

# MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 5:15 Activation 5:30-7:30am UofC	2 3:45pm Activation 4:00-6:00pm CH	3 5:15am Activation 5:30-7:30am UofC 4:00-5:00pm weights UofC	4 9:45am-10am Activation 10-11:30am Activation
5 9:30 Weights 10:30-12:30pm UofC	6	7 3:45pm Activation 4:00-6:00pm CH	8 5:15am Activation 5:30 - 7:30am UofC	9 3:45pm Activation 4:00-6:00pm CH	10 5:15am Activation 5:30-7:30am UofC 4:00-5:00pm weights UofC	11 9:45-10am Activation 10:00am-11:30am UofC
12 9:30 Weights 10:30-12:30pm UofC	13	14 3:45pm Activation 4:00-6:00pm CH	15 5:15am Activation 5:30 - 7:30am UofC	16 3:45pm Activation 4:00-6:00pm CH	17 5:15am Activation 5:30-7:30am UofC 4:00-5:00pm weights UofC	18 9:45am-10am Activation 10:00-11:30am UofC
19 9:30 Weights 10:30-12:30pm UofC	20	21 3:45pm Activation 4:00-6:00pm CH	22 5:15am Activation 5:30 - 7:30am UofC	23 3:45pm Activation 4:00-6:00pm CH	24 5:15am Activation 5:30-7:30am UofC 4:00-5:00pm weights UofC	25 9:45am-10am Activation 10:00-11:30am UofC
26 9:30 weights 10:30-12:30pm UofC	27	28 3:45pm Activation 4:00-6:00pm CH	29 5:15am Activation 5:30-7:30am UofC	30 3:45pm Activation 4:00pm-6:00pm CH	31 CSI + TREX	1 CSI + TREX

UC = University of Calgary, CH= Churchill, SD=Shouldice, FH=Foothills)