 14	
3	ISC	M14 A	2:15.34
	Saxon, Chase 14	He, Ethan 14	
	Hastie, Emmett 14	Sun, Xuneng 13	
4	NRST	M109 B	2:18.55
	Pendergast, Gavin 16	Feschuk, Finn 16	
	Blackburn, Connor 15	Barberie, Dylan 17	
5	NRST	M12 A	2:32.28
	Ivantvshyn, Vasyl 12	Lutz, Noah 12	
	Fergus, Jack 12	Macalister, Xander 11	
6	NRST	M12 B	3:08.99
	Horncastle, Owen 12	Wang, Wilmer 11	
	Catton-Cox, Christopher 12	van den Berg, Ryan 9	
7	CRKW	M14 A	3:13.89
	Schulte, Edouard 13	Krestinski, Joshua 14	
	Vanjecek, Oliver 13	Vose, Ruben 13	
8	CRKW	M12 A	3:25.29
	Millns, Jax 7	Vose, Myles 10	
	Krestinski, Luke 12	Krestinski, Jesse 10	
9	NRST	M12 C	4:07.50
	de Jong, Wyatt 9	Liu, Alex 12	
	Buhr, Westley 11	Litchfield, Oliver 11	

#17 Girls 200 SC Meter Backstroke

Name	Age	Team	Seed Time	
1	Lathangue, Kaya	17	COMOX	2:21.89
2	Perry, Laine	17	COMOX	2:26.68
3	Revenberg, Julia	15	COMOX	2:31.66
4	Stephen, Taelin	13	LCSC	2:37.67
5	Cottrell, Kelana	12	NRST	2:43.70
6	Schaffner, Nina	15	NRST	2:49.37
7	Chernov, Solena	14	COMOX	2:53.06
8	Nelson, Anisa	12	CRKW	2:53.89
9	Felt, Alanna	13	ISC	2:58.68
10	Cox, Ainsley	15	NRST	3:02.42
11	Webber, Grace	14	NRST	3:11.46
12	Fletcher, Mathilda	13	NRST	3:54.88
13	Baldwin, Lauren	15	NRST	4:03.79

#18 Boys 200 SC Meter Backstroke

Name	Age	Team	Seed Time	
1	Morch, Peter	17	NRST	2:12.42
2	Gonzales, Colton	13	LCSC	2:16.33
3	Nel, Luc	13	COMOX	2:31.43
4	Barberie, Dylan	17	NRST	2:35.55
5	Pendergast, Gavin	16	NRST	2:40.93
6	Lewall, Cameron	11	COMOX	3:23.88

#19 Girls 100 SC Meter Freestyle

Name	Age	Team	Seed Time	
1	Williams, Sadie	16	COMOX	1:00.68
2	Hynd, Ava	15	CHIN	1:00.90
3	Barberie, Danielle	15	NRST	1:02.17

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#19 ... (Girls 100 SC Meter Freestyle)

4	McPherson, Taylor	13 NRST	1:02.61
5	Stephen, Taelin	13 LCSC	1:04.41
6	Revenberg, Ava	16 COMOX	1:04.66
7	Sprott, Jaime	14 NRST	1:04.81
8	Lord, Isla	14 ISC	1:07.11
9	Hynd, Keira	13 CHIN	1:07.28
10	Saunders, Nicole	16 NRST	1:07.83
11	Howard, Finley	16 ISC	1:07.86
12	Chalker, Mackenzie	14 NRST	1:10.97
13	Woodward, Aline	14 ISC	1:11.33
14	Mceachen, Julianna	15 NRST	1:11.78
15	Nelson, Anisa	12 CRKW	1:11.79
16	Jenkins, Tove	14 CHIN	1:13.80
17	Nesbitt, Annika	14 ISC	1:13.91
18	Rhind, Tegen	14 NRST	1:15.83
19	Weeks, Claire	12 CRKW	1:18.40
20	Hynd, Nadia	11 CHIN	1:20.16
21	Bignell, Kate	12 CRKW	1:20.19
22	McGuire, Alea	11 NRST	1:20.67
23	Flood, Brooklynn	11 NRST	1:21.29
24	Stevenson, Phoebe	11 NRST	1:21.74
25	Schevers, Saskia	12 CRKW	1:22.57
26	Trenholm, Adelaide	12 NRST	1:24.23
27	Good, Siena	12 CHIN	1:25.95
28	Lempinen, Nina	10 DST	1:26.22
29	Kohlruss, Aria	12 LCSC	1:30.03
30	Miller, Aryah	11 NRST	1:31.18
31	Flood, Zoey	10 NRST	1:31.64
32	Armstrong, Aaliyah	12 NRST	1:32.18
33	Dion, Teegan	14 CRKW	1:33.41
34	Schulte, Aveline	11 CRKW	1:34.56
35	Hynd, Nora	9 CHIN	1:35.18
36	Ruiter, Chelsea	10 DST	1:35.71
37	Yee, Raya	12 NRST	1:36.04
38	Ness, Abigail	8 CRKW	1:39.99
39	Cox, Linnea	11 NRST	1:41.52
40	Armstrong, Lilah	9 NRST	1:43.96
41	Alexander-Mitchell, Emerson	13 CHIN	1:46.88
42	Beaudoin, Justine	12 NRST	1:50.00
43	MacDonald, Beth	10 NRST	1:57.54
44	Macalister, Liv	10 NRST	2:00.00
45	Rechon-Reguet, Alexia	11 NRST	2:00.00
46	Ness, Kezzia	11 CRKW	NT
47	Garcia, Irene	16 NRST	NT

#20 Boys 100 SC Meter Freestyle

Name	Age Team	Seed Time
1	Pearse, Peyton	15 NRST 56.22
2	Elford, Will	15 ISC 59.21
3	Hastie, Emmett	14 ISC 59.61
4	Feschuk, Finn	16 NRST 59.76
5	Evans, Alex	15 NRST 1:00.43
6	Wigger, Liam	16 COMOX 1:00.57
7	Forsyth, Caius	17 CHIN 1:01.63
8	Patterson, Cameron	13 NRST 1:02.41
9	Alexander-Mitchell, Nolan	17 CHIN 1:02.55
10	He, Ethan	14 ISC 1:04.54
11	van den Berg, Kyle	14 NRST 1:05.23
12	Saxon, Chase	14 ISC 1:06.27
13	Fergus, Jack	12 NRST 1:06.53

14	Medler, Samuel	16 ISC	1:06.70
15	Putland, Douglas	14 ISC	1:06.89
16	Blackburn, Connor	15 NRST	1:06.93
17	Sun, Xuneng	13 ISC	1:08.03
18	Lowres, Reid	12 ISC	1:09.24
19	Palmer, Hudson	14 NRST	1:09.70
20	Crockford, Noah	14 ISC	1:10.14
21	Ivantyshyn, Vasyl	12 NRST	1:10.49
22	Dagostini, Alessio	14 NRST	1:10.75
23	Lutz, Noah	12 NRST	1:11.72
24	Gerbrandt, Samuel	13 DST	1:13.24
25	Vanjcek, Oliver	13 CRKW	1:14.53
26	Saccucci, Bennett	10 COMOX	1:17.71
27	Lewall, Cameron	11 COMOX	1:22.00
28	Macalister, Xander	11 NRST	1:22.09
29	Saccucci, Nico	13 COMOX	1:23.89
30	Schulte, Edouard	13 CRKW	1:28.90
31	Gonzales, Graydon	11 LCSC	1:34.23
32	Harvey, Carter	10 CRKW	1:34.56
33	Millns, Jax	7 CRKW	1:36.78
34	Bartlett, Ethan	12 CHIN	1:40.00
35	van den Berg, Ryan	9 NRST	1:42.12
36	Liu, Alex	12 NRST	1:50.00
37	Litchfield, Oliver	11 NRST	1:50.34
38	Catton-Cox, Christopher	12 NRST	1:50.44
39	de Jong, Wyatt	9 NRST	1:54.73
40	Gong, Michael	11 NRST	2:00.00
41	McGuire, Ashton	9 NRST	2:00.00
42	Rimer, Kim	10 NRST	2:00.00

#21 Girls 50 SC Meter Breaststroke

Name	Age Team	Seed Time
1	Runge, Luise	17 NRST 36.77
2	de Jong, Sylvia	12 NRST 40.23
3	Cottrell, Kelana	12 NRST 41.44
4	Good, Siena	12 CHIN 42.07
5	Cox, Ainsley	15 NRST 45.66
6	White, Rosanna	11 NRST 46.96
7	Rhind, Tegen	14 NRST 50.98
8	Armstrong, Aaliyah	12 NRST 51.54
9	Miller, Aryah	11 NRST 52.58
10	Schevers, Saskia	12 CRKW 54.35
11	Trenholm, Adelaide	12 NRST 54.71
12	Kohlruss, Aria	12 LCSC 56.41
13	Schulte, Aveline	11 CRKW 57.89
14	Baldwin, Lauren	15 NRST 58.45
15	Ness, Abigail	8 CRKW 59.99
16	Macalister, Liv	10 NRST 1:00.63
17	MacDonald, Beth	10 NRST 1:05.40
18	Alexander-Mitchell, Emerson	13 CHIN 1:06.89

#22 Boys 50 SC Meter Breaststroke

Name	Age Team	Seed Time
1	Elzinga, Lukas	15 NRST 32.32
2	Wigger, Logan	14 COMOX 38.41
3	He, Ethan	14 ISC 38.48
4	Pendergast, Gavin	16 NRST 43.43
5	Macalister, Xander	11 NRST 47.55
6	Saccucci, Nico	13 COMOX 47.83
7	Bartlett, Ethan	12 CHIN 49.47
8	Vanjcek, Oliver	13 CRKW 51.58
9	Saunders, Daniel	14 NRST 53.04

10	Gonzales, Graydon	11 LCSC	53.17
11	Millns, Jax	7 CRKW	59.99
12	Catton-Cox, Christopher	12 NRST	1:00.07
13	Liu, Alex	12 NRST	1:02.89
14	McGuire, Ashton	9 NRST	1:04.32
15	Rimer, Kim	10 NRST	1:10.00
16	de Jong, Wyatt	9 NRST	1:11.40

#23 Girls 200 SC Meter IM

Name	Age Team	Seed Time
1	Perry, Laine	17 COMOX 2:32.83
2	Felt, Alanna	13 ISC 2:33.89
3	Nel, Sophie	15 COMOX 2:38.40
4	Hickman, Hailey	17 COMOX 2:43.93
5	Hynd, Keira	13 CHIN 2:48.30
6	Runge, Luise	17 NRST 2:48.98
7	Lord, Isla	14 ISC 2:50.12
8	Chernov, Solena	14 COMOX 2:50.12
9	de Jong, Sylvia	12 NRST 2:50.93
10	Lutz, Meghan	14 NRST 2:55.62
11	Howard, Finley	16 ISC 2:57.10
12	Nesbitt, Annika	14 ISC 2:59.57
13	Woodward, Aline	14 ISC 3:00.25
14	Mceachen, Julianna	15 NRST 3:03.21
15	Jenkins, Tove	14 CHIN 3:03.41
16	Riendl-Ling, Cassia	12 NRST 3:06.19
17	Graham, Ayla	11 DST 3:17.52
18	Dion, Teegan	14 CRKW 3:21.21
19	Flood, Brooklynn	11 NRST 3:22.81
20	Weeks, Claire	12 CRKW 3:23.37
21	Fletcher, Mathilda	13 NRST 3:24.00
22	Hynd, Nadia	11 CHIN 3:24.44
23	White, Rosanna	11 NRST 3:28.10
24	Bignell, Kate	12 CRKW 3:30.33
25	Lempinen, Nina	10 DST 3:32.69
26	Ruiter, Chelsea	10 DST 3:36.52
27	McGuire, Alea	11 NRST 3:40.15
28	Hynd, Nora	9 CHIN 3:40.84
29	Flood, Zoey	10 NRST 3:51.63
30	Yee, Raya	12 NRST 4:07.35
31	Cox, Linnea	11 NRST 4:15.41
32	Rechon-Reguet, Alexia	11 NRST 4:30.00
33	Millns, Isabella	9 CRKW NT
34	Garcia, Irene	16 NRST NT

#24 Boys 200 SC Meter IM

Name	Age Team	Seed Time
1	Roos, River	17 NRST 2:16.72
2	Johnson, Nathan	16 COMOX 2:18.92
3	Pearse, Peyton	15 NRST 2:20.37
4	Hastie, Emmett	14 ISC 2:26.42
5	Gonzales, Colton	13 LCSC 2:29.73
6	Alexander-Mitchell, Nolan	17 CHIN 2:35.98
7	Elford, Will	15 ISC 2:36.06
8	Nel, Luc	13 COMOX 2:37.27
9	Medler, Samuel	16 ISC 2:40.61
10	Patterson, Cameron	13 NRST 2:40.80
11	He, Ethan	14 ISC 2:45.43
12	Sun, Xuneng	13 ISC 2:45.87
13	Saxon, Chase	14 ISC 2:45.88
14	Forsyth, Caius	17 CHIN 2:46.08
15	Crockford, Noah	14 ISC 2:48.03

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#24 ... (Boys 200 SC Meter IM)

Name	Age	Team	Seed Time
16 Putland, Douglas	14	ISC	2:48.62
17 Catton-Cox, Cameron	14	NRST	2:51.39
18 Blackburn, Connor	15	NRST	2:52.06
19 Lowres, Reid	12	ISC	2:53.83
20 Ivantyshyn, Vasyl	12	NRST	3:05.98
21 Dagostini, Alessio	14	NRST	3:09.63
22 Harvey, Carter	10	CRKW	3:44.56

#25 Girls 200 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Revenberg, Grace	17	COMOX	2:48.03
2 Wang, Jiaying	14	NRST	2:54.15
3 Sprott, Jaime	14	NRST	3:02.02
4 Jones, Cadence	17	NRST	3:06.53
5 Nesbitt, Annika	14	ISC	3:10.00
6 Howard, Finley	16	ISC	3:15.89
7 Good, Siena	12	CHIN	3:28.93
8 Webber, Grace	14	NRST	3:33.20
9 Stevenson, Phoebe	11	NRST	4:00.00
10 Flood, Zoey	10	NRST	4:08.22

#26 Boys 200 SC Meter Breaststroke

Name	Age	Team	Seed Time
1 Wigger, Liam	16	COMOX	2:41.26
2 Sun, Xuneng	13	ISC	2:54.28
3 Wigger, Logan	14	COMOX	2:57.83
4 Palmer, Hudson	14	NRST	2:58.14
5 Hastie, Emmett	14	ISC	3:01.82
6 Crockford, Noah	14	ISC	3:06.90
7 Gerbrandt, Samuel	13	DST	3:25.43
8 Pendergast, Gavin	16	NRST	3:27.82
9 Saccucci, Nico	13	COMOX	3:30.23
10 van den Berg, Kyle	14	NRST	3:38.59
11 Lutz, Noah	12	NRST	3:51.02
12 Fergus, Jack	12	NRST	4:17.27

#27 Girls 50 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Hynd, Ava	15	CHIN	30.85
2 Perry, Laine	17	COMOX	32.06
3 Revenberg, Ava	16	COMOX	34.74
4 de Jong, Sylvia	12	NRST	34.98
5 Lord, Isla	14	ISC	36.01
6 Nelson, Anisa	12	CRKW	37.26
7 Cox, Ainsley	15	NRST	37.35
8 Lutz, Meghan	14	NRST	37.52
9 Woodward, Aline	14	ISC	38.06
10 Chalker, Mackenzie	14	NRST	38.35
11 Riendl-Ling, Cassia	12	NRST	40.04
12 Bignell, Kate	12	CRKW	41.04
13 Jenkins, Tove	14	CHIN	41.31
14 Fletcher, Mathilda	13	NRST	41.35
15 Rhind, Tegen	14	NRST	42.16
16 Hynd, Nadia	11	CHIN	42.19
17 Mceachen, Julianna	15	NRST	42.41
18 Stevenson, Phoebe	11	NRST	42.53
19 Graham, Ayla	11	DST	43.14
20 Trenholm, Adelaide	12	NRST	45.83
21 Yee, Raya	12	NRST	46.43
22 Lempinen, Nina	10	DST	46.98
23 Baldwin, Lauren	15	NRST	47.18

24 Kohlruess, Aria	12	LCSC	47.49
25 Hynd, Nora	9	CHIN	49.46
26 Dion, Teegan	14	CRKW	49.71
27 Macalister, Liv	10	NRST	51.01
28 Beaudoin, Justine	12	NRST	52.37
29 Millns, Isabella	9	CRKW	52.69
30 Ness, Abigail	8	CRKW	53.21
31 MacDonald, Beth	10	NRST	54.29
32 Cox, Linnea	11	NRST	54.42
33 Armstrong, Lilah	9	NRST	56.95
34 Rechon-Reguet, Alexia	11	NRST	1:00.88
35 Schulte, Aveline	11	CRKW	1:02.28
36 Alexander-Mitchell, Emerson	13	CHIN	1:08.22
37 Ness, Kezzia	11	CRKW	NT
38 Garcia, Irene	16	NRST	NT

#28 Boys 50 SC Meter Backstroke

Name	Age	Team	Seed Time
1 Johnson, Nathan	16	COMOX	29.86
2 Forsyth, Caius	17	CHIN	33.34
3 Nel, Luc	13	COMOX	33.55
4 Catton-Cox, Cameron	14	NRST	33.58
5 Blackburn, Connor	15	NRST	34.79
6 Patterson, Cameron	13	NRST	36.03
7 Lowres, Reid	12	ISC	36.37
8 Fergus, Jack	12	NRST	36.60
9 Saunders, Daniel	14	NRST	37.12
10 Dagostini, Alessio	14	NRST	41.93
11 Vanjcek, Oliver	13	CRKW	42.64
12 Saccucci, Bennett	10	COMOX	42.73
13 Gonzales, Graydon	11	LCSC	46.06
14 Catton-Cox, Christopher	12	NRST	47.85
15 Schulte, Edouard	13	CRKW	49.99
16 van den Berg, Ryan	9	NRST	52.28
17 Bartlett, Ethan	12	CHIN	53.92
18 Harvey, Carter	10	CRKW	54.32
19 de Jong, Wyatt	9	NRST	54.37
20 McGuire, Ashton	9	NRST	57.89
21 Litchfield, Oliver	11	NRST	58.76
22 Liu, Alex	12	NRST	1:00.00
23 Gong, Michael	11	NRST	1:05.00
24 Rimer, Kim	10	NRST	1:05.00
25 Millns, Jax	7	CRKW	NT

#29 Girls 100 SC Meter Butterfly

Name	Age	Team	Seed Time
1 McPherson, Taylor	13	NRST	1:08.71
2 Wang, Jiaying	14	NRST	1:08.81
3 Revenberg, Grace	17	COMOX	1:09.18
4 Felt, Alanna	13	ISC	1:10.53
5 Lathangue, Kaya	17	COMOX	1:10.66
6 Schaffner, Nina	15	NRST	1:11.54
7 Williams, Sadie	16	COMOX	1:11.65
8 Cottrell, Kelana	12	NRST	1:12.77
9 Nel, Sophie	15	COMOX	1:14.73
10 Stephen, Taelin	13	LCSC	1:15.44
11 Hynd, Keira	13	CHIN	1:17.14
12 Barberie, Danielle	15	NRST	1:17.24
13 Revenberg, Julia	15	COMOX	1:22.31
14 Saunders, Nicole	16	NRST	1:33.35
15 Riendl-Ling, Cassia	12	NRST	1:34.77
16 Chalker, Mackenzie	14	NRST	1:39.55

17 White, Rosanna	11	NRST	1:39.94
18 Ruitter, Chelsea	10	DST	1:46.22
19 Millns, Isabella	9	CRKW	1:50.60
20 Flood, Brooklynn	11	NRST	1:53.99
21 McGuire, Alea	11	NRST	1:59.55
22 Miller, Aryah	11	NRST	1:59.55
23 Lutz, Meghan	14	NRST	2:00.01
24 Armstrong, Lilah	9	NRST	2:10.00
25 Armstrong, Aaliyah	12	NRST	2:12.87
26 Schevers, Saskia	12	CRKW	NT

#30 Boys 100 SC Meter Butterfly

Name	Age	Team	Seed Time
1 Morch, Peter	17	NRST	57.85
2 Roos, River	17	NRST	58.90
3 Evans, Alex	15	NRST	1:03.49
4 Elzinga, Lukas	15	NRST	1:03.87
5 Pearse, Peyton	15	NRST	1:04.51
6 Gonzales, Colton	13	LCSC	1:08.65
7 Barberie, Dylan	17	NRST	1:10.10
8 Alexander-Mitchell, Nolan	17	CHIN	1:10.13
9 Feschuk, Finn	16	NRST	1:10.61
10 Elford, Will	15	ISC	1:11.13
11 Medler, Samuel	16	ISC	1:17.92
12 Putland, Douglas	14	ISC	1:18.81
13 Saxon, Chase	14	ISC	1:19.57
14 Wigger, Logan	14	COMOX	1:19.76
15 Catton-Cox, Cameron	14	NRST	1:25.93
16 Gerbrandt, Samuel	13	DST	1:29.51
17 Ivantyshyn, Vasyl	12	NRST	1:29.55
18 Saunders, Daniel	14	NRST	1:30.92
19 Lutz, Noah	12	NRST	1:43.76
20 Lewall, Cameron	11	COMOX	1:47.48
21 Palmer, Hudson	14	NRST	1:49.55
22 Macalister, Xander	11	NRST	1:59.55
23 van den Berg, Ryan	9	NRST	2:10.00

#31 Girls 400 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Hynd, Ava	15	CHIN	4:49.62
2 Chernov, Solena	14	COMOX	5:10.14
3 Hickman, Hailey	17	COMOX	5:14.71
4 Webber, Grace	14	NRST	5:56.25
5 Weeks, Claire	12	CRKW	6:05.16
6 Graham, Ayla	11	DST	6:07.18

#32 Boys 400 SC Meter Freestyle

Name	Age	Team	Seed Time
1 Johnson, Nathan	16	COMOX	4:22.18
2 Wigger, Liam	16	COMOX	4:43.35
3 van den Berg, Kyle	14	NRST	5:09.04

#33 Girls 200 SC Meter Freestyle Relay

Team	Relay	Seed Time
1 NRST	W109 A	1:56.70
	Runge, Luise 17 Schaffner, Nina 15	Saunders, Nicole 16 Barberie, Danielle 15
2 NRST	W14 A	1:57.56
	McPherson, Taylor 13 Sprott, Jaime 14	Chalker, Mackenzie 14 Wang, Jiaying 14
3 CHIN	W109 A	2:04.00
	Hvnd, Keira 13 Jenkins, Tove 14	Hynd, Nadia 11 Hynd, Ava 15

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#33 ... (Girls 200 SC Meter Freestyle Relay)

4	ISC	W14 A	2:05.82
	Lord, Isla 14	Nesbitt, Annika 14	
	Woodward, Aline 14	Felt, Alanna 13	
5	NRST	W12 A	2:07.25
	de Jong, Sylvia 12	Riendl-Ling, Cassia 12	
	White, Rosanna 11	Cottrell, Kelana 12	
6	CRKW	W12 A	2:16.82
	Bignell, Kate 12	Schevers, Saskia 12	
	Weeks, Claire 12	Nelson, Anisa 12	
7	NRST	W14 B	2:20.02
	Rhind, Tegen 14	Webber, Grace 14	
	Lutz, Meghan 14	Fletcher, Mathilda 13	
8	NRST	W12 B	2:24.65
	Flood, Brooklynn 11	Stevenson, Phoebe 11	
	Trenholm, Adelaide 12	McGuire, Alea 11	
9	NRST	W12 C	2:41.52
	Armstrong, Aaliyah 12	Flood, Zoey 10	
	Yee, Raya 12	Miller, Aryah 11	
10	CRKW	W12 B	2:52.26
	Millns, Isabella 9	Schulte, Aveline 11	
	Ness, Kezzia 11	Ness, Abigail 8	
11	NRST	W12 D	3:27.88
	Macalister, Liv 10	Rechon-Reguet, Alexia 11	
	Beaudoin, Justine 12	MacDonald, Beth 10	
12	NRST	W109 B	NT
	Mceachen, Julianna 15	Baldwin, Lauren 15	
	Garcia, Irene 16	Cox, Ainsley 15	

#34 Boys 200 SC Meter Freestyle Relay

	Team	Relay	Seed Time
1	NRST	M109 A	1:42.14
	Roos, River 17	Elzinga, Lukas 15	
	Pearse, Peyton 15	Morch, Peter 17	
2	ISC	M109 A	1:56.99
	Hastie, Emmett 14	Elford, Will 15	
	Medler, Samuel 16	Saxon, Chase 14	
3	NRST	M109 B	1:57.42
	Pendergast, Gavin 16	Barberie, Dylan 17	
	Blackburn, Connor 15	Feschuk, Finn 16	
4	NRST	M14 A	2:00.23
	Saunders, Daniel 14	Patterson, Cameron 13	
	van den Berg, Kyle 14	Palmer, Hudson 14	
5	ISC	M14 A	2:01.94
	He, Ethan 14	Sun, Xuneng 13	
	Putland, Douglas 14	Lowres, Reid 12	
6	NRST	M12 A	2:10.52
	Ivantyshyn, Vasyl 12	Macalister, Xander 11	
	Lutz, Noah 12	Fergus, Jack 12	
7	NRST	M12 B	2:56.70
	Catton-Cox, Christopher 12	Litchfield, Oliver 11	
	van den Berg, Ryan 9	Liu, Alex 12	