

Fernie-April 19-21, 2024

SAMPLE Itinerary

(times are approximate)

Friday

9:30-Bus leaves from U of C

*Swimmers bring lunch on the bus – NO NUTS/PEANUTS OR NUT PRODUCTS

2:00 Check into condos at Lizard Creek Lodge

3:15 Both buses depart for the pool

4:00 Meet warm-up

5:00 Meet start

7:30 Session scheduled to end

8:15 Dinner catered at Lizard Creek Lodge

Saturday

Breakfast at 6:30am for all

7:00 Buses depart to pool

7:30 Meet warm-up for all

8:30 Meet start for all

10:00 Chaperones pick up snacks and lunches

12:00 Projected end to Session – swimmers to eat lunch at pool

12:30 Meet warm up for all

1:30 Meet start for all

4:00 Buses head back to hotel

6:00 Dinner catered at Lizard Creek Lodge

Sunday

6:30 Breakfast

7:00 both buses depart for pool

7:30 Meet warm-up for all

8:00 Meet start for all

12:30 chaperones to pick up lunches and bring lunches to pool

1:30-2:30 Buses head back to Calgary

*Parents: please look on the home page of the Calgary Swimming website for bus arrival information. This will be posted in the NEWS/BLOG section as soon as it is known. Coaches may also send an email as an update.