

# SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
		3:45pm Activation 4:00-5:00pm CH		3:45pm Activation 4:00 - 6:00pm CH	5:15am Activation 5:30 - 7:30am UofC	Fall BBQ
17	18	19	20	21	22	23
	3:45pm Activation 4:00-6:00pm CH	5:15am Activation 5:30 - 7:30am UofC		3:45pm Activation 4:00 - 6:00pm CH	5:15am Activation 5:30 - 7:30am UofC	Swim Alberta Coaching Conference
24	25	26	27	28	29	30
Swim Alberta Coaching Conference	3:45pm Activation 4:00-6:00pm CH	5:15am Activation 5:30 - 7:30am UofC		3:45pm Activation 4:00 - 6:00pm CH	5:15am Activation 5:30 - 7:30am UofC  Weights UC 4:00-5:30pm	National Day for Truth and Reconciliation

UC = University of Calgary, CH= Churchill, SD=Shouldice, FH=Foothills) \*\*Squad Photos will be added as soon as they are confirmed