



**Letter of Invitation
for Participation in a Community Forum on Voices of Youth Mental Wellness**

Date and Time: June 9, 2023, Friday, 3:30pm to 5:30pm

Location: Room 3-16B, Calgary Central Library at 800 3rd St., SE Calgary

If you are a young person or you have a child age between 12 and 17 years old, or a service provider in the areas of child and youth mental health or someone who are interested in youth mental health, you and/or your child are invited to participate in one of the Community Forums on Voices of Youth Mental Wellness in the City of Calgary.

Title of the Project: Children and Youth Mental Health (CYMH) Community Forum on Voices of Youth Mental Wellness

This Community Forum is part of the larger project titled: Promising Practice for Children and Youth: A Model of Canada-China Collaboration

Short Title of the Project: Voices of Youth Mental Wellness Community Forum

Project Lead: Dr. Dora Tam, Professor, Faculty of Social Work, University of Calgary, Canada
Email: dtam@ucalgary.ca

This letter provides an overview of the CYMH Community Forum on Voices of Youth Mental Wellness (hereafter called Community Forum). The University of Calgary Conjoint Faculties Research Ethics Board has approved this project (REB Ref: REB22-1642_MOD1).

Sponsor: This Project is supported in part by funding from the Social Sciences and Humanities Research Council of Canada and the University of Calgary

Partners of the CYMH Project (These Organizations provide in-kind and/or funding support):

1. Diversecities in Calgary
2. Hull Services in Calgary
3. Wood's Homes in Calgary
4. Department of Family and Community Support Services in the County of Grande Prairie
5. Center for Young Parents in Grande Prairie
6. Big Brothers Big Sisters of Lethbridge and District
7. McMan Youth, Family and Community Services Lethbridge and areas
8. Faculty of Social Work, University of Calgary
9. City of Lethbridge

Overarching Project Goal: The CYMH Project is a three-year project, which aims to engage children and youth, parents/guardians, and community partners to develop service user-focused initiatives for the promotion of mental wellbeing among children and youth aged 12-17 in Canada and China.

Purpose of the Community Forum: The Community Forum is the third phase of the CYMH Project. At the Community Forum, we will share the project achievements in previous phases through our environmental scan, comprehensive literature review, photo story groups, and Web Application co-creation focus groups. Youth, parents/guardians, community partners, and individuals who are interested in youth mental health are invited to join this community forum to share your inputs for promotion and early intervention on youth mental wellness.

Each Community Forum will last for 2.5 hours and the program of the Community Forum will include the followings:

1. Welcome and Acknowledgements
2. Overview on the achievements of the CYMH Project
3. Roundtable Discussion
4. Conclusion of the Day and Future Plan

The findings from these Community Forums will later be shared with broader audiences through our knowledge sharing activities for education, mental health prevention and intervention purposes.

Accessibility and Honorarium: During the registration, any participant who self-identified as a young person ages 12 to 17, or a parent/guardian of a youth, who would need child care, transportation, or work hours financial support will receive an honorarium gift card of \$40 at the end of the community forum or at the time the person leave the forum.

Registration/Questions/Concerns

If you or your child ages between 12 and 17 years old, lives in the City of Calgary, Alberta, and are interested in joining the Community Forum, or would like to have more information about the Community Forum, you may [click here](#) which will bring you to the Eventbrite registration page. Or, use this link: <https://www.eventbrite.com/e/voices-of-youth-mental-wellness-community-forum-tickets-624453466127>

You may also email the CYMH Project Coordinator at CYMH.Coordinator@ucalgary.ca for further information.

None of the partner agency will be involved in the registration process for the Community Forum or knowing who has registered as interested individuals will registrar through the Eventbrite created for the Community Forum. Those who chose not to participate in the Community Forum will not affect their existing or future access to services in these partner agencies.

If you have questions related to the overall CYMH Project or want clarification regarding this project and/or yours or your child's participation, please email Dr. Dora Tam, Project Lead/Professor, Faculty of Social Work, University of Calgary at dtam@ucalgary.ca

If you have any concerns about the way, you or your child have been treated as a participant, please contact the Research Ethics Analyst, Research Services, University of Calgary at 403-220-6289 or 403-220-8640; e-mail: cfreb@ucalgary.ca.