

12 A - MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 6:00 - 7:15pm UofC	2 6:00 - 7:30am CH	3 Lethbridge meet	4 Lethbridge meet
5 Lethbridge meet	6 6:00 - 7:15pm UofC	7 6:00 - 7:00pm UofC	8 Olympic Trials - Send off - 4:30pm Dryland - after 6:00 - 7:15pm UofC	9 6:00 - 7:30am CH	10 Dryland 5:00pm 6:00 - 7:30pm UofC	11 11:30am - 1:00pm UofC
12 6:00 - 7:15pm UofC	13 6:00 - 7:15pm UofC	14 Dryland 5:00pm 6:00 - 7:00pm UofC	15 6:00 - 7:15pm UofC	16 6:00 - 7:30am CH	17 Dryland 5:00pm 6:00 - 7:30pm UofC	18 11:30am - 1:00pm UofC
19 No workout	20 No workout	21 Dryland 5:00pm 6:00 - 7:00pm UofC	22 6:00 - 7:15pm UofC	23 6:00 - 7:30am CH	24 Dryland 5:00pm 6:00 - 7:30pm UofC	25 11:30am - 1:00pm UofC
26 6:00 - 7:15pm UofC	27 6:00 - 7:15pm UofC	28 Dryland 5:00pm 6:00 - 7:00pm UofC	29 6:00 - 7:15pm UofC	30 6:00 - 7:30am CH	31 UCSC T-REX - UofC CSI - MNP	01-Jun UCSC T-REX - UofC CSI - MNP

\* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)