

Records Broken April 1, 2023 - March 31, 2024							Provincial
Date	Name	Age	Event	Time	Course	Meet	National
5-May-23	Alexis Yuan	11	50 back	33.65	LC	Lethbridge Spring Challenge	
20-May-23	Lorne Wigginton	17	200 fly	2:01.00	LC	Mare Nostrum (Monaco)	
20-May-23	Lorne Wigginton	17	200 fly	2:00.60	LC	Mare Nostrum (Monaco)	
26-May-23	Hayleigh Haines	14	100 breast	1:13.01	LC	Cactus Classic	
4-Jun-23	Finley Wong Meghan Sutherland Alexis Yuan Mya Harrington	12-Nov	4x50 Medley	2:08.33	LC	CSI 2023	
4-Jun-23	Alexis Yuan	11	400 IM	5:45.41	LC	CSI 2023	
4-Jun-23	Alexis Yuan	11	400 IM	5:33.12	LC	CSI 2023	
26-Jun-23	Paul Dardis	16	100 IM	56.63	SC	Team Champs #2	
26-Jun-23	Aiden Norman	17	50 back	25.52	SC	Team Champs #2	
26-Jun-23	Hayleigh Haines	14	50 breast	33.23	SC	Team Champs #2	
26-Jun-23	Sienna Rodgers	15	50 back	28.42	SC	Team Champs #2	
9-Jul-23	Aiden Norman	17	50 back	26.84	LC	EKI 2023	
9-Jul-23	Aiden Norman	17	50 back	26.46	LC	EKI 2023	
9-Jul-23	Angelina Wang	12	50 fly	30.40	LC	EKI 2023	
9-Jul-23	Angelina Wang	12	100 fly	1:06.91	LC	EKI 2023	
9-Jul-23	Maxine Clark	15	400 free	4:25.49	LC	EKI 2023	
9-Jul-23	Maxine Clark	15	400 free	4:18.96	LC	EKI 2023	
9-Jul-23	Maxine Clark	15	800 free	9:01.87	LC	EKI 2023	
9-Jul-23	Milena Cosic	15	200 back	2:20.80	LC	EKI 2023	
9-Jul-23	Katie Graboski	16	50 breast	32.44	LC	EKI 2023	
9-Jul-23	Sienna Rodgers Katie Graboski Maxine Clark Sydney Stewart	15-17	4x50 Medley	1:56.85	LC	EKI 2023	
9-Jul-23	Aiden Norman Lorne Wigginton Nick Duncan Paul Dardis	15-17	4x50 Medley	1:44.45	LC	EKI 2023	
9-Jul-23	Paul Dardis Aiden Norman Elijah O'Reilly Lorne Wigginton	15-17	4x50 Free	1:35.80	LC	EKI 2023	
10-Jul-23	Alexis Yuan	11	100 back	1:09.78	SC	Western Finale 2023	
10-Jul-23	Alexis Yuan	11	100 back	1:08.22	SC	Western Finale 2023	
10-Jul-23	Meghan Sutherland	12	50 breast	35.29	SC	Western Finale 2023	
10-Jul-23	Meghan Sutherland	12	50 breast	34.98	SC	Western Finale 2023	
10-Jul-23	Aaron Xiao	13	50 fly	27.11	SC	Western Finale 2023	
23-Jul-23	Lorne Wigginton	Open	400 IM	4:13.75	LC	World Aquatics Championships 2023	
23-Jul-23	Lorne Wigginton	17	400 IM	4:13.75	LC	World Aquatics Championships 2023	
23-Jul-23	Alexis Yuan	11	200 IM	2:30.45	SC	Alberta Summer Games 2023	
23-Jul-23	Mya Harrington	12	100 IM	1:09.62	SC	Alberta Summer Games 2023	
27-Jul-23	Alexis Yuan	11	50 back	32.21	LC	Alberta Summer Provincials 2023	
27-Jul-23	Alexis Yuan	11	100 back	1:10.45	LC	Alberta Summer Provincials 2023	
27-Jul-23	Alexis Yuan	11	200 back	2:32.45	LC	Alberta Summer Provincials 2023	
27-Jul-23	Angelina Wang	12	50 fly	30.28	LC	Alberta Summer Provincials 2023	
27-Jul-23	Alexis Yuan Meghan Sutherland Angelina Wang Mya Harrington	11-12	4x50 medley	2:07.79	LC	Alberta Summer Provincials 2023	
1-Aug-23	Laon Kim	15	50 free	23.31	LC	Canadian Swimming Championships 2023	
1-Aug-23	Laon Kim	15	50 free	23.01	LC	Canadian Swimming Championships 2023	
1-Aug-23	Laon Kim	15	100 free	50.39	LC	Canadian Swimming Championships 2023	
1-Aug-23	Laon Kim	15	200 free	1:51.08	LC	Canadian Swimming Championships 2023	

1-Aug-23	Laon Kim	15	200 free	1:49.62	LC	Canadian Swimming Championships 2023
1-Aug-23	Laon Kim	15	400 free	3:59.31	LC	Canadian Swimming Championships 2023
1-Aug-23	Laon Kim	15	800 free	8:18.07	LC	Canadian Swimming Championships 2023
1-Aug-23	Paul Dardis	16	50 free	23.16	LC	Canadian Swimming Championships 2023
1-Aug-23	Lorne Wigginton	17	200 free	1:50.87	LC	Canadian Swimming Championships 2023
1-Aug-23	Aiden Norman	17	50 back	26.27	LC	Canadian Swimming Championships 2023
1-Aug-23	Nicholas Duncan	17	50 fly	24.92	LC	Canadian Swimming Championships 2023
1-Aug-23	Maxine Clark	15	100 free	56.59	LC	Canadian Swimming Championships 2023
1-Aug-23	Maxine Clark	15	100 free	56.56	LC	Canadian Swimming Championships 2023
1-Aug-23	Maxine Clark	15	200 free	2:02.37	LC	Canadian Swimming Championships 2023
1-Aug-23	Maxine Clark	15	200 free	2:01.51	LC	Canadian Swimming Championships 2023
1-Aug-23	Maxine Clark	15	400 free	4:18.16	LC	Canadian Swimming Championships 2023
1-Aug-23	Maxine Clark	15	400 free	4:17.70	LC	Canadian Swimming Championships 2023
1-Aug-23	Maxine Clark	15	800 free	8:55.56	LC	Canadian Swimming Championships 2023
1-Aug-23	Rebecca Smith	Open	100 free	54.81	LC	Canadian Swimming Championships 2023
1-Aug-23	Kamryn Cannings	17	50 back	30.17	LC	Canadian Swimming Championships 2023
1-Aug-23	Kamryn Cannings	17	50 free	26.03	LC	Canadian Swimming Championships 2023
1-Aug-23	Kamryn Cannings	17	50 back	29.98	LC	Canadian Swimming Championships 2023
1-Aug-23	Kamryn Cannings	17	200 fly	2:11.84	LC	Canadian Swimming Championships 2023
1-Aug-23	Kamryn Cannings	Open	200 fly	2:11.84	LC	Canadian Swimming Championships 2023
1-Aug-23	Sienna Rodgers	15	50 back	29.27	LC	Canadian Swimming Championships 2023
1-Aug-23	Sienna Rodgers	15	50 back	29.17	LC	Canadian Swimming Championships 2023
1-Aug-23	Sienna Rodgers	15	100 back	1:02.36	LC	Canadian Swimming Championships 2023
1-Aug-23	Sienna Rodgers	15	200 back	2:20.58	LC	Canadian Swimming Championships 2023
1-Aug-23	Rachel Nicol	Open	50 breast	30.63	LC	Canadian Swimming Championships 2023
1-Aug-23	Rachel Nicol	Open	200 breast	2:25.55	LC	Canadian Swimming Championships 2023
1-Aug-23	Hayleigh Haines	14	50 breast	33.65	LC	Canadian Swimming Championships 2023
1-Aug-23	Hayleigh Haines	14	50 breast	32.99	LC	Canadian Swimming Championships 2023
1-Aug-23	A. Norman J. Verjee K. Cannings M. Clark	Open	4x100 mixed medley	3:56.68	LC	Canadian Swimming Championships 2023
1-Aug-23	S. Calkins P. Dardis A. Movold M. Clark	Open	4x100 mixed free	3:35.01	LC	Canadian Swimming Championships 2023
1-Aug-23	L. Kim A. Norman L. Wigginton P. Dardis	15-17	4x100 free	3:22.67	LC	Canadian Swimming Championships 2023
1-Aug-23	L. Kim P. Dardis A. Norman L. Wigginton	15-17	4x200 free	7:23.48	LC	Canadian Swimming Championships 2023
1-Aug-23	L. Kim P. Dardis A. Norman L. Wigginton	Open	4x200 free	7:23.48	LC	Canadian Swimming Championships 2023
1-Aug-23	Mil. Cosic M. Clark S. Stewart K. Cannings	15-17	4x200 free	8:16.28	LC	Canadian Swimming Championships 2023
1-Aug-23	S. Rodgers K. Graboski K. Cannings M. Clark	Open	4x100 medley	4:09.88	LC	Canadian Swimming Championships 2023

1-Aug-23	S. Rodgers K. Graboski K. Cannings M. Clark	15-17	4x100 medley	4:09.88	LC	Canadian Swimming Championships 2023
5-Sep-23	Aiden Norman	17	100 back	55.08	LC	World Junior Aquatics Championships 2023
5-Sep-23	Aiden Norman	17	100 back	54.77	LC	World Junior Aquatics Championships 2023
5-Sep-23	Paul Dardis	16	50 free	23.15	LC	World Junior Aquatics Championships 2023
5-Sep-23	Paul Dardis	16	50 free	22.73	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	17	200 IM	1:59.44	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	17	400 IM	4:12.81	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	17	400 free	3:50.72	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	17	400 free	3:49.05	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	Open	200 IM	1:59.44	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	Open	400 IM	4:12.81	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	Open	400 free	3:49.05	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	17	200 IM	1:59.44	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	17	400 IM	4:12.81	LC	World Junior Aquatics Championships 2023
5-Sep-23	Lorne Wigginton	17	400 free	3:49.05	LC	World Junior Aquatics Championships 2023
20-Oct-23	Paul dardis	17	50 free	22.86	SC	Team Champs #1
20-Oct-23	Aiden Norman	17	50 back	25.24	SC	Team Champs #1
20-Oct-23	Hayleigh Haines	14	50 breast	33.19	SC	Team Champs #1
20-Oct-23	Sienna Rodgers	15	50 back	28.27	SC	Team Champs #1
21-Oct-23	Aiden Norman	17	100 back	53.80	SC	Fall Start-Up
21-Oct-23	Sienna Rodgers	15	100 back	1:01.34	SC	Fall Start-Up
27-Oct-23	Aiden Norman	17	100 back	53.78	SC	Dino Invite
27-Oct-23	Laon Kim	15	50 free	22.75	SC	Dino Invite
27-Oct-23	Sienna Rodgers	15	50 back	28.19	SC	Dino Invite
27-Oct-23	Sienna Rodgers	15	100 back	1:00.60	SC	Dino Invite
4-Nov-23	Jeffery Cheung	14	50 back	27.84	SC	Cascade Speed Meet
24-Nov-23	Sienna Rodgers	15	100 back	1:00.02	SC	UCSC November Invite
24-Nov-23	Jeffery Cheung	14	50 fly	25.93	SC	UCSC November Invite
24-Nov-23	Laon Kim	15	400 free	3:55.72	SC	UCSC November Invite
24-Nov-23	Laon Kim	15	200 IM	2:02.08	SC	UCSC November Invite
24-Nov-23	Paul Dardis	17	50 free	22.67	SC	UCSC November Invite
24-Nov-23	T. Chen J. Cheung M. Lorenzo J. Dong	13-14	4x50 free	1:38.83	SC	UCSC November Invite
24-Nov-23	Stephen Calkins	Open	50 fly	23.56	SC	Canada West Swimming Championships
10-Dec-23	Kinnon Sen	13	50 back	28.23	SC	PCS Xmas Cracker
10-Dec-23	Kinnon Sen	13	100 back	1:00.66	SC	PCS Xmas Cracker
10-Dec-23	Kinnon Sen	13	100 back	1:00.43	SC	PCS Xmas Cracker
10-Dec-23	Kinnon Sen	13	200 back	2:12.48	SC	PCS Xmas Cracker
10-Dec-23	Kinnon Sen	13	200 back	2:10.45	SC	PCS Xmas Cracker
14-Dec-23	F. Wong A. Zhang A. Yuan C. Cardiff	11-12	4x50 free	1:52.73	SC	JP Fiset
14-Dec-23	F. Wong A. Zhang A. Yuan C. Cardiff	11-12	4x100 free	4:11.86	SC	JP Fiset
14-Dec-23	A. Yuan A. Zhang F. Wong C. Cardiff	11-12	4x50 medley	2:03.83	SC	JP Fiset

14-Dec-23	A. Yuan A. Zhang F. Wong C. Cardiff	11-12	4x100 medley	4:36.69	SC	JP Fiset
14-Dec-23	Meghan Sutherland	13	200 breast	2:39.28	SC	Richmond FastSwim
14-Dec-23	C. Zhou M. Sutherland A. Wang M. Melnyk	13-14	4x50 medley	1:59.36	SC	Richmond FastSwim
14-Dec-23	Laon Kim	15	50 free	22.35	SC	OJI 2023
14-Dec-23	Laon Kim	15	50 free	22.15	SC	OJI 2023
14-Dec-23	Laon Kim	15	100 free	48.79	SC	OJI 2023
14-Dec-23	Laon Kim	15	100 free	48.65	SC	OJI 2023
14-Dec-23	Laon Kim	15	200 free	1:46.82	SC	OJI 2023
14-Dec-23	Laon Kim	15	200 free	1:46.14	SC	OJI 2023
14-Dec-23	Laon Kim	15	400 free	3:53.17	SC	OJI 2023
14-Dec-23	Laon Kim	15	400 free	3:52.80	SC	OJI 2023
14-Dec-23	Laon Kim	15	800 free	8:04.28	SC	OJI 2023
14-Dec-23	Paul Dardis	17	50 free	22.41	SC	OJI 2023
14-Dec-23	Paul Dardis	17	50 free	22.17	SC	OJI 2023
14-Dec-23	Paul Dardis	17	100 free	48.13	SC	OJI 2023
14-Dec-23	Paul Dardis	17	200 free	1:45.05	SC	OJI 2023
14-Dec-23	Aiden Norman	17	50 back	24.99	SC	OJI 2023
14-Dec-23	Aiden Norman	17	50 back	24.11	SC	OJI 2023
14-Dec-23	Aiden Norman	17	100 back	52.57	SC	OJI 2023
14-Dec-23	Aiden Norman	17	100 back	51.68	SC	OJI 2023
14-Dec-23	Aiden Norman	17	200 back	1:52.02	SC	OJI 2023
14-Dec-23	Aiden Norman	Open	200 back	1:52.02	SC	OJI 2023
14-Dec-23	Nicholas Duncan	17	50 fly	24.46	SC	OJI 2023
14-Dec-23	Nicholas Duncan	17	100 fly	53.81	SC	OJI 2023
14-Dec-23	Nicholas Duncan	17	100 fly	52.88	SC	OJI 2023
14-Dec-23	Hayleigh Haines	14	50 breast	33.09	SC	OJI 2023
14-Dec-23	Hayleigh Haines	14	50 breast	32.76	SC	OJI 2023
14-Dec-23	Hayleigh Haines	14	100 breast	1:12.19	SC	OJI 2023
14-Dec-23	Hayleigh Haines	14	100 breast	1:11.77	SC	OJI 2023
14-Dec-23	Sienna Rodgers	15	50 back	27.49	SC	OJI 2023
14-Dec-23	Sienna Rodgers	15	50 back	27.30	SC	OJI 2023
14-Dec-23	Sienna Rodgers	Open	50 back	27.30	SC	OJI 2023
14-Dec-23	Sienna Rodgers	15	100 back	59.34	SC	OJI 2023
14-Dec-23	Sienna Rodgers	15	100 back	59.17	SC	OJI 2023
14-Dec-23	Maxine Clark	15	200 IM	2:13.24	SC	OJI 2023
14-Dec-23	Maria Cosic	16	200 back	2:13.72	SC	OJI 2023
14-Dec-23	Jordan Greber	17	50 back	28.35	SC	OJI 2023
14-Dec-23	Jordan Greber	17	200 IM	2:13.75	SC	OJI 2023
14-Dec-23	Jordan Greber	17	200 IM	2:12.85	SC	OJI 2023
14-Dec-23	A. Norman L. Kim N. Duncan P. Dardis	15-17	4x100 medley	3:32.90	SC	OJI 2023
14-Dec-23	A. Norman L. Kim N. Duncan P. Dardis	Open	4x100 medley	3:32.90	SC	OJI 2023
14-Dec-23	A. Norman L. Kim N. Duncan P. Dardis	15-17	4x100 free	3:15.26	SC	OJI 2023

14-Dec-23	A. Norman L. Kim N. Duncan P. Dardis	15-17	4x100 free	3:15.26	SC	OJI 2023
14-Dec-23	L. Kim P.Dardis K. Graboski S. Stweart	Open	4x50 mixed free	1:35.63	SC	OJI 2023