

July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
Weights 9:30-10:30am UofC Dryland 10:30-12pm UofC Field 4	Canada Day - OFF	5:45am Activation 6:00am-7:30am UofC	5:45am Activation 6:00am-7:30am UofC 4:45-5:45pm Weights	EKI 5:30pm Activation 5:45pm-7pm UofC	EKI 6:00am-7:30am UofC 4:00pm-5:00pm Weights 5:45pm-7pm UofC	EKI 11:00am Activation 11:15am-1pm UofC
7	8	9	10	11	12	13
EKI	5:30pm Activation 5:45pm-7pm UofC	5:45am Activation 6:00am-7:30am UofC	4:45pm-5:45pm Weights 5:45pm-7pm UofC	5:30pm Activation 5:45pm-7pm UofC	5:45am Activation 6:00am-7:30am UofC 4:00-5:00pm Weights	11:00am Activation 11:15am-1pm UofC
14	15	16	17	18	19	20
5:30pm Activation 5:45pm-7pm UofC	5:45am Activation 6:00am-7:30am UofC	5:45am Activation 6:00am-7:30am UofC	4:45pm-5:45pm Weights 5:45pm-7pm UofC	5:30pm Activation 5:45pm-7pm UofC	5:45am Activation 6:00am-7:30am UofC 4:00pm-5:00pm Weights	11:00am Activation 11:15am-1pm UofC
21	22	23	24	25	26	27
5:30pm Activation 5:45pm-7pm UofC	5:45am Activation 6:00am-7:30am UofC	5:45am Activation 6:00am-7:30am UofC	4:45pm-5:45pm Weights 5:45pm-7pm UofC	LC Summer Provincials	LC Summer Provincials	LC Summer Provincials
28	29	30	31	27	28	29
LC Summer Provincials						

UC = University of Calgary, CH= Churchill, SD=Shouldice, FH=Foothills)