

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 15 Girls 10 & Under 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Edwards, Charlotte	10	Ottawa Swim Club	3:22.64	3:13.37
2	Stratton, Trinity	10	Nepean Kanata Barracudas	3:32.55	3:25.82
3	Schur, Macayla	10	Perth Stingrays Aquatic Club	3:33.14	3:30.39
4	Polman, Emily G	10	Greater Ottawa Kingfish S.C.	3:38.03	3:31.69
5	Aubin, Zoe A	10	Goulbourn Sea Hawks	4:08.04	3:31.98
6	Livingston, Camille	10	Greater Ottawa Kingfish S.C.	3:44.55	3:37.37
7	Leonard, Hailey A	10	Roc Swimming	3:40.09	3:39.02
8	James, Ruth	9	Perth Stingrays Aquatic Club	3:45.16	3:40.52
9	Miller, Olivia	10	Nepean Kanata Barracudas	4:12.79	3:54.88

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 16 Boys 10 & Under 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Brun, Marcus	10	Nepean Kanata Barracudas	3:10.89	3:03.07
2	Earle, Jake	10	Nepean Kanata Barracudas	3:32.35	3:25.89
3	MacPhee, Adam	9	Perth Stingrays Aquatic Club	3:51.25	3:43.91
4	Korzeniowski, Thomas	10	Ernestown Barracuda Swim Club	3:45.37	3:50.72

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 17 Girls 11-12 200 SC Meter IM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Richardson, Jordyn	12	Ottawa Y Olympians	2:37.99	2:34.94
2	Greenaway, Molly	12	Goulbourn Sea Hawks	2:43.74	2:40.81
3	LeBlanc, Rowyn	12	Swim Ottawa	2:44.39	2:44.14
4	Wang, Clara	12	Nepean Kanata Barracudas	2:46.45	2:45.86
5	Kim, Yunseo	12	Nepean Kanata Barracudas	2:45.98	2:45.96
6	Gomes, Sinead	11	Swim Ottawa	2:50.48	2:48.67
7	Rosenberg, Claire J	12	Greater Ottawa Kingfish S.C.	2:49.57	2:53.56
8	Polisena, Sophia	12	Nepean Kanata Barracudas	2:54.79	2:55.53
9	Glinski, Georgia K	12	Roc Swimming	3:07.32	2:55.84
10	Pillay, Katie	12	Nepean Kanata Barracudas	2:55.41	2:57.05
11	McKenna, Ainsley	12	Swim Ottawa	3:00.60	2:58.53
12	Gow, Emma L	12	Kingston Blue Marlins	3:02.68	2:59.32
13	Apanasevich, Marta	12	Goulbourn Sea Hawks	3:04.20	3:00.08
14	Pratt, Jaime	12	Swim Ottawa	3:24.39	3:00.13
15	Pennell, Julia	12	Ernestown Barracuda Swim Club	3:11.66	3:01.63
16	Dore, Sydney	11	Goulbourn Sea Hawks	3:07.01	3:03.59
17	Phan, Jane	12	Ottawa Y Olympians	3:06.39	3:03.83
18	Ennis, Myla	12	Perth Stingrays Aquatic Club	3:06.38	3:04.45
19	Peden, Bronwyn	12	Perth Stingrays Aquatic Club	3:09.60	3:05.04
20	Cowan, Eloise E	12	Greater Ottawa Kingfish S.C.	3:04.75	3:07.32
21	Norlock, Helena V	12	Carleton Place Water Dragons	3:11.85	3:10.56
22	Huynh, Tu Uyen	11	Greater Ottawa Kingfish S.C.	3:20.52	3:11.15
23	Pons, Floriane A	11	Roc Swimming	3:13.98	3:11.34
24	Gehring, Claire	12	Nepean Kanata Barracudas	3:11.92	3:11.57
25	Yuan, Alexis	12	Nepean Kanata Barracudas	3:23.67	3:11.79
26	Togtokhbayar, Uranbileg	11	Swim Ottawa	3:15.99	3:12.86
27	Diotte, Gaby T	11	Greater Ottawa Kingfish S.C.	3:16.78	3:16.55
28	Fairley, Emma	11	Nepean Kanata Barracudas	3:49.07	3:16.87
29	Trang, Liana	11	Goulbourn Sea Hawks	3:19.64	3:17.46
30	McDonnell, Sloane	11	Ernestown Barracuda Swim Club	3:21.57	3:17.81
31	James, Maren	11	Perth Stingrays Aquatic Club	3:18.18	3:19.01
32	Wu, Ziqi Emma	11	Nepean Kanata Barracudas	3:31.12	3:19.05
33	Gouombas-Ouattara, Grace	12	Greater Ottawa Kingfish S.C.	3:20.59	3:20.93
34	Roberts, Liliana	11	Nepean Kanata Barracudas	3:26.49	3:21.52
35	Chandran, Sonalie	12	Greater Ottawa Kingfish S.C.	3:28.72	3:21.66
36	Bowles, Katherine	11	Swim Ottawa	3:39.45	3:21.74
37	Chiumera, Sofia	12	Swim Ottawa	3:32.55	3:22.82
38	Green, Annie	11	Perth Stingrays Aquatic Club	3:24.29	3:23.91
39	Tanner, Emily	11	Perth Stingrays Aquatic Club	3:28.59	3:25.93
40	Atkinson, Chloe	11	Perth Stingrays Aquatic Club	3:50.45	3:26.25
---	Dondos, Oana	11	Nepean Kanata Barracudas	3:24.29	DQ

More than one butterfly kick during the first arm stroke after start or turn - breast

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 18 Boys 11-12 200 SC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Yao, Lucas	11	Greater Ottawa Kingfish S.C.	2:41.97	2:38.43
2 Gallupe, Oliver	12	Ernestown Barracuda Swim Club	2:44.45	2:41.12
3 Ren, Lucas	12	Nepean Kanata Barracudas	2:45.30	2:42.14
4 Shelswell de Vlieger, Willem	12	Swim Ottawa	2:45.76	2:43.26
5 Pshonka, Steffan	12	Nepean Kanata Barracudas	2:50.76	2:43.58
6 Bulat, Ante	12	Greater Ottawa Kingfish S.C.	2:50.40	2:45.98
7 Fowkes, Percy	12	Ottawa Swim Club	2:52.78	2:52.69
8 Randriamoeliarivony, Rodo	12	Nepean Kanata Barracudas	2:52.39	2:53.77
9 Nahorny, Ioan S	12	Kingston Blue Marlins	2:54.89	2:54.87
10 Taylor, George	12	Ernestown Barracuda Swim Club	2:58.34	2:55.73
11 Fu, Yiheng	12	Nepean Kanata Barracudas	2:57.85	2:56.03
12 Vinet-Lessard, William	12	Greater Ottawa Kingfish S.C.	3:05.68	2:57.50
13 Pak, Phoenix H	11	Greater Ottawa Kingfish S.C.	3:02.69	2:58.91
14 Xie, Justin	12	Nepean Kanata Barracudas	3:22.50	3:02.32
15 Peden, Jayden	11	Perth Stingrays Aquatic Club	3:10.14	3:04.80
16 Liu, Ethan	12	Greater Ottawa Kingfish S.C.	3:10.95	3:06.10
17 Laboissonniere, Max L	11	Greater Ottawa Kingfish S.C.	3:14.93	3:06.98
18 Klatt, Henry H	12	Greater Ottawa Kingfish S.C.	3:25.80	3:06.99
19 McNamee, Lucas	11	Swim Ottawa	3:14.81	3:10.26
20 Hollingworth, Avery J	12	Roc Swimming	3:10.42	3:11.27
21 Dowling, Matthew	11	Ernestown Barracuda Swim Club	3:21.07	3:15.26
22 Helmstaedt, Grant	12	Ernestown Barracuda Swim Club	3:13.47	3:17.05
23 Shore, Thomas	11	Nepean Kanata Barracudas	3:21.42	3:17.46
24 Zhang, Samuel	11	Nepean Kanata Barracudas	3:18.70	3:18.61
25 McIntyre, Owyn D	11	Greater Ottawa Kingfish S.C.	3:20.59	3:19.57
26 Kelly, Grant	11	Kingston Blue Marlins	3:19.62	3:20.88
27 Kurtyan, Mathieu	11	Goulbourn Sea Hawks	3:33.71	3:24.28
28 Al-Dawodi, Ali	11	Greater Ottawa Kingfish S.C.	3:30.76	3:26.74
29 Wang, Larry	11	Nepean Kanata Barracudas	3:32.86	3:28.53
30 Geddes, Bennett A	11	Roc Swimming	3:32.73	3:28.84
--- Lu, Jonathan	12	Nepean Kanata Barracudas	3:03.57	DQ
At the turn or finish did not touch with both hands simultaneously/separated - breast				
--- Fan, Mason	11	Nepean Kanata Barracudas	3:31.56	DQ
False start - Misc				

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 19 Girls 10 & Under 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Chandran, Lakme	10	Greater Ottawa Kingfish S.C.	53.90	49.03
2	Dubois-Higgins, Beatrice	10	Greater Ottawa Kingfish S.C.	52.40	51.09
3	Wang, Samantha	9	Nepean Kanata Barracudas	54.28	51.72
4	Jacobe, Addison	10	Capital Wave Swim & Polo	57.73	52.33
5	Truong, Chloe	9	Greater Ottawa Kingfish S.C.	50.83	53.17
6	Detillieux, Genny M	10	Greater Ottawa Kingfish S.C.	54.13	53.31
7	Hu, Emma	10	Kingston Blue Marlins	51.19	53.48
8	MacDonald, Sydney	10	Ottawa Swim Club	51.36	53.77
---	Lloyd, Olivia	10	Greater Ottawa Kingfish S.C.	55.36	X49.06

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 20 Boys 10 & Under 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Zhang, Osborn	9	Nepean Kanata Barracudas	47.79	44.16
2	Goguen, Adrien	10	Capital Wave Swim & Polo	51.02	47.16
3	Shelswell de Vlieger, Hugo	10	Swim Ottawa	54.68	51.19
4	Korzeniowski, Thomas	10	Ernestown Barracuda Swim Club	53.01	51.92
5	Kanishchev, Matthew	10	Nepean Kanata Barracudas	55.72	54.28
6	Ren, Ryan	9	Nepean Kanata Barracudas	1:09.83	55.93
7	Aboud, Lincoln	10	Nepean Kanata Barracudas	52.83	56.27
8	Quijada, Adriano	10	Capital Wave Swim & Polo	58.53	57.38
9	Tanner, Benjamin	8	Perth Stingrays Aquatic Club	56.67	58.92

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 21 Girls 11-12 50 SC Meter Breaststroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Rueckwald, Lola	12	Swim Ottawa	40.90	40.28
2 Borowiec, Nicole	11	Capital Wave Swim & Polo	41.06	41.75
3 Glinski, Georgia K	12	Roc Swimming	46.65	42.00
4 Rowberry, Hana	12	Ernestown Barracuda Swim Club	43.81	42.04
5 Huynh, Tu Uyen	11	Greater Ottawa Kingfish S.C.	49.64	42.17
6 Gouombas-Ouattara, Grace	12	Greater Ottawa Kingfish S.C.	43.73	42.92
7 Chiumera, Sofia	12	Swim Ottawa	43.33	43.29
8 Sun, Vera	12	Nepean Kanata Barracudas	44.06	43.41
9 Cowan, Eloise E	12	Greater Ottawa Kingfish S.C.	42.79	43.88
10 Detillieux, Rose H	12	Greater Ottawa Kingfish S.C.	45.80	44.87
11 Davies, Elyse	12	Capital Wave Swim & Polo	59.92	45.54
12 Hircock, Adelle	12	Capital Wave Swim & Polo	46.93	45.56
13 Tschinkel, My La	12	Swim Ottawa	45.40	45.82
14 Majzoub, Dana	11	Greater Ottawa Kingfish S.C.	46.02	46.13
15 Gehring, Claire	12	Nepean Kanata Barracudas	1:00.96	46.59
16 Yuan, Alexis	12	Nepean Kanata Barracudas	56.67	46.66
17 Khalil, Mariam	11	Swim Ottawa	46.03	46.83
18 McCauley, Evelyn G	11	Greater Ottawa Kingfish S.C.	49.58	48.62
19 Norris, Harriet G	11	Carleton Place Water Dragons	53.53	48.96
20 Laggis, Naya	12	Capital Wave Swim & Polo	49.54	49.47

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 22 Boys 11-12 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Nahorny, Ioan S	12	Kingston Blue Marlins	40.14	41.62
2	McIntyre, Gabriel	12	Capital Wave Swim & Polo	44.31	42.93
3	McNamee, Lucas	11	Swim Ottawa	47.04	45.44
4	Al-Dawodi, Ali	11	Greater Ottawa Kingfish S.C.	49.82	47.61
5	Kelly, Grant	11	Kingston Blue Marlins	48.91	48.92
6	Yang, Mason	11	Ottawa Y Olympians	49.94	49.66
7	Geddes, Bennett A	11	Roc Swimming	55.67	51.21
8	Addicks, Soren	11	Swim Ottawa	58.27	54.58



**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 23 Girls 10 & Under 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Stratton, Trinity	10	Nepean Kanata Barracudas	1:31.32	1:29.42
2	Schur, Macayla	10	Perth Stingrays Aquatic Club	1:37.81	1:33.99
3	Colarossi-Forbes, Rylan	10	Nepean Kanata Barracudas	1:41.06	1:35.01
4	Leonard, Hailey A	10	Roc Swimming	1:35.98	1:35.09
5	Lin, Angie	10	Nepean Kanata Barracudas	1:38.07	1:36.75
6	Aubin, Zoe A	10	Goulbourn Sea Hawks	1:39.51	1:37.59
7	Livingston, Camille	10	Greater Ottawa Kingfish S.C.	1:33.99	1:37.97
8	Szeto, Yana	10	Capital Wave Swim & Polo	1:45.41	1:40.60
9	Chandran, Lakme	10	Greater Ottawa Kingfish S.C.	1:44.47	1:41.83
10	Detillieux, Genny M	10	Greater Ottawa Kingfish S.C.	1:50.56	1:44.77
11	Truong, Chloe	9	Greater Ottawa Kingfish S.C.	1:44.25	1:47.34
12	Miller, Olivia	10	Nepean Kanata Barracudas	1:46.34	1:48.17
---	Hu, Emma	10	Kingston Blue Marlins	1:45.08	DQ

Past vertical at turn: non continuous turning action

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 24 Boys 10 & Under 100 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Archibald, David	10	Swim Ottawa	1:33.85	1:31.22
2	Burbridge, Liam A	10	Goulbourn Sea Hawks	1:34.96	1:35.35
3	Zhang, Osborn	9	Nepean Kanata Barracudas	1:43.07	1:35.99
4	Morris, Hunter	10	Nepean Kanata Barracudas	1:38.46	1:38.75
5	Shelswell de Vlieger, Hugo	10	Swim Ottawa	1:44.09	1:43.75
6	Ren, Ryan	9	Nepean Kanata Barracudas	1:53.49	1:50.30
7	Tanner, Benjamin	8	Perth Stingrays Aquatic Club	2:02.57	1:54.17
8	Aboud, Lincoln	10	Nepean Kanata Barracudas	2:02.94	1:56.53
9	Balkin, Matthew	10	Nepean Kanata Barracudas	2:01.15	2:00.38
---	Docoslis, George X	10	Kingston Blue Marlins	1:53.12	DQ
	Past vertical at turn: independent strokes				
---	Venugopal, Kieran	10	Swim Ottawa	1:48.69	DQ
	Swimmer did not finish whilst on the back				

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 25 Girls 11-12 100 SC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 LeBlanc, Rowyn	12	Swim Ottawa	1:14.05	1:14.12
2 Greenaway, Molly	12	Goulbourn Sea Hawks	1:21.74	1:14.41
3 Archibald, Fia	12	Swim Ottawa	1:16.31	1:16.90
4 Van Loon, Adele	12	Cornwall Sea Lions	1:18.80	1:17.00
5 Wang, Clara	12	Nepean Kanata Barracudas	1:16.90	1:17.45
6 Nolan, Millie J	12	Greater Ottawa Kingfish S.C.	1:21.98	1:18.72
7 Fournier, Ellie	12	Goulbourn Sea Hawks	1:19.23	1:18.99
8 Hull, Gwyneth	12	Swim Ottawa	1:18.38	1:20.05
9 Quan, Eleanor	11	Nepean Kanata Barracudas	1:21.18	1:20.21
10 Apanasevich, Marta	12	Goulbourn Sea Hawks	1:23.02	1:21.36
11 Duford, Jessica	11	Nepean Kanata Barracudas	1:22.81	1:21.45
12 Hoskin, Victoria	12	Greater Ottawa Kingfish S.C.	1:22.69	1:21.85
13 Voisin, Annabelle	12	Petawawa Predators	1:24.64	1:22.76
14 Stratton, Sierra	12	Nepean Kanata Barracudas	1:23.60	1:22.94
15 MacDonald, Audrey	12	Swim Ottawa	1:21.41	1:23.08
16 Gow, Emma L	12	Kingston Blue Marlins	1:25.06	1:23.30
17 Pratt, Jaime	12	Swim Ottawa	1:21.65	1:23.65
18 Navarrete Espitia, Charlotte	11	Nepean Kanata Barracudas	1:21.54	1:23.86
19 Peden, Bronwyn	12	Perth Stingrays Aquatic Club	1:25.82	1:23.92
20 Tschinkel, My La	12	Swim Ottawa	1:23.79	1:25.32
21 Ginsberg, Siena	12	Capital Wave Swim & Polo	1:27.68	1:25.40
22 Phan, Jane	12	Ottawa Y Olympians	1:27.43	1:25.41
23 Binder, Tenley S	11	Greater Ottawa Kingfish S.C.	1:24.76	1:25.53
24 Zhang, Kyna	12	Nepean Kanata Barracudas	1:23.30	1:25.70
25 Pennell, Julia	12	Ernestown Barracuda Swim Club	1:29.57	1:25.91
26 Rueckwald, Lola	12	Swim Ottawa	1:32.00	1:27.28
27 McKay, Lindsay	12	Goulbourn Sea Hawks	1:28.19	1:27.53
28 Khalil, Mariam	11	Swim Ottawa	1:26.24	1:27.69
29 Togtokhbayar, Uranbileg	11	Swim Ottawa	1:25.44	1:27.74
30 Rasoulis, Eva	11	Nepean Kanata Barracudas	1:29.51	1:27.77
31 Ennis, Myla	12	Perth Stingrays Aquatic Club	1:32.28	1:29.22
32 Leuschen, Violet	11	Nepean Kanata Barracudas	1:30.53	1:29.82
33 Gora, Chelsea	11	Ernestown Barracuda Swim Club	1:31.28	1:29.89
34 Leyan'Simbi, Aaliyah N	11	Greater Ottawa Kingfish S.C.	1:31.68	1:30.86
35 Wu, Ziqi Emma	11	Nepean Kanata Barracudas	1:38.16	1:32.63
36 Trang, Liana	11	Goulbourn Sea Hawks	1:30.44	1:32.77
37 Green, Annie	11	Perth Stingrays Aquatic Club	1:29.35	1:32.93
38 Dondos, Oana	11	Nepean Kanata Barracudas	1:42.32	1:34.06
39 Fairley, Emma	11	Nepean Kanata Barracudas	1:31.89	1:34.37
40 McCauley, Evelyn G	11	Greater Ottawa Kingfish S.C.	1:39.47	1:35.06
41 Roberts, Liliana	11	Nepean Kanata Barracudas	1:32.02	1:35.45
42 Atkinson, Chloe	11	Perth Stingrays Aquatic Club	1:35.59	1:35.99
43 Detillieux, Rose H	12	Greater Ottawa Kingfish S.C.	1:38.34	1:36.61
44 Davies, Elyse	12	Capital Wave Swim & Polo	1:42.59	1:39.52
45 Majzoub, Dana	11	Greater Ottawa Kingfish S.C.	1:36.88	1:39.86
--- Houle, Joelle	11	Cornwall Sea Lions	1:38.05	DQ

Swimmer did not touch the wall during the turn

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 26 Boys 11-12 100 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Pshonka, Steffan	12	Nepean Kanata Barracudas	1:16.72	1:14.41
2 Plummer, Brody	11	Nepean Kanata Barracudas	1:13.97	1:14.94
3 Ghobrial, Youssef	12	Greater Ottawa Kingfish S.C.	1:18.63	1:15.97
4 Cook, James	12	Nepean Kanata Barracudas	1:20.12	1:17.34
5 Fu, Yiheng	12	Nepean Kanata Barracudas	1:19.07	1:18.22
6 MacKenzie, Hammond	12	Swim Ottawa	1:20.13	1:19.58
7 Hong, Theodore	12	Greater Ottawa Kingfish S.C.	1:22.90	1:20.15
8 Vinet-Lessard, William	12	Greater Ottawa Kingfish S.C.	1:22.30	1:20.47
9 Taylor, George	12	Ernestown Barracuda Swim Club	1:22.50	1:20.70
10 Xie, Justin	12	Nepean Kanata Barracudas	1:25.89	1:22.06
11 Heidinga, Simon	12	Swim Ottawa	1:25.05	1:22.07
12 Klatt, Henry H	12	Greater Ottawa Kingfish S.C.	1:23.88	1:23.81
13 Peden, Jayden	11	Perth Stingrays Aquatic Club	1:22.76	1:24.14
14 Dowling, Matthew	11	Ernestown Barracuda Swim Club	1:23.89	1:25.02
15 Sanders, Will J	12	Kingston Blue Marlins	1:25.07	1:25.10
16 Yang, Logan Y	11	Goulbourn Sea Hawks	1:31.04	1:25.53
17 Laboissonniere, Max L	11	Greater Ottawa Kingfish S.C.	1:29.10	1:25.66
18 MacPhee, Nathan	12	Perth Stingrays Aquatic Club	1:26.71	1:25.93
19 Myre, Liam	12	Capital Wave Swim & Polo	1:31.92	1:26.12
20 Wang, Simon	11	Nepean Kanata Barracudas	1:27.73	1:27.57
21 Helmstaedt, Grant	12	Ernestown Barracuda Swim Club	1:25.69	1:27.88
22 Lee, Kaden	11	Nepean Kanata Barracudas	1:30.18	1:28.85
23 Liu, Ethan	12	Greater Ottawa Kingfish S.C.	1:27.76	1:29.12
24 Hollingworth, Avery J	12	Roc Swimming	1:29.93	1:30.05
25 Zhang, Samuel	11	Nepean Kanata Barracudas	1:32.76	1:30.61
26 Wang, Larry	11	Nepean Kanata Barracudas	1:36.90	1:34.03
27 McIntyre, Gabriel	12	Capital Wave Swim & Polo	1:35.70	1:35.27
28 McIntyre, Owyn D	11	Greater Ottawa Kingfish S.C.	1:33.99	1:35.30
29 Addicks, Soren	11	Swim Ottawa	1:34.73	1:35.35
30 Hassan, Adam K	11	Kingston Blue Marlins	1:34.95	1:35.37
31 Kurtyan, Mathieu	11	Goulbourn Sea Hawks	1:38.42	1:37.77
32 Li, Bryson	11	Greater Ottawa Kingfish S.C.	1:42.38	1:38.63
33 Yang, Mason	11	Ottawa Y Olympians	1:44.57	1:39.06
34 Fan, Mason	11	Nepean Kanata Barracudas	1:47.37	1:40.44
35 Abdulla, Noah	11	Nepean Kanata Barracudas	1:44.23	1:42.17

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 27 Girls 10 & Under 50 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Lin, Angie	10	Nepean Kanata Barracudas	44.12	43.07
2	Polman, Emily G	10	Greater Ottawa Kingfish S.C.	45.73	43.33
3	Edwards, Charlotte	10	Ottawa Swim Club	42.49	43.60
4	Dubois-Higgins, Beatrice	10	Greater Ottawa Kingfish S.C.	50.89	46.91
5	James, Ruth	9	Perth Stingrays Aquatic Club	47.89	47.86
6	Szeto, Yana	10	Capital Wave Swim & Polo	49.30	48.15
7	MacDonald, Sydney	10	Ottawa Swim Club	47.00	48.19
8	Jacobe, Addison	10	Capital Wave Swim & Polo	51.92	51.36
9	Wang, Samantha	9	Nepean Kanata Barracudas	58.28	58.56

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 28 Boys 10 & Under 50 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Brun, Marcus	10	Nepean Kanata Barracudas	37.22	35.50
2	Earle, Jake	10	Nepean Kanata Barracudas	47.14	42.18
3	Archibald, David	10	Swim Ottawa	42.95	42.81
4	Fowkes, August	10	Ottawa Swim Club	57.43	48.11
5	Docoslis, George X	10	Kingston Blue Marlins	50.04	49.50
6	MacPhee, Adam	9	Perth Stingrays Aquatic Club	52.41	49.55
7	Venugopal, Kieran	10	Swim Ottawa	50.68	51.35
8	Quijada, Adriano	10	Capital Wave Swim & Polo	1:02.48	56.74
9	Kanishchev, Matthew	10	Nepean Kanata Barracudas	53.19	1:00.09
10	Balkin, Matthew	10	Nepean Kanata Barracudas	58.99	1:06.77

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 29 Girls 11-12 50 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Richardson, Jordyn	12	Ottawa Y Olympians	30.55	30.79
2	Archibald, Fia	12	Swim Ottawa	35.37	35.30
3	Fournier, Ellie	12	Goulbourn Sea Hawks	36.01	36.24
4	Ginsberg, Siena	12	Capital Wave Swim & Polo	37.40	36.30
5	Binder, Tenley S	11	Greater Ottawa Kingfish S.C.	37.86	36.87
6	Voisin, Annabelle	12	Petawawa Predators	36.69	36.98
7	Macdonald, Moy	11	Nepean Kanata Barracudas	44.02	38.33
8	Laggis, Naya	12	Capital Wave Swim & Polo	41.79	39.74
9	McDonnell, Sloane	11	Ernestown Barracuda Swim Club	40.97	39.88
10	Leyan'Simbi, Aaliyah N	11	Greater Ottawa Kingfish S.C.	45.44	40.24
11	Rafter, Sadie	11	Swim Ottawa	43.67	40.42
12	Norlock, Helena V	12	Carleton Place Water Dragons	59.93	40.82
13	MacDonald, Audrey	12	Swim Ottawa	39.98	41.31
14	Tanner, Emily	11	Perth Stingrays Aquatic Club	52.21	41.68
15	Borowiec, Nicole	11	Capital Wave Swim & Polo	44.70	42.20
16	Hircock, Adelle	12	Capital Wave Swim & Polo	44.48	43.11

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 30 Boys 11-12 50 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Gallupe, Oliver	12	Ernestown Barracuda Swim Club	31.97	31.48
2	Yao, Lucas	11	Greater Ottawa Kingfish S.C.	31.70	31.50
3	Patry, Hugo	12	Ottawa Swim Club	33.46	33.52
4	Ghobrial, Youssef	12	Greater Ottawa Kingfish S.C.	46.27	33.82
5	Lu, Jonathan	12	Nepean Kanata Barracudas	34.47	34.81
6	Myre, Liam	12	Capital Wave Swim & Polo	38.50	37.63
7	Yang, Logan Y	11	Goulbourn Sea Hawks	41.01	37.74
8	Sanders, Will J	12	Kingston Blue Marlins	42.90	39.75
9	Hassan, Adam K	11	Kingston Blue Marlins	47.13	42.27
10	Shore, Thomas	11	Nepean Kanata Barracudas	57.80	42.62
11	Heidinga, Simon	12	Swim Ottawa	48.56	43.22
12	Li, Bryson	11	Greater Ottawa Kingfish S.C.	49.81	44.44



**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04**

**Results - 12 & Under Timed Finals**

**Event 31 Girls 10 & Under 400 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Colarossi-Forbes, Rylan	10	Nepean Kanata Barracudas	6:36.84	6:39.26

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 32 Boys 10 & Under 400 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Burbridge, Liam A	10	Goulbourn Sea Hawks	6:20.18	6:20.61
2	Morris, Hunter	10	Nepean Kanata Barracudas	6:49.85	6:42.48

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 33 Girls 11-12 400 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Gomes, Sinead	11	Swim Ottawa	5:10.97	5:03.18
2	Nolan, Millie J	12	Greater Ottawa Kingfish S.C.	5:11.51	5:07.15
3	Rosenberg, Claire J	12	Greater Ottawa Kingfish S.C.	5:09.16	5:07.56
4	Kim, Yunseo	12	Nepean Kanata Barracudas	5:14.52	5:11.12
5	Van Loon, Adele	12	Cornwall Sea Lions	5:18.42	5:15.00
6	Stratton, Sierra	12	Nepean Kanata Barracudas	5:37.27	5:20.75
7	Hoskin, Victoria	12	Greater Ottawa Kingfish S.C.	5:19.80	5:20.86
8	Polisena, Sophia	12	Nepean Kanata Barracudas	5:27.27	5:27.51
9	Quan, Eleanor	11	Nepean Kanata Barracudas	5:44.45	5:30.05
10	Navarrete Espitia, Charlotte	11	Nepean Kanata Barracudas	5:54.97	5:30.51
11	Hull, Gwyneth	12	Swim Ottawa	5:45.30	5:31.12
12	Pillay, Katie	12	Nepean Kanata Barracudas	5:38.99	5:31.24
13	Duford, Jessica	11	Nepean Kanata Barracudas	5:39.01	5:32.36
14	McKenna, Ainsley	12	Swim Ottawa	5:38.49	5:33.53
15	Zhang, Kyna	12	Nepean Kanata Barracudas	5:37.89	5:34.12
16	Rowberry, Hana	12	Ernestown Barracuda Swim Club	5:48.86	5:37.46
17	Rafter, Sadie	11	Swim Ottawa	6:05.59	5:38.28
18	McKay, Lindsay	12	Goulbourn Sea Hawks	5:46.36	5:38.29
19	Dore, Sydney	11	Goulbourn Sea Hawks	5:49.82	5:48.41
20	Pons, Floriane A	11	Roc Swimming	6:09.59	6:00.76
21	Bowles, Katherine	11	Swim Ottawa	6:01.01	6:02.84
22	Gora, Chelsea	11	Ernestown Barracuda Swim Club	6:32.76	6:03.90
23	Macdonald, Moy	11	Nepean Kanata Barracudas	6:34.06	6:06.37
24	Diotte, Gaby T	11	Greater Ottawa Kingfish S.C.	6:08.67	6:07.58
25	Leuschen, Violet	11	Nepean Kanata Barracudas	6:18.69	6:20.19
26	James, Maren	11	Perth Stingrays Aquatic Club	6:21.25	6:20.71
27	Rasoulis, Eva	11	Nepean Kanata Barracudas	6:36.58	6:24.65
28	Sun, Vera	12	Nepean Kanata Barracudas	6:55.08	6:28.55
29	Norris, Harriet G	11	Carleton Place Water Dragons	6:31.22	6:42.14
---	Houle, Joelle	11	Cornwall Sea Lions	5:59.33	DQ
	False start				

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 34 Boys 11-12 400 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	MacKenzie, Hammond	12	Swim Ottawa	4:56.87	4:49.62
2	Bulat, Ante	12	Greater Ottawa Kingfish S.C.	5:10.11	4:53.61
3	Patry, Hugo	12	Ottawa Swim Club	4:59.75	4:59.03
4	Plummer, Brody	11	Nepean Kanata Barracudas	5:13.84	5:09.35
5	Shelswell de Vlieger, Willem	12	Swim Ottawa	5:23.56	5:09.36
6	Fowkes, Percy	12	Ottawa Swim Club	5:04.39	5:14.73
7	Cook, James	12	Nepean Kanata Barracudas	5:20.77	5:15.50
8	Hong, Theodore	12	Greater Ottawa Kingfish S.C.	5:25.21	5:17.82
9	Ren, Lucas	12	Nepean Kanata Barracudas	5:34.21	5:28.37
10	Randriamoeliarivony, Rodo	12	Nepean Kanata Barracudas	5:40.43	5:30.35
11	Pak, Phoenix H	11	Greater Ottawa Kingfish S.C.	5:37.72	5:43.38
12	Wang, Simon	11	Nepean Kanata Barracudas	5:47.01	5:47.67
13	MacPhee, Nathan	12	Perth Stingrays Aquatic Club	6:02.69	5:50.77
14	Lee, Kaden	11	Nepean Kanata Barracudas	6:47.13	6:13.61
15	Abdulla, Noah	11	Nepean Kanata Barracudas	6:29.44	6:35.39

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 35 Girls 10 & Under 200 SC Meter Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Nepean Kanata Barracudas	A	2:33.76	2:30.68
1) Miller, Olivia 10	2) Lin, Angie 10	3) Stratton, Trinity 10	4) Colarossi-Forbes, Rylan 10
2 Greater Ottawa Kingfish S.C.	A	2:34.03	2:33.97
1) Dubois-Higgins, Beatrice 10	2) Polman, Emily G 10	3) Livingston, Camille 10	4) Chandran, Lakme 10

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 36 Boys 10 & Under 200 SC Meter Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Nepean Kanata Barracudas	A	2:28.93	2:26.66
1) Earle, Jake 10	2) Zhang, Osborn 9	3) Ren, Ryan 9	4) Brun, Marcus 10
2 Nepean Kanata Barracudas	B	2:56.41	2:58.00
1) Kanishchev, Matthew 10	2) Balkin, Matthew 10	3) Aboud, Lincoln 10	4) Morris, Hunter 10

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 37 Girls 11-12 200 SC Meter Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Swim Ottawa	A	2:02.40	2:00.16
1) Rueckwald, Lola 12	2) Gomes, Sinead 11	3) Archibald, Fia 12	4) LeBlanc, Rowyn 12
2 Nepean Kanata Barracudas	A	2:05.34	2:04.25
1) Pillay, Katie 12	2) Kim, Yunseo 12	3) Quan, Eleanor 11	4) Polisena, Sophia 12
3 Greater Ottawa Kingfish S.C.	A	2:04.12	2:06.32
1) Rosenberg, Claire J 12	2) Nolan, Millie J 12	3) Hoskin, Victoria 12	4) Cowan, Eloise E 12
4 Nepean Kanata Barracudas	B	2:08.59	2:06.68
1) Wang, Clara 12	2) Zhang, Kyna 12	3) Navarrete Espitia, Charlotte	4) Duford, Jessica 11
5 Swim Ottawa	B	2:14.04	2:12.90
1) Pratt, Jaime 12	2) Hull, Gwyneth 12	3) Togtokhbayar, Uranbileg 11	4) McKenna, Ainsley 12
6 Greater Ottawa Kingfish S.C.	B	2:13.40	2:14.43
1) Binder, Tenley S 11	2) Leyan'Simbi, Aaliyah N 11	3) Huynh, Tu Uyen 11	4) Detillieux, Rose H 12
7 Ernestown Barracuda Swim	A	2:17.23	2:14.88
1) Rowberry, Hana 12	2) McDonnell, Sloane 11	3) Gora, Chelsea 11	4) Pennell, Julia 12
8 Capital Wave Swim & Polo	A	2:22.76	2:21.59
1) Ginsberg, Siena 12	2) Borowiec, Nicole 11	3) Davies, Elyse 12	4) Laggis, Naya 12
9 Perth Stingrays Aquatic Club	A	2:22.12	2:25.48
1) Peden, Bronwyn 12	2) Green, Annie 11	3) James, Maren 11	4) Ennis, Myla 12
10 Perth Stingrays Aquatic Club	B	2:41.90	2:43.77
1) Atkinson, Chloe 11	2) James, Ruth 9	3) Schur, Macayla 10	4) Tanner, Emily 11

**2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04****Results - 12 & Under Timed Finals****Event 38 Boys 11-12 200 SC Meter Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>
1 Greater Ottawa Kingfish S.C. 1) Yao, Lucas 11	A 2) Bulat, Ante 12	2:01.39 3) Ghobrial, Youssef 12	1:58.99 4) Vinet-Lessard, William 12
2 Nepean Kanata Barracudas 1) Cook, James 12	A 2) Randriamoeliarivony, Rodo	2:02.15 3) Lu, Jonathan 12	2:01.11 4) Ren, Lucas 12
3 Nepean Kanata Barracudas 1) Fu, Yiheng 12	B 2) Plummer, Brody 11	2:10.79 3) Xie, Justin 12	2:07.35 4) Pshonka, Steffan 12
4 Swim Ottawa 1) Shelswell de Vlieger, Willem	A 2) McNamee, Lucas 11	2:12.21 3) MacKenzie, Hammond 12	2:09.05 4) Heidinga, Simon 12
5 Greater Ottawa Kingfish S.C. 1) Klatt, Henry H 12	B 2) Hong, Theodore 12	2:13.15 3) Li, Bryson 11	2:14.68 4) McIntyre, Owyn D 11
6 Kingston Blue Marlins 1) Sanders, Will J 12	A 2) Nahorny, Ioan S 12	2:22.60 3) Kelly, Grant 11	2:17.24 4) Hassan, Adam K 11
7 Ernestown Barracuda Swim 1) Gallupe, Oliver 12	A 2) Helmstaedt, Grant 12	2:15.35 3) Dowling, Matthew 11	2:18.04 4) Taylor, George 12
8 Perth Stingrays Aquatic Club 1) Peden, Jayden 11	A 2) Tanner, Benjamin 8	2:35.70 3) MacPhee, Adam 9	2:35.99 4) MacPhee, Nathan 12