

# Olympian Swim Club 24-25 Equipment List

All Swimmers must have their gear at the START of the season											
	JOW	JD	ow	JAG	Senior Competitive	Regional	Provincial	National			
Mesh Bag	×	×	×	×	×	×	×	×			
Training Suit	×	×	×	×	×	×	×	×			
Cap & Goggles (choice goggles & OSC cap)	×	×	×	×	×	×	×	×			
Water Bottle	×	×	×	×	×	×	×	×			
Team Shirt (part of registration package)	×	×	×	×	×	×	×	×			
Kickboard	×	×	×	×	×	×	×	×			
Fins	×	×	×	×	×	×	×	×			



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Snorkel		×	×	×	×	×
Pull Buoy		×	×	×	×	×
Paddles			×	×	×	×
Band			×	×	×	×
Racing Suit					×	×
Tempo Trainer					x	х

#### **Team Gear FAQ**

- All swimmers receive OSC team gear as part of the registration package please see the registration page for more information about what will be included this
- Any additional team gear can be ordered throughout the season via the OSC website.

### **Equipment FAQ**

- Fins/snorkels/paddles/pullbuoys/kickboards/backpacks/meshbags can be purchased through United Cycle, Team Aquatic Supply or LY Sports
- Paddles should not grossly exceed hand size for our developing athletes, this means you may need to size up paddles as you grow. Please talk to your group coach for the appropriate size.
- Additional equipment requirements may be directed from time to time for senior groups.

#### Suit FAQ

- Training suits can be used for competitions at all levels for in-season meets
- Swimmers at a Provincial level and below are **not** required to have a racing suit other than their training suit