



## NATIONAL SCHEDULE 2022-2023

NATIONAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		5:30-7:30am UC		5:30-7:30am UC		5:30-7:15am UC
					Weights 2:30-3:45 (Carl)	
	4:00-6:00pm UC	4:00-6:00pm UC	4:00-6:00pm UC	4:00-6:00pm UC	4:00-6:00pm UC	
	Weights 6:00-7:00 (Nick)	Weights 6:00-7:00 (Carl)	Dryland 6:00-7:00 (Dave)	Weights 6:00-7:00 (Nick)	Weights 6:00-7:00 (Dave)	