

Club Records : Girls Short Course

	10&U	11	12	13	14	15	16	17	18&O	Open	
50 Free	28.60 Kristen Pomerleau (98)	27.70 Maxine Clark (20)	27.44 Teagan McKenzie (17)	26.49 Maxine Clark (22)	26.29 Eliza Housman (19)	25.43 Kamryn Cannings (21)	25.43 Kamryn Cannings (22)	25.71 Elizabeth Ling (19)	25.07 Erica Morningstar (13)	25.07 Erica Morningstar (13)	50 Free
100 Free	1:02.31 Maxine Clark (19)	1:00.24 Maxine Clark (19)	59.95 Teagan McKenzie (17)	56.44 Maxine Clark (21)	57.08 Alexandra Lys (99)	54.53 Kamryn Cannings (21)	56.04 Lindsay Delmar (09)	55.51 Lindsay Delmar (10)	52.90 Rebecca Smith (22)	52.90 Rebecca Smith (22)	100 Free
200 Free	2:22.56 Kristen Pomerleau (98)	2:11.08 Maxine Clark (19)	2:10.94 XinYao Peng (21)	2:01.73 Maxine Clark (21)	2:04.32 Alexandra Lys (00)	1:57.52 Kamryn Cannings (21)	2:01.63 Lindsay Delmar (09)	1:58.20 Lindsay Delmar (10)	1:53.02 Rebecca Smith (21)	1:52.24 Rebecca Smith (21)	200 Free
400 Free	5:03.77 Maxine Clark (18)	4:44.28 Maxine Clark (19)	4:37.00 Teagan McKenzie (17)	4:21.15 Maxine Clark (21)	4:22.70 Erin Holland (88)	4:11.64 Kamryn Cannings (21)	4:14.55 Lindsay Delmar (09)	4:11.87 Lindsay Delmar (10)	4:05.91 Rebecca Smith (21)	4:05.91 Rebecca Smith (21)	400 Free
800 Free	11:14.95 Maxine Clark (18)	9:38.83 Maxine Clark (19)	9:37.89 XinYao Peng (21)	9:08.98 Kamryn Cannings (19)	8:50.70 Erin Holland (88)	8:34.32 Erin Holland (88)	8:44.49 Erin Holland (90)	8:34.32 Erin Holland (89)	8:27.48 Danica Ludlow (18)	8:27.48 Danica Ludlow (18)	800 Free
1500 Free	21:05.10 Jennifer Misurelli (03)	19:34.83 Kate Rendall (12)	18:36.31 Kate Rendall (13)	17:29.82 Maxine Clark (21)	17:16.07 Mandy Bell (02)	17:01.43 Mandy Bell (03)	17:11.08 Mandy Bell (04)	16:31.56 Erin Holland (89)	16:27.96 Erin Holland (89)	16:27.96 Erin Holland (89)	1500 Free
50 Back	33.58 Maxine Clark (19)	32.49 Teagan McKenzie (16)	30.60 Teagan McKenzie (17)	29.93 Sienna Rodgers (21)	29.82 Teagan McKenzie (19)	29.73 Kamryn Cannings (21)	28.8 Elizabeth Ling (18)	28.35 Elizabeth Ling (19)	27.35 Hanna Kubas (09)	27.35 Hanna Kubas (09)	50 Back
100 Back	1:11.50 Kirsten Pomerleau (98)	1:10.05 Teagan McKenzie (16)	1:05.59 Teagan McKenzie (17)	1:03.66 Sienna Rodgers (21)	1:03.05 Teagan McKenzie (19)	1:01.90 Teagan McKenzie (19)	1:02.33 Hannah Bennett (18)	59.60 Ella Varga (21)	56.88 Katy Murdoch (09)	56.88 Katy Murdoch (09)	100 Back
200 Back	2:33.00 Kirsten Pomerleau (98)	2:26.17 Courtney Zatylny (07)	2:20.69 Teagan McKenzie (17)	2:17.19 Teagan McKenzie (18)	2:16.14 Kamryn Leslie (18)	2:12.83 Teagan McKenzie (19)	2:14.19 Kamryn Leslie (21)	2:06.79 Ella Varga (21)	2:03.31 Katy Murdoch (09)	2:03.31 Katy Murdoch (09)	200 Back
50 Breast	38.33 Cate McCord (03)	36.99 Jordan Lloyd (18)	35.44 Kennedy Scott (16)	33.83 Allison Long (04)	33.40 Calli Giroux (19)	32.99 Alicia L'Archeveque (15)	32.40 Allison Long (07)	31.49 Allison Long (09)	30.26 Rachel Nicol (17)	30.26 Rachel Nicol (17)	50 Breast
100 Breast	1:24.96 Cate McCord (03)	1:20.06 Evangeline Blais (97)	1:14.91 Michelle Hastings (84)	1:12.40 Michelle Hastings (85)	1:12.40 Michelle Hastings (85)	1:11.03 Alicia L'Archeveque (19)	1:10.40 Tara Sloan (96)	1:08.00 Tara Sloan (97)	1:05.61 Fiona Doyle (16)	1:05.61 Fiona Doyle (16)	100 Breast
200 Breast	3:05.97 Cate McCord (03)	2:55.51 Alicia L'Archeveque (16)	2:41.30 Michelle Hastings (84)	2:40.68 Allison Long (04)	2:38.32 Allison long (05)	2:34.97 Kelsey Crocker (12)	2:30.70 Tara Sloan (96)	2:27.10 Tara Sloan (97)	2:23.40 Tianna Rissling (17)	2:23.40 Tianna Rissling (17)	200 Breast
50 Fly	31.12 Maxine Clark (19)	29.61 Maxine Clark (19)	29.43 Kamryn Cannings (18)	28.00 Maxine Clark (22)	28.45 Sienna Rodgers (22)	27.09 Kamryn Cannings (21)	27.21 Lindsay Delmar (09)	27.22 Lindsay Delmar (10)	25.79 Rebecca Smith (21)	25.79 Rebecca Smith (21)	50 Fly
100 Fly	1:08.67 Maxine Clark (19)	1:06.13 Maxine Clark (19)	1:05.46 Kamryn Cannings (18)	1:01.23 Maxine Clark (21)	1:03.93 Kate Rendall (15)	58.97 Kamryn Cannings (21)	59.45 Lindsay Delmar (09)	59.42 Lindsay Delmar (10)	57.14 Rebecca Smith (21)	57.14 Rebecca Smith (21)	100 Fly
200 Fly	2:46.75 Maxine Clark (18)	2:27.82 Sydney Stewart (18)	2:27.67 Michelle Hastings (84)	2:15.89 Kamryn Cannings (19)	2:22.22 Kate Rendall (15)	2:10.14 Kamryn Cannings (21)	2:12.06 Lindsay Delmar (09)	2:10.74 Lindsay Delmar (10)	2:10.74 Lindsay Delmar (10)	2:10.14 Kamryn Cannings (21)	200 Fly
100 IM	1:12.69 Maxine Clark (19)	1:12.03 Maxine Clark (19)	01:09.8 Teagan McKenzie (17)	1:04.44 Maxine Clark (22)	1:06.63 Kimberly Song (18)	1:05.00 Kimberly Song (18)	1:03.61 Kamryn Cannings (22)	1:03.24 Alicia L'Archeveque (21)	59.37 Erica Morningstar (11)	59.37 Erica Morningstar (11)	100 IM
200 IM	2:41.34 Maxine Clark (18)	2:31.76 Maxine Clark (19)	2:26.78 Alexandra Lys (98)	2:19.69 Maxine Clark (21)	2:21.76 Kate Rendall (15)	2:17.44 Kamryn Cannings (21)	2:16.35 Hannah Bennett (18)	2:16.75 Hannah Bennett (19)	2:06.97 Erica Morningstar (11)	2:06.97 Erica Morningstar (11)	200 IM
400 IM	6:10.10 Haley Strange (08)	5:23.61 Maxine Clark (19)	5:16.19 Kelly Kaye (87)	4:58.74 Maxine Clark (21)	5:00.30 Nikki MacLeod (10)	4:52.38 Kate Rendall (15)	4:48.21 Allison McCloy (15)	4:49.17 Lindsay Delmar (10)	4:34.90 Joanne Malar (99)	4:34.90 Joanne Malar (99)	400 IM
	10&U	11	12	13	14	15	16	17	18&O	Open	

2021-2022
Record

Alberta
record

Canadian
Record

Updated: June 27, 2022