



## University of Calgary Swim Club Youth FitSwim

Rocky Ridge YMCA  
Youth ages 11-17

Session 1:	September 9 – October 29*
Session 2:	November 4 – December 19*
Session 3:	January 13 – March 10*
Session 4:	March 11 – May 5*
Session 5:	May 6 – June 30*

Training Times for all Sessions:

Mondays – Rocky Ridge YMCA  
7:45 – 8:45pm

Tuesdays – Rocky Ridge YMCA  
7:45pm – 8:45pm

Thursday – Rocky Ridge YMCA  
7:00pm – 8:00pm

\*No training September 30, October 14, November 11, February 17, April 21, May 19

**Cost \$425.00 per session**

Coaching provided by the University of Calgary Swim Club.  
To register please email us at [manager@calgaryswimming.com](mailto:manager@calgaryswimming.com) or  
[ucsc@ucalgary.ca](mailto:ucsc@ucalgary.ca)  
**[www.calgaryswimming.com](http://www.calgaryswimming.com)**