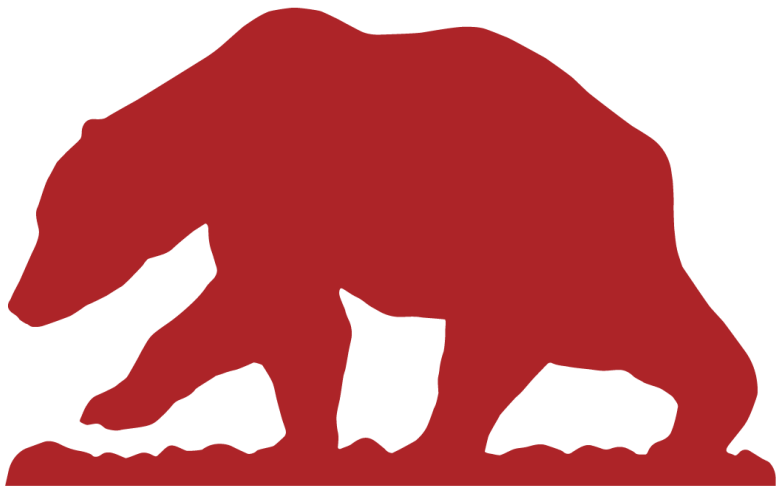


# 10<sup>TH</sup> ANNUAL



CANDY CANE

# INVITATIONAL

**Friday, December 8<sup>th</sup> to Sunday, December 10<sup>th</sup>, 2023**

Sanction Number: Pending

**50's on Friday Night**

**Broken IM Candy  
Cane Award**

**Heats and Finals**

**Daily Prize Draws –  
draw entry with any  
best time!**

**Meet Managers**

Brittany Oliver  
Andre Pardo

**Advisory Referee**

Jennifer Flowers

**Meet Entries**

Chris Nelson  
[entries@eksc.com](mailto:entries@eksc.com)

**DATES:** Entry Deadline: Tuesday, November 21, 2023 before 11:59pm  
Entry Adjustments Deadline: Monday, December 4, 2023 before 11:59pm (Fees final)  
Scratch Deadline: Thursday, December 7, 2023 before 5:00pm  
Fees Due: Friday, December 8, 2023 / before your club's first session

**TECHNICAL**

**MEETING:** Coaches' Technical meeting will be held on Friday at 2:45pm by the Clerk of Course.

**HOSTED BY:** Edmonton Keyano Swim Club

**FACILITY:** Kinsmen Sport Centre, 9100 Waltherdale Hill NW, Edmonton, Alberta, T6E 2V3  
Two, 8 Lane, 25-metre pools with Omega Electronic Timing System with 6x25m cool down space.

**SANCTION:** This meet is sanctioned by Swim Alberta.

**DECK ACCESS:** Only participating swimmers, coaches and officials will be permitted on the pool deck and in the facility locker rooms. Access will be through the northwest stairwell from the viewing level of the Kinsmen Sports Centre.

**PHOTOS:** Photographers will only be permitted on the pool deck at the discretion and approval of the Meet Manager. Photographer accreditation is required to access the pool deck.

**RULES:** The meet will be conducted under published World Aquatics and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

**DIVING:** Starts will be conducted from Starting Platforms as per World Aquatics FR 2.3 and SW 4.1. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1.

**COMPETITION**

**READINESS:** Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

**SAFESPORT:** All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

**MODESTY**

**WEAR:** All swimmers are permitted to race with modesty wear at all competitions sanctioned by Swim Alberta. It is not required to declare the use of modesty wear to the Referee. Modesty wear is considered additional body coverage using a fabric that is a permeable open mesh textile and would not reasonably be seen to be creating a technical advantage, meaning it does not aid buoyancy, strength, speed, or endurance.

**ELIGIBILITY:** This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.

**ENTRY**

**PROCESS:** All entries must be submitted through the Swimming Canada online system.

Deck Entries may be permitted by Meet Management so long as entries include accurate Swimming Canada registration information. Deck Entries must include proof that the swimmer is fully registered with Swimming Canada. Deck Entries will be accepted as exhibition swims, only if the entry does not create a new heat.

Any entries changes made before the adjustment deadline shall be made through the Swimming Canada entries verification. After the adjustment deadline passes, please follow the Scratch Deadline procedures and contact [entries@eksc.com](mailto:entries@eksc.com) for requests for late entry with extenuating circumstances.

**MEET LIMIT:** Maximum of 600 swimmers will be accepted (minimum 50 swimmers required to run a session).

**ENTRY LIMIT:** No limit on the number of individual entries per swimmer.  
No-time (NT) entries will not be accepted; we encourage coaches to use appropriate custom times.

#### **ENTRY**

**STANDARD:** There is no posted Entry Standard, however the intent of this meet is for non-beginner swimmers.  
**Swimmers should be able to swim under 1:00 / 50m in any event that they enter.**

**ENTRY FEES:** 50m Events \$12.00  
100m+ Events \$13.00  
Relays \$16.00

Entry Fees are non-refundable after the entry adjustment deadline.  
Deck Entries will be charged \$25 per entry.

#### **SCRATCH**

**RULES:** The Swim Alberta Scratch rule will be in effect for this competition.

**SCRATCHES:** Scratches prior to the start of the competition will be accepted by email to [entries@eksc.com](mailto:entries@eksc.com).

- For Friday Prelims: Due Thursday at 5:00pm
- For Saturday & Sunday Prelims: Due immediately following the conclusion of the last event of the previous night.
- Saturday & Sunday Finals: Due 30 minutes before the conclusion of the last event of the prelims on the same day.
- As a courtesy, we request that coaches declare any known no-shows to the clerk of the course 30 minutes prior to the start of each session. Please make your scratches to save us all time and empty lanes.

**NO SHOWS:** In Finals, no penalty for missed individual swims or relays, however, please make every effort to scratch unnecessary finalists.

#### **MEET**

**FORMAT:** This is an open invitational competition.

**WARM-UP:** Dive lanes (2 lanes per competition pool) will be opened with 20min remaining in warm-ups.

**PRELIMS:** Prelims for 50's will be swum 10&under then 11&over, senior seeded by gender.  
All other prelim events will be swum senior seeded by gender.

**FINALS:** A Finals only.  
Age Groups for 50's, 100's and Relays: 10&U, 11-12, 13-14, 15&O (same for girls and boys)  
Age Groups for 200m+ events: 12&U, 13-14, 15&O (same for girls and boys)

#### **TIMED**

**FINALS:** The 400m events are Timed Finals.  
Individual Timed Final events will be swum slowest to fastest in preliminaries, with the exception of the 400 Freestyle that will run fastest to slowest and alternating gender (if applicable).

**RELAYS:** Relays will be swum as Timed Finals slowest to fastest in the Finals session.

Relay cards will be provided to coaches for all relays entered. Coaches must record the relay order by name of swimmer on these relay cards and swimmers must submit their relay's cards to their lane timer at the time of their event.

## SESSION

**MANAGEMENT:** This meet will be swum in 2 pools for preliminaries. Meet management reserves the right to limit entries or heats due to time constraints. Preliminary sessions may be divided in whole or in part into 1 or 2 pools depending on number of entries. Updates will be communicated to coaches in the technical bulletin.

**AWARDS:** Draw prizes for best times and times ending with 0.10. Prize for Finals Winners.

**Broken Candy Cane Award:** Swimmers obtaining an eligible swim in all 4 events of 50m strokes (Breast, Free, Back and Fly) during Friday night prelims will be eligible to win the 50's add-up award. The **fastest add-up time per gender of all 4 events** in the following age groups will be awarded a prize: 8&U, 9, 10, 11, 12, 13, 14, 15&O.

## EVENT LIST

### Friday

Prelims	
<b>Warm-up</b>	<b>4:00pm</b>
<b>Start</b>	<b>5:00pm</b>
50m Breaststroke*	
50m Freestyle*	
50m Backstroke*	
50m Butterfly*	
<p>* Finals for 50's are on Saturday &amp; Sunday PM.                      * Broken Candy Cane Award is based off of add-up results from 50's on Friday PM only.</p>	

### Saturday

Prelims		Finals	
<b>Warm-up</b>	<b>8:00am</b>	<b>Warm-up</b>	<b>4:00pm</b>
<b>Start</b>	<b>9:00am</b>	<b>Start</b>	<b>5:00pm</b>
400m Individual Medley (TF)		4 x50m Medley Relay	
100m Breaststroke		100m Breaststroke	
200m Backstroke		50m Butterfly	
100m Freestyle		200m Backstroke	
200m Individual Medley		100m Freestyle	
		50m Backstroke	
		200m Individual Medley	

### Sunday

Prelims		Finals	
<b>Warm-up</b>	<b>8:00am</b>	<b>Warm-up</b>	<b>3:00pm</b>
<b>Start</b>	<b>9:00am</b>	<b>Start</b>	<b>4:00pm</b>
200 Freestyle		4x50m Free Relay	
100m Butterfly		200m Freestyle	
100m Backstroke		50m Breaststroke	
400m Freestyle (TF)		100m Butterfly	
		50m Freestyle	
		100m Backstroke	