



University of Calgary Swim Club Youth FitSwim

Rocky Ridge YMCA
Youth ages 11-17

Session 1:	September 12 – November 3*
Session 2:	November 7 – December 22
Session 3:	January 9 – March 2*
Session 4:	March 6 – April 27*
Session 5:	May 1 – June 23*

Training Times for all Sessions:

Mondays – Rocky Ridge YMCA
7:30 – 8:30pm

Tuesdays – Rocky Ridge YMCA
7:45pm – 8:45pm

Thursday – Rocky Ridge YMCA
7:00pm – 8:00pm

*No training October 10, February 20, April 10, May 20

Cost \$380.00 per session

Coaching provided by the University of Calgary Swim Club.
To register please call 587-894-2772 or email ucsc@ucalgary.ca
www.calgaryswimming.com