### How many swimmers are in the Hyack swim club?

There are typically around 250 swimmers in the Hyack Swim Club every year.

### Does every swimmer need a team suit?

Yes! Swimmers are encouraged to wear team gear at all practices and meets. We want swimmers to proudly represent our club in team gear!

## Do I need to notify the coach if I will miss a practice?

Yes! It is important you notify the coach by email, text, or in person if you will miss a practice or be late.

## What are PVR points?

PVR stands for Parent Volunteer Requirements. Every family with Hyack must do volunteer work throughout the year. Our club relies heavily on volunteers to run our swim meets. You earn points by volunteeringfor various positions at our swim meets (eg. Timer, Stroke and Turn Official) or by joining the Board of Directors ora committee.

### How do I sign up to volunteer at one of the Hyack swim meets?

Approximately two weeks before one of the swim meets all the volunteer positions will be posted on the Hyack website. When you log in to your account you will see all the positions available, along with their point value. You sign up for positions that you are able to fulfill.

### When are the Hyack Swim meets?

Hyack typically host four big meets a year along with several smaller mini-meets for the younger swimmers. The four main meets are:

Brad Reid Memorial Invitational Short Course at CCAC - November long weekend

Hyack Icebreaker Short Course at CGP – Beginning of January

Hyack Festival Youth Cup long course at CGP - May long weekend

Hyack Summer Solstice long course at CCAC - End of June

### Can I earn PVR Points at a swim meet not hosted by Hyack?

Yes, but 75% of your PVR points must come from Hyack hosted meets. You must email the PVR coordinator if you volunteered for another club. Once the PVR coordinator confirms the job was completed, the points will be added to your account.

### What is the Swim a Thon?

Swim a thon is a special event where the swimmers attempt to swim the most number of lengths in a set time. Swimmers are asked to seek sponsorship for the number of lengths swam. The funds raised go to the Travel Fund, which is used to help offset the cost of travel to swimming competitions where travel outside the lower mainland is required..

### Where can I find results from a swim meet?

Log in to your account and find "Results and Rankings". From thereyou can see your results and track your progress. You can also view time standards here.

### What is the Hyack Pub Night?

The Pub Night Fundraiser happens every year, usually in the spring. This is a fun, adult-only event and is a great opportunity to mingle and get to know other parents in our club while enjoying a burger and a beer. There are usually fun game to play and prizes to be won! Each family pays for two tickets at the beginning of the season when they register for swimming.

#### What are Swim BC fees?

Swim BC is the governing body for swimming in the province and part of the Swim Canada infrastructure. Swim BC has fees that each swimmer must pay to be eligible for insurance and competition. These fees are non-refundable.

### If I have a question who should I contact?

- 1. Email or text your child's coach
- 2. For board related questions please contact board@hyack.com
- 3. For questions regarding your volunteer work please contact the PVR coordinator at <a href="PVR@hyack.com">PVR@hyack.com</a>.
- 4. For questions regarding your billing contact Andrew Lennstrom at <a href="mailto:lennstrom@hyack.com">lennstrom@hyack.com</a>@hyack.com

### **Monthly Fees:**

Monthly fees are the cost of swimming for the year of the group, divided by the number of months the group swims. Not all months are equal, but the cost is based on the annual cost of swimming.

# What are the Brad Reid and Alfred Wong Memorial Scholarships?

Hyack has been in existence since 1973, and over all these years, we have had some tragedy befall some of our swimmers. These two funds help swimmers who apply for them. The information is on the website. On your registration form, you can help keep the legacy of these funds perpetuating with your contributions.

### Schedule changes and notices:

The pools we operate from have other activities in them beside Hyack. From time to time, those activities require Hyack to make adjustments to the schedule the athletes and families are used to. As well, swim meets or holidays will affect a normal schedule. We will get the information out to groups affected by any change in the early part of each week. It is also posted on the website. Plan to check the website frequently for updates. It is your information hub.

### Do I need to sign up for all swim meets?

At the introductory levels, the swim meets sign up link is sent out for parents to sign their children up for. We encourage all families to consider signing up for each meet offered, in this way swimmers and the coaches can see the progress of each part of the season. Time standards are a challenge to attain at most levels, and will not come without racing experience.