

U of A POOL

JAG A

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
4:50-5:00pm (Arrival)	Online Google Meet	4:50-5:00pm (Arrival)	4:50-5:00pm (Arrival)	4:50-5:00pm (Arrival)		
5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)		
U of A Field	Online	U of A Field	U of A Field	U of A Field		

JAG B

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
4:50-5:00pm (Arrival)	Online Google Meet	5:50-6:00pm (Arrival)	4:50-5:00pm (Arrival)	4:50-5:00pm (Arrival)		
5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)	6:00-7:00pm (Dryland)	5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)		
U of A Field	Online	U of A Field	U of A Field	U of A Field		

OW

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:50-6:00pm (Arrival)	4:50-5:00pm (Arrival)		Online Google Meet	5:50-6:00pm (Arrival)		
6:00-7:00pm (Dryland)	5:00-6:00pm (Dryland)		5:00-6:00pm (Dryland)	6:00-7:00pm (Dryland)		
U of A Field	U of A Field		Online	U of A Field		

JOW / JD

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	5:50-6:00pm (Arrival)	Online Google Meet	5:50-6:00pm (Arrival)			
	6:00-7:00pm (Dryland)	5:00-6:00pm (Dryland)	6:00-7:00pm (Dryland)			
	U of A Field	Online	U of A Field			

FOUNTAIN PARK POOL

JAG A & B

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
3:50-4:00pm (Arrival)	3:50-4:00pm (Arrival)	Online Google Meet	3:50-4:00pm (Arrival)	3:50-4:00pm (Arrival)		
4:00-5:00pm (Dryland)	4:00-5:00pm (Dryland)	5:00-6:00pm (Dryland)	4:00-5:00pm (Dryland)	4:00-5:00pm (Dryland)		
Fountain Park Field	Fountain Park Field	Online	Fountain Park Field	Fountain Park Field		

OW A & B

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
4:50-5:00pm (Arrival)	4:50-5:00pm (Arrival)		Online Google Meet	4:50-5:00pm (Arrival)		
5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)		5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)		
Fountain Park Field	Fountain Park Field		Online	Fountain Park Field		

JOW/JD A

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	4:50-5:00pm (Arrival)	Online Google Meet	4:50-5:00pm (Arrival)			
	5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)	5:00-6:00pm (Dryland)			
	Fountain Park Field	Online	Fountain Park Field			

JOW/JD B

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	5:50-6:00pm (Arrival)	Online Google Meet	5:50-6:00pm (Arrival)			
	6:00-7:00pm (Dryland)	5:00-6:00pm (Dryland)	6:00-7:00pm (Dryland)			
	Fountain Park Field	Online	Fountain Park Field			

Legend

KINSMEN - Kinsmen Sports Centre
 U of A WEST - Main Competition Pool (North of the Butterdome)
 U of A EAST - By the Campus Gym (East of Butterdome)

DL – Dryland Training
 Arrival - Time frame to arrive before practice