

# 2024-25 NextGen Standards / Standards NextGen

Long Course / Grand Bassin

Short Course / Petit Bassin

Female / Femmes				Male / Homme					Female / Femmes				Male / Homme					
16 & o	15	14	13	17 & o	16	15	14		16 & o	15	14	13	17 & o	16	15	14		
28.70	29.07	29.30	29.93	25.82	26.35	26.74	27.38	50	Free / Libre	50	27.84	28.20	28.42	29.03	25.05	25.56	25.94	26.56
1:01.98	1:02.97	1:03.70	1:05.10	56.00	57.28	58.25	59.64	100		100	1:00.12	1:01.08	1:01.79	1:03.15	54.32	55.56	56.50	57.85
2:14.14	2:16.51	2:18.23	2:21.73	2:02.47	2:05.46	2:07.66	2:11.09	200		200	2:10.12	2:12.41	2:14.08	2:17.48	1:58.80	2:01.70	2:03.83	2:07.16
4:45.63	4:50.34	4:53.55	5:00.05	4:23.07	4:28.97	4:32.80	4:40.13	400		400	4:37.06	4:41.63	4:44.74	4:51.05	4:15.18	4:20.90	4:24.62	4:31.73
9:50.37	9:58.93	10:07.75	10:15.87	9:11.59	9:20.49	9:28.52	9:40.39	800		800	9:32.66	9:40.96	9:49.52	9:57.39	8:55.04	9:03.68	9:11.46	9:22.98
19:07.81	19:27.45	19:29.94	19:47.73	17:40.29	17:51.31	18:10.24	18:27.93	1500	1500	18:33.38	18:52.43	18:54.84	19:12.10	17:08.48	17:19.17	17:37.53	17:54.69	
33.40	33.40	33.40	33.40	30.20	30.20	30.20	30.20	50	Back/ Dos	50	32.40	32.40	32.40	32.40	29.29	29.29	29.29	29.29
1:09.37	1:10.88	1:11.78	1:13.81	1:03.21	1:05.29	1:06.10	1:07.91	100		100	1:07.29	1:08.75	1:09.63	1:11.60	1:01.31	1:03.33	1:04.12	1:05.87
2:30.34	2:33.23	2:35.27	2:39.34	2:18.47	2:21.55	2:23.48	2:27.21	200		200	2:25.83	2:28.63	2:30.61	2:34.56	2:14.32	2:17.30	2:19.18	2:22.79
37.08	37.08	37.08	37.08	32.78	32.78	32.78	32.78	50	Breast/brasse	50	35.97	35.97	35.97	35.97	31.80	31.80	31.80	31.80
1:19.69	1:20.87	1:21.56	1:24.14	1:11.61	1:12.72	1:14.24	1:16.43	100		100	1:17.30	1:18.44	1:19.11	1:21.62	1:09.46	1:10.54	1:12.01	1:14.14
2:51.20	2:55.44	2:56.79	3:02.04	2:36.40	2:39.58	2:42.37	2:47.12	200	200	2:46.06	2:50.18	2:51.49	2:56.58	2:31.71	2:34.79	2:37.50	2:42.11	
31.15	31.15	31.15	31.15	28.08	28.08	28.08	28.08	50	Fly / Papillon	50	30.22	30.22	30.22	30.22	27.24	27.24	27.24	27.24
1:07.67	1:08.82	1:09.90	1:11.63	1:01.01	1:02.38	1:03.44	1:05.41	100		100	1:05.64	1:06.76	1:07.80	1:09.48	59.18	1:00.51	1:01.54	1:03.45
2:31.85	2:35.56	2:37.82	2:42.86	2:17.64	2:21.25	2:24.15	2:28.78	200		200	2:27.29	2:30.89	2:33.09	2:37.97	2:13.51	2:17.01	2:19.83	2:24.32
								100	IM/QNI	100								
2:32.37	2:35.03	2:37.29	2:40.58	2:19.02	2:22.43	2:24.25	2:28.04	200		200	2:27.80	2:30.38	2:32.57	2:35.76	2:14.85	2:18.16	2:19.92	2:23.60
5:24.33	5:29.64	5:34.57	5:42.51	4:59.30	5:05.43	5:09.43	5:20.41	400	400	5:14.60	5:19.75	5:24.53	5:32.23	4:50.32	4:56.27	5:00.15	5:10.80	