



TREX TRAINING SCHEDULE 2022-2023

TREX A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4:00-5:00pm FH	5:00-6:00pm FH	OFF	5:20-6:00pm FH	OFF	4:00-5:30pm UC
TREX B	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:00-6:00pm FH	OFF	4:00-5:00pm FH	4:40-5:20pm FH	OFF	4:00-5:30pm UC
TREX C	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	OFF	4:00-5:00pm FH	5:00-6:00pm FH	4:00-4:40pm FH	OFF	4:00-5:30pm UC