

SASKATOON JUNIOR GOLDFINS UPDATES **HOT NEWS**





IMPORTANT DATES

REPORT CARDS & KICKING KRAZY December 17th-19th, 2023

WINTER BREAK (No Lessons) December 21 - January 4th, 2024

> **LESSONS RESUME** January 5th, 2024

Testing January 8th-14th, 2024

LESSONS CANCELLED February 2nd-4th, 2024

Kicking Krazy February 11th-13th, 2024

February Break February 18th-23rd, 2024

LESSONS CANCELLED March 7th-10th, 2024

What's Been Happening?

The Saskatoon Junior Goldfins Swimming Lessons Program has been hard at work these past three months! The coaches have been putting in their time and dedication into their lessons and it is very evident that they are teaching their swimmers new skills and we are seeing our swimmers mastering their skills every lesson.

Saskatoon Junior Goldfins Fall Graduation 2023

The Saskatoon Goldfins Board of Directors and Coaches would like to congratulate the following Saskatoon Junior Goldfins swimmers as they have recently graduated to the Saskatoon Goldfins Swim Club's White 1 competitive training program.

> **Brette White** Judy Zhou



JUNIOR GOLDFINS TIMED 25M KICK & 50M KICK TESTING RESULTS - NOVEMBER 2023

This season, the Junior Goldfins swimmers will be performing standardized kick testing . The Junior Goldfins Bronze Groups will be performing a timed 25M Freestyle Kick Test, the Junior Goldfins Silver Groups will be performing a timed 50m Kick Test & Gold Level Lessons will be performing a timed 50m Kick Test.

TOP 3 JUNIOR GOLDFINS KICK TEST RESULTS - NOVEMBER 2023



JR Goldfins Times 25m Freestyle Kick - Bronze

#1 - Simrin Virdi - 32.41 #2 - Maebry Schmidt - 33.44 #3 - Victoria Dickson - 36.09

JR Goldfins Times 50m Freestyle Kick - Silver

#1 - Claire Prestupa - 1:08.53 #2 - Natalie Pham - 1:11.27 #3 - Sophia Nesteroff - 1:11.77

JR Goldfins Times 50m Freestyle Kick - Gold

#1 - Aiva Javier - 1:03.22 #2 - Eva-Olaya Thompson - 1:07.95 #3 - Harrison Bruce - 1:08.67









JUNIOR GOLDFINS Little Caesars 2023 Fall Fun Meet Results

PIZZA and Personal Bests at the 2023 Little Caesars Fall Fun Meet & Friday Night at the Races

The Saskatoon Goldfins Swim Club hosted the first Little Caesars Fun Meet of the 2023-2024 Swim Season, Friday, November 24th, 2023 at the Shaw Centre, Saskatoon, SK.

Little Caesars 2022 Fall Fun Meet Statistics: 14 Junior Goldfins Competitive Events 112 Junior Goldfins Swimmers 41 Goldfin Competitive Swimmers 15 Goldfins Coaches in Attendance 355 Personal Best Times



Congratulations to the Junior Goldfins and Goldfins competitive swimmers who posted 100% personal best times: Erioluwa Agbejule, Inioluwa Agbejule, Nicole Aimuan, Quinn Anholt, Adelaide Bartlett, Everly Bartlett, Harper Bear, Allie Berscheid, Emily Berscheid, Oliver Bi, Thomas Bourassa, Briana Boyko, Jasper Boyko, Finley Bruce, Archer Chalmers, Mia Crandall, Isabella Cressman, Austin Davis, Max Day-Wiggins, Vivienne Day-Wiggins, Tessa Diaz Donovan, Robyn Diederichs, James Ellis, Malak Emara, Arya Engel-Mathison, Sawyer Frith, Alice Fu, Claire Gerich, Cora Giblin, Steven Goncharov, Miller Gotto, Summer Gullacher, Jane Gunn, Theresa Gunn, Ava Gursky, Fynn Hankewich, Sawyer Hankewich, Everly Haver, Rayna Haver, Emmy Hoffmann, Lev Kardynal, Harriette Kastanya-Pappas, Grayson Keays, Landon Kennedy, Ariah Kent-Rodgman, Otis Koroll, Ronan Lange, Erik Larson, Ha Le, Zoe Liakopoulos, Lucas Li, Katie Longjohn, Rosalie Madzair, Magali Marchildon, Louie Masich, Palmer Masich, Oscar Metz, Sasha Miller, Blaise Mitchell, Haia Mohamed, Atticus Mowat, Avyn Munshaw, Lan Nguyen, Eigen Pascua, Ivy Peters, Natalie Pham, Layla Phung, Zachary Rans, London Ratzlaff, Brady Roy, Abby Ryback, Caitlyn Samonte, Carson Sereda-Wosminity, Malak Shehata, Phillip Shorte, Alec Sothilingam, Will Sothilingam, Shay Sullivan, Chloey Sun, Abigail Takagi, Lucas Tse, Reese Veikle, Russell Wailing, Sloan Wailing, Mariah Weber, Daniel Xie, Norah Yeung and Hannah Yonkman.





JUNIOR GOLDFINS Little Caesars 2023 Fall Fun Meet Results (Continued)

PIZZA and Personal Bests at the 2023 Little Caesars Fall Fun Meet & Friday Night at the Races



Top 3 Most Improved Junior Goldfins Bronze Group Events:

Leilani Hitchings Summer Gullacher Nicole Aimuan 25 Backstroke 25 Backstroke 25 Freestyle "-33.40" 37.8% Improvement "-25.50" 37.6% Improvement "-24.66" 36.0% Improvement

Top 3 Most Improved Junior Goldfins Silver Group Events:

Liam Veikle Esmee Crandall Zachary Rans 50 Freestyle 25 Backstroke 50 Freestyle "-46.16" "-21.29" "-25.94"

36.9% Improvement 36.6% Improvement 28.3% Improvement

Top 3 Most Improved Junior Goldfins Gold Group Events:

Brady Roy Jasper Boyko Zoe Liakopoulos 50 Backstroke 50 Backstroke 50 Backstroke "-50.09" "-40.53" "-40.09"

45.1% Improvement 34.9% Improvement 34.7% Improvement







JUNIOR GOLDFINS Little Caesars 2023 Fall Fun Meet Results (Continued)

PIZZA and Personal Bests at the 2023 Little Caesars Fall Fun Meet & Friday Night at the Races

Top 3 Results from the Little Caesars 2023 Fall Fun Meet/Goldfins Friday Night at the Races:

Mixed 100M Freestyle: 1st – Mia Crandall, 2nd – Aishleen Mundi, 3rd – Palmer Masich Mixed 25M Freestyle: 1st – Victoria Dickson, 2nd – Simrin Virdi, 3rd – Steven Goncharov Mixed 50M Freestyle: 1st – Jasper Latus, 2nd – Louie Masich, 3rd – Sophia Nesteroff Mixed 50M Backstroke: 1st – Palmer Masich, 2nd – Aishleen Mundi, 3rd – Mia Crandall Mixed 25M Backstroke (Silver): 1st – Zachary Rans, 2nd – Jasper Latus, 3rd – Louie Masich Mixed 25M Backstroke (Bronze): 1st – Zachary Rans, 2nd – Jasper Latus, 3rd – Louie Masich Mixed 25M Backstroke (Bronze): 1st – Victoria Dickson, 2nd – Quinn Anholt, 3rd – Steven Goncharov Mixed 25M Freestyle Kick: 1st – Victoria Dickson, 2nd – Rosalie Madziar, 3rd – Erik Larsen Mixed 50M Freestyle Kick (Gold): 1st – Cora Giblin, 2nd – Samuel Munshaw, 3rd – Norah Young Mixed 50M Freestyle Kick (Silver): 1st – Lucas Li, 2nd – Natalie Pham, 3rd – Sawyer Hankewich



