

Fundy Tide Swim Team Equipment

Swimsuit - It is mandatory for females to have a ONE piece bathing suit and males to have either jammers or box leg shorts (tight fitting) for training. Please use a sizing chart and measure your swimmer for proper sizing. It is recommended all swimmers planning on competing must have at least 1 team suit! <u>Endurance+ Jammer by Speedo</u> (navy) /Endurance+ Flyback Training Suit by Speedo (navy and White)

Sizing and ordering can be done at the Bikes and Beans store:

3 Landing Court, Quispamsis, NB, E2E 4R2

Suits, goggles, equipment are in stock. Out of stock items can be ordered, with expected delivery within 7 business days. Suits and equipment over \$25 will receive a Tide discount of 25% and items under \$25 will receive a 10% discount.

Equipment can also be ordered at the following websites:

http://www.team-aquatic.com/saintjohnfundy.html http://www.speedousa.com/

<u>Caps</u> - All Swimmers MUST also wear team caps when competing. 1 Latex swim cap will be provided by the team; additional latex caps may be purchased for \$5 as well as Silicone caps for \$10 from the team equipment manager. Irina Vorobtsova. Please contact Irina on 343-2011 or email at <u>irochka_vv@yahoo.com</u> if you require additional swim caps.

<u>Goggles</u> - You may choose from a variety of colors and styles for goggles. There are junior and adult sizes depending on the size of your swimmer.

Team gear - watch for e-mails!

The following equipment is recommended:

Mighty Shark swimmers

- Cap
- water bottle
- goggles
- females- one piece suit (Tide colors NAVY/WHITE)
- males- jammer or box short (Tide color NAVY)

<u>Junior B</u>

- cap
- water bottle
- kickboard
- pull buoy
- goggles (always good to have spare pair)
- mesh bag
- females- one piece suit (Tide colors NAVY/WHITE)
- males- jammer or box short (Tide color NAVY)

Junior A

- cap
- water bottle
- kickboard
- pull buoy
- hand paddles/fins (optional)
- goggles (always good to have spare pair)
- mesh bag
- females- one piece suit (Tide colors NAVY/WHITE)
- males- jammer or box short (Tide color NAVY)

<u>Seniors</u>

- water bottle
- kickboard
- pull buoy
- fins (Arena Tech Pro Fins Coach Brian's favorite)
- hand paddles (TYR Coach Brian's favorite)
- snorkel
- goggles (training AND competition goggles)
- mesh bag
- Tide Endurance + by Speedo flyback- NAVY/WHITE
- Tide Endurance + by Speedo jammer- NAVY