



## Call for Expression of Interest

### Board of Directors, FAST

We are always looking for members who may be interested in becoming a member of the Board as positions become available. The governance of FAST requires energetic and enthusiastic individuals who are able to dedicate their time and expertise to help provide direction and stability to the organization.

If you think you're interested, we want to hear from you!

FAST's Board of Directors is composed of eight voting members with a combination of backgrounds/expertise in sport, community, business, finance, leadership, communications and other areas critical to its operations.

Board members are elected by FAST's membership at an Annual General Meeting. A Director's term of office is two (2) years.

The Board concentrates its efforts towards organizational strategy; performance, risk, people, policy and resources. This includes:

- Helping determine where the organization is heading & where it is compared to our planning;
- Identifying the obstacles and opportunities the organization might face & monitoring how to mitigate risks & act on opportunities;
- Helping to determine who does what & monitoring how well people are performing;
- Setting organizational boundaries and guidelines; monitoring how effective FAST's policies are and updating or adapting them as necessary; and
- Helping to resource the organization's efforts & determining how well FAST is doing compared to the budget.

Directors are nominated based upon their demonstrated ability to contribute to the governance of FAST and to help fulfill the Board's fiduciary responsibility. The specific characteristics and competencies deemed suitable for the board at any given time will complement the overall body of knowledge and skills possessed by the Board and its Directors as a whole, to effectively govern FAST and its operations.

On average, FAST has twelve (12) Board Meetings per year either in person or via video conference (up to 2 hours each). Chairing or liaising with at least one FAST Committee is expected. Committees are all **hands-on working committees**, not just providing advice and guidance.

If interested, please use the link below to submit your expression of interest to the Nomination Committee.

The nomination process considers competencies, skill-sets and Board diversity.

<https://forms.gle/813yKd81ra819D8w8>