



PROVINCIAL SCHEDULE 2024-2025

PROVINCIAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			5:30-7:30am UC		5:30-7:30am UC		Weights 9:00-10:00am
							10:00am-12:00 UC
		4:00-6:00pm CH	4:00-6:00pm SD	4:00-6:00pm CH	Weights 4:00-5:00pm (UC)		

PROVINCIAL LITE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
							10:00am-12:00 UC
							Weights 12:00-1:00pm
		4:00-6:00pm CH	8:00-9:00pm RR YMCA	Land Training TBC		2:30-4:30pm UC	

UC – University of Calgary Pool
 CH – Churchill Pool
 SD – Shouldice Pool
 RR YMCA – Rocky Ridge YMCA