

# APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 TREX A 4:30-5:30pm Renfrew	18 TREX B 4:00-5:00pm Churchill TREX C 5:00-6:00pm Churchill	19 FERNIE FOX INVITE (no practice in Calgary)	20 FERNIE FOX INVITE (no practice in Calgary)
21 FERNIE FOX INVITE	22 TREX A 4:00-5:00pm Foothills TREX B 5:00-6:00pm Foothills	23 TREX A 5:00-6:00pm Foothills TREX C 4:00-5:00pm Foothills	24 TREX B 4:00-5:00pm Foothills TREX C 5:00-6:00pm Foothills	25 TREX A 4:00-4:40pm Foothills TREX B 4:40-5:20pm Foothills TREX C 5:20-6:00pm Foothills	26	27 SPRING START UP (no Saturday practice)
28 SPRING START UP	29 TREX A 4:00-5:00pm Foothills TREX B 5:00-6:00pm Foothills	30 TREX A 5:00-6:00pm Foothills TREX C 4:00-5:00pm Foothills				

\* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills) \*\*Squad Photos may be added!