



March Swimmer of the Month - Racing

The March Swimmer of the Month was awarded to the swimmer in each group who best exemplified the value of Racing, making the most of all available racing opportunities.

Racing is what the sport of competitive swimming is all about. When racers step up on the blocks, they swim courageously and risk it all for the chance to set a new personal best time. The best swimmers find ways to race and push themselves in both practice and competition. In the training environment, we race our teammates so that we can help each other become better day in and day out. When we step up on the blocks at a meet, we race ourselves and the clock to see what we can do. We have lots of exciting opportunities for racing this year!

- Racing means applying the competitive mindset to everything that you do
- Not just stepping up on the blocks when it counts, but giving it all every day
- The better that you are able to compete in practice, the better you will be at meets!

Congratulations to all of the swimmers winning Swimmer of the Month for March!



*High Performance
Breanna White*



*Performance
Emmitt Kingston*



*Age Group Performance
Roya Wong*



**Swimmer of the Month
March: Racing**



*UofA Junior Age Group
Josiah Niina*



*FPP Junior Age Group
Kendall Zaboroski*



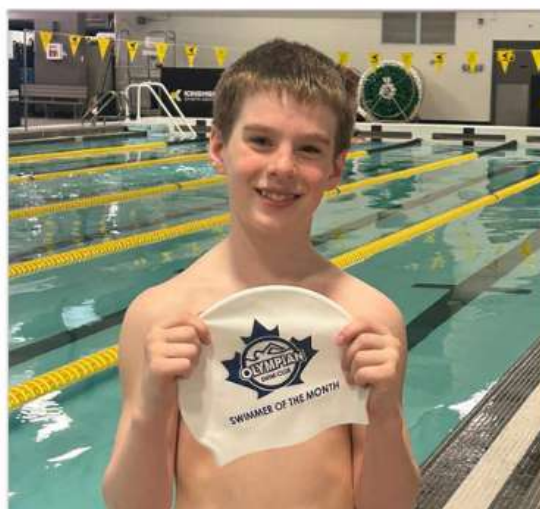
*TCRC Junior Age Group
Samuel Leyland*



**Swimmer of the Month
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*UofA Olympic Way
Sienna Lanni*



*FPP Olympic Way
Caleb Gunderson*



*TCRC Olympic Way
Fares Zidan*



**Swimmer of the Month
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*UofA Junior Olympic Way
Cecily Joseph*



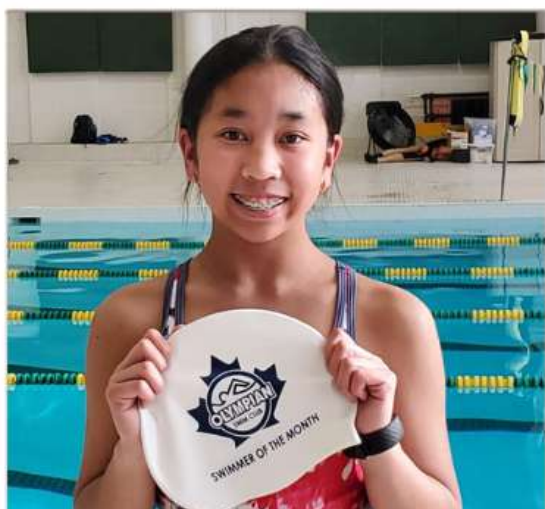
*FPP Junior Olympic Way 1
Sophia Trupp*



*TCRC Junior Olympic Way
Nathan Mah*



*FPP Junior Olympic Way 2
Grace Young*



*UofA Junior Development
Yzabella Tsang*



*FPP Junior Development
Mikka Laroff*



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