

12 D - March 20224

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Dryland 5:00pm 5:45 - 6:45pm UofC	2 5:30 - 7:00Pm UofC
3	4 6:00 - 7:30am CH Dryland 5:00pm 6:00 - 7:00pm UofC	5 6:00 - 7:15pm UofC	6 6:00 - 7:00pm UofC	7 5:pm - 6:00pm UofC	8 4:00 - 5:30pm UofC	9
10	11 No workout Dryland 5:00pm 6:00 - 7:00pm UofC	12 6:00 - 7:15pm UofC	13 6:00 - 7:00pm UofC	14 Dryland 5:00pm 5:45 - 6:45pm UofC	15 NCSA Spring Inv. - Seton	16
17 NCSA Spring Inv. - Seton	18 6:00 - 7:30am CH Dryland 5:00pm 6:00 - 7:00pm UofC	19 6:00 - 7:15pm UofC	20 6:00 - 7:00pm UofC	21 Dryland 5:00pm 5:45 - 6:45pm UofC	22 Spring Break Next workout - April 2	23
24 Spring Break Next workout - April 2	25 Spring Break Next workout - April 2	26 Spring Break Next workout - April 2	27 Spring Break Next workout - April 2	28 Spring Break Next workout - April 2	29 Spring Break Next workout - April 2	30 Spring Break Next workout - April 2

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)