



## **2024-25 Swimmer Registration Information**

### *Welcome from the Head Coach*

To all current Patriots members and prospective new Members:

The following information outlines the Calgary Patriots Swim Club philosophy, training and group structure. The Patriots is a family-oriented, non-profit club that provides a competitive swim program to challenge individual swimmers of any level, while adhering to physiological principles.

This last year was an excellent year of growth for the Patriots. The swimmers developed their goal setting and workout habits, and we had some exceptional performances in the process. All squads showed excellent progress and we look to continue that this season. This year will involve developing individualized schedules and we will challenge the swimmers with unique training and competition opportunities. The Patriots will continue to offer a distinct program within the City of Calgary, at a reasonable fee for each squad. The program will still put the individual at the forefront as we develop the complete athlete.

The Patriots will focus on developing all swimmers at every level. We are looking to have a steady improvement curve through all stages of the sport. A strong technical focus and good athletic foundations are consistent elements of the Patriots program.

Registration for the 2024-25 season will be completed online on our website ([www.calgarypatriots.com](http://www.calgarypatriots.com)). Registration for returning members will begin on July 2, 2024, while new members can register starting July 15, 2024. This package also contains important reference material that you should save such as squad descriptions, training schedules, mandatory volunteer requirements and copies of waivers. If you are having trouble with the registration system, please let myself or Tara Gilmour, our Office Manager, know.

Please look over this package carefully and I look forward to working with you in the new swimming year.

Sincerely,  
Kevin Coulman ChPc, B.Sc. (Kin)  
Head Coach  
Calgary Patriots Swim Club

## Personal Information Protection Policy

When you become a Member\* of the Calgary Patriots Swim Club we will collect your name, address, telephone number, email, emergency contact information and credit card information. We also collect the names, age and gender of swimmers registered with the Club. We use this information to:

- Deliver coaching and swim services.
- Enroll a Member in a program.
- Send out membership information.
- Register swimmers in swim meets; and
- Register swimmers with Swim Alberta and Swim Canada.

We will only disclose the information for the purpose for which the information was collected, except as authorized by law. For example, we may use Members' information to register Members in swim meets with Swim Alberta and Swim Canada.

The full Calgary Patriots Swim Club Personal Information Protection Policy can be found [here](#).

By agreeing to Waiver 4 of the online registration, you will agree to this Policy.

**If you have any questions about the collection of your personal information, contact the Office Manager of the Calgary Patriots Swim Club:**

Tara Gilmour  
Calgary Patriots Swim Club  
2225 Macleod Trail South  
Calgary, Alberta T2G 5B6  
Email: [office@calgarypatriots.com](mailto:office@calgarypatriots.com)  
Phone: 403-452-4663

**\* Member categories, as defined in the Club's Bylaws, are the following:**

- Athlete Member** – Any individual who is a participant or athlete registered with the Club, and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations (or, if the individual is under the age of 18, who has had a parent or guardian agree to abide by the Club's Bylaws, policies, procedures, rules and regulations on behalf of the individual).
- Affiliate Member** – Any individual, who is a volunteer or official, who is registered directly with the Club, and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations.
- Honourary Member** – Any individual approved by Special Resolution of the Board who has contributed greatly to the development or promotion of the Club and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations.

# Calgary Patriots Swim Club Member Information

The following information is intended to inform you about:

1. The Patriots' training squads and associated practice schedules.
2. Squad and registration fees and related payment options.
3. Casino volunteer buyout and bingo credits.
4. Equipment and gear orders.
5. The tentative meet schedule for the upcoming season; and
6. Online registration waivers (to be signed off during registration).

## 1. TRAINING SQUADS & PRACTICE SCHEDULES (Coaching placement subject to change).

### **White Squad – Coaches: Elsie Whitney & Alex Pelletier**

White Squad is the Patriots' introduction into competitive swimming. It is aimed at young (8-10), inexperienced swimmers and places emphasis on the development of competitive swimming skills. Fun and enjoyment in the water is a vital part of this program. Competitions (Fundamental Circuit Meets) are generally local, are held approximately every four (4) weeks, with limited opportunity to travel.

### **Grey Squad – Coach: Chad Michie**

Grey Squad is the Patriots' second level of competitive swimming. It is aimed at swimmers aged 9 to 11. Emphasis at this level is still placed on the development of competitive skills and enjoyment of the sport. Competitions are held approximately every four (4) weeks with local meets and meets around Alberta.

### **Black Squad – Coach: Lauren Siarkowski**

Black Squad is the Patriots' advanced age group program aimed at swimmers aged 10 to 12. The emphasis in this squad is geared toward the competitive aspect of the sport with weight placed on the achievement of provincial qualifying times. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Alberta.

### **Red Squad – Coach: Brent Bester**

The Red Squad is the next step in age group swimming and is designed for swimmers aged 11-13. This Squad aims to guide swimmers through their final years of age group swimming and develop the skills necessary to succeed in senior swimming. Dryland training is introduced at this level. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Western Canada.

### **Bronze Squad – Coach: Jamie Connors**

The Bronze Squad is the Patriots' final step in age group swimming and is designed for swimmers aged 12-14. In this squad, we elevate the training intensity and environment with the goal of achieving an Alberta Champs qualification. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Western Canada.

### **Silver Squad – Coach: Marit Anderson**

The Silver Squad is the Patriots' first introduction to "senior" level training. At this level, the training becomes more intense while still maintaining a large emphasis on the continued development of swimming and life skills. The focus is to develop swimmers to be more complete athletes and to be individuals fully involved with the process of improvement.

### **Gold Squad – Coach: Kevin Coulman**

The Gold Squad is the Patriots' elite training program. At this level the emphasis is placed on performance and the attainment of Western and National qualifying times. Emphasis is placed on the refinement of both the physical and life skills necessary to compete at an elite level and understanding the process of training.

**TENTATIVE TRAINING SCHEDULE FOR 2024-25 SEASON – SEPTEMBER TO JUNE**

Squad	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gold	MNP 6:00-7:30am		MNP 6:00-7:30am			MNP 8:30-10:30am
	MNP 2:30-4:00pm or 4:00-5:30pm	MNP 2:30-4:15pm or 4:15-6:00pm	MNP 2:30-4:00pm or 4:00-5:30pm	MNP 2:30-4:30pm or 4:30-6:30pm	MNP 2:00-3:20pm or 3:20-4:40pm	
Silver		MRU 6:00-7:30am <b>(Pick 1 AM)*</b>		MRU 6:00-7:30am <b>(Pick 1 AM)*</b>		MNP 8:30-10:30am
	MNP 4:00-5:30pm or 5:30-7:00pm	MRU 4:00-5:30pm	MNP 4:00-5:30pm or 5:30-7:00pm	MRU 4:00-5:30pm	MNP 3:20-4:40pm or 4:40-6:00pm	
Gold & Silver Dryland	MNP 5:15-6:00pm		MNP 5:15-6:00pm		MNP 3:30-4:30pm	
Bronze		MRU 6:00-7:30am <b>(Pick 1 Tue)*</b>		MRU 6:00-7:30am <b>(Pick 1 Thur)*</b>	MRU 6:00-7:30am <b>(Pick 1 Fri)*</b>	MNP 8:30-10:30am
	MNP 5:30-7:00pm	MRU 4:00-5:30pm <b>(Pick 1 Tue)*</b>	MNP 5:30-7:00pm	MRU 4:00-5:30pm <b>(Pick 1 Thur)*</b>	MRU 3:00-4:30pm or 4:30-6:00pm <b>(Pick 1 Fri)*</b>	
Red					MRU 6:00-7:30am <b>(Pick 1 Fri)*</b>	MNP 8:30-10:30am
	MRU 5:30-7:00pm	MRU 5:30-7:00pm	MRU 5:30-7:00pm	MRU 5:30-7:00pm	MRU 3:00-4:30pm or 4:30-6:00pm <b>(Pick 1 Fri)*</b>	
Black						MRU 6:30-8:00am
	MRU 5:30-7:00pm	MRU 5:30-7:00pm <b>(Pick 1)*</b>	MRU 5:30-7:00pm	MRU 5:30-7:00pm <b>(Pick 1)*</b>	MRU 3:00-4:30pm or 4:30-6:00pm	
Grey						MRU 6:30-8:00am
	MRU 4:00-5:30pm		MRU 4:00-5:30pm		MRU 3:00-4:30pm or 4:30-6:00pm	
White 1		Glenmore 4:00-5:30pm		Glenmore 4:00-5:30pm	Glenmore 4:00-5:30pm	
White 2	MRU 4:00-5:30pm		MRU 4:00-5:30pm		Glenmore 4:00-5:30pm	

All times are in the water. Swimmers should be on deck 10-15 mins earlier than the listed time if the pool is available at that time.

\*Option days must be pre-approved by the squad coach.

## 2. 2024-25 FEES

### a. Squad and Registration Fees

<b>Part 1. Monthly Squad Fees – September to June</b>			
Gold Squad	\$303.00	Black Squad	\$227.00
Silver Squad	\$281.00	Grey Squad	\$156.00
Bronze Squad	\$257.00	White Squad	\$126.00
Red Squad	\$257.00		

Note: A 10% discount will be provided to all swimmers coaching with Calgary P-too.

<b>Part 2. Annual Registration and Membership Fee</b>	
White & Grey: Annual Registration Fee per swimmer	\$240.00
Black to Gold: Annual Registration Fee per swimmer	\$260.00

<b>Part 3. Casino Buyout Fee (optional)</b>	
All squads: Fee per family	\$250.00

### b. Payment of Fees

All members will be billed squad fees on a monthly basis. At the time of registration (July), you will be charged the Annual Registration and Membership fee (\$240 or \$260). If you choose to opt out of casino volunteering, you can do so at the time of registration, and the **\$250\*** opt out fee will be billed on September 1, 2024. The first monthly squad fee payment will also be billed on September 1, 2024.

Please ensure you keep a current credit card on file so we can charge your account for monthly squad fees, meet fees, and any equipment purchases.

**\*Figure is subject to change.**

## 3. CASINO BUYOUT & BINGO CREDITS

Casino funding and bingo proceeds provide much-needed support for the Club and offer an excellent opportunity to connect with other Patriots' members. The Club's requirements regarding casino and bingo participation are as follows:

### a. Casino Shift Commitment:

The Club is scheduled for a casino approximately every 18-24 months. The next scheduled casino is anticipated to take place in July, August, or September 2025. The commitment requirements are as follows:

- To access casino funding, the Club requires approximately 40 Members to work a casino shift over two days.
- Each casino shift requires a commitment of between 4-9 hours.

## **b. Registration Options:**

At the time of registration, each family must choose to:

- Have a family member work one casino shift, or
- Pay an annual buyout fee of **\$250\***, payable September 1st, 2024.

If a family joins after the casino has occurred, they'll automatically be billed the **\$250\*** buyout fee.

## **c. Penalties for Non-Compliance:**

Families who elect to work a casino shift at registration but:

- Do not sign up for a casino shift when requested to do so,
- Cancel a scheduled shift, or
- Do not show up for a scheduled casino shift,

will be billed **\$400\*** through their Patriots account unless they find another member to fulfill their commitment.

## **d. Amending Election:**

Families who elected to work a casino shift will be provided the opportunity to amend their election within 7 days of the dates for the casino being conveyed to the membership.

Families who amend their election will be billed the **\$250\*** buyout fee to their Patriots account.

## **e. Bingo Credits:**

The Club has an ongoing need for parents to work bingos at the Bingo Palace, located at 2604 35 Avenue NE, Calgary. ([www.thebingopalace.ca](http://www.thebingopalace.ca)). The funding from bingo proceeds helps subsidize costs for the Club.

While there is no requirement for families to work bingo shifts, in return for their time and support, a Member will receive an **\$80\* credit** per shift worked towards their Patriots account.

- Each bingo shift involves 5 Members working 5-hour shifts approximately 2 or 3 times per month.
- Workers take on various roles, including chairperson, paymaster, bingo verifier, and sellers. No prior experience is necessary, as training is provided.
- The bingo dates for the 2024-2025 season will be communicated to Members via email during the summer and listed on the Club's website.
- The Bingo Coordinator will select Members from the list of sign-ups. If you're chosen, you'll receive a notification and necessary details.
- Once selected, it's essential to honour your commitment. If you can't attend your shift, inform the Bingo Coordinator promptly to arrange a replacement.

If you're interested in participating, feel free to contact the Club's Bingo Coordinator, Nicole Goldmann, at [bingo@calgarypatriots.com](mailto:bingo@calgarypatriots.com).

**\*Figures are subject to change.**

#### 4. EQUIPMENT & GEAR ORDERS

In mid-August, the Patriots online Pro Shop will open for the 2024-2025 season, allowing Members to order a variety of Patriots-branded gear and clothing. **Personalized items, such as hoodies, caps, and parkas with swimmers' names, can only be ordered at the beginning of the season due to minimum order requirements.** The next page provides a detailed list of equipment items and gear available for purchase. Please consult your swimmer's coach at the start of the season to determine the mandatory equipment for your swimmer's specific squad.

You can also purchase gear and equipment directly from [Team Aquatic Supplies](#), however, these items won't have the Patriots logo or other customizations such as names. Team Aquatic discount cards, known as "Shark Cards," will be emailed to Members at the beginning of the season and will be posted on the Club's website under the 'Equipment' tab. Presenting this card at Team Aquatic Supplies will entitle Members to a 20% discount.

The All Tides store is another retail outlet that specializes in offering a wide range of products related to aquatic sports and activities. Visit the All Tides [website](#) where you will get a 20% discount on your purchase with the Promo Code – PATRIOTS20.

Please contact Tara Gilmour, Office Manager, with any questions you may have.

## Equipment List

Item	Price*	
	With Patriots Logo	Personalized
Silicone Swim Cap - Red	\$12.00	\$18.00**
Short-Sleeved T-Shirt - Red Youth Sizes: S, M, L    Adult Sizes: S, M, L, XL <b>*Included with Registration for First Year Swimmers</b>	\$20.00	
Long-Sleeved T-Shirt - Red Youth Sizes: S, M, L    Adult Sizes: S, M, L, XL	\$27.00	
Girls Training Suit: Speedo Polyester Flyback Youth Sizes: 22/6, 24/8, 26/10, 28/12 Adult Sizes: 26, 28, 30, 32, 34, 36, 38	\$65.00	
Boys Training Suit: Speedo Polyester Jammer Sizes: 22, 24, 26, 28, 30, 32, 34, 36, 38	\$50.00	
Hoodie - Red or Black ( <b>special order</b> ) Youth Sizes: S, M, L, XL    Adult Sizes: S, M, L, XL	\$45.00	\$60.00**
Sweatpants - Grey Youth Sizes: S, M, L, XL    Adult Sizes: S, M, L	\$27.00	
Toque	\$20.00	
Ball Cap	\$18.00	
Speedo Backpack - Black	\$90.00	
Officials Polo Shirt - White or Red Women's Sizes: XS, S, M, L, XL Men's Sizes: S, M, L, XL, XXL	\$40.00	
Team Jacket (special order)		\$110**
Swim Parka (special order)		\$145**

\* Prices subject to change for the upcoming season.    \*\* Prices for personalized gear depend on the size of the order.

- Custom items like personalized caps, hoodies, sweatpants, jackets, and parkas, can only be ordered at the beginning of the season. The price for the custom gear is approximate and will depend on the size of the order placed.
- Some equipment, such as swim caps, t-shirts, long-sleeved shirts, toques, ball caps, and backpacks, can be ordered throughout the year.



**5. TENTATIVE MEET SCHEDULE 2024-2025 SEASON** – This is a preliminary schedule as many clubs are still figuring out their meet schedule. A meet schedule will be updated frequently on the Club’s website throughout the year.

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Squads</b>
Sept. 9	Swimming Begins		All Squads
Sept. 15	Team BBQ	Edworthy Park	All with Parents
Sept. 26-29	CSCA National Swim Coaches Conf.	Calgary	Some Coaches
Sept. 28	<b>CP Team Champs*</b>	MNP	All Squads
Oct. 19	UCSC Fall Start Up	MNP	Gold & Silver
Oct. 19 or 20	Halloween Howler	MNP or Seton	White
Oct. 19-20	Mountain Madness	Canmore	Grey & Black
Oct. 25-27	LASC Fall Challenge	Lethbridge	Red & Bronze
Oct. 25-27	Jack Frost Meet	Seton	Grey & Black
Nov. 1-3	NCSA Fall Invitational	MNP or Seton	TBD
Nov. 9-10	CASC Speed Meet	MNP	Red, Brz, Silver & Gold (Qualifiers)
Nov. 16	Wacky T-shirt	Calgary Area	White
Nov. 15-17	Comet Cup	Cochrane	Grey, Black & Red
Nov. 22-24	KSC SC Invitational	MNP	Bronze, Silver & Gold
Dec. 6-8	Sandy Ferris Age Group Challenge	MNP	Black, Red, Brz, Silver & Gold
Dec. 12-15	JP Fiset Invitational	Edmonton	Black, Red, Brz, Silv & Gold (Qual)
Dec. 14-15	Comets Holiday Invitational	Cochrane	White, Grey & Black
Dec. 18	Cascade Long Course Qualy	MNP	Silver & Gold (Qualifiers)
Dec. 20	Christmas Break Starts		All Squads
Jan. 2	Training Resumes		All Squads
Jan. 17-19	<b>Pugsley's Plunge*</b>	MNP or Seton	All Squads
Jan. 24-26	Winter Festival South	TBD	12 & Under (Qualifiers)
Jan. 31-Feb. 2	Edmonton Open	Edmonton	Bronze, Silver & Gold (Qualifiers)
Feb. 8-9	Comets Winter Blitz	Cochrane	Red, Bronze, Silver & Gold
Feb. 8-9	Winter Blitz	Calgary Area	White
TBD	Maverick Madness	Seton	Grey & Black
Feb. 21-22	Western TransMtn Festival	Seton	Red, Brz, Silver & Gold (Qualifiers)
Mar. 7-9	Provincial Trials SC	TBD	Qualifiers
Mar. 14-16	Pronghorn Classic	Lethbridge	Grey & Black
Mar. 14-16	NCSA Spring Invitational	Seton	Red, Bronze, Silver & Gold
Mar. 15 or 16	Wild Hair	Calgary Area	White
Mar. 20-23	Provincials Champs	TBD	Qualifiers
Mar. 24-30	Practices OFF		All Squads
Apr. 10-12	Canadian Open	Edmonton	Qualifiers
Apr. 14-23?	Gold Squad Training Camp	Coronado	Gold
Apr. 25-27	<b>Chinook Invitational*</b>	Seton	All Squads
May 2-4	KSC LC Invitational	Seton	TBD
May 9-10	Mav Spring Tsunami	Seton	Grey & Black
May 9-11	Kelowna Invitational	Kelowna	Silver & Gold
May 10-12	Fast & Fierce Meet	Cochrane	White
May 23-25	AMAC Spring Invitational	Medicine Hat	Red & Bronze

## TENTATIVE MEET SCHEDULE 2024-25 SEASON - CONTINUED

Date	Event	Location	Squads
Jun. TBD	Columbia Valley Invitational	Radium	White
Jun. 6-12	Canadian Swimming Trials	Victoria	Qualifiers
Jun. 13-15	Summer Festival	TBD	Qualifiers
Jun. 20-22	Steven Brown Memorial	MNP	Bronze, Silver & Gold
Jun. 21-22	Freeze or Fry	Red Deer	Grey, Black & Red
Jun. TBD	Awards Banquet	Polish Centre	All Squads
Jun. 27-29	Summer Provincial Trials LC	TBD	Qualifiers
Jul. 3-6	EKI	Edmonton	Qualifiers
Jul. TBD	HLST Last Chance Meet	Helena, Montana	Grey through Gold (TBC)
Jul. 24-27	Summer Provincial Championships	TBD	Qualifiers
Jul. 31- Aug. 3	Far Westerns	Santa Clara, USA	Qualifiers
Aug. 7-10	SC National Championships	Sherbrooke	Qualifiers
Aug. 10-15	Canada Summer Games	St. John's	Qualifiers

### \* Patriots Swim Club Hosted Meets

## 6. ONLINE REGISTRATION WAIVERS

### Waiver 1 – Registration Contract (Required)

#### Obligation to Pay Fees

The certainty of payment of fees to the Calgary Patriots Swim Club (the “Club”) by the Members of the Club is essential for budgeting purposes and for maintaining operations and financial stability of the Club. Squad fees for all Members are set under the assumption that all fees will be paid by the Members as assessed at registration. Agreeing to the registration contract holds Members to the obligation of paying squad fees. If Members withdraw from the Club during the swim season for any reason (including, but not limited to, injury that prevents swimming, family moves to another city, swimmer transfers to another club) without providing proper notice to the Club in accordance with the “Withdrawal Dates” prescribed in this registration contract below, **no refund of fees will be offered or payable by the Club**. All remaining credit card payments remain payable to the Club through this legally binding contract, should proper notice not be given to the Club.

If any part of this obligation to pay is not clear to you, **do not agree to the contract**.

If you do not agree with your obligation to pay under any and all circumstances that might cause your swimmer to withdraw from the Club, **do not agree to the contract below**.

#### Failure to Keep Account Current

In accordance with the Club’s “Accounts Receivable Collections Policy”, failure to keep your account current may result in suspension of Patriots swim activities, including participation in competition meets. Current is defined as an account that is not outstanding for more than 60 days. If non-payment is recurring or accounts remain outstanding despite collection efforts by the Club, the Club’s Board of Directors reserves the right to have the Member withdrawn from the Club.

## Withdrawal Dates

Obligation of a Member to pay fees will be waived if written notice of intent to withdraw is received by the Club **on or before September 30<sup>th</sup>, 2024**. In this case, fees will still be due for the month of September and the Registration fee will not be refunded.

Obligation of a Member to pay “Long Course” fees will be waived if written notice of intent to withdraw is received by the Club **on or before December 31<sup>st</sup>, 2024**. In this case, fees will still be due for September to December, inclusive.

If notice to withdraw is received **after January 1<sup>st</sup>, 2025**, fees will still be due for January to June, inclusive.

## Volunteer Obligations

You have a requirement to volunteer at all of our Club hosted swim meets. You must also acquire and maintain training as a meet official. This is necessary to maintain enough trained officials to run a swim meet.

Officials training: Each swim family is expected to have at least one Member attend at least one officials’ training clinic, and shadow twice on deck at swim meets held during the course of the 2024-25 season. This is required to become certified in an official’s role and/or enables you to achieve the next Swim Canada Officiating Level. The Calgary Patriots will provide opportunities each year for various training clinics.

Volunteering as an official: In addition, each swim family must provide a volunteer for **a minimum of 2 shifts** (sessions) at each of our Club hosted swim meets (Team Champs, Pugsley’s Plunge, Chinook Invitational, and any other Patriots hosted meets). This applies to meets that your swimmer(s) may or may not be attending.

**If a swim family does not register for at least two sessions at each Club hosted meet, by the registration deadline communicated by the Club, a fine of \$400 will be charged to their Patriots account. Similarly, a fine of \$250 will be charged to a family’s Patriots account if they are registered for only a single shift at each Club hosted meet.**

A **\$200 penalty** will be applied to their Patriots account if a volunteer shift is cancelled within 48 hours of the start of the meet.

A **\$200 penalty** will be applied to their Patriots account if a volunteer does not show up for their assigned shift or fails to find a qualified replacement to fulfill their duties.

If any part of this obligation to volunteer is not clear to you, **do not agree to the contract.**

## Contract

In consideration of the Calgary Patriots Swim Club (the “Club”) agreeing to provide a position on a squad for the swimmers described above, I/we (the undersigned) have read and understand the Club’s regulations and agree to comply with them. Specifically, I/we agree to the following terms:

1. Accept financial responsibility for the full squad fees of the swimmers, described above, with the understanding that the fees are not refundable unless proper notice has been given to the Club and are owed in their entirety to the Club by the agreed schedule of payments.

2. Pay all charges owing, including equipment purchases, competition fees and travel costs once such costs have been billed to Members' accounts.
3. Acquire and maintain training for officials' positions.
4. Volunteer for a minimum of 2 sessions at each of our Club hosted swim meets. Failure to do so will result in fines of \$200-\$400 per meet.
5. Work one shift at the next Calgary Patriots casino opportunity **OR** pay the annual \$250 family buyout fee.

## **Waiver 2 – Discipline Policies (required)**

The Calgary Patriots Swim Club's Board of Directors and coaches endeavor to provide a positive experience for all swimmers while they are involved in a Club-related activity.

**Please review the Discipline & Complaints Policy, Dispute Resolution Policy and Appeal Policy on our website before completing your registration. Links to these policies below:**

[Discipline and Complaints Policy](#)

[Dispute Resolution Policy](#)

[Appeal Policy](#)

**NO REFUNDS OF FEES WILL BE ISSUED IN THE EVENT OF A DISMISSAL.** The cost of repair and/or replacement of any damage or destruction, negligently or intentionally caused by a swimmer to property will be payable by the swimmer and the swimmer's parent(s)/guardian(s).

By completing your registration, you agree to the three Discipline Policies listed above.

## **Waiver 3 – Release and Indemnity (required)**

We are the parents/guardians ("Parents") of the child(ren) ("Child") who are named in this registration. Our Child is a swimmer who participates in the competitive swimming program conducted by the Calgary Patriots Swim Club ("the Club"), an incorporated society under the laws of Alberta.

As Parents, we recognize that the competitive swimming program operated by the Club and in which our Child participates involves rigorous physical activity and we on our own behalf and on behalf of our Child accept all of the risks which are inherent in those activities.

In addition, we as Parents hereby acknowledge that we have been informed that either no insurance coverage or no adequate insurance coverage has been obtained by the Club or by any other party in relation to losses or damages that may be sustained by our Child or claims that might be made by our Child as a result of the Child's involvement in the activities of the Club.

In consideration of One Dollar (\$1.00) and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, and in consideration of our Child being allowed to participate, or to continue to participate, as a swimmer in the competitive swimming program of the Club, we as Parents of the Child, on our own behalf and on behalf of the Child and the Child's heirs, executors, administrators, successors and assigns, hereby agree as follows:

We the Parents and the Child hereby release and forever discharge:

1. The Club;
  - The coaches and their assistants employed or retained by the Club;
  - All other parents and guardians of other children who participate in the activities of the Club and all other persons connected with the Club who serve from time to time as volunteers or chaperones in connection with activities of the Club; and
  - All other children who participate in the activities of the Club, and all of the persons' respective heirs, executors, administrators, successors and assigns (hereinafter called the "Releases") from all manner of actions, causes of action, suits, debts, statutory obligations, sum of money, demands and claims of every nature and kind whatsoever ("Claims") that either we Parents or our Child ever had, now have or which we shall or may have in the future in connection with the activities of the Club, save and except any Claims that are directly caused by the gross negligence or willful misconduct of the Club or any of its coaches. We acknowledge that by means of this document we intend to release our right and to the extent permissible by law, the right of our Child to make any claim against any of the Releases in connection with anything that may happen concerning or arising out of the activities of the Club as aforesaid.
2. We the Parents also hereby agree that we will at all times indemnify the Releases and agree to hold them harmless from and in respect of all claims, demands, suits or actions, or claims for contribution or indemnity, which may at any time be made or brought against the Releases or any of them by our Child or by anyone on behalf of our Child in connection with any matter or thing concerning or arising out of the activities of the Club save and except any Claims that are directly caused by the gross negligence or willful misconduct of the Club or any of its coaches.
3. We the Parents hereby confirm our intention that the Release and the Indemnity contained in this document are to apply in connection with all activities of the Club regardless of where they may occur including, without restricting the foregoing activities that may be conducted in the United States of America.

The Release and Indemnity is intended to remain in full force and effect so long as the Child participates in any activities of the Club so as to apply to all matters which may arise during that time.

#### **Waiver 4 – Anti-Spam Consent & Collection of Personal Information (required)**

Canadian anti-spam legislation entered into force on July 1, 2017. The Calgary Patriots Swim Club conducts much of our business using email notices. Email notices may contain, but are not limited to, newsletters, notice of documents posted on the website, and requests for meet confirmation. Your consent to receive emails from the Club is necessary to join the Club.

When you become a Member of the Calgary Patriots Swim Club, we will collect your name, address, telephone number, email, emergency contact information, and credit card information. We also collect the names, age and gender for each swimmer registering with the Club. We use this information to:

- Deliver coaching and swim services.
- Enroll a member in a program.
- Send out membership information.

- Register swimmers in swim meets; and
- Register swimmers with Swim Alberta and Swim Canada.

We will only disclose the information for the purpose for which the information was collected, except as authorized by law. For example, we may use Members' information to register Members in swim meets, with Swim Alberta, and Swim Canada.

## **Waiver 5 – Photo/Video Release Agreement (required)**

We at the Calgary Patriots Swim Club like to use photo and video technology as a tool to help enhance the performance of our member swimmers and as a means to promote our activities and celebrate Club and individual achievements. We achieve this through various media and through approved assignees of the Calgary Patriots Swim Club to take photos and videos of members and member swimmers engaged in club activities. Examples of how these images may be used (but not limited exclusively) would include underwater performance video, images taken by our assigned Team Photographer for squad pictures and end of year banquet celebrations, events, social media, and website promotions.

By completing your registration, you confirm your consent to having you or your child's likeness used for such purposes under the terms of the By-Laws and Policies of the Calgary Patriots Swim Club.

## **Waiver 6 – Parents' Code of Conduct (required)**

### **Purpose**

1. The Parents' Code of Conduct expands upon the Calgary Patriots Swim Club ("Patriots" or the "Club") [Code of Conduct and Ethics](#) to outline the expected actions and behaviors for all parents as members of the Club. The Club is committed to providing an environment of respect that supports the pursuit of individual and team excellence. Being a member of the Patriots is a special privilege; with it comes responsibility. Irresponsible behavior can result in severe damage to the integrity of the Club.

### **Application**

2. The Patriots Parents' Code of Conduct outlines the club's expectations of each of our parents and potential disciplinary action which may ensue resulting from inappropriate behavior during any club-related function including as it relates to possible cyber/social media interaction between club members. This policy applies to all parents within Patriots as they act and represent the Club and set good examples of teamwork and sportsmanship for our swimmers.

### **Responsibilities, Guidelines, and Procedures**

3. One of the greatest benefits of participating in an organized swim program is the "life skills" your child will develop. These skills include time management, self-discipline, and sportsmanship. Remember that your child is the swimmer. Children need to establish their own goals and make their own progress toward their goals.
4. As a parent, you provide a stable, loving, and supportive environment. Show your interest by ensuring your child's attendance at practices and by coming to meets. Parents serve as role models and your child often emulates your attitude. Parents should keep in mind their sensitivity in dealing with issues that arise and understand that we are dealing with the support of our children/swimmers. We ask that you abide by the following code of conduct.

5. As a parent, the club has the expectation that you will meet your volunteer requirements at club-hosted swim meets. Every Patriot family is required to volunteer as an official for a minimum of two shifts per club-hosted meet. When everyone shares in this responsibility, we support our swimmers and ensure the success of our swim meets. A financial penalty will be levied upon those families that do not meet this expectation.
6. The Patriots Parent Code of Conduct outlines the club's expectations of each member and potential discipline resulting from inappropriate behavior during any Club function. This would include practices, events, club travel, meet attendance, or representation at any club-sanctioned event. In cases where conduct adversely affects the Club's reputation, parent conduct outside of Club events between members and swimmers may result in an infraction if someone files a formal grievance.
7. As the Club has a current "online" presence both through the internet and a variety of social media mediums, the club is mindful that all content displayed through online/social media must be of an appropriate and "family-friendly" nature. Cyberbullying is not tolerated and would be considered a major infraction of the Parent Code of Conduct.

### **Code of Conduct**

8. All parents have the responsibility to:
  - a. Strive to be positive role models. Most importantly, always show good sportsmanship toward coaches, officials, opponents, and teammates. Provide positive comments that motivate and encourage participants' continued effort. Parents shall always treat all individuals and property with courtesy and respect.
  - b. Parents should respect that the on-deck area is for swimmers and coaches during training and/or competition unless they are acting as an official. The coach's focus during these times should be on his/her swimmers. Parents should continue to support their swimmers from the spectator-designated areas.
  - c. Ensure effective communication with your child's coach. Resolve any issues in private between the parent and coach. Never voice critical or negative comments in front of the swimmers or in front of other parents in the stands.
  - d. Let your coach do his/her job. Your child has a paid professional coach who has the responsibility of developing your swimmer's technical knowledge of our sport. Best results always come from letting your child's coach do the coaching. Parents should provide their support and encouragement and allow the coaches to provide technical and critical direction.
  - e. Parents shall ensure their swimmers bring to practices and swim meets the proper equipment and clothing as identified by their coaches.
  - f. Parents shall never provide or advocate the use of performance-enhancing drugs or banned substances.
  - g. If your swimmer is a minor then monitoring and responsibility of your swimmer's cyber actions (SMS text, web, social media, etc.) is the responsibility of the parent.

- h. Be aware and follow all Club policies on the website.
  - i. Get involved. Be aware of volunteer commitments and be willing to fulfill them. We are all busy but if everyone shares equally in the commitments, the lighter the load will be.
  - j. Show appreciation to all competitors, coaches, officials, and volunteers while also respecting the decisions of officials and encouraging athletes to do the same. Parents shall refrain from any behavior or comments which are profane, insulting, harassing, hostile, sexist, racist, disrespectful, or otherwise offensive.
  - k. The Club has a [Discipline and Complaints Policy](#) in place for parents to discuss any concerns regarding their swimmer or the program. Your first point of contact regarding anything to do with the technical program (in the water, on the deck, or in the gym) should be your child's coach or the Head Coach.
  - l. Address any administrative concerns with the Club office.
9. If we all follow these simple rules, all swimmers will have a positive experience with the sport. Parents who are in violation of any part of the Parent Code of Conduct will be approached by a member of the Board of Directors to discuss inappropriate behavior and reconciliation. Failure to rectify the violation following the meeting with the member of the Board of Directors will result in a sanction applied to the member following a vote by the Board of Directors.

By completing your registration, you agree to adhere to the Parents' Code of Conduct as outlined above.