

Edmonton Keyano Summer Training Calendar June 23 - July 28, 2024

Only swimmer competing in July competitions will train after Jun 28.
There are no additional training fees for July training; training time for Championship meets in July is already budgeted.
Gold swimmers not competing in July may register for our Summer Camps, which start the week of July 8.

Sunday, Jun 23 Monday, Jun 24 Tuesday, Jun 25 Wednesday, Jun 26 Thursday, Jun 27 Friday, Jun 28 Saturday, Jun 29

Sr Nat	Normal training for all Performance & Gold Groups the week of June 23-29 Gold Groups continue to train at their home pools until Jun 28
Jr Nat	
Sr Pro	
Jr Pro	
Gold	

Sunday, Jun 30 Monday, Jul 1 Tuesday, Jul 2 Wednesday, Jul 3 Thursday, Jul 4 Friday, Jul 5 Saturday, Jul 6

Sr Nat		8:00-10:00am	2:00-4:00pm	6:00-8:00am 2:00-4:00pm			
Jr Nat		10:00-noon	4:00-6:00pm	4:00-6:00pm			
Sr Pro		11:30-1:15pm	6:00-7:30pm	6:00-7:00pm			
Jr Pro		8:00-10:00am	12:30-2:00pm	12:30-2:00pm			
Gold		10:00-11:30am	11:00-12:30pm	11:00-12:30pm			
		CANADA DAY!					

Sunday, Jul 7 Monday, Jul 8 Tuesday, Jul 9 Wednesday, Jul 10 Thursday, Jul 11 Friday, Jul 12 Saturday, Jul 13

Sr Nat			2:00-4:00pm	6:00-8:00am 2:00-4:00pm	2:00-4:00pm	6:00-8:00am 2:00-4:00pm	7:00-9:00am
Jr Nat			4:00-6:00pm	4:00-6:00pm	8:00-10:00am 4:00-6:00pm	4:00-6:00pm	7:00-9:00am
Sr Pro			6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	7:00-9:00am
Jr Pro w Gold			8:00-9:45am	8:00-9:30am	10:00-11:45am	8:00-9:30am	7:00-9:00am
		EKI Day 4	OFF After EKI				

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	Sunday, Jul 14	Monday, Jul 15	Tuesday, Jul 16	Wednesday, Jul 17	Thursday, Jul 18	Friday, Jul 19	Saturday, Jul 20
Sr Nat		6:00-8:00am 2:00-4:00pm	2:00-4:00pm	2:00-4:00pm	2:00-4:00pm	6:00-8:00am 2:00-4:00pm	7:00-9:00am
Jr Nat		4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	4:00-6:00pm	7:00-9:00am
Sr Pro		6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	7:00-9:00am
Jr Pro w Gold		8:00-9:30am	8:00-9:45am	8:00-9:30am	10:00-11:45am	8:00-9:30am	7:00-9:00am

	Sunday, Jul 21	Monday, Jul 22	Tuesday, Jul 23	Wednesday, Jul 24	Thursday, Jul 25	Friday, Jul 26	Saturday, Jul 27
Sr Nat		Off to Summer Nationals Swimmers attending Provincials follow Jr Nat schedule					
Jr Nat		4:00-6:00pm	4:00-6:00pm	4:00-5:00pm			
Sr Pro		4:00-6:00pm	4:00-6:00pm	4:00-5:00pm			
Jr Pro w Gold		8:00-9:30am	8:00-9:30am	8:30-9:30am			
		Depart for Nationals					