

**2023 Annual Stingrays Spring Invitational - 3/10/2023 to 3/12/2023
Session Report**

Session: 1 Friday

Day of Meet: 1 Starts at 04:10 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	1 Mixed 400 Freestyle	21	3	04:10 PM	e04:10 PM
Finals	2 Mixed 400 IM	20	3	04:37 PM	e04:37 PM
Finals	3 Mixed 800 Freestyle	32	4	05:01 PM	e05:01 PM
Finals	4 Mixed 1500 Freestyle	12	2	05:45 PM	e05:45 PM
	Swimmers Counts for Warm-ups: 81	=====	=====		
	Entry / Heat Totals:	85	12		
	Finish Time			06:36 PM	e06:36 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
DST	Duncan Swim Team	28	28		
ISC	Island Swimming	14	14		
NRST	Nanaimo Riptides Swim Team	10	10		
UVPCS	Pacific Coast Swimming	30	26		
RAC	Ravensong Aquatic Club	3	3		

**2023 Annual Stingrays Spring Invitational - 3/10/2023 to 3/12/2023
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Session: 2 Saturday

Day of Meet: 2 Starts at 01:45 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	5 Mixed 200 IM	101	13	01:45 PM	e01:45 PM
Finals	6 Mixed 100 Backstroke	122	16	02:42 PM	e02:42 PM
Finals	7 Mixed 50 Butterfly	98	13	03:27 PM	e03:27 PM
Finals	8 Mixed 200 Butterfly	27	4	03:49 PM	e03:49 PM
Finals	9 Mixed 200 Freestyle	103	13	04:07 PM	e04:07 PM
Finals	10 Mixed 100 Breaststroke	123	16	05:03 PM	e05:03 PM
Finals	11 Mixed 50 Freestyle	153	20	05:47 PM	e05:47 PM
	Swimmers Counts for Warm-ups: 251	=====	=====		
	Entry / Heat Totals:	727	95		
	Finish Time			06:16 PM	e06:16 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
COMOX	Comox Valley Aquatic Club	90	30		
DST	Duncan Swim Team	88	30		
ISC	Island Swimming	97	32		
LCSC	Ladysmith Chemainus Orcas Swim	25	10		
NRST	Nanaimo Riptides Swim Team	156	52		
UVPCS	Pacific Coast Swimming	232	84		
RAC	Ravensong Aquatic Club	39	13		

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Session Report

Session: 3 Sunday

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	12 Mixed 200 Breaststroke	62	8	02:00 PM	e02:00 PM
Finals	13 Mixed 100 Butterfly	42	6	02:37 PM	e02:37 PM
Finals	14 Mixed 50 Backstroke	94	12	02:52 PM	e02:52 PM
Finals	19 Mixed 200 Backstroke	36	5	03:15 PM	e03:15 PM
Finals	15 Mixed 100 Freestyle	126	16	03:37 PM	e03:37 PM
Finals	16 Mixed 50 Breaststroke	106	14	04:14 PM	e04:14 PM
Finals	17 Mixed 400 Freestyle	48	6	04:39 PM	e04:39 PM
Finals	18 Mixed 100 IM	99	13	05:24 PM	e05:24 PM
	Swimmers Counts for Warm-ups: 186	====	====		
	Entry / Heat Totals:	613	80		
	Finish Time			05:58 PM	e05:58 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
DST	Duncan Swim Team	103	30		
ISC	Island Swimming	102	32		
LCSC	Ladysmith Chemainus Orcas Swim	28	10		
NRST	Nanaimo Riptides Swim Team	85	28		
UVPCS	Pacific Coast Swimming	263	76		
RAC	Ravensong Aquatic Club	32	10		