



**SWIM ALBERTA PROVINCIAL SERIES FINALE:**

**47<sup>TH</sup> ANNUAL**

**EDMONTON  
KEYANO  
INTERNATIONAL**

**JULY 4-7, 2024**

**4<sup>th</sup> Annual Currie Cup**

**4 days of Heats and Finals!**

**For AB Summer Provincial  
Qualifiers**

**Famous BBQ night!**

---

**Meet Managers**

Sara Pretzlaff  
Jennifer Flowers

**Advisory Referee**

Donna Cole

**Meet Entries**

Chris Nelson  
[entries@eksc.com](mailto:entries@eksc.com)



- DATES:** Entry Deadline: Thursday, June 13, 2024 before 11:59pm  
Adjustment Deadline: Thursday, June 27, 2024 before 11:59pm (No refunds after this deadline)  
Fees Due: Thursday, July 4, 2024 before start of session
- TECHNICAL MEETING:** Coaches' Technical meeting will be held on Thursday, July 4 at 7:15am by the Clerk of Course table.
- HOSTED BY:** Edmonton Keyano Swim Club
- FACILITY:** Kinsmen Sport Centre, 9100 Waltherdale Hill NW, Edmonton, Alberta, T6E 2V3  
10 lanes x 50-metre pool; Omega Electronic Timing System; 3 lanes x 50m lane warm up/cool down.
- DECK ACCESS:** Only participating swimmers, coaches and officials will be permitted on the pool deck and in the facility locker rooms. Access will be through the northwest stairwell from the viewing level of the Kinsmen Sports Centre.
- PHOTOS:** Photographers will only be permitted on the pool deck at the discretion and approval of the Meet Manager. Photographer accreditation is required to access the pool deck.
- SANCTION:** This meet is sanctioned by Swim Alberta.
- RULES:** The meet will be conducted under published World Aquatics and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.
- DIVING:** Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.
- Competition and Diving Readiness Standards - Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.
- SAFESPORT:** All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.
- SWIMWEAR:** All swimmers are permitted to race in the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
- ELIGIBILITY:** This competition is open to all swimmers currently registered with Swimming Canada or a World Aquatics affiliated club.
- UPDATES:** Please check [www.eksc.com](http://www.eksc.com) for the meet updates, psych sheets, session reports, technical bulletin.



**ENTRY FEES:** Individual Events 50-200m      \$16  
Individual Events 400-1500m      \$20  
Relays      \$24

Deck Entries may be accepted at the discretion of the meet manager and will be charged double the regular entry fee. Entry Fees are non-refundable after the adjustment deadline.

Please make cheques payable to Edmonton Keyano Swim Club.  
E-Transfers will be accepted at [generalmanager@eksc.com](mailto:generalmanager@eksc.com).

**ENTRY**

**PROCESS:** All entries must be submitted on-line at [www.swimming.ca](http://www.swimming.ca).

Submit using long course metre (LCM) times; short course times may be converted using the Hytek conversion factor. **No-time (NT) entries will not be accepted.**

Any entries changes made before the adjustment deadline shall be made through the Swimming Canada entries verification. After the adjustment deadline passes, please follow the Scratch Deadline procedures and contact [entries@eksc.com](mailto:entries@eksc.com) for requests for late entry with extenuating circumstances.

**DECK**

**ENTRIES:** Deck Entries may be permitted by Meet Management. Deck entries must include proof that the swimmer is fully registered with Swimming Canada. Deck Entries will be accepted as exhibition swims, only if the entry does not create a new heat.

**MEET LIMIT:** Maximum of 1000 swimmers will be accepted (the meet will run with a minimum of 150 swimmers). Priority will be given to teams who compete in all 4 days of the competition.

**ENTRY LIMIT:** Swimmers must meet the EKI standards.

Qualified swimmers are allowed 2 Bonus swims\* up to a maximum of 8 events.

Bonus entries are not allowed in the 400Fr, 800Fr, 1500Fr, 200Br or 400IM.

Meet management reserves the right to double lane the 800 & 1500 Free and/or limit entries or heats in 400m+ events due to time constraints.

**\* Bonus Swims must be marked as so in the entry file. Entries that do not meet the EKI standard and are not marked as Bonus will be removed from the meet.**

---

**MEET**

**FORMAT:** This is an open invitational competition.

**WARM-UPS:** Two Dive and Two Pace lanes will open for the last 20 minutes of the posted warm-ups.

**PRELIMS:** Prelims will be senior seeded by gender, slowest to faster, with the exception of the 400 Freestyle which will be swum fastest to slowest alternating gender after the fastest 2 heats.

**TIMED FINALS:** Time Finals will be senior seeded by gender, as per the following:

- 800 & 1500 Free will be senior seeded fastest to slowest, alternating female/male heats. All heats will swim in the preliminaries session with the exception that the fastest 10 swimmers overall, per gender, will swim in Finals.
  - Meet management reserves the right to double lane 800/1500m events if time requires.
- Relays will be seeded fastest to slowest and will swim in Finals.
  - Meet management reserves the right to move some or all heats of relays to the preliminaries session depending on the number of entries and session lengths of Finals.



**FINALS:** Order of events in Finals will be all female heats for an event, followed by all male heats, youngest to oldest. A Finals will run before B Finals.

**AGE GROUPS: Age Groups for 50, 100, 200m events in Finals:**

Girls: 11 & under, 12 years old, 13 years old, 14 years old, 15 & older

Boys: 12 & under, 13 years old, 14 years old, 15 years old, 16 & older

Finals in 50, 100, 200m events will have A Finals for all age groups, except that the 15(f)/16(m) & older age groups will have A & B Finals.

**Age Groups for 400m events in Finals:**

Girls: 12&under, 13-14 years old, 15 & older

Boys: 13&under, 14-15 years old, 16 & older

Finals for 400m events will have A Finals only for each age group.

**Age Groups for 800, 1500 Freestyle and all Relay events (timed finals events):**

Girls: 12&under, 13-14 years old, 15 & older

Boys: 13&under, 14-15 years old, 16 & older

Mixed: 13&under, 14-15 years old, 16 & older

Results will be posted and awards based on the above age groups.

**RELAYS:** Relay Cards are due by the end of preliminaries. Changes will be accepted at the Administration Desk up to 30 minutes prior to the start of the relays.

**SCRATCH**

**DEADLINES:** The Swim Alberta Scratch rule will be in effect for this competition with the following exceptions:

- All Finals: Due 15 minutes after the conclusion of prelims on the same day.

Scratches prior to the start of the competition will be accepted by email to [entries@eksc.com](mailto:entries@eksc.com).

- Thursday Prelims: Due Wednesday at 5:00pm (by email to [entries@eksc.com](mailto:entries@eksc.com)).
- Friday, Saturday & Sunday Prelims: Due 5 minutes after the previous Finals session.
- As a courtesy, we request that coaches declare any known no-shows to the clerk of the course at least 30 minutes prior to the start of each session. Please make your scratches to save us all time and empty lanes.

**POSITIVE**

**CHECK-IN:** Swimmers in the 400 Free, 800 Free and 1500 Free must positively check-in at the Clerk of Course no later than 15 minutes after the start of warm-ups of the preliminaries session on the day of the event. There is no penalty for swimmers who do not check-in. Failure to check-in will be deemed a scratch.

Once checked-in a swimmer is not entitled to scratch the event. No shows, step downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events, except relays, scheduled for that day.

**NO SHOWS,**

**STEP DOWNS:** There is no penalty for no shows in prelims, though we ask that you notify the referee as a courtesy.

In Finals, no shows, step downs & unexcused incomplete swims will be scratched from all remaining events for the session except relay swims. There is no penalty for missed relays, however, please make every effort to scratch unnecessary relay entries.

---



## ***The Currie Cup!!***

**THE CUP:** The Currie Cup is an award dedicated to one of Edmonton Keyano Swim Club's dearest founding members, **Ollie Currie**, who over the course of 5 decades supported Alberta's swimmers at the local, provincial, and national levels. She was a member of Team Canada's national team staff throughout the 1980's and helped to bring the Pan Pacific Games and FINA World Cup to Edmonton. She proudly supported all local swimming events - Special Olympics, age group events and Masters events, International Games - with the enthusiasm and respect for all that guide's Keyano's philosophy to this day.

**WINNERS:** **The Highest World Aquatic Point score, Male & Female, for any swimmer's top swim in Finals (or Timed Final event), awarded each day.**

**TROPHY:** The Currie Cup trophy will be on display throughout the weekend.  
Winners' names will be engraved on the Cup for display at future EKI meets.

### **OTHER**

**AWARDS:** Medals will be presented to the top three finishers of the A final in all events, including relays.

Bell heats will be rung in preliminaries. Winners of a Bell heat will receive a prize ticket to be redeemed at the Awards table.

### **EKI**

**HOSPITALITY:** Hospitality for coaches and officials for all sessions will be available in the Kinette Room, just upstairs from the pool deck. On the evening of the BBQ & Social event there will be only snacks and beverages in hospitality – meals will be available out at the BBQ venue.

### **SATURDAY**

**BBQ & SOCIAL:** The traditional EKI BBQ & Social event will be during / after Saturday **evening's Finals session**. Swimmers and volunteers will be able to grab some BBQ when they are done for the day. Coaches and officials will have a private VIP room to enjoy some drinks and BBQ when the session is over. Come relax after the session – you won't find a better, faster, or more free meal anywhere else!

Swimmers, coaches and volunteers will receive a ticket for 1 free meal from the Keyano BBQ event – more information to come!

BBQ is located in the same parking lot as the Kinsmen Sport Centre. It is a straight walk across the soccer field from the Kinsmen main entrance in the first building beside the tennis courts. The building is called the Kinsmen Club of Edmonton; you'll smell your way over easily. 😊

## EKI 2024 Qualifying Times \*

Girls					Event	Boys				
EKI Qualifying Time (LCM)						EKI Qualifying Time (LCM)				
11&U	12 yo	13 yo	14 yo	15&O		12&U	13 yo	14 yo	15 yo	16&O
34.70	33.70	32.60	31.60	31.10	50 Freestyle	32.80	31.80	30.50	29.10	27.70
1:16.40	1:14.40	1:12.00	1:09.10	1:07.10	100 Freestyle	1:12.20	1:10.20	1:07.20	1:03.70	1:00.60
2:47.70	2:43.70	2:37.20	2:30.70	2:26.10	200 Freestyle	2:38.70	2:34.70	2:27.70	2:20.60	2:13.10
5:51.70	5:51.70	5:23.30	5:23.30	5:12.20	400 Freestyle	5:34.10	5:34.10	5:05.00	5:05.00	4:50.80
12:00.60	12:00.60	11:02.60	11:02.60	10:39.80	800 Freestyle	11:38.10	11:38.10	10:37.10	10:37.10	10:07.60
21:00.00	21:00.00	20:30.00	20:30.00	20:00.00	1500 Freestyle	20:15.00	20:15.00	19:30.00	19:30.00	18:45.00
40.20	39.20	37.70	36.20	35.40	50 Backstroke	38.2	37.20	35.70	34.10	31.80
1:26.60	1:24.60	1:20.40	1:17.90	1:15.70	100 Backstroke	1:22.50	1:20.50	1:16.70	1:12.90	1:08.40
3:07.50	3:03.50	2:56.30	2:49.10	2:43.60	200 Backstroke	2:59.10	2:55.10	2:46.90	2:38.70	2:31.30
45.50	44.50	42.90	41.30	39.30	50 Breaststroke	42.90	41.90	40.00	38.10	35.00
1:39.10	1:37.10	1:33.70	1:30.20	1:26.30	100 Breaststroke	1:33.70	1:31.70	1:27.70	1:23.60	1:17.10
3:35.90	3:31.90	3:24.70	3:17.40	3:09.20	200 Breaststroke	3:24.70	3:20.70	3:13.10	3:05.50	2:51.40
38.60	37.60	36.20	34.70	33.10	50 Butterfly	36.50	35.50	33.70	31.90	29.70
1:29.90	1:27.90	1:23.50	1:19.00	1:13.70	100 Butterfly	1:23.80	1:21.80	1:17.10	1:12.30	1:06.10
3:16.50	3:12.50	3:02.80	2:53.10	2:41.50	200 Butterfly	3:09.20	3:05.20	2:54.50	2:43.80	2:29.80
3:09.70	3:05.70	2:58.50	2:51.20	2:46.40	200 Individual Medley	2:59.40	2:55.40	2:47.50	2:39.60	2:33.70
6:34.70	6:34.70	6:03.90	6:03.90	5:53.60	400 Individual Medley	6:15.60	6:15.60	5:41.90	5:41.90	5:29.30

\* Qualifying Times are noted in the table above and in the Hytek entry file.

\* EKSC reserves the right to enter swimmers over the qualifying time.

\* Alberta swimmers who qualify in the Top 20 rankings for Alberta Summer Championships will be considered qualified in their top 20-ranked events, even if their personal best is not faster than the above standards.

**THURSDAY**

Session 1: Thursday Prelims Warm-up 7:30-8:20am; Start 8:30am	Session 2: Thursday Finals Warm-up 4:00-5:00pm; Start 5:00pm
200 Freestyle	800 Freestyle
50 Butterfly	200 Freestyle
100 Breaststroke	50 Butterfly
50 Backstroke	100 Breaststroke
800 Freestyle	50 Backstroke
	4x50 Free Relay

**FRIDAY**

Session 3: Friday Prelims Warm-up 7:30-8:20am; Start 8:30am	Session 4: Friday Finals Warm-up 4:00-5:00pm; Start 5:00pm
100 Freestyle	100 Freestyle
200 Breaststroke	200 Breaststroke
400 IM	400 IM
100 Butterfly	100 Butterfly
	4x50 Medley Relay

**SATURDAY**

Session 5: Saturday Prelims Warm-up 7:30-8:20am; Start 8:30am	Session 6: Saturday Finals Warm-up 4:00-5:00pm; Start 5:00pm
200 Butterfly	200 Butterfly
100 Backstroke	100 Backstroke
50 Breaststroke	50 Breaststroke
400 Freestyle	400 Freestyle
	4x50 Mixed Free Relay

**SUNDAY**

Session 7: Sunday Prelims Warm-up 7:30-8:20am; Start 8:30am	Session 8: Sunday Finals Warm-up 4:00-5:00pm; Start 5:00pm
200 Backstroke	1500 Freestyle
50 Freestyle	200 Backstroke
200 IM	50 Freestyle
1500 Freestyle	200 IM
	4x50 Mixed Medley Relay