

## revised (again) FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 NO PRACTICE	2 GRAND PRIX MEET
4 GRAND PRIX MEET U of C	5	6	7	8	9 TIMMERMAN'S MEET	10 TIMMERMAN'S MEET
11 TIMMERMAN'S MEET	12	13	14	15	16	17
18 NO PRACTICE FAMILY DAY	19 TREX C 6:00-7:00pm U of C	20 TREX A 4:30-5:30pm Renfrew	21 TREX B 4:00-5:00pm Churchill TREX C 5:00-6:00pm Churchill	22 TREX A 6:45-7:45pm U of C TREX B 6:45-7:45pm U of C TREX C 6:45-7:45pm U of C	23 TREX A 4:00-5:30pm UofC TREX B 4:00-5:30pm UofC TREX C 4:00-5:30pm UofC  Fernie parent meeting 4:30-5:30pm, room KNB 126	24
25 TREX A 4:00-5:00pm Shouldice TREX B 5:00-6:00pm Shouldice	26 TREX C 6:00-7:00pm U of C	27 TREX A 4:30-5:30pm Renfrew	28 TREX B 4:00-5:00pm Churchill TREX C 5:00-6:00pm Churchill	29		

\* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)