



## EKSC DAILY SCREENING TOOL

If an individual answer **yes** to any of the questions, they **must not** be allowed to participate in the sport. Children and youth will need a parent to assist them to complete this screening tool.

1.	Do you/your child have any of the symptoms that are new <u>or</u> worsened if associated allergies, chronic, or pre-existing conditions:	CIRCLE ONE	
		YES	NO
	Fever	YES	NO
	Cough	YES	NO
	Shortness of Breath / Difficulty Breathing	YES	NO
	Sore throat	YES	NO
	Chills	YES	NO
	Painful swallowing	YES	NO
	Runny Nose / Nasal Congestion	YES	NO
	Feeling unwell / Fatigued	YES	NO
	Nausea / Vomiting / Diarrhea	YES	NO
	Unexplained loss of appetite	YES	NO
	Loss of sense of taste or smell	YES	NO
	Muscle/ Joint aches	YES	NO
	Headache	YES	NO
	Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Has the person attending the activity/facility travelled outside of Canada in the last 14 days?	YES	NO
3.	Have you/your child had close <u>unprotected*</u> contact (face-to-face contact within 2 metres/6 feet) with someone who has travelled outside of Canada in the last 14 days and who is ill**?	YES	NO
4.	Have you/your child attending the program or activity had close <u>unprotected*</u> contact (face-to-face contact within 2 metres/6 feet) in the last 14 days with someone who is ill**?	YES	NO
5.	Have you/your child or anyone in your household been in close <u>unprotected*</u> contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO

\* "unprotected" means close contact without appropriate personal protective equipment.

\*\* "ill" means someone with COVID-19 symptoms on the list above.

If you have answered "**yes**" to any of the above questions **do not** participate. Stay home and complete the following:

# EDMONTON KEYANO SWIM CLUB

#106, 9100 WALTERDALE HILL NW - EDMONTON, ALBERTA



- You must not attend training until the following can be completed;
  - a. Use the AHS Covid-19 Self- Assessment tool to determine the next course of action;  
<https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>
  - b. If testing is recommended, a test should be scheduled. You should not return to training until you receive a negative test or clearance from a licensed medical professional;
  - c. If testing is not recommended, then you may return to training as soon as any other AHS/medical recommendations are completed;
- Notify your group coach and email Chris Nelson at [generalmanager@eksc.com](mailto:generalmanager@eksc.com) to inform them of the absence.
- Prior to returning, please complete the “Return to Training after Illness Google Form” (Link on [www.eksc.com](http://www.eksc.com) under Covid-19 Updates)

If you are still unsure after completing the AHS Covid-19 Self-Assessment tool, [please contact Health Link at 811](#) to seek additional medical advice.

