

12 A - October 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 6:00 - 7:00pm UofC	2 Dryland 5:00pm 6:00 - 7:15pm UofC	3 6:00am - 7:00am Churchill	4 6:00 - 7:15pm UofC	5 4:30 - 6:00pm UofC
6	7 Dryland 5:00pm 6:00 - 7:15pm UofC	8 6:00 - 7:00pm UofC	9 Dryland 5:00pm 6:00 - 7:15pm UofC	10 6:00am - 7:00am Churchill	11 6:00 - 7:15pm UofC	12 4:30 - 6:00pm UofC
13	14 No workout Thanksgiving	15 6:00 - 7:00pm UofC	16 Dryland 5:00pm 6:00 - 7:15pm UofC	17 6:00am - 7:00am Churchill	18 UCSC Team Champs - UofC	19 Fall Start Up - MNP
20	21 Dryland 5:00pm 6:00 - 7:15pm UofC	22 6:00 - 7:00pm UofC	23 Dryland 5:00pm 6:00 - 7:15pm UofC	24 6:00am - 7:00am Churchill	25 No workout	26 5:00pm - 6:00pm UofC
27	28 Dryland 5:00pm 6:00 - 7:15pm UofC	29 6:00 - 7:00pm UofC	30 Dryland 5:00pm 6:00 - 7:15pm UofC	31 6:00am - 7:00am Churchill		

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)