

Operations: Communicable Disease Policy
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SKSC Communicable Disease Policy

The following policy is intended to provide cohesive guidelines for any SKSC member (Athlete, Volunteer, or Staff) within the SKSC organization when dealing with Communicable diseases.

Goals of Policy:

- First and foremost is the safety of everyone.
- Reduce the risk of transmission of any communicative disease that could be transmitted at the workplace
- Provide guidance for SKSC Members on appropriate actions to take in such situations

Definitions:

- *Communicable Disease* - “*Communicable disease* is an illness caused by an infectious agent or its toxic product that can be transmitted in the workplace from one person to another. Examples of communicative disease that may circulate in the workplace include Covid-19, norovirus, and season influenza “ (taken from worksafe bc)
- *Workplace* - Define as the place of gathering for SKSC members, including the pool, swimmeets, gym and rec centre
- *SKSC Member* - Any person who is a member, including staff (coaches) , volunteers, parents or athletes

Self Monitoring:

- Every individual, (SKSC Member) has a general duty to report illness in themselves or others.
 - In its simplest form, this can be viewed as the same obligation that exists for many situations in life. (for example reporting a impaired drive, an accident, etc)
- All members of the team should self monitor for signs of sickness.
- While symptoms can vary, the general rule should be stay a home if feeling sick
 - Common symptoms of many communicative disease could include one or many of the following:
 - Fever, Headache, Fluctuating Temperature, Respiratory Breathing issues, Etc
- Individuals that feel they are showing any symptoms, should contact and confirm their health status from a reliable health experts, including (family doctors, Fraser Health)
- When in doubt - Seek expert opinion and advice from reliable experts (Doctors, Fraser Health, Etc)

Prevention:

- It is the responsibility of everyone to reduce the risk of Communicable disease.

- Individuals can do their part by:
 - Washing hands often
 - Cough and sneeze into a tissue or your sleeve (elbow)
 - Don't share personal item (example water bottles)
 - Stay at home when sick

Reporting:

- For the safety and helping in reducing the risk of Communicable disease to everyone, SKSC Members should report if they have confirmed case by:
- Contacting the correct health authority (Doctor or Fraser Health)
- Confirm (in confidence) to their coach or SKSC Vice President
 - The goal here to to ensure the coach / Vice President can take any appropriate action that may be necessary to reduce the furth transmission of any communicative disease
 - It should be noted that SKSC policy is that any communication of medical or “sensitive” information is always confidential

Exposure Control Plan:

- In the event of notice or exposure notification of a Communicable disease from any SKSC member or health authority, SKSC will seek and follow guidance from reliable governing sources including but not limited to:
 - Swim BC/ Swimming Canada
 - Fraser Health / BC health
 - City of Surrey

Once again, the first and foremost concern is the safety of all our Swimmers, Parents, Volunteers and Coaches and reducing the risk of communicative disease exposure for everyone.