

12 C - MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Dryland 5:00pm 6:00 - 7:15pm UofC	2 6:00 - 7:30am CH	3 Lethbridge meet	4 Lethbridge meet
5 Lethbridge meet	6 Dryland 5:00pm 6:00 - 7:15pm UofC	7 6:00 - 7:00pm UofC	8 Olympic Trials - Send off - 4:30pm Dryland - after 6:00 - 7:15pm UofC	9 6:00 - 7:30am CH	10 6:00 - 7:30pm UofC	11 11:30am - 1:00pm UofC
12	13 Dryland 5:00pm 6:00 - 7:15pm UofC	14 6:00 - 7:00pm UofC	15 Dryland 5:00pm 6:00 - 7:15pm UofC	16 6:00 - 7:30am CH	17 6:00 - 7:30pm UofC	18 11:30am - 1:00pm UofC
19 No workout	20	21 6:00 - 7:00pm UofC	22 Dryland 5:00pm 6:00 - 7:15pm UofC	23 6:00 - 7:30am CH	24 6:00 - 7:30pm UofC	25 11:30am - 1:00pm UofC
26	27 Dryland 5:00pm 6:00 - 7:15pm UofC	28 6:00 - 7:00pm UofC	29 Dryland 5:00pm 6:00 - 7:15pm UofC	30 6:00 - 7:30am CH	31 UCSC T-REX - UofC CSI - MNP	01-Jun UCSC T-REX - UofC CSI - MNP

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)