



OSC 12 & Under Novice Series

Sunday November 26, 2023 to Sunday May 24, 2024
Kinsmen Sport Center, 9100 Walterdale Hill, Edmonton, AB



Welcome to the updated OSC12 & Under Novice Series for the 2023-2024 season. This year we have taken the step to include more novice level swim meets for swimmers aged 12 & under who have not achieved Provincial Trials Time Standards. **Swimmers who have achieved a Provincial Trials time standard are ineligible for this meet.** This is a 4-meet series full of fun racing for young novice swimmers. Our mission is to give young novice swimmers a chance to enjoy competitive swimming while striving to improve at each meet throughout the year.

MEET & SESSION INFORMATION			
#1	Sunday, November 26, 2023 - COMPLETED	Warm-Up: 1:00pm Start: 1:45pm	-8 lane 25m competition pool -OMEGA electronic timing and electronic scoreboard -Free Parking -Lockers (<i>own lock and free key</i>) are available -Upper Deck bleacher seating for spectators.
#2	Sunday, January 14, 2024	Finish: TBD	
#3	Sunday, April 7, 2024		
#4	Sunday May 24, 2024		

MEET MANAGEMENT
Meet Manager: Sue Buhler meetmanagerbuhler@olympianswimclub.com Sanctioning Referee: TBD Officials Chair: Sue Cabigon officials@olympianswimclub.com Entries: entries@olympianswimclub.com Office Contact: Shane Downey shane@olympianswimclub.com

DEADLINES

	Meet Date:	Entry Deadline	Scratch Deadline	
#1	COMPLETED	COMPLETED	COMPLETED	All meet entry fees must be received by no later than 1:15pm on the day of each meet.
#2	Sunday, January 14th, 2024	Tuesday, January 5th, 2024	Friday, January 8th, 2024	
#3	Sunday, April 7th, 2024	Monday, March 25th, 2024	Friday, March 29th, 2024	
#4	Sunday, May 24th, 2024	Monday May 11th, 2024	Friday, May 15th, 2024	

Entry Fees: \$45 per swimmer for each meet attended.

Entry fees are to be paid via cheque payable to "Olympian Swim Club". Please bring a cheque for your team's entry fees with you to the meet.

All entries must be submitted through the Swimming Canada online system

1. Swimmers must be registered with SNC.
2. All entries must be made using Hy-Tek and uploaded on www.swimming.ca/meetlist.aspx before the entry deadline.
3. **Deck entries will be accepted in exceptional circumstances only and are at the discretion of the Meet Manager. Entry fee for a swimmer not already entered in the meet is \$60**
4. The meet will be conducted under published World Aquatics rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. This meet package outlines all changes to and specific application of published rules. Swim Alberta policies and procedures, where appropriate will also apply.
5. Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

All Club entering this competition are required to submit a Club Verification Form stating that all swimmers entered in this competition have completed Swim Alberta's Competition Swim Test. Entries will not be accepted from Clubs who fail to provide this form.
6. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1
7. No refunds for swimmers scratched after the scratch deadline except with medical verification.

SWIMWEAR

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

MEET INFORMATION

1. OSC will accept a minimum of 100, and a maximum of 250 swimmers.
2. The Meet Manager reserves the right to limit entries.
3. The Age-Up date for each session is the date each meet runs.
4. Meet Management will assign warm up lanes to teams to be used for the first 25 minutes of warm-up. Lanes 1, 2, 7, & 8 will be cleared and used for dive lanes for the last 15 minutes of the warm-up. Lanes 3, 4, 5, & 6 may be used for the last 15 minutes of the warm-up by any team. Warm-up will end 5 minutes prior to the start of the meet.
5. Swimming Canada warm-up competition safety procedures will be in effect at this meet.
6. Late scratches are to be submitted to the Clerk of the Course by 1:00pm, or 45 minutes prior to the start of each meet.
Refunds will not be issued for late scratches.
7. No refunds for scratched events after the Scratch Deadline except with medical verification.
8. The Swim Alberta Scratch rule will be in effect for this competition.
10. Swimmers may enter a maximum of four events. Only ONE time trial entry (either a 100 or 200m) is permitted as one of the four.
11. The 100m events (Freestyle, Backstroke, Breaststroke, Butterfly, IM) are Time Trials to support Northern Alberta Festivals qualification, and shall be swum mixed, first come, first served, scaled by team size with only one heat of each event guaranteed at each meet. Only swimmers entered in other events in this meet are eligible to enter these events and are limited to one event only
12. The 200m Time Trial is limited to a swimmers with the Festival Qualifying Standard in the 100m event (i.e. To swim the 200m backstroke they must have the Festival Standard in the 100m backstroke for their age). Swimmers may only do either the 100m OR 200m Time Trial.
13. Results will be posted on swimming.ca.
14. Events will be swum **mixed gender**, seeded by age groups and slowest to fastest.
15. Backstroke ledges will **NOT** be used at the meet

Age Groups for this meet are:

- a. 7&under
- b. 8 years
- c. 9-10 years
- d. 11-12 years

ORDER OF EVENTS

7 & under	25 Freestyle	25 Butterfly	25 Backstroke	25 Breaststroke
8 years	50 Freestyle	25 Butterfly	50 Backstroke	50 Breaststroke
9-10 years	50 Freestyle	50 Butterfly	50 Backstroke	50 Breaststroke
11-12 years	50 Freestyle	50 Butterfly	50 Backstroke	50 Breaststroke
Mixed 12 & under	100m Time Trial (Freestyle, Backstroke, Breaststroke, Butterfly, IM) * Events may be combined to decrease number of heats			
Mixed 12 & under (Festival Qualifying Time in 100m event equivalent)	200m Time Trial ((Freestyle, Backstroke, Breaststroke, Butterfly, IM) * Events may be combined to decrease number of heats			

COACHES' TECHNICAL MEETING

A coaches' technical meeting will be held on deck at 1:10pm before each meet. All clubs are to have a coach representative present at the meeting.

SAFE SPORT

Swim Alberta provides a fun, healthy, inclusive and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competition environment is one where athletes, coaches, officials, volunteers and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment, or discrimination. Swim Alberta further recommends that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

POOL DECK & LOCKER ROOM ACCESS

Please Note: Kinsmen Sport Centre requires all participants, coaches and spectators to remove soiled outside foot wear before walking on the pool deck.

Locker rooms are open to the public. Bleachers are set up on the pool deck for swimmers and coaches use only. Only meet officials, swimmers and coaches are permitted on the pool deck. Bleacher seating is available for spectators above the pool deck. Flash photography is PROHIBITED. Non-flash photography is permitted from the bleachers.

TEAM SEATING & TEAM BANNERS

Teams will be located on the pool deck behind the coaches’ tables. It is expected that all teams will keep their team area clean and use the provided garbage and recycle bins. Team banners are welcome in designated areas.

SWIM MEET OFFICIALS

Assistance with officiating would be very much appreciated. Please contact the OSC Officials’ Chairperson at officials@olympianswimclub.com

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