

APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 SPRING BREAK	1	2 5:15 Activation 5:30-7:30am UofC 3:45pm Activation 4:00-6:00pm CH	3 5:15 Activation 5:30-7:30am UofC	4 3:45pm Activation 4:00-6:00pm CH	5 OFF 4:00-5:00pm weights UofC	6 3:45 Activation 4-5:30pm UofC
7 9:30 Weights 10:30-12:30pm UofC	8	9 3:45pm Activation 4:00-6:00pm CH	10 5:15am Activation 5:30 - 7:30am UofC	11 3:45pm Activation 4:00-6:00pm CH	12 5:15am Activation 5:30-7:30am UofC 4:00-5:00pm weights UofC	13 OFF
14 OFF	15	16 3:45pm Activation 4:00-6:00pm CH	17 5:15am Activation 5:30 - 7:30am UofC	18 3:45pm Activation 4:00-6:00pm CH	19 5:15am Activation 5:30-7:30am UofC 4:00-5:00pm weights UofC	20 3:45 Activation 4:00-5:30pm UofC
21 9:30 Weights 10:30-12:30pm UofC	22	23 3:45pm Activation 4:00-6:00pm CH	24 5:15am Activation 5:30 - 7:30am UofC	25 3:45pm Activation 4:00-6:00pm CH	26 5:15am Activation 5:30-7:30am UofC 4:00-5:00pm weights UofC	27 SPRING START UP
28 SPRING START UP	29	30 3:45pm Activation 4:00-6:00pm CH				

UC = University of Calgary, CH= Churchill, SD=Shouldice, FH=Foothills)